



# The Cue Sheet

October  
2013

The Newsletter of the Elmhurst Bicycle Club  
Riding Strong for over 35 Years



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

## Tough & Rowdy, Fun EBC Cyclists Ride North Shore

By Baltimore Ortega, Pictures by Steve Sinderson

Dear EBC Members,

Saturday (September 14) we had great weather, fun EBC cycling buddies, a wonderful ride, delicious sandwiches, yummy ice cream, and a great day of cycling; what more could you want.



We met in Morton Grove and pedaled to the North Shore. Everyone looked happy as we rode, but it looked like a rough crowd of riders. I was excited to be out with my new bike. Everyone helped me learn how to ride a road type of bike, including Mike Arends who sent me an email with good advice; thank you to everyone. A special thank you to Steve Josephs who came to show me how to ride a road bike and practice riding a paceline.

We rode by Jim McMahon's, former BEARS quarterback, \$5 million+ home in Northbrook. Our first stop was the velodrome, named after Ed Rudolph who trained 1972 Olympic Gold Medalist Ice Speed Skater Anne Henning. A few of us rode on the track. The ride continued until the optional sprint. Steve Josephs and I rode 19-22 mph in a paceline for a few miles. After the sprint we went to buy our delicious sandwiches at Bluffington's Cafe in Lake Bluff. It's a popular cafe used by most cycling clubs and cyclists in the area. We took our sandwiches to the Sunrise Park nearby so we could enjoy lunch at a peaceful location overlooking Lake Michigan. Then we rode through Fort Sheridan where General George Patton once lived.

After lunch the riders started rumbling about how we were on a Mansion Ride, but we had not seen any mansions. I told John Park (JP), the riders were getting rowdy and restless. The next stop was the Lake Forest Cemetery, where John Hughes is buried. He was the director and screenwriter of Ferris Bueller's Day Off, Home Alone, The Breakfast Club, and more. We took a quick ride around the cemetery. Once again, JP refused to ride inside the cemetery, and he waited outside. Apparently, some years ago, JP and Roland Porter were inside the cemetery, suddenly Roland's bike accidentally fell on him. JP was not sure it was an accident, and claims "something" forced Roland's bike to fall on him. It's a spooky story, so

we all left quickly. Along the ride we now saw some mansions, enough to calm down the group. Next, we visited Frank Lloyd Wright's only freestanding bridge, the Bluff Ravine Bridge. It was built in 1915, along with several homes he designed nearby.

JP was having trouble with his GPS cell phone all day. We had a few Jeff Wincentzen Shriners, you know, when the Ride Leader makes a wrong turn and everyone has to make a u-turn. We also had a couple of sidewalk sneaks, rough brick streets, and a fire emergency detour. There were three fire trucks with flashing red lights on the route so we had to stop. JP got upset because they were blocking our ride, and asked me to scout the area to see if we could ride in between the trucks. I rode up and the fireman said they had just finished with the fire. I asked the police officer if we could pass with a large group; he said a couple of riders would be okay, but it would be better if we backtracked and went around because of the large group. I rode back and told JP and the riders we should go around. One of the riders led us to a shortcut that took us right where the same police officer was standing. I apologized to him and said we took a wrong turn. Another cyclist was there and jokingly said we were going to be arrested. JP quickly took us away to visit the original Home Alone house.



By this time everyone was asking about the ice cream stop. After one final JW-Shriner, we stopped by Hartigan's Ice Cream for some delicious Wisconsin ice cream cones. We rode a few more miles and finished a wonderful day of cycling.

The ride was great because we had great riders. Thank you to the following members who joined us: John Park (main Ride Leader), Steve Josephs( road bike consultant), Jeff Wincentzen( Shriner specialist), Steve Sinderson (Photographer), Betty Bond, Ron Richards, Cheri O'Riordan, Mike Haberer, Joanne Nicholson, Hope Haberer, Martin Becker, Ken Hickey (Sweep), Karen Switalski, J. A. Sebastian, Paul Partianun, Kelli Morgan. JP said he may do the ride again next year, instead of waiting another four years.

Submitted by,  
Baltimore Ortega  
Co-Ride Leader

The tough and rowdy, fun EBC cycling group!

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### Lacrosse Bike Fest Day 1 Ride Report with Slideshow \* by George Pastorino

We kicked off Day 1 of the 4 Day Lacrosse Bike Fest by riding 45 miles on the Famous Root River Trail. World famous Pâtissier Dan Capua flew in from Paris to lead the ride.....Thanks Dan!! We rode the Root River Trail through the beautiful countryside, following the stream and stopping at quaint small towns.

