



# The Cue Sheet

October  
2014

The Newsletter of the Elmhurst Bicycle Club  
Riding Strong for over 36 Years



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

## New Glarus Recap and Photos by Larry Alvino

Thanks to the following club members that attended the New Glarus weekend (September: 5, 6, and 7). We all had a great time riding and eating and drinking and laughing.

Erik Hess  
Michelle LeBlanc  
Dave Savini  
Jane Icenogle  
Kevin Bailey  
Ruth Buffalo  
Paul Fitzsimmons  
Mike Risley  
Brian Swanson  
Diane Daudell  
Heather Mair  
Larry Alvino



Members from NBC and EBC, New Glarus, WI

The weekend couldn't be possible without the great people that attend; you all make the work worthwhile.

On Friday afternoon we road from New Glarus to Blanchardville, 45 miles of beautiful scenery. The weather was threatening to rain but we only felt a few sprinkles. Had a great conversation with a farmer who came out to check on us while we fixed Jane's flat. He was 83 years old and had just finished mowing the lawn at the house. He offered us a ride to town as well as a dance with Jane at the New Glarus hotel that evening! Dinner at the Glarner Stube with some New Glarus beer and wonderful conversation made this evening delightful.

There was an antique car show in town over the weekend and several of the owners were staying at the Chalet Landhaus. We were able to admire the beautiful old cars and even folks dressed in period clothing on Saturday.



At top of Blue Mound observation tower!  
Could the weather be better?

On Saturday we did a ride from New Glarus to Mt. Horeb and then to Blue Mounds. This ride is 65 miles and includes a climb up to the top of Blue Mounds where we climbed the observation tower for our usual photo-op. We stopped at the general store in town for a sandwich before the trip back to New Glarus. It was a perfect day, sunny with a high of about 75 degrees. There were a couple of puffy clouds that went over in the afternoon so everyone made me promise that I would do better next year. I'll try my best.

For dinner on Saturday we changed plans this year and dined at Sugar River Pizza which is just down the trail from the Chalet Landhaus. Good pizza and other Italian dishes as well as an 80+ beer list! But the highlight was the outdoor

fire table that is big enough for all of us to sit around. The weather was perfect and the fire kept us warm as the sun went down. It was Brian's birthday so the waitress brought him a huge dessert to celebrate which was passed around the table at least twice; we're a close group!

Sunday morning's early start was well worth the scenery and views on this rolling hill ride to the east towards Evansville. It was a slightly cool morning with fog still in the low-lying areas which only enhanced the beautiful landscape on this route. The rolling hills are a scream to ride down one and up the next. Then back to the Chalet Landhaus for breakfast which included made-to-order omelets before leaving for home.

Here is a link to pics from the weekend. [Picasa Web Albums - Larry Alvino - New Glarus 2014](#)

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## Save the Date!



### Elmhurst Bicycle Club Holiday Party

for Members and their Guests

**When:** Thursday, December 11th  
6:30 - 9:30 p.m.

**Where:** Snuggery  
[122 S York St, Elmhurst](#)

Make reservations online after November 1st  
or at the November club meeting.

**Costs:**  
Members \$5.50  
Guests \$16.00  
CASH BAR

Enjoy a variety of appetizers and  
the company of your EBC friends.

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## Just A Couple of Regular Rides

The Ride Schedule attests to the numerous rides that occur all month long. These include club rides and invitationals and overseas adventures. Thank goodness!

For many of us, regular rides that get scheduled week after week are the bread and butter of EBC. Judging by the number of riders that appear in the Mileage Log here are 2 rides that routinely 'get the riders out.'

Ron Richards' Tuesday Night Ride:



Jeff G., Ron R., Cathy D., Herman T., Joanne N., Riley F., John R., Steve W., Dawn P., Mike, Rich A.

