

**REGISTER NOW • FREE COMMUNITY  
EVENT**

**VITAL AGING 2019**

# **LIVE WELL TO AGE WELL**

**Wednesday, June 19, 2019, 9:00 AM -  
2:30 PM**

Check-in and Exhibitor Hall will open at 8:00 AM. Program will begin at 9:00 AM.

**WORKSHOPS • RESOURCES • EXHIBITORS • FREE  
LUNCH**

**MAIN EVENT LOCATION:**

**San Diego Convention Center**

111 W. Harbor Drive San Diego, CA 92101

**HOP TOPICS:**

Brain Health • Caregiving Fitness & Nutrition • Safety And More!

**2019 KEYNOTE SPEAKER**

**Marilu Henner**

*New York Times best-selling author, actress, producer, and a long-time advocate for healthier living*

Reserve your spot today! Please visit [www.AISevents.org](http://www.AISevents.org) or call **1-800-82-SHARP** (1-800-827-4277) to register!