You know it's a good ride when you stop both at a Bar for Beer and a Creamery for delicious Ice Cream.....This was a ride through a slice of Americana.

One town was too small for a bar, but Brian found a great Liquor Store with good beer silly cheap.....16oz can of Rolling Rock....\$1.00 Life is good :)

Riders today were: Dan Capua, Pussanee Pastorino, Brian Swanson, Diane Daudell, Gary Bell, George Pastorino, Valli Schiller, Susan Boose.

You can't be out of hope while you still have beer.....

[See Slideshow here: Lacrosse Bike Fest Day 1.](#)

\* Editor's note: I started to incorporate this article in the September newsletter, but then left it out. At the time, only George's Day 1 ride report was available. It is a month later, and I'm still only using the one report. But, of course, you can go to the server to see additional reports and slideshows about days 2 and 3 from George. However, it seems worth mentioning that the LaCross Bike Festival (Wisconsin), was a multiple day event (Friday, August 31 through Sunday, September 2) that attracted multiple groups of riders from the EBC. Various thanks were issued to Mary Lee St. Aubin and Nancy Rice and Larry Gitchell for the initial advance planning and ride scheduling that turned into a terrific weekend.

Is it too early to be thinking about 2014?

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**Grundy County Corn Festival**  
**Sunday, September 29, 2013**  
Text and Photos by George Pastorino

Another Grundy County Corn Festival ride was completed today in glorious conditions, 68 degrees and sunny with a great group of 20 people. We rode 15 easy trail miles on the I and M Canal Trail and we stopped at Chief Shabonna's Grave in Evergreen Cemetery. After taking in the parade in downtown Morris, we did 15 miles back on the road.







With perfect weather on a Sunday afternoon, there were plenty of riders!

The Corn Festival is a pure slice of Americana.... One of the largest Parades you will see anywhere....it runs almost 3 hours, plus the food.....Pork Chops on a Stick, Corn dipped in Gigantic Vats of Pure Butter, Fried Dough, Funnel Cakes, Grilled Chicken, Steak, Beer, Turkey legs.....you know.....the good stuff :)

See Slideshow Here: <http://tinyurl.com/CornFest2013>

Thanks to all who came out...George and Pussanee

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### EBC Club Apparel

By Chuck Dean

You can still get EBC Jerseys and Poly-Tee shirts from our on-hand inventory in several sizes.



There are 4 EBC Voler jerseys available. Two (2) are Men's size XL; and two (2) are Women's size Large. These are handsome jerseys, priced at \$62 each.

There are also 7 polyester crew neck white tee shirts with the club sunburst design on both

the front and back. These are 'riding' shirts with the right fabric to manage moisture. \$15 per shirt.

All of these shirts are normally in attendance at the club meeting. Come see for yourself.

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**Plan For Safety**  
**Oh No! Not Again!**  
by Chuck Dean

Another month and another accident. There is no point in preaching. We just have to do a better job. We have to exercise greater care. We have to be vigilant.

This time it was a pace line accident on Smith Road and one of our riders suffered a broken collar bone and a cracked rib. Now I know that these accidents aren't going to deter the hard core among us. I don't know that they will deter anyone from riding. We will keep riding. But let's now make it to the end of the year without another accident.

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September



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**Meeting Minutes September**

**Board Minutes**  
**September 12, 2013**

**Present:** Chuck Dean, Cheri O'Riordan, Cindy Reedy

1. **President:** The Board Meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst.
  - The Board meeting was shortened due to the absence of Board members to form a quorum.
  - The President indicated that Susan Sperl had volunteered to contact sponsors for 2014 in the next few months.
  - The President will appoint a nominating committee to present a list of candidates for the 2014 offices to be filled at the October General Club meeting. Additional nominations, with the nominee's approval, may be received from the floor up until the time of election at the November General Club meeting.
  - Discussion followed regarding the delay and timeframe for printing of the *2013 Membership Directory and Handbook*.
2. **Secretary:** The August 8, 2013 Board Meeting Minutes were approved. The Board Meeting Minutes can be viewed on the EBC website in the newsletter.
3. **Treasurer:** The President reported that the Treasurer had provided him with a report for the period ending September 8th. The checking account balance was \$14,191.69 which is net of the jersey credits of \$1,161.80.
4. **VP/Ride Captain:** No Report.
5. **Newsletter Editor:** No report.
6. **Membership Coordinator:** The Membership Coordinator submitted the following report to the President: 220 individual memberships, 109 family memberships; 220 individual members, 269 family members for a total of 489 members.
7. **New Business:** None
8. **Old Business:** None
9. The next Board Meeting will be held on Thursday, October 10, 2013 at 6:15 p.m. at the Community Bank of Elmhurst.

