



# The Cue Sheet

April  
2017

The Newsletter of the Elmhurst Bicycle Club  
Riding Strong in our 40th Year



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

## Our President's Message

Greetings EBC Members!

April has arrived and the riding season will begin in earnest. If you have not had your bikes tuned up, consider taking them to one of our sponsors. We have a bunch of great rides already on the Schedule. Ron Richards will start his great Tuesday/Thursday ride series. Dawn Maxwell will offer her annual and very popular Super Dawg/Botanical Garden excursion. Pravin's hill training rides will continue and there will be a lot more as the month unfolds. It does not matter what ride you choose as long as you choose one and get out!



We will also offer an opportunity to give back to the community with our annual cleanup of the Prairie Path on Saturday, April 8, 2017. Marge Ricke organizes this every year and I would be very pleased to see a good turnout. The Elmhurst Bike Club does a lot of advocacy and we want to be known for doing more than just pedaling a bike. There will be rides after the cleanup and the club will buy everyone ice cream as well.

We are very pleased to have Chad Denton from Garmin as our featured speaker at our April 13, club meeting. He will show us the latest Garmin products. Also speaking will be Shannon Feeny from MS, she will be speaking about the MS ride that is upcoming on June 10th. Our meetings are at the Elmhurst Community Bank, 330 W. Butterfield Road, Elmhurst, IL (junction of Butterfield & Spring Road.) All members and guests are encouraged to attend to keep up with club happenings and to socialize with your fellow members.

Finally, please consider supporting our Elmhurst Bike Club charity rides. Fight for Air is led by Linnea M. Myers and The MS ride is organized by Kelli Morgan. Please consider joining these teams or donating to these fine causes at the links here: [EBC Fight for Air Ride](#) or [EBC MS Ride](#)

That's all for now, I look forward to seeing you on the road or trail.

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## Wheeling Wheelmen St. Patrick's Day Ride by Chuck Dean

Most of us on the St. Patrick's Day ride on Sunday, March 19, seem to think that it was two years ago when we last fielded an EBC team to this Wheeling Wheelmen event. So, we might have enjoyed the ride a little more than normal for having missed last year's event. While the day started out chilly, there was not a cloud in the sky, the winds were light, and it warmed up quickly.

Led by John Loesch in a wonderful green hat that fit over his helmet, the group did the 20-mile

loop first which brought us back to Wauconda H.S. Several other EBCer's were costumed but there was no agreement as to whether it was Tom Naughton or Dawn Maxwell who displayed the green tutu to its best advantage. After the first loop, snacks and hot coffee and a rock & roll band recharged everyone, and we were soon on the second slightly shorter loop. The riders were glad to be joined by Karim Mouline who arrived by bicycle as we launched loop 2. George and Pussanee on a tandem and Karim must have been disappointed that the second loop was shorter, so, near the end of the ride they rode off the front, missed a turn sign, and added an extra 4 miles before getting back to the high school.

A bunch of us rendezvoused at Middleton's on Main (Main Street, Wauconda) to enjoy a lunch while hoisting a few. It was a terrific day for a ride.



l. to r.: Tom, Chuck, Pussanee, John, Kim, Gary, Donna, Tom N., Dawn, Tom, Sara, and Gary B.



Chuck, Kim, Pussanee, John, Tom N., and Gary

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### EBC Ride Leaders Facilitate Donation to Project Mobility by Chuck Dean

As noted in the January, 2017 Board Minutes, some members who earned a Ride Leader reward for 2016, chose to turn this reward into a good cause donation. Pictured below, George Pastorino tenders a \$250 donation to Project Mobility. That is Hal Honeyman accepting the check at the Bike Rack, one of our club sponsors.

George reported this event earlier in March on the list server (see March 17 posting). You can read more about Project Mobility here: <https://www.projectmobility.org/>

EBCers: What a great group of people!



Hal Honeyman accepts donation to Project Mobility from George Pastorino on behalf of EBC Ride Leaders.

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Eastgate Breakfast Ride, Saturday, March 11, 2017  
by Chuck Dean

Petra led a "nice quiet ride with Ken, Annette, and Ed. The breakfast serenade was quite enjoyable."



l. to r.: Ken, Annette, Ed, and Petra

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A Visit to Village CycleSport, Elk Grove Village  
by George Pastorino

Today I went to Village CycleSport in Elk Grove Village to visit with owner Vince Boyer and

thank him for being a sponsor.

I highly recommend that you visit this beautiful shop, I took this short video today: [Village CycleSport](#). They have a great selection of clothing, accessories and nutritional supplements as well as carrying Trek, Raleigh, Salsa and other brands. Tandems too!

