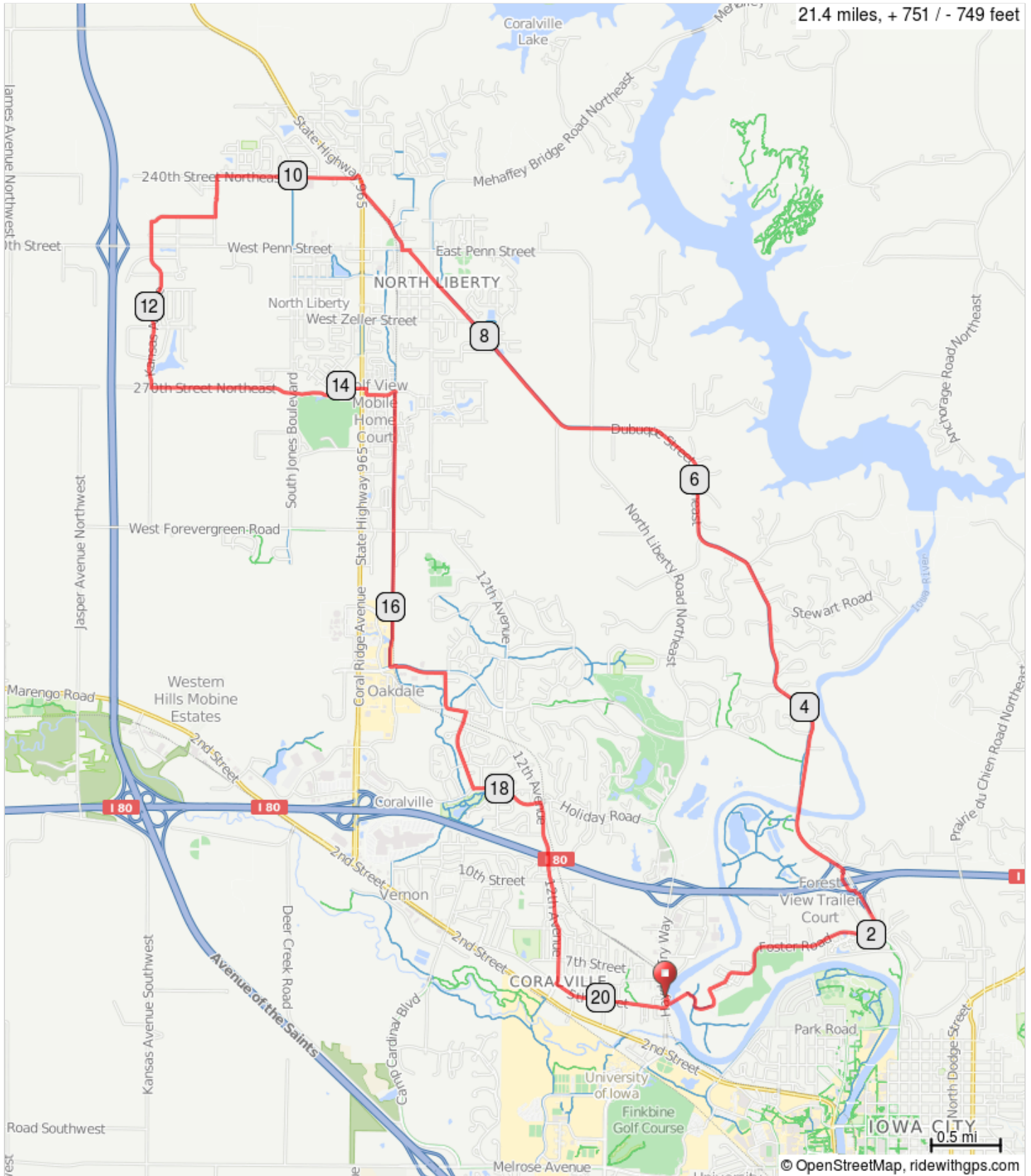


Coralville Flannigan's to North Liberty Loop 22 miles



Flannigans across river to Dubuque St trail to North Liberty. Back on North Liberty Trail to Oakdale Blvd, Lynncrest, 12th Ave, 5th St to Flannigans.



Coralville Flannigan's to North Liberty Loop 22 miles

1.	0.0	▀	Start of route
2.	0.3	←	Meet at Flannigans/ Cross the river and follow the trail
3.	0.5	↑	Continue onto Foster Rd
4.	2.1	←	L onto N Dubuque St all the way to N. Liberty
5.	8.8	←	L onto 250th St/W Penn St
6.	8.9	→	R onto N Dubuque St/Old Hwy 218
7.	9.4	→	Slight R onto IA-965
8.	9.5	←	L onto W 240th St NE
9.	10.5	←	L onto Alexander Way
10.	10.9	→	R onto Nick Dr
11.	11.3	←	L onto N Kansas Ave
12.	12.6	←	L onto St Andrews Dr
13.	14.0	→	R onto Fairview Ln
14.	14.1	↑	Continue onto Golfview Ct
15.	14.2	→	R onto Golf View Dr
16.	14.4	→	R onto N Ridge Trail

14.4 miles. +671/-575 feet

17.	16.5	←	L onto Oakdale Blvd
18.	17.6	→	R onto Oakdale Rd
19.	18.0	→	R onto Lynncrest Dr
20.	18.6	←	L onto Holiday Rd
21.	19.1	↑	At the traffic circle, 1st exit onto 12th Ave
22.	21.3	←	L
23.	21.3	→	Slight R
24.	21.3	←	L
25.	21.4	▀	End of route

6.9 miles. +170/-315 feet