



## Hearts N' Hands

Hearts N' Hands is a volunteer program that provides group assistance to Ashby Village members for multiple tasks all at once. Groups of volunteers arrive ready to do a variety of jobs, such as home maintenance, gardening, cleaning, and other household tasks. A squad of 4-10 volunteers will arrive ready to tackle work estimated to take about 3-6 hours.

These events are great opportunities for AV volunteers to pitch in and help members and also provide an opportunity to build connections with other AV volunteers.

If you are available and would like to participate at our next *Hearts N' Hands* event, please contact the office (510) 204-9200 and we will get you started!

