



The Cue Sheet

April
2013

The Newsletter of the Elmhurst Bicycle Club
Riding Strong for over 35 Years



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

Devil's Thumb Ski Trip February, 2013

by George Hermach and the trip participants
photos by George Hermach and George Pastorino

When I originally proposed the idea of EBC offering a western cross-country ski trip I wasn't sure of the response, especially since the cost would be significantly greater than our traditional UP Michigan ski trips. Kären Schwartz and Cheri O'Riordan both enthusiastically said "Yes we should do it." There are numerous mountain resorts that we could choose from. I was looking for a resort that we could get to by public transportation where we would stay, eat, and ski out the door without having to require rental cars. I chose Devil's Thumb Ranch, located near Tabernash, Colorado, with a wonderful lodge and full service spa, three restaurants to choose from, over 100 Km of groomed ski trails, snowshoe trails, all on 6,000 acres. We took Amtrak's "California Zephyr" from Naperville direct to Fraser, Colorado. Ranch vans picked us up at the train station and took us to the Ranch.

There were nine of us on the trip: George & Sharon Hermach, Bill & Kären Schwartz, George & Pussanee Pastorino, Cheri O'Riordan, Mary Ann Badke, and former EBC member Bill Peters. Loren & Twila Habegger were staying in their condo near Granby and joined us one afternoon. Mary Ann proposed that, for a different type of newsletter article, we all share our own highlights of the trip. Great idea!



Kären, Bill, Cheri, and George H. on the trail.



Kären and Bill on the "Zypher"

For me, the highlights of the trip were the train ride out and back (yes I like trains), the atmosphere of a being at a full service resort where we could ski out the door, and the wonderful skiing on Colorado's famed "champagne powder" snow with gorgeous mountain vistas. We had some bright sunny days (great for photography) and some days with light snowfalls to freshen the trails. Daytime temperatures were mostly in the mid to upper 20s, making for great skiing. I did see two moose one day, but was not able to get a photo of them. And the people of Devil's Thumb Ranch all made sure their guests had a good experience.

George Pastorino:

I have wanted to go to Devil's Thumb Ranch for 20 years, so when George Hermach sent the

email out that he was planning this trip.....Pussanee and I jumped at the chance to go. Devil's Thumb has it all, meticulously groomed trails, huge Mountains with incredible Vistas, and with 6,000 acres.....trails are not crowded at all. We averaged about 10 miles a day with over 2,000 feet of vertical gain, quite the work out. Inside the Lodge was everything you needed without a car.... Restaurants, Bars, Hot Tubs, Steam Rooms, Game Rooms, and a Spa. This was the nicest place Pussanee and I ever skied....both on the trails and in the Lodge.....what a trip ☺ BTW.....The overnight Train Trip was awesome.....I would travel that way again...

Cheri O'Riordan:

Having been unable to go on a "real" vacation for two years, I was really looking forward to this trip. Here are some of my memorable highlights:

- Train ride to/from: quiet, clean, friendly service without any hassle
- Wonderful spacious rooms, showers and baths
- Attention to detail with all the accoutrements, furnishings, services, and staff
- Complimentary lemon coconut cookies with tea after skiing all day
- Great food at three different venues especially the freshly made scones and soup
- Crystal blue skies with snow that was like skiing on silk
- Miles of groomed trails with challenging climbs leading to fantastic mountain views especially on the ridge trails
- Ski equipment lockers off the main entrance in a secured room



Cheri immersed in Colorado splendor!

Would I go back again.....you bet!!! Beautiful lodging, beautiful environment. I felt it was worth every dollar.

Kären Schwartz:

Colorado gave us many new sights, great food, and incomparable cross country skiing. The Devil's Thumb Resort was really a beautiful set of western themed buildings. Bill, "Mr. Woodworker," enjoyed peering around the main dining/resort building. The timber framed structure with huge wood piers and interesting tenons was studied and admired by Bill. The food, especially in the Ranch House Restaurant was among the best meals we've had in a long time. Every course was wonderful and the five page wine list was quite an adventure in ordering. Fortunately it was half priced bottle of wine night so the hundred dollar bottle was only fifty! Hey, you only live once right?