### Hans Weckerle' Wednesday Ride to Batavia:



Chuck L., Hans, John S., Salvador at Atten Park, Wheaton

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## How To Thank EBC Sponsors

By Tom Preston

All of our sponsors are having "end of season" sales. Below are the links to their web sites (at the end of the newsletter - just click the image). Pick a shop near your home and go in

for a visit. Tell the person you talk to that you are a member of Elmhurst Bicycle Club and that you appreciate their financial support of our bicycle club. Chances are that they will have what you need or want AND will give you an EBC Member Discount on non-sale items. Please support our sponsors.

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## Bicycling Advocacy and News by Chuck Dean

Bob Hoel provides news and cycling-related information throughout each month via our list server, the EBC Google Group (<https://groups.google.com/forum/?authuser=0#!forum/elmhurstbicycleclub>). I chose two of September's articles to comment on here.

### Get ready for an improved North Branch Trail

On the personal level, his note about the North Branch Trail (NBT) was of special interest to me because Marilyn and I had just recently taken our bicycles up to the Chicago Botanical Gardens (CBG) for a visit to the gardens and a ride on the NBT. (By the way, a review of the Ride Schedule this year tells me that many of our members belong to the Morton Arboretum. Did you know that your membership to Morton Arboretum entitles you to free parking and free entry at the CBG? Further, did you know that you can get on the NBT from the CBG?)

Bob provided a link to the ATA webpage about the NBT. <http://activetrans.org/blog/kwhitehead/get-ready-improved-north-branch-trail/> Take a look! Even though the work of extending the North Branch Trail another 3 miles isn't scheduled to begin until 2015, I'm confident it will happen; and then, pretty soon thereafter, we will all see one of our ride leaders taking us on a new trail. As for the time it takes to get these projects done, please recall the pleasure you probably experienced when the Lombard overpasses (St. Charles Rd. and Grace St.) were completed.



### LIB Action Alert: Training new drivers in your town

The League of Illinois Bicyclists (LIB) has been mentioned previously in the newsletter because of the excellent online quizzes that they have made available to the public. Coupling the quiz and its benefits to high school drivers' education training was a great idea. There are individual quiz modules, and I recently took (reviewed) the one labeled 'motorist.' It is all about bicycling and I recommend it to you.

<http://www.bikesafetyquiz.com/>

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## Meeting Minutes September

### Board Minutes September 12, 2014

**Present:** Tom Preston, Ken Hickey, Judy Mikesell, Cian Perez, Cindy Reedy, Chuck Dean, Kim Messina, Ginny Preston

1. **President:** The Board Meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst.
  - Susan Spertl is resigning her position as Club Sponsor Chairperson for 2015. Names of potential candidates were discussed. Susan will assist with the transition.
  - New EBC Tri-fold Brochure - placement of question "how did you hear about EBC" will be placed on the new brochure in the area where it will be seen, and easily answered.
  - Cian will be stepping down from his as

### EBC General Meeting Minutes September 12, 2014

**Present:** Tom Preston, Ken Hickey, Judy Mikesell, Cian Perez, Kim Messina

1. **President:** The General Meeting was called to order at 7:15 p.m. at the Community Bank of Elmhurst.

Tom contacted club Safety officer Baltimore Ortega prior to tonight's meeting, and wanted his opinion on the Barrington Hills controversy. Key topics of Baltimore's response:

- Our club should present safety ideas regarding Barrington, for all areas we cycle.
- We should be aware of Barrington's issues with cyclists, but focus on general rules of cycling and

Membership Chair for 2015. Discussions on how this job can be split, to be done by 2 people was discussed. Existing programs of the membership applications, membership preferences, ride scheduling, and member mileage pages can be automated. This program would make the job more efficient.

- Cian stated he would like to stay on as advisor and assist where he can. As far as the new programs being discussed – a committee will be formed to accomplish these tasks.

- A new, oval, black and white EBC car sticker has been suggested. This would help identify a club member's car, and be recognized by other club members when unsure of ride start locations. If you were to see the sticker, you would know you are in the right place. This would not replace the Banana Man green and blue sticker which the club still has some. This would be in addition to, for those who prefer the sleek, simple, modern style EBC sticker.

