



Liz, member

Liz's Story Volunteering

Liz has been an employee and member through her 22-year relationship with BlueCross BlueShield. She knows when older individuals can remain home as their age, they tend to be much happier and even healthier.

She used this knowledge and the expertise of others to co-found and incorporate Canopy of Neighbors. This organization of volunteers provides help and comfort to those 62 and older who may require assistance, but want to remain in their own homes.

Liz spends her time growing Canopy as a member of their board and fundraising committee. She also volunteers to drive members of Canopy to doctor visits or grocery shopping, and visits them at home. "As I age, it is clear to me that a sense of well-being comes when I reach out to others," says Liz. Thank you Liz, for making a difference in our community.

To find out more about Canopy of Neighbors:

Call: (716) 235-8133

Visit: <http://CanopyOfNeighbors.org>