The outdoor hot tub was well used and enjoyed after a long day of skiing. It felt heavenly! Best of all, the ski trails were well endless. The 60 plus miles of them were beautiful, especially the ones in the new snow. The only disconcerting thing was the warning signs at the start of the trails that warned of bears, moose, and mountain lions. We didn't see any bears. Several folks did see moose grazing by the willows. I did get a slight tremor when George Hermach showed me the tree with the mountain lion claw marks on it. I guess they weren't kidding about those mountain lions!

Mary Ann Badke:

I "did it all" at Devil's Thumb Ranch. Unlike others, my goal was not to ski all the trails but to relax and enjoy/explore the Ranch. I did ski on many trails which had good conditions, quiet and beautiful surroundings. Throughout each day, I spent some time with everyone from the group: on the trails, in the lobby, coffee shop, etc. And each day, we shared dinner time with some or all of the group. But I also walked up to the barn a few times to go on a horse drawn sled ride, pet the goats, horses, and dogs, and drink hot chocolate. Had relaxing mornings propped up by many pillows in a comfy bed with tea and the paper (something I don't normally get to do). ..Watched the Oscars and movies in the lodge movie theater. ..Sat in the lobby by the fire to read. ..Swam in the outdoor pool and hot tub - on sunny and snowy days! Then there was my spa day- yoga class (free), a hike, a massage, pool again- aaahhh! All took place just steps from my room. Taking the train added to the experience. This was my second time taking the train to Devil's Thumb Ranch. Yes it was a bit of a splurge but I would go again.

Bike Advocacy Report

By Bob Hoel

We have a few events coming up that we need your help and time with.

- April 20 - Elmhurst College will hold their annual recycling drive. As in the past, the College has partnered with the Working Bikes Cooperative to collect bikes in need of a new home. We need 3 - 4 volunteers to help unload bikes from the cars. The event runs from 8 am - 1 pm. Any time you can put in for this worthy cause is appreciated. Please contact me to volunteer.
- April 27 - The annual Illinois Prairie Path and trails clean up takes place. This is a resource most of us take use of from time to time, even if only for its bridges to cross major roadways. Please consider giving back to the community to help keep the trails clean. For a complete list of the coordinators along the Path, go to <http://www.ipp.org/upcoming-events/> and click on the date for contact information. ("Editor's note: As mentioned later in this newsletter EBC is one of the groups conducting an Earth Day trails clean up event. More info at: [CleanUpDay.html](#)).

And some events a little further out.....

- June 10 - 14 - Bike to Work/Metra Week. As in the past the Club will sponsor a table at the Elmhurst Metra Station to greet those who biked to the Metra Station with a free cup of coffee and encourage those who didn't. Though the details are not finalized, we will probably do this on Tuesday and Friday that week from 6:30 - 8:30 am. More to come later. Please contact Bob Hoel to volunteer and spread the word about EBC.
- June 19 - Elmhurst Farmers Market. This will be the 4th season for this successful event where EBC hosts an informational table encouraging people to use their bikes for transportation, exercise and recreation and to answer questions about biking from the community. This has been a great way to promote the Club. More details on this later.
- July 19 - The Elmhurst Master Competition Cycling will sponsor their first annual Elmhurst Cycling Classic criterium, an event sanctioned by the USA Cycling's National Criterium calendar. This will be a one day race covering Cat 5 - 1 riders from across the nation. The first race (Cat 5) will start at 10 am and conclude around 7 pm with the Cat 1 excitement. EMCC will be looking for volunteers in various capacities from road monitors to valet bike parking and what better way to get close to the action. The 1.2 mile course will circumnavigate Elmhurst College.

