

Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER

MARCH 2020

PRESIDENT'S POST



Hello everyone! I'm so excited that spring officially arrives on March 19. I love the sunshine and this winter there has not been enough of it. It's refreshing and invigorating to see flowers and trees blooming throughout The Woodlands.

I'm also very excited about recent articles on AIP-TW in the online version of the Houston Chronicle as well as the printed edition in The Woodlands Villager. One of our volunteers, Margo Pearson, made a contact with a reporter at the Villager and secured an interview with her. Unfortunately, Margo was traveling at the time of the interview and could not participate in it, but I am very grateful for her perseverance in getting this connection made. Thank-you, Margo!

On February 17, six of us met with the reporter from the Villager. The group included board member, Kitty Means; volunteers Gerry and Carol Saber; member Blanca Bradley; member/volunteer Beth Kulkarni and me. The interview went splendidly, and I could not have been prouder of the group assembled. Everyone spoke highly of AIP-TW and expressed the significant impact the organization has in their lives. We were happy to read the online article the next day. If you haven't seen the article, click on the link below or copy and paste it in your browser:

[Villager article on Aging in Place - The Woodlands](#)

One week later, on February 26, we couldn't believe our eyes when we saw "our" article not only in the Villager online, but also "above the fold" as the top story in the print edition. Getting this recognition in these news outlets was quite significant. I am grateful

to the staff and editors at the Villager for recognizing and highlighting the great value AIP-TW brings to our community. Consequently, we have been receiving daily correspondences from those wishing to join our organization as members and volunteers.

As The Villager article stipulates, we are an all-volunteer organization in need of more volunteers as we continue to grow. I know many people shy away from volunteering because they do not want to be tied down to a specific schedule. At AIP-TW our volunteers have very flexible schedules and our drivers rarely are asked to provide more than one ride per week, though some willingly fill additional requests. Because we operate out of a “virtual” office volunteers who help us as call managers can take calls with their cell phones wherever they happen to be.

I want to reiterate that I am extremely proud of our organization. Our board members, volunteers and members have created a wonderful, caring community here in our hometown, The Woodlands. Thank-you!

Peggy Reinhold
President, AIP-TW

MARCH 18 LUNCHEON AT FARM TO TABLE RESTAURANT

Erika Pratt has scoped out a cozy farm to table restaurant for members and their guests to enjoy on Wednesday, March 18, 11:30 a.m. to 1:30 p.m. The Wheel Kitchen, 25510 Zion Lutheran Cemetery Road, prides itself on using fresh, local ingredients in innovative and delicious ways. Although the postal address is Tomball, it is just a short drive from the Woodlands near Hufsmith Road. The Wheel House phone number is 346-225-0996.

The special menu for our group is priced at \$25. Non-alcoholic beverages, tax and gratuity are included. The choices are as follows:

- 1. Chipotle Baked Eggs** - Two organic baked eggs served over hand tossed focaccia toast, goat cheese and fresh spinach, finished with bell pepper and chipotle coulee. (thin sauce)
- 2. Organic Tuscan Chicken Panini** with spinach pesto, bacon, caramelized purple onion, cheddar cheese on homemade focaccia bread.
- 3. The Wheel Buddha Bowl** - Mix roasted local veggies, spinach blend, organic brown rice, quinoa roasted chicken breast, topped with herbed chia yogurt sauce.
- 4. Baked Black Bean Bowl** - three sister farm organic baked eggs topped with mozzarella roasted sweet potato served on top of black beans stew and quinoa brown rice blend.

House coffee, hot organic tea, unsweetened iced tea and hibiscus iced tea included.

Please R.S.V.P to Erika no later than March 16 at 832-948-0264, or email ebpratt@yahoo.com. Rides will be provided for members who need them.

NINETEEN VOLUNTEER DRIVERS RECEIVE CERTIFICATE OF APPRECIATION

Everyone who has ever used AIP-TW's rideshare program can't say enough nice things about the volunteers who drive them to doctor appointments, grocery stores, social events and elsewhere. The volunteers are reliable, punctual and friendly, say those who use the service. **Ken Dorland**, founder and team leader of the program, goes even further: **"I am extremely proud of and appreciative of this group, perhaps the most selfless and generous on the planet."**

Among those who received certificates of appreciation this year are two volunteers that drove more than 1,000 miles. Let's give a shoutout to **Herb Reinhold** and **Colin MacRae**. Logging more than 500 miles were **Sharon Heuer**, **Pat Goodpastor** and **Erika Pratt**. Others receiving certificates were **Sara Bissig**, **Ken Dorland**, **Grace Fernandez**, **Nancy Ferreira**, **Sue Griffis**, **Georgann Hinton**, **Wendy Lyons**, **Dan McGrath**, **Gloria Moser**, **Margo Pearson**, **Peggy Reinhold**, **Gerry Saber**, **Marsha Vinneau** and **Robyn West**.

