

Tierrasanta Village of San Diego Meeting Guidelines during COVID-19 Pandemic

Dear Members:

As you are aware, the World Health Organization (WHO) has declared the global spread of the COVID-19 virus a pandemic. Clearly, this demands our attention to prevent the spread of the virus among our TVSD members and throughout our Tierrasanta community.

We are now asking you, our members, to use your best judgement when choosing to engage in TVSD events. If you are not feeling well, are coughing, or sneezing, for the health and safety of others, please do not attend TVSD events. We care deeply about your health and well-being and want you to stay engaged in our upcoming activities. Therefore, we are going to continue most of our normal activities, but please be aware that it is up to your discretion! When you are attending an event, at someone's home, it is up to their discretion whether they want to cancel it or not. If the event is at the VMC or any other location, it is up to the Leader of the event's discretion as to whether it should be canceled or not.

WE DO NOT WANT YOU TO FEEL ISOLATED!! The decision is yours during this high-risk period!

For the health and safety of our members, our Board has made the decision to postpone the upcoming Annual Meeting & Volunteer Appreciation event scheduled for April 6th. We will reschedule this event as soon as we feel it is safe.

FYI ...

The most common symptoms of COVID-19 are fever, tiredness, and dry cough. Some patients may have aches and pains, nasal congestion, runny nose, sore throat or diarrhea. These symptoms are usually mild and begin gradually. Some people become infected but don't develop any symptoms and don't feel unwell. Seniors with underlying medical problems like high blood pressure, heart problems or diabetes are more likely to develop serious illness. People with fever, cough and difficulty breathing should seek medical attention.

We are so grateful for our members and want to help keep you safe and healthy! Do not hesitate to contact us if you have any questions or additional concerns.

Your TVSD Board of Directors
Tierrasanta Village of San Diego

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