

Elmhurst Bicycle Club Sign-In Sheet

Leader: _____ **Date:** _____ **Miles:** _____

Activity Name: _____

Elmhurst Bicycle Club Release and Liability Waiver

For liability protection and insurance purposes, it is the policy of the Elmhurst Bicycle Club ("EBC") to require all of its members to sign the Release and Liability Waiver which is a part of the EBC Membership Application. Guests of the EBC (which term includes all non-members of EBC) who wish to participate in any EBC activity **must** sign the equivalent release and liability waiver contained on the EBC Sign-in Sheet before the activity starts. Any guest refusing to sign the release and liability waiver may **not** participate in the activity. Should the activity continue, however, with the participation of the non-signing guest, the activity will no longer be considered to be an EBC sponsored or sanctioned activity.

Members: PRINT Your Name and ICE number below **Guests: COMPLETE** your information on the reverse side.
Please provide a phone number to call in case of an emergency (ICE#) or confirm that you are wearing a RoadID.

RIDERS MUST WEAR HELMETS ON EVERY RIDE.

- Riders should ride no more than 2 abreast except as traffic and road conditions permit.
- Illinois Vehicle Code prohibits the use of headphones while bicycling. Therefore, either wearing headphones or ear-buds is not permitted on EBC rides.

	Name	ICE# or Road ID Yes		Name	ICE# or Road ID Yes
1			13		
2			14		
3			15		
4			16		
5			17		
6			18		
7			19		
8			20		
9			21		
10			22		
11			23		
12			24		

Event Leader: Scan and e-mail to: **MemberMiles@ElmhurstBicycling.org** within 3 weeks of the event.

Note: Only one (1) event per Sign-In Sheet.