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OPEN LETTER: WHY HEALTHY CHILDREN AND YOUNG ADULTS SHOULD NOT
RISK TAKING ANY COVID 19 VACCINES.

Dear fellow physicians, parents, politicians, and educators,

Primum non Nocera: Above all do no harm. This is the mandate of the medical profession.

Children and young people in general are at near zero risk of death or serious harm from COVID-19 illness. When infected with SARS-CoV-2 they usually have mild symptoms or are completely asymptomatic. (1)

There are alarming reported adverse events from the new COVID-19 vaccines and concerns about long term safety. Serious short term medical complications such as myocarditis, irregular vaginal bleeding, clotting disorders, strokes, vascular damage, Bell's Palsy and autoimmune disease have been reported with all of the vaccines authorized for "Emergency Use" that are still undergoing Phase IV clinical trials. (2) (3)

The CDC is currently evaluating reports of onset of Guillain-Barre Syndrome after the Johnson & Johnson vaccine. (4)

Last spring inoculation with the J & J vaccine was halted due to concerns about clotting disturbances. It was reinstated with a warning about clotting for women under 50 because "the benefits outweigh the risks." (5)

However, the risk-benefit analysis for the COVID-19 vaccines indicates zero benefit and high potential risk to children and young people over the course of 50 to 80 years of their lives. (6)

Concerns about risk of infertility have been raised, based on animal studies documenting wide dissemination of lipid nanoparticles that transport mRNA especially dense deposits in ovarian tissues. (7)

Vaccinating our young people to protect adults is not ethically justifiable. Mass vaccination of our youth is not needed to confer herd immunity. At this juncture most adults have been vaccinated, have natural immunity and/or were infected by SARS-CoV-2. (8)

Children and young adults develop robust and lasting immunity with infection. This natural immunity involves T-cells that recognize subtle variant viral strains. (9)

The younger generation has sacrificed greatly during this epidemic. They lost a year of precious educational time and experience. Extracurricular activities and sports were halted. Opportunities for cultivating social development were eliminated. They spent six to eight hours a day masked and isolated from one another.

I have been on the receiving end of many devastated children and young people with depression, anxiety, panic attacks and social phobia due to these public health and social policies. They have suffered greatly. The long-term collateral effects of their sacrifice “for the greater good” have yet to be assessed.

These are our precious progeny. Their well-being is our future.

No, I say. No more harm shall come to them at the hands of the medical community.

Yours truly,



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1. https://www.eurosurveillance.org/content/10.2807/1560-7917.ES.2021.26.14.2001248#abstract_content
2. <https://www.fda.gov/media/150051/download>
3. <https://www.fda.gov/media/144434/download>
4. <https://www.pharmasources.com/news/71321.html>
5. <https://www.nbc.com/2021/04/23/jj-covid-vaccine-cdc-panel-recommends-resuming-use-of-jj-vaccine-.html>
6. [https://www.thelancet.com/journals/lanmic/article/PIIS2666-5247\(21\)00069-0/fulltext](https://www.thelancet.com/journals/lanmic/article/PIIS2666-5247(21)00069-0/fulltext)
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8. <https://covid.cdc.gov/covid-data-tracker/#datatracker-home>
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