March 2013 Mountain Bike Report

by George Pastorino

- Check your favorite riding sites (such as Palos or Kettle Moraine) to be sure they are open before heading out.
- Palos Trail Conditions can be found here: <http://cambr.org/SMF/index.php?action=home>.
- The Kettle Trail Line is 262 594 6202.
- We are planning at least 5 Kettle Trips this year....watch ride schedule for details.
- We will be doing a Brown County Trip in the fall....will give plenty of notice.
- 3 Pool Party/BBQ rides.....food, beer soft drinks offered by George and Pussanee along with various MTB rides.
- Saw Wee Kee ride for intermediate to advanced riders.
- Several Trips to Imagination Glen for intermediate riders.
- Fort Custer trip for all levels of riders.
- Tuesdays with George.....private single-track lessons.....2 member limit.....Tuesday evenings at 6pm.....June and July
- Loaner program continues: Pussanee and I now have 6 MTB bike for members to use

on our rides on a first come, first serve basis.

April Opportunities April 20th and April 27th

Two upcoming Saturdays give us all a chance to give something back for the riding we all enjoy. I hope some of you will join (as you did last year) for The Elmhurst College recycling event mentioned above in Bob Hoel's article. In addition to seeing some interesting bikes, the recycling event promises to have one of those recycling trucks that shreds paper. I'm getting ready several boxes of stale paper, check registers, etc. to rid my own basement of overdue junk. Take advantage if you can; join us if you can.

On April 27th, a group of us will be working to clean up the Great Western Trail between Schmale Road and Gary Avenue from 9 - 11:30 a.m. We'll meet at Gary Ave. and work west to east. Mary Ann Badke is leading this event again this year and hopes for an improved turnout. Many hands make light work. Can you join us? Even an hour would help if you can't make the entire time slot.

EBC Club Jersey - New Design by Chuck Dean

The new club jersey design was presented at the club meeting March 14th. It was very well received by the attending club members. I personally think that the design honors, yet improves, its most recent predecessor. Susan and Armaline have been working diligently to handle all the issues associated with EBC apparel. Thank you ladies!



New Design for EBC Jersey

Plan For Safety By Chuck Dean

Cool wintery weather did not hold us back much as riders, hikers, and skiers picked their spots and managed to get out for their activities. There were over 50 outings in March and club members are over 24,000 miles YTD. The pace will undoubtedly pick up as spring finally arrives.

Get out there and enjoy it, but keep alert to your surroundings and fellow riders. Let's call biking a non-contact sport.

I'd like to record another green check in April, especially because Dave Buckson recently told me how much he liked the program. Dave will do his part to keep us safe. Will you do yours?

March



Meeting Minutes March

March 14, 2013

Present: Chuck Dean, Jon Stanaway, Cian Perez, Sharon Hermach (non-board member)

1. **President:** The Board Meeting at 6:15 p.m. at the Community Bank of Elmhurst was not called to order because only 3 board members were present. The required quorum is 4 board members. Several topics were discussed, but no motions nor decisions were made during these conversations.
2. **Secretary:** No report.
3. **Treasurer:** No report. The Treasurer will read his current report at the Club Meeting.
4. **VP/Ride Captain:** No report.
5. **Newsletter Editor:** No report.
6. **Membership Coordinator:** Cian reviewed the materials that he sends out to each new member. The materials customarily include both an electronic mailing (an email) and a physical mailing. The email includes the most recent 2012 Directory and Handbook as a PDF file.
7. **Old Business:**
 - Chuck reported that the VP / Ride Captain had reported that a meeting to address Ride Leader Jersey Awards and Mileage Credit for Invitational Rides was held. However, the findings and recommendations were not available. These findings and recommendations are expected to be reviewed at the April meetings.
 - Advertising policy was acknowledged as a subject that still needs discussion and review.
8. **New Business:**
 - List Server privacy policy was discussed because of a member's question and complaint about the public dissemination and use of private information on the List Server.
9. The next Board Meeting will be held on Thursday, April 11, 2013 at 6:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Chuck Dean standing in for Cheri O'Riordan
Club Secretary

