

# Sequoia Village

Welcome to the fourth issue of the Sequoia Village Newsletter, serving residents of Belmont, San Carlos, Redwood City, and Redwood Shores.

May 2015 Vol. 1 #4



## Upcoming Events

May 8, 2015 **Belmont Senior Showcase**  
9:00am – 1:00pm  
Sponsored by Daily Journal Belmont

May 12, 2015 **Information Session**  
10:30am – 11:30am  
Veterans Memorial Senior Center, 1455 Madison Avenue, Redwood City

May 14, 2015 **Information Session**  
1 – 2:30pm  
San Carlos Community Center, 601 Chestnut Street, San Carlos

May 16, 2015 **Hometown Days Parade**  
9:30am – 12:30pm  
San Carlos Downtown

May 28, 2015 **Information Session**  
12:15 – 11:30am  
Twin Pines Senior & Community Center, 20 Twin Pines Lane, Belmont



**Newsflash:**  
**Early-Bird Membership is \$300 for an individual and \$425 per household before July 1!**

## OLDER AMERICANS ACT

*'[This year we celebrate the] 50<sup>th</sup> anniversary Older Americans Act – Congress passed the act in 1965 in response to concern by policymakers about a lack of community social services for older persons... Today the OAA is considered to be the major vehicle for the organization and delivery of social and nutrition services to this group and their caregivers... Currently, one in five older adults ... receive services from an Older Americans Act program.'* (U.S. Dept. of Health & Human Services)

The need for support in our communities is great and the OAA has done much to spread awareness around what needs are the greatest throughout an aging demographic. As a continuation of this awareness, and with the realization that 'we' (family, friends and neighbors) see these needs within our own localities, the Village is a response to the ongoing movement of rights for older adults. This anniversary brings forth an opportunity to reflect on what successes have been championed for a population of older Americans and raises the awareness of the importance that advocacy and ingenuity can bring towards supporting one another through all stages of life.

*By Ryan Keller, Newsletter Co-Chair*



## THE VALUE OF TRUSTED PROFESSIONALS

Members of Sequoia Village will have access to a variety of services.

Trained volunteers will be on call for a variety of needs you may have such as transportation, simple home maintenance and technology/computer support. However, if your needs are outside of volunteer capability or availability, there are alternatives to meeting your needs. We are currently building a base of preferred providers which will be screened for quality. We screen for quality in many ways. First we only consider vendors who are highly recommended by others. We then interview to make sure they are appropriate for servicing our members.

Next, we do a background check to be sure the provider has proof of liability insurance, license/credentialing as appropriate for the profession. We then negotiate a discounted rate for service to our members. Once the screening is complete the provider is placed on the "preferred provider list".

There will be at least 3 preferred providers for you to choose from. Initially, we will be offering suggestions for handymen, appliance repair service and computer/technology assistance.

In the future we plan to also have prescreened providers for other services that you may need such as yard work, pet care, plumbing, legal advice, etc.

*By Lisa Sharek, Vendor Chair*

**Thank you to all Sequoia Village  
Trained Drivers &  
Pre-Testing  
Volunteer  
Members!**



## Sequoia Village Chairs and Committees

### Sequoia Village Chairs

Scott McMullin

Victoria Kline

### Outreach Chair

Victoria Kline

### Fundraising Chair

*Vacant*

### Newsletter Chairs

Nancy Grandfield

Ryan Keller

### Vendor Chair

Lisa Sharek

### Volunteer/Service

### Committee Chairs

Irene Liana

Randi Kutnewsky

## Upcoming Agenda

May Beta Test  
Services

July **Sequoia Village  
Launch (July 9)**



## THE GOOD OLD DAYS TODAY

We have often heard that communities were better “in the good old days.” Multiple generations lived together or nearby; the young folks would take care of the old folks, and vice versa. And in small towns, everyone knew everybody else, and helped each other. I don’t know if the good old days were as good as people think, but I am convinced that people feel good when they help others, and they can make a difference in lives that are challenged by various difficulties.

In the year 2000 my late wife Debbie was losing her life to cancer. But there was a lot of joy around her, as friends, relatives, neighbors and coworkers took turns doing special things for her. She had 24/7 care at home, because her community cared for her! This made a lasting impression on me, and has guided many of my own actions since then.

In 2013 I heard about “the village movement” from a friend of mine, Dave McClure. As he explained things to me, I got hooked and realized this was a concept that fit perfectly with my own ideas of “community.” I love our mission statement, and I love the idea of helping people to remain independent as they age. I’m a baby-boomer, and while I still feel young I realize that I’m just one short generation away from needing a little help with this aging thing. So I feel that I’m paying it forward now by giving to an older generation, with hopes that a younger generation will do it for me a decade or so from now. And I’m thrilled with all the joy that will be experienced as people give of themselves. Neighbors helping neighbors, it just doesn’t get any better than that!

*By Scott McMullin,  
Sequoia Village Co-Chair*



## Sequoia Village Needs You (and you will need us)!

We are ramping up for our July opening and are looking for volunteers, drivers, handy-persons, and whoever finds fulfillment in helping others. Your participation will be critical to the success of Sequoia Village.



Contact us.



650-260-4569

[info@sequoiavillage.org](mailto:info@sequoiavillage.org)

We are very grateful for the support received from the **Sequoia Healthcare District** and **Peninsula Family Service** during the early months of developing Sequoia Village.

## Sequoia Village

P.O. Box 813  
San Carlos, CA 94070

## Resident

Address