- Electronic Directories – It was proposed to create an electronic directory, year-end listing of all the members for 2014. A PDF of the membership roster will be emailed to all members. An update will be provided midyear, reflecting new members up to that point.

2. **Treasurer:** Monthly Banking Summary (dated 8/7/2014 – 9/10/2014) listed income was \$704.18; expenses were \$838.07; Total Banking balance at this time: \$15,706.20.
3. **VP/Ride Captain:** No report.
4. **Newsletter Editor:** No report.
5. **Membership Coordinator:** Total membership – Single 242; Family membership – 120; Total – 362. Total Members: 549.
6. **Barrington Hills Controversy** - Baltimore Ortega was asked for his thoughts on the Barrington Hills stance on cycling. Key topics of his response:
  - Our club should present safety ideas regarding Barrington, for all areas we cycle.
  - We should be aware of Barrington's issues with cyclists, but focus on general rules of cycling and safety on all our rides in all of the areas where we ride, including Barrington.Other ideas to think about:
  - If motorists harass our riders, we should be assertive and contact the local officials.
  - Do something for the communities we ride in. Come up with ideas to discuss.
  - Improve relationships with the citizens of Elmhurst – what can be done to improve our image.
  - Time to become proactive, contribute to the communities we ride in.
  - Cindy gave suggestions on programs they do in Austin, TX on cycling advocacy programs– such as free helmets for people; helmet fittings.
7. **Contribution for the Blind Stoker Ride program.** There is a need for a more comfortable bike seat for Blind Stokers. Kim requested EBC to consider making a donation to provide the needed seats. Tom suggested to check with club members first, to see who may have extra seats. A ride to Working Bikes is scheduled for Saturday, and this would be a good place to look for seats.
8. **The next Board Meeting** will be held on Thursday, October 9, 2014 at 6:15 p.m. at the Community Bank of Elmhurst.

safety on all our rides in all of the areas where we ride, including Barrington. Other ideas to think about:

- If motorists harass our riders, we should be assertive and contact the local officials.
- Do something for the communities we ride in. Come up with ideas to discuss
- Improve relationships with the citizens of Elmhurst – what can be done to improve our image.
- Time to become proactive, contribute to the communities we ride in.
- Cindy gave suggestions on programs they do in Austin on cycling advocacy programs– such as free helmets for people; helmet fittings. Other suggestions: cycling notes and information to be published weekly in the local paper.

2. **Secretary:** September, 2014 EBC Meeting Minutes were not read, but have been published in the EBC website. Minutes can be viewed on the EBC website in the newsletter.
3. **Treasurer:** Tom Preston read the Monthly Banking Summary: Monthly Banking Summary (dated 8/7/2014 – 9/10/2014) listed income was \$704.18; expenses were \$838.07; Total Banking balance at this time: \$15,706.20
4. **VP/Ride Captain:** Keep riding! Lots of good weather to get some good rides in.
5. **Membership Coordinator:**
  - Total membership – Single 242; Family membership – 120; Total – 362. Total Members: 549 New members: 7
  - Cian will be stepping down as Membership Chair for 2015. Since this role covers 2 responsibilities – List Server Manager and Membership Coordinator – two positions will be open. Cian will assist with the transition and be available to consult as needed.**Door prize winners:** Jeff Wincentzen – wine; Fredericka Laux - Gift certificate
6. **Newsletter Editor:** Thanks to Chuck Dean for doing a great job with the EBC newsletter. Keep contributing articles of your cycling experience or interesting cycling articles.
7. **Safety Chairman:**
  - Baltimore Ortega discussed 'Barrington Hills.' See above. Baltimore also encouraged EBCers to ride single file most of the time, especially on narrow or heavily trafficked streets – this is one of the complaints from Barrington Hills.
  - Use a good light when riding at night.
    - + John Loesch gave a brief demonstration of the lights he uses on his bikes – both front and rear lights. An email of product details will be sent to EBC club members.
    - + Ray Dal Lago suggested wearing a reflective vest when riding at night.
    - + Both John and Ray rode their bikes to the meeting, and had good examples to show of what Baltimore was talking about.
8. **Advocacy** No news.
9. **Mountain Bike Coordinator:** George Pastorino: all the mountain bikes trails are closed due to weather. Check with George if you are considering on riding verifying the conditions of the trails – most important to protect the trails and not ride if grounds are wet.
10. **Publicity Chairman:** no news
11. **Refreshments:** Strawberry Shortcake provided by the Deans this evening. Thank you Chuck and Marilyn!