**EBC General Meeting Minutes**  
**September 12, 2013**

**Present:** Chuck Dean, Cheri O'Riordan

**New Members: 0**

**Guests: 0**

1. **President:** The President called the meeting to order at 7:15 p.m. at the Community Bank of Elmhurst. The President stated:
  - The club sold four jerseys, four are remaining for sale; T-shirts are \$15.
  - Kathy Wagner-Selbach is working on a new design for a future club jersey.
  - An electronic version of *2013 Membership Directory & Handbook* was recently distributed. In response to his ambivalence about printing the *Directory* this late in the year, a majority of the meeting attendees expressed their desire to have a printed *Directory*. There will be a printed *2013 Membership Directory & Handbook*.
  - If anyone is interested on being on the nominating committee or is interested in a Board position please let him know.
2. **Secretary:** The minutes of the August 8, 2012 General Club Meeting were read and approved. (Full reports are on the EBC website in the newsletter).
3. **Treasurer:** The President reported that the Treasurer had provided a Treasury report through September 8th and that the report would be distributed via the List Server as usual. The checking account balance was \$14,191.69 which is net of the jersey credits of \$1,161.80.
4. **VP/Ride Captain:** No report.
5. **Membership Coordinator:** The President read from the Membership Coordinator's report: 220 individual memberships, 109 family memberships; 220 individual members, 269 family members for a total of 489 members.
6. **Mountain Bike Coordinator:** No Report.
7. **Advocacy:** (Please refer to the EBC website's *Advocacy* link or to Bob Hoel for further information). No report.
8. **Other:**
  - Betty Bond suggested that the General Club meeting be every other month for the summer meetings.

Respectfully submitted,

Cheri O'Riordan  
Club Secretary

9. **Refreshments:** Tasty refreshments of pizza and brownies were provided by Marge Ricke.
10. **Program:** Rich Aycock provided complete details of the three Wisconsin Triple Crown (Arcadian Brute, Kickapoo Kicker and the Dairyland Dare) rides. He shared pictures, elevation maps and his highly prized Triple Crown jersey. Ken Hickey, Marty Becker and MaryEllen Reedy who also participated, added their comments.
11. The next EBC General Club Meeting will be held on Thursday, October 8, 2013 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan  
Club Secretary

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033\_aol.com). The deadline is the 20th of the month.

### Elmhurst Bicycle Club Officers and Committee Chairs

<b>President</b> Chuck Dean, 630.790.4203 president_elmhurstbicycling.org	<b>Advocacy</b> Bob Hoel bob.hoel_comcast.net	<b>Refreshments</b> Marge Ricke, 630.616.8481 margericke_gmail.com
<b>Vice President/Ride Captain</b> Gerry Fekete, 708.352.0913 ridecaptain_elmhurstbicycling.org	<b>Publicity</b> <b>Volunteer Needed</b>	<b>Safety</b> Larry Gitchell, 708.409.0105 larsofmars_aol.com
<b>Treasurer</b> John Stanaway, 630.653.3427 treasurer_elmhurstbicycling.org	<b>Programs</b> Ray Dal Lago, 630.543.4655 dlag10_aol.com	<b>Sergeant-at-Arms</b> <b>Volunteer Needed</b>
<b>Secretary</b> Cheri O'Riordan, 630.325.3917 secretary_elmhurstbicycling.org	<b>Database Manager</b> Nancy Shack, 630.964.3862 nshack_comcast.net	<b>Assistant Ride Captain</b> Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org
<b>Membership Coordinator</b> Cian Perez, 847.722.7110 membership_elmhurstbicycling.org	<b>Website Team</b> Cindy Reedy, 630.234.1349 cmreedy_prodigy.net Sharon Hermach, 630.717.1660 ganskesh_hotmail.com	<b>Mountain Bike Coordinator</b> George Pastorino, 708.903.8700 georgepastorino_gmail.com
<b>Newsletter Editor</b> Chuck Dean, 630.790.4203 newsletter_elmhurstbicycling.org		<b>List Server</b> Cian Perez, 847.722.7110 cian.perez_gmail.com
		<b>Human Interest Person</b> Betty Bond, 630.932.0271 betzbond_sbcglobal.net

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)  
(<http://www.elmhurstbicycling.org/about/membership.asp>)

## October, 2013 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at  
<http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at  
<http://www.elmhurstbicycling.org/rides/futureRide.aspx>.



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