March 14, 2013

Present: Chuck Dean, John Stanaway, Cian Perez

New Members: 0

Guests: 0

1. **President:** The President called the meeting to order at 7:15 p.m. at the Community Bank of Elmhurst.
 - Attendees were greeted and thanked for attending.
 - The President told the members that an official board meeting had not been held earlier in the evening as there had not been a quorum for the board.
2. **Secretary:** Given absence of the Secretary, minutes were not read. Members were reminded that minutes were and will be available in the newsletter.
3. **Treasurer:** The Treasurer presented the YTD Banking Summary (1/1/13 through 03/14/13). The listed income was \$3,140.09; expenses were \$2,046.35. At present, the balance in the treasury is \$16,858.62 with \$857.65 set aside for jersey credits. Additionally, \$480.70 of YTD income (and the treasury balance) represents advance payments by members for wool jerseys about to be ordered. The Treasurer's report was accepted. The Treasurer will email the monthly Banking Summary Reports to the membership each month.
4. **VP/Ride Captain:** Due to absence of VP/Ride Captain no report was presented. Gerry expects to be in attendance at the April meeting.
5. **Membership Coordinator:** Cian reported totals which were up slightly, but Chuck failed to write them down. A proper report of the numbers will be presented at the April meeting.
6. **Mountain Bike Coordinator:** The MBT Coordinator covered a number of issues which were broken out and reported separately in this newsletter above.
7. **Advocacy:** (Please refer to the EBC website's *Advocacy* link or to Bob Hoel for further information). Bob gave a brief report and the highlights are presented earlier in this newsletter above.
8. **Other:**
 - Baltimore Ortega discussed other biking opportunities and trips planned for later this year.
 - Marge Ricke pointed out the several months that still need a refreshment provider. She reminded people who volunteer can be reimbursed for the purchased items.
 - Dr. John discussed the Blind Stoker rides scheduled again this year. He thanked all the members who volunteered last year and expressed his hope that he would get help again this year.
 - Kelly Morgan: Reported that the MS Tour De farms Ride 2013 will be on June 22, 2013. Last year, there was a team of EBC members and she is hoping for the same this year. Check the *Future Rides* link on the website.
 - Susan Sperl discussed the wool jersey order, and old and new jersey design. An old jersey and a fabric mockup of the new jersey design were displayed. Chuck Dean observed that the membership embraced the new design as several complimentary remarks were received from the floor.
 - After hearing from the president that the board (at the February board meeting) deferred a decision regarding whether to order a standby supply of jerseys of old or a new design, Tom Preston made a motion to authorize a club purchase of 8 jerseys of the new design. The motion was seconded by Chuck Gentile. By a show of hands, over 30 members (an overwhelming majority) approved the motion. No member disapproved the motion. The subject of jersey sizes to be ordered was also discussed before the final vote. Rather than taking a simplistic approach such as 2 jerseys each of S, M, L, and XL, the members suggested order quantities in proportion

to the sizes being ordered by members in the current round of ordering. The motion passed.
 • Sharon Hermach made a 'Save-the-date' proposal for Saturday, May 11th for a ride to Lekotek to view the special-needs-bicycle donated to Lekotek by the EBC last December.

9. **Refreshments:** Thank you to Maria Esqueda for bringing the refreshments. Special note: special thanks to Maria who has volunteered for this chore more than a few times. Thanks Maria.
10. **Program:** Bob Hoel presented an entertaining slide show of his recent tandem bicycling tour through the Netherlands. (I don't know if wooden shoes come with cleats, but I'm ready to go.) Thanks Bob.
11. The next EBC General Club Meeting will be held on Thursday, April 11, 2013 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Chuck Dean standing in for Cheri O'Riordan
 Club Secretary

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033_aol.com). The deadline is the 20th of the month.