Read about them here: <http://www.villagecyclesportegv.com/>

They are in the process of changing their name to 7 Mile Cycles.

This is really a great shop with an excellent selection, please pay them a visit.



Club Sponsor Vince Boyer and George Pastorino.

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## Meeting Minutes March

### Board Minutes March 9, 2017

**Present:** George Pastorino, Ken Hickey, Shelly Hicks, Kim Messina, Chuck Dean, Kelli Morgan, Ginny Preston, Tom Preston.

- 1. President:**
  - The meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst.
  - An amendment was made to the Ride Leader Award qualification. The Ride Leader must lead 30 rides within a 3 year period, *but also must include leading a minimum of 3 rides each year of the 3 year period* to qualify for the Ride Leader Jersey award.
- 2. Vice President:**
  - Fight for Air EBC Team has requested use of the EBC logo for their team jerseys. The board agreed to the request.
  - Safe riding is an issue that members need to be reminded about when on a ride.
- 3. Membership Coordinator:** The work to load the member data base within Club Express is in progress.
- 4. Treasurer:** Monthly Banking Summary (thru 3/3/2017): Total balance: \$13,327.53. Total income for month: \$1,330.52; Total Expenses for month

### EBC General Meeting Minutes March 9, 2017

**Present:** George Pastorino, Ken Hickey, Shelly Hicks, and Kim Messina

- 1. President:**
  - The General Meeting was called to order at 7:15 p.m. at the Community Bank of Elmhurst.
  - An amendment was made to the Ride Leader Award qualification. The Ride Leader must lead 30 rides within a 3 year period, *but also must include leading a minimum of 3 rides each year of the 3 year period* to qualify for the Ride Leader Jersey award.
  - Elmhurst Fight for Air Team has been granted permission to use the EBC logo for their team jerseys.
- 2. Vice-president/Ride Captain:** There has been some unsafe riding recently observed, so members not riding safely should be called out as they are riding. It is better to prevent an accident or prevent angry motorists who don't appreciate when bikers are taking the entire lane. It was suggested that Ride Leaders should support the comments and corrections of those who are encouraging others to ride safely.
- 3. Secretary Report:** Several EBC events are confirmed for EBC 40th Anniversary Outreach:

\$263.66.

5. **Secretary:** Several EBC events are confirmed for EBC 40th Anniversary Outreach:  
April 22 - Health Fair at Courts Plus;  
April 28 - Lincoln School Bike Rodeo;  
June 7 - Elmhurst Library Bicycle presentation.  
Volunteers will be needed. Publicity will be generated to promote these events to reach as many people as we can.
6. **Sponsorship:** 7 of 10 sponsors have re-signed up with EBC. The 3 who have not signed up cited various reasons for not renewing.
7. **Publicity:** Kelli Morgan and Bill Bonner want to raise awareness of EBC in our communities. Creating social media such as an informational Facebook page for the public, separate from the EBC closed FB page. This is a page where content can be controlled and monitored before public comment can be added. Information can be on biking events, safety tips, cycling stories, and other communications that encourage the spirit of cycling in our communities. A desire to ask local newspapers for submitting weekly bicycle articles has been proposed. A suggestion was made to create an EBC poster to put in some of the coffee shops we frequent.
8. **The next Board meeting** will be on Thursday, April 13, 2017, at 6:15 p.m. at The Community Bank of Elmhurst.

