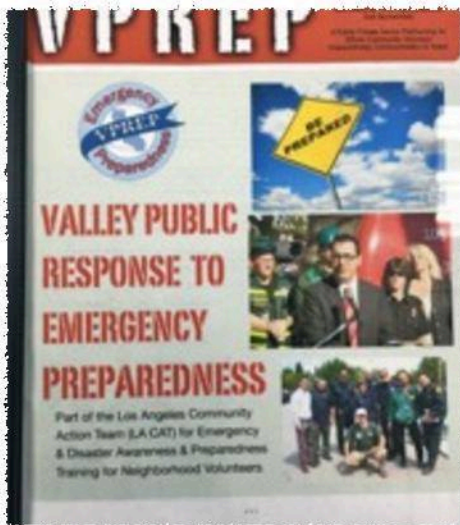
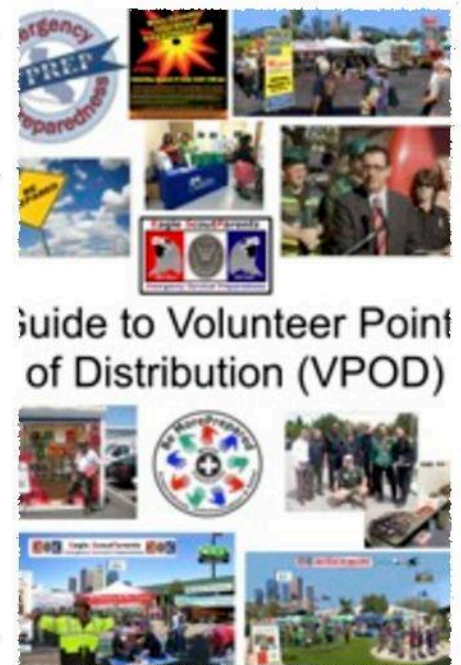


# Thursday, October 20, 2016



# Shake Out

AMERICA'S PrepareAthon!  
BE SMART. TAKE PART. PREPARE.



Guide to Volunteer Point of Distribution (VPOD)

Be MorePrepared PreparednessOnDemand EXercise (BMP PODex)  
City of Los Angeles EMD Valley Bureau PrepareAthon! Event  
In the CD3 Councilmember Bob Blumenfield Reseda Community Services Center

**HOSTS:** Council District 3, LAEMD, Be MorePrepared, LAEPF, ENLA & VECC SFVB

**PROGRAM:** (0730) Morning NETworking - (0830) LAFD Training with LAFD Captain Stacy Gerlich - (0950) ShakeOut Briefing - (1020) Drop, Cover & Hold On Drill - (1030) VPOD Disaster Relief EXercise - (1200) Debrief - (1300) ENLA Member Meeting