



CASIE & CHRISSY MEMORIAL MILE **July 4**

This race is in memory of two of Mantoloking's most gifted and accomplished runners whose lives were tragically cut short in the summer of 2000. Casie Kerr and Chrissy D'Alessandro Shaheen will always be remembered and honored in our 4th of July running race.

Elizabeth Case Kerr "Casie" was pure joy and she had unbridled enthusiasm with a joyful positive attitude that inspired everyone around her. She was one of the bright lights of Mantoloking and Lincroft, NJ. Casie was an avid runner and a top star on the track teams at Middletown South HS in Middletown, NJ. She earned 6 varsity letters during her freshman and sophomore years and was an integral part of the team winning two Division 4 NJ State Championships in Cross Country and Track in 1999 and 2000. She was First Team All Shore Cross Country and ran the 800 meter in the National Penn Relays.

Born on June 23rd, 1983 she was the oldest of Helen and Jock Kerr's four daughters. On August 2nd, 2000, she was killed in an auto accident in front of the driveway at the Kerr house at 1310 Ocean Avenue. This has been the toughest loss of all.

Born on July 4th, 1967 Chrissy D'Alessandro Shaheen was an All-State three sport athlete at Ridge High School. She went on to play field hockey, and run division 1 track at Boston College. After college she competed extensively in triathlons. Chrissy was born with the gift of athleticism. Her natural abilities, trained body and determined mind made her an incredible athlete. Her legacy won't be found in all the stats of her records and performances, instead it is in her spirit. Chrissy lit up a room when she arrived with her long red hair, electric smile and tall fit body.

Chrissy was killed in a biking accident on August 22, 2000 at the age of 33, ironically in Lincroft, Casie's hometown. She was on a training ride doing what she loved most. She had married her soul mate six months earlier and was at the peak of her athletic career and her life.

Both girls were united while alive through a love of running; and after their deaths, Mantoloking residents united in mourning their loss.

The Casie and Chrissy Mantoloking mile is a celebration of the life of both girls. Friends and family continue to run, walk and participate in the Mantoloking mile every year in their memory.