



Villages of San Mateo County

NEIGHBORS HELPING NEIGHBORS



May 7, 2020

Dear Village Members and Volunteers:

Our Village Members and Volunteers remain resourceful, creative, and committed to maximize all the opportunities available to us during the shelter-in-place order. While excursions remain on hold, our twice monthly Zoom Coffees are gaining momentum. Recent topics include: Emergency Preparedness, Sit and Be Fit, Sing-a-longs and Chair Yoga. As we upgrade our tech skills and embrace challenges, we create positive energy and make Distance Socializing our new normal.

In the midst of these limitations we find our Village members and volunteers elevating their culinary skills, editing, organizing, and reigniting passions such as painting, journaling and making music which leads to elevated self-care. For many, this includes taking regular walks, gardening and waving enthusiastically to someone we've not yet met. This too is our new normal. We look up and see a brighter clearer sky that makes us smile and sometimes break into song.

Our volunteers are making regular (bi-)weekly phone calls to all our members. Our selfless volunteers are providing grocery store and prescription pickups and deliveries (as well as some restaurant deliveries). We are also assisting the Redwood City Veterans Memorial Senior Center with their grocery shopping and delivery service.

Village members and volunteers are not only establishing new routines to address challenges and reduce anxiety; they are generously partnering with others to make a meaningful difference in our community. We are assisting Meals on Wheels and Caring Cupboard, and delivering Farm House Restaurant meals to seniors and low-income residents. We also have a group of seamstresses who are making masks for Village members, volunteers, hospital personnel, neighbors and family, providing a critical contribution to our community. We are most fortunate to have so many quiet doers among us. This is indeed what makes Villages of San Mateo County so exceptional.

Enclosed for your convenience is a fact sheet and application for the California Great Plates Delivery Program for seniors. Call 800/675-8437 with questions and for assistance in filling out the application. Please make note of eligibility requirements. Bi-lingual staff are available.

In closing, I encourage each of you to demonstrate patience and kindness to yourselves as well as to others.

With you during this challenging time,

Linda Burroughs
Executive Director

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Subject: "Great Plates Delivered" hot meal delivery program

Email of 5/4/20 from Anna Sawamura, SMC Aging & Adult Services

At this time, San Mateo County is preparing to launch the Great Plates Delivered Program, a new service that matches older adults at high risk from COVID-19 with local restaurants to provide three nutritious meals a day. Meals are delivered from restaurants and other food providers across San Mateo County, helping our older adults to stay home and stay healthy as we continue to "shelter in place." The program also provides an avenue for local businesses to continue or re-open operations softening the losses being felt by the COVID crisis.

We began outreaching to restaurants on May 1st and have received overwhelming interest from many who are ready to start cooking and delivering. Great Plates Delivered San Mateo County is now ready to enroll participants. **Please help us in spreading the word to your network of colleagues, family, friends, neighbors, community...** Here is the eligibility criteria:

AGE

- Anyone 65 years of age or older
- Anyone 60-64 who is COVID-19 positive
- Anyone 60-64 who has been exposed to COVID-19 with written proof from a medical professional
- Anyone 60-64 with an underlying health condition

ANSWER "YES" TO ALL OF THE FOLLOWING QUESTIONS:

- Resident of San Mateo County
- Live alone or with one other eligible adult
- Do not receive meals from any other federal or state program
- Do not have family, friends, or caregivers who can help with meals
- Unable to prepare or shop for meals
- Have income less than \$74,940 for single person

Here is the link to a survey to determine eligibility:

<https://smcgov-106028.workflowcloud.com/forms/969663d6-479d-4138-afb1-e8b117fb25b5>

Please share the link widely and also feel free to help those who need assistance in completing the information. Most importantly, remember to hit the "submit" tab at the end so we receive the completed form. Individuals may also call and speak to multi-lingual county staff who can assist callers in applying. Here is the number: (800) 675-8437. If you have any questions, please do not hesitate to contact me.

Stay safe and be well,

Anna

**Restaurants Deliver: Home Meals for Seniors
for San Mateo County**

Provider *

Worker Name *

Who is completing this application? *

- Applicant/Self Representative for Applicant

Applicant Information

First Name *

Last Name *

Date of Birth *

Gender *

Street Address *

City *

Zip Code *

Preferred Contact Method *

- Phone Email

Program Eligibility Questions

For what purpose does the applicant seek meal assistance? *

- The applicant is age of 65 or over
 The applicant is 60-64 and at high-risk as defined by the CDC
 The applicant have been EXPOSED to COVID-19 but does not need hospitalization
 The applicant have CONTRACTED COVID-19 but does not need hospitalization
 The applicant is at high-risk with underlying health conditions and does not have regular access to prepared meals

Is applicant currently receiving assistance from any federal nutrition assistance programs such as the Supplemental Nutrition Assistance Program (SNAP [CalFresh in California]) or Home Delivered Meals? *

- Yes No

Does the applicant have a family or community support system to provide consistent access to food resources or prepare meals on their behalf? *

- Yes No

Does the applicant's annual income exceed \$74,940 for a household of one (1) or \$101,460 for a household of two (2)? *

- Yes No

Is the applicant able to prepare or obtain their own meals? *

- Yes No

How many meals does applicant need assistance with in a day? *

- 1 2 3

Dietary Needs *

- No Dietary Restrictions Vegetarian Vegan Kosher Halal Nut Allergy Gluten Allergy
 Diabetic Other Special Dietary Restrictions

Notes (For Restaurants - No other information)

I certify that the information submitted in this application is true and correct to the best of my knowledge.