Elmhurst Bicycle Club Officers and Committee Chairs

President Chuck Dean, 630.790.4203 president_elmhurstbicycling.org	Advocacy Bob Hoel bob.hoel_comcast.net	Refreshments Marge Ricke, 630.616.8481 margericke_gmail.com
Vice President/Ride Captain Gerry Fekete, 708.352.0913 ridecaptain_elmhurstbicycling.org	Publicity Volunteer Needed	Safety Larry Gitchell, 708.409.0105 larsofmars_aol.com
Treasurer John Stanaway, 630.653.3427 treasurer_elmhurstbicycling.org	Programs Ray Dal Lago, 630.543.4655 dlag10_aol.com	Sergeant-at-Arms Volunteer Needed
Secretary Cheri O'Riordan, 630.325.3917 secretary_elmhurstbicycling.org	Database Manager Nancy Shack, 630.964.3862 nshack_comcast.net	Assistant Ride Captain Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org
Membership Coordinator Cian Perez, 847.722.7110 membership_elmhurstbicycling.org	Website Team Cindy Reedy, 630.234.1349 cmreedy_prodigy.net Sharon Hermach, 630.717.1660 ganskesh_hotmail.com	Mountain Bike Coordinator George Pastorino, 708.903.8700 gpastorino_comcast.net
Newsletter Editor Chuck Dean, 630.790.4203 newsletter_elmhurstbicycling.org		List Server Cian Perez, 847.722.7110 cian.perez_gmail.com
		Human Interest Person Betty Bond, 630.932.0271 betzbond_sbcglobal.net

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)
 (http://www.elmhurstbicycling.org/about/membership.asp)

April, 2013 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at <http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at <http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/events/archive.asp>.

Please Support Our EBC Sponsors

LANCE HONEYMAN

The Bike Rack
www.thebikerack.com

2930 Compton Hills Rd. • St. Charles, IL 60175 • 630-584-6588
Fax 630-584-1295 • e-mail: lance@thebikerack.com

Orland Park Cyclery

Orland Park Cyclery

Giant Bikes
Specialized Bikes & Accessories
Endura Clothing

Jim Sapolis - Owner (708) 460-2999
14445 S. John Humphrey Drive
Orland Park, IL 60462
jsapolis@msn.com
www.orlandparkcyclery.com

Community Bank of Elmhurst
Member FDIC
"Your Hometown Bank"

HARTLEY'S CYCLE SHOPPE, LTD

PINARELLO - CANNONDALE - BIANCHI
FELT - GIANT - WATERFORD - SCOTT - COLNAGO

KENNETH J. HARTLEY

24 WEST HINSDALE AVENUE
HINSDALE, IL 60521

(630) 323-7156 EMAIL: hartleyscycle@comcast.net
WWW.HARTLEYSICYCLE.COM FAX: (630) 323-7195

J & R CYCLE & SKI
716 S. Main • Lombard, IL 60148
(630) 620-1606

BOB PECORA

Diamond Back • GT/DYNO
Fisher • Yakima
Haro • Univega

M & Th 10-8
T & F 10-6
W 12-6
Sat 10-5

Call for Winter Hours

(630) 629-4773
(630) 627-6535

HOURS
MON. & FRI. 9-8
TUES., WED., THURS. 9-6
SAT. 9-5
SUN. CLOSED
CALL FOR WINTER HOURS

KOSLOW CYCLE, INC.
MARY BEVERLEY ANDY BARB

S.E. CORNER NORTH AVE. & SWIFT RD.
21 W. 415 NORTH AVE.
WWW.KOSLOWCYCLE.COM LOMBARD, IL 60148

You can't beat our prices!
If you find a lower price we will
match it and give you 11%
of the price difference.

Lickbike.com

www.lickbike.com
800-323-4083
24 Hour Phone (708)383-5541
310 Lake Street, Oak Park IL 60302

VILLAGE CYCLES
SPORT

Dedicated to the Sport of Cycling Since 1976
<http://villagecyclesport.com>



CYCLE & FITNESS
5711 W. IRVING PARK
(773) 736-4395
RUDYSBIKES.COM

Please Support our EBC Sponsors

Sammy's
BIKES

602 1st St. SAINT CHARLES, IL. 60174
630 444-0690 SAMMY@SAMMYSBIKES.COM



Trek Bicycles

Downers Grove
Naperville