ADVICE ON CORONAVIRUS

Among the benefits of belonging to the national Village to Village Network is that AIP-TW's board of directors can monitor and implement best practices of similar organizations. The following advice on how to respond to the threat of coronavirus is extracted from a posting by Methow at Home in Washington State where the first cases of the virus in the United States were detected.

Members: When requesting a service, please consider your health and the health of volunteers. If you have a respiratory illness, please stay home and wait until you are well before requesting transportation or in-home service. If you need medical assistance contact your primary care provider. Keep hand sanitizer available at your door and ask people to use it. Take your temperature if you think you may have a fever.

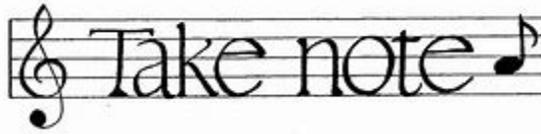
Volunteers: When filling a service, please consider your health and the health of the member requesting assistance. Wash your hands often with soap for 20 seconds, carry hand sanitizer with you and use it appropriately. Greet people with a warm smile not a touch. If you have a respiratory illness, please stay home. We are so grateful for your work and our first commitment is to keep you and the community safe.

UPCOMING AIP-TW EVENTS

March 18, Wednesday, 11:30 a.m. -1:30 p.m. Monthly luncheon at The Wheel Kitchen. for members and guests. See details above.

April 13, Monday, 5-7 p.m. Quarterly meeting of AIP-TW Board of Directors. Members are welcome to attend but space is limited so please call us at 281-845-4441 or send an email to aiptwtx@gmail.com.

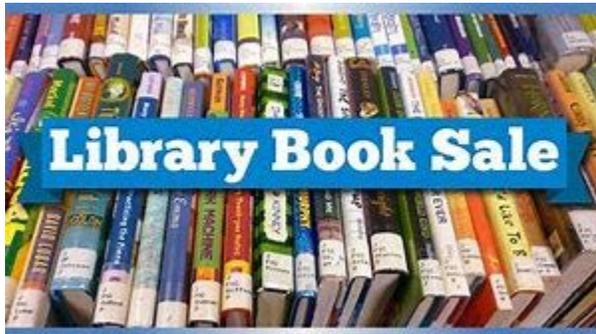
LOCAL EVENTS



Concert in the Park, Sundays, 5:30 to 7:30 p.m., March 15 to April 5, Northshore Park, 2505 Lake Woodlands Drive. A tradition of music and fun for all ages. Blankets, lawn chairs, coolers and pets are permitted.

Rock the Row, Thursdays, March 19, 26 and April 27, 7-9 p.m. Hughes Landing, 1925 Hughes Landing Blvd. Free live music.

Montgomery County Choral Society, Friday, April 3, 7:30 p.m., First Methodist Church, 4308 West Davis, Conroe. Enjoy a beautiful blend of voices in an inspiring, professional quality vocal concert. For ticket information, visit the website www.mcchoral.org.



Friday, March 27, 2020 – South County Community Center, 2235 Lake Robbins Drive, The Woodlands

The Friends of the Library Annual Book Sale will have thousands of books on offer for bargain prices. From fiction to non-fiction, classics to children's, CDs and DVDs, there will be something for everyone.

The sale times are as follows:

(Thursday, March 26, 2020: 5 to 8 p.m.

This is First Choice Night and a \$5 donation is required with purchase.)

Friday, March 27, 2020: 9 a.m. to 4:30 p.m.

Saturday, March 28, 2020: 9 a.m. to noon. There will be a 30-minute shutdown from noon to 12:30 p.m. A \$2 bag sale will run from 12:30 to 3 p.m.

On the subject of books, if you enjoy dry humor and witty one-liners, get your hands on a copy of *Why Don't You Write My Eulogy Now So I Can Correct It?* by Patricia Marx with cartoon illustrations by Roz Chast. It is funny and relatable to many parent-child relationships. You can read it easily in one sitting.

"People will forget what you said, people will forget what you did, but people will never forget how you made them feel." — Maya Angelou.



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Proud Member of
the Village to Village
Network.**

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<https://aiptwx.clubexpress.com>