Respectfully submitted,

Kim Messina  
Club Secretary

- April 22 - Health Fair at Courts Plus;  
April 28 - Lincoln School Bike Rodeo;  
June 7 - Elmhurst Library Bicycle presentation.  
Please contact me if you would like to participate in these events.
4. **Membership Coordinator:**
  - Total memberships: Total membership - 266; Total members - 390
  - Meeting attendance: 26 members 3 guests
  - Door prize winners:
    - Donna Bushing - \$25 Gift certificate - The Bike Fix
    - Armaline Mirretti - A bicycle rack
5. **Refreshment Coordinator:** Donna and Gary Bushing - Tonight's refreshments courtesy of Marge Ricke.
6. **Treasurer:** Monthly Banking Summary (thru 3/3/2017): Total balance: \$13,327.53. Total income for month: \$1,330.52; Total Expenses for month \$263.66.
7. **Awards and Club Attire:** Ride Leader jerseys have been ordered. EBC socks and patches are ready for the awards event in May. New jersey design has not been finalized.
8. **Sponsorship:** Tom and Ginny have been busy signing up sponsors for 2017. So far 7 have renewed and 3 have declined to renew their sponsorship.
9. **Advocacy Chair:** no report
10. **Sergeant at Arms:** Remember to send ride photos to Sue Hickey, as she is collecting photos for entry into our new data base.
11. **Newsletter Editor:** Chuck Dean: People like hearing of biking experiences, or articles of cycling interests. I encourage you to write and submit articles to the newsletter.
12. **Programs:** Should members have any ideas for guest speakers or bike related topics to be presented at our meetings, please contact Vince Gatto
13. **Safety Chairman:** no report
14. **Mountain Bike Coordinator:** The Pastorino's have scheduled their summertime mountain bike rides and pool parties. Dates will be on Saturdays: Jun 24 / Jul 15 / Aug 26. All are invited, and there will be several rides of various speeds and mileages - to match everyone's ability. Beginner Mountain Bike Rides will be scheduled and there are bikes to borrow if you don't have one.
15. **Website/Database Team:** Thanks to Shelly Hicks, the work to load the member data base within Club Express is in progress. John Riordan gave a report of some of the steps he is taking to transfer existing photos and archives from the old EBC website. It is a time-consuming process but progress is being made.
16. **Announcements:** Marge Ricke will lead the Prairie Path clean up on April 8 at 9:00 a.m. at the Villa Park Depot. EBC cleans a 1.1 mile section from Monterrey Ave west of Route 83 up to the railroad tracks by Pioneer Park. Afterwards we ride our bikes to Dairy Queen in Lombard for refreshment. See the EBC Ride Schedule for additional information.
17. **Tonight's Program:**
  - For tonight's program, we welcome Mike Bentley, who is known from his website which lists all invitational rides in Illinois and the Midwest. For more information on Mike, and all the rides he lists, go to: [www.mikebentley.com/bike/mwrides.htm](http://www.mikebentley.com/bike/mwrides.htm)
  - A representative from Fight for Clean Air is here tonight to talk about the program. Linnea Myers and Ken Hickey have put an EBC team together so see one of them if you have questions. To read about the weekend event go to: <https://youtu.be/bT1JbJwhHfw>  
To register for the event:  
<http://action.lung.org/goto/EBC17>
  - The next meeting will be on Thursday, April 13, 2017, at 7:15 p.m. at The Community Bank of Elmhurst.

Respectfully submitted,

Kim Messina  
Club Secretary

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033\_aol.com).  
The deadline is the 25th of the month.

### Elmhurst Bicycle Club Officers and Committee Chairs

<b>President</b> George Pastorino, 708.903.8700 president_elmhurstbicycling.org	<b>Advocacy</b> Bob Hoel bob.hoel_comcast.net	<b>Refreshments</b> Donna and Gary Busching, 630.967.4727 dj28724_aol.com
<b>Vice President/Ride Captain</b> Ken Hickey, 630.290.0006 ridecaptain_elmhurstbicycling.org	<b>Publicity</b> Bill Bonner, 630.297.9773 bill@bonnerimpr.com	<b>Safety</b> George Hardwidge, 312.656.6591 ghardwidge_gmail.com
<b>Treasurer</b> Judy Mikesell, 630.833.1036 treasurer_elmhurstbicycling.org	<b>Programs</b> Vince Gatto, 630.832.2133 vcas1_me.com	<b>Sergeant-at-Arms</b> Sue Hickey, 630.627.4518 sue_kensvideo.com
<b>Secretary</b> Kim Messina, 630.204.8945 secretary_elmhurstbicycling.org	<b>Mileage Coordinator</b> John Riordan, 630.833.8201 EBCDB_RiordanArtistry.com	<b>Assistant Ride Captain</b> Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org
<b>Membership Coordinator</b> Shelly Hicks, 614.371.0040 membership_elmhurstbicycling.org	<b>Sponsor Chair</b> Ginny Preston, 630.852.8836 ginny-preston_sbcglobal.net	<b>Mountain Bike Coordinator</b> George Pastorino, 708.903.8700 gpastorino_gmail.net
<b>Newsletter Editor</b> Chuck Dean, 630.790.4203 newsletter_elmhurstbicycling.org	<b>Website Team</b> <b>Volunteer Needed</b>	<b>List Server</b> Shelly Hicks, 614.371.0040 membership_elmhurstbicycling.org
		<b>Human Interest Person</b> Betty Bond, 630.932.0271 betzbond_sbcglobal.net

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)  
(<http://www.elmhurstbicycling.org/about/membership.asp>)

## April, 2017 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at  
<http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically out 30 or more days, if any exist) can be found on our website at  
<http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

### Please Support Our EBC Sponsors



LANCE HONEYMAN

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