Respectfully submitted,

Kim Messina  
Club Secretary

12. **Blind Stoker Ride:** Sep 20 from Lombard Commons Park to the Arboretum. There are enough captains this month - Thanks to those who volunteered to be a 'captain.' Next Blind Stoker Ride is October, 18 to Sunny Acres Farm in West Chicago. If you are interested in knowing more about these rides, contact John Loesch
13. **Program:** George Pastorino and Baltimore Ortega discussed other outdoor activities that can be enjoyed when the weather changes, such as: Cross country skiing, snow shoeing, and hiking. Proper dress during cold weather makes enjoying sports all winter long possible. Baltimore and George demonstrated types of shoes, boots, clothing, and other winter sports equipment that can ensure warmth, safety, and an active winter season when cycling is not possible.
14. **The next meeting** will be held on Thursday, October 9, 2014 at 7:15 p.m. at The Community Bank of Elmhurst.

Respectfully submitted,

Kim Messina  
Club Secretary

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033\_aol.com). The deadline is the 20th of the month.

### Elmhurst Bicycle Club Officers and Committee Chairs

<b>President</b> Tom Preston, 630.852.8836 president_elmhurstbicycling.org	<b>Advocacy</b> Bob Hoel bob.hoel_comcast.net	<b>Refreshments</b> Marge Ricke, 630.616.8481 margericke_gmail.com
<b>Vice President/Ride Captain</b> Ken Hickey, 630.290.0006 ridecaptain_elmhurstbicycling.org	<b>Publicity</b> Bill Bonner, 630.297.9773 bill@bonnerimpr.com	<b>Safety</b> Baltimore Ortega, 312.697.7031 baltimore.ortega_gmail.com
<b>Treasurer</b> Judy Mikesell, 630.833.1036 treasurer_elmhurstbicycling.org	<b>Programs</b> Ray Dal Lago, 630.543.4655 dlag10_aol.com	<b>Sergeant-at-Arms</b> Sue Hickey, 630.627.4518 sue_kensvideo.com
<b>Secretary</b> Kim Messina, 630.204.8945 secretary_elmhurstbicycling.org	<b>Database Manager</b> Peter Gough, 630.903.8436 prgough98_aol.com	<b>Assistant Ride Captain</b> Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org
<b>Membership Coordinator</b> Cian Perez, 847.722.7110 membership_elmhurstbicycling.org	<b>Website Team</b> Cindy Reedy, 630.234.1349 cmreedy_prodigy.net Sharon Hermach, 630.717.1660 ganskesh_hotmail.com	<b>Mountain Bike Coordinator</b> George Pastorino, 708.903.8700 gpastorino_gmail.net
<b>Newsletter Editor</b> Chuck Dean, 630.790.4203 newsletter_elmhurstbicycling.org		<b>List Server</b> Cian Perez, 847.722.7110 cian.perez_gmail.com
		<b>Human Interest Person</b> Betty Bond, 630.932.0271 betzbond_sbcbglobal.net

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)  
(<http://www.elmhurstbicycling.org/about/membership.asp>)

**October, 2014 • • • Club Rides**

'Ride Schedule.' The most current ride schedule can be found on our website at <http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically out 30 or more days, if any exist) can be found on our website at <http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/events/archive.asp>.

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