



# The Cue Sheet

The Newsletter of the Elmhurst Bicycle Club  
Riding Strong for over 34 Years

## December 2012



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

### Holiday Party Wednesday, December 12, 2012



You are all invited to attend our Holiday party at The Elmhurst Community Bank at 7:15 p.m.

A wonderful menu has been assembled. Food will be provided by Marino's in Wooddale.

We're sure you'll enjoy:

Chicken Marsala

Italian Roast Beef (and Sweet or Hot Peppers)

Mostaccioli & Penne Vodka

Potato Vesuvio

Green Beans Almondine

Mela Salad

Bread and rolls for beef

Soft Drinks and water

Consider bringing a dessert to cap off the meal.  
We hope to see you there!

### Rwanda Coffee Bike By Laurel Salvador

Do I hear any higher? SOLD to Laurel Salvador.... that's how I ended up with a really cool cargo bike designed and signed by Tom Ritchey for the coffee farmers to bring their 200 pound plus bags of coffee in to the coffee co-op. We were at Sammy's Bikes, where they were doing a fund raiser for this very worthy cause of helping the coffee farmers to be more independent through the use of the specially designed coffee bikes. Sammy's was holding an auction for bike #10 signed by Tom Ritchey.

Here's a picture of the Mountain Bike History exhibit at the San Francisco Airport. And that is Tom Ritchey, bicycle designer, along side. More than a thousand bicycles have been given to Rwanda farmers.

We take our bikes for granted here, but in Rwanda, a specially designed coffee bike can make a huge difference in the life of a coffee farmer. More than 200 pounds of coffee beans can get to the coffee co-op on one bike instead of on multiple backs; and

the beans get to market much faster, thus also getting a higher price.

They also have created a system near the coffee co-ops where folks can have their bikes repaired, thus providing more jobs for the new bike mechanics -- a good system all the way around. See the photo of one of the bikes in action, fully loaded with coffee beans.

When I saw the bike, I wanted to help out Project Rwanda (all proceeds are going to this very worthy cause), but I also was thinking of all the things I could haul with that bike! I regularly bike to the grocery store and see how many pounds of groceries I can haul back (the record so far is 50 pounds, a bit too much for the BOB trailer!).

However, once I got the bike home, I realized that this bike should be on display/ridden as an ambassador for showing how bicycles can change the lives of people around the world, and not just be on occasional trips to the grocery store. I then contacted Working Bikes and after a bit of phone tag, finally talked to the director, Paul Fitzgerald, and arranged a day when my husband and I could bring the bike to them. We had the added treat of meeting Lee Ravenscroft, the founder of Working Bikes who also had several ideas on how they plan on using the bike, both for display and for riding around town for educational outreach since it is such a flashy bike. I have donated many bikes to Working Bikes in the past, but this donation felt different, it felt like the bike was being adapted to a new home.



Bicycle designer Tom Ritchey and Photo Display at San Francisco Airport!  
Photo from Dirt Rag Magazine



More than 200 pounds of coffee!

So that is the story of "Tank" the Rwanda Coffee Bike, who I fostered for a while, riding around the neighborhood, hauling groceries, before donating him to a very good organization, Working Bikes in Chicago. I almost rode "Tank" to some EBC rides, but I must admit that "Tank" wasn't that fun to ride (over 55 pounds without groceries!), better for short trips around town and not longer club rides.

If you ever have an old bike, don't ever throw it out! Working bikes takes bike in all conditions and either fixes them up or uses them for parts. They then ship bikes to third world countries where a bike makes a HUGE difference in the lives of the lucky recipients. They fix and sell bikes at their shop in Chicago as well as to help fund the organization (a good place to buy used bikes too!).

Working Bikes has several drop off locations throughout Chicagoland, so you don't have to bring your bike donation all the way into the city like we did with the Coffee Bike.

Those old bikes that you don't use since you upgraded to a newer model can make a BIG difference in the lives of folks who have a lot less than we do.

Biking can really change the world, one person at a time!

Here are links explaining more about Project Rwanda and Working Bikes:

<http://www.projectrwanda.org/cargo-bike>

<http://www.workingbikes.org/>

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## EBC on the March

Even if we haven't had the kind of snow storm or cold snap that tells us that winter is here, there have been other clues. We switched off of daylight savings time and sunset is occurring earlier and earlier. And .... EBCers have been scheduling hikes.



John Park and friends on a 'training' hike.

There were nine hikes scheduled throughout November:

Nov 09 - Fall Back Hike  
Nov 13 - Hike Greene Valley FP  
Nov 17 - Hike Fullersburg / Graue Mill  
Nov 20 - 6 Mile Hike at Morton Arboretum  
Nov 22 - Hike McDowell Grove  
Nov 24 - Hike St. James Farm  
Nov 26 - Hike Lisle  
Nov 28 - Full Moon Hike

And more are scheduled for December. If you find the falling temperatures too cool to ride, consider a hike.

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## Adventure Cycling's Great Divide Mountain Bike Route By Laurel Salvador

I just wanted to share an interesting experience I had yesterday. This week I received an email from Amanda Lipsey (Development Director) and Jim Sayer (Executive Director) of Adventure Cycling. They were in Chicago and wanted to know if I was available for lunch. Although I have been a member of Adventure Cycling for 14 years and worked as a staff member for two of the Cycle Utah trips for them (5 years ago!), I was sure that they had picked me by mistaken identity with someone who was much more active in the organization.

So I asked them in the email, why did they contact me? It ends up, it was really just random, they pick a member in the area they are traveling and meet with them. So, I suggested The Gage on Michigan Avenue, right across from Millennium Park (a very good place for lunch, check it out when you get a chance!). I also wanted to show them the Cycle Center in Millennium Park if they didn't already know about it. Check out the link if you are unfamiliar with the cycle center. <http://www.chicagobikestation.com/>

By the way, this cycle center is FANTASTIC, you can use it as your base for a downtown Chicago excursion (\$5 and you can use the locker room with showers and indoor bicycle parking), plus they have a fleet of over 500 rental bikes if you would rather just rent a bike ....), but I digress...

The lunch was very fun, I had a chance to meet Jim and Amanda, we talked not just about Adventure Cycling but cycling in general, and they seemed very interested in the bike and barge trips that EBC has been doing (they may also contact Euro Sail to find out about a charter!). We also shared bike travel stories, and I also gave them some feedback on why I didn't work another big Adventure Cycling trip, I had to work 12-16 hour days with no time for me to bike the entire time! Instead I was driving a truck.... They limit the number of folks on their tours now (when I was working we had upwards of 150 folks), plus they offer a much greater range of trips, so I may consider working for them again in the future.

It was very interesting meeting Jim and Amanda and it gave me a glimpse into the working of a 43,000 member national organization at the top level (lots of meetings with sponsors and donors for fundraising!), but it also was refreshing how as cyclists we had lots in common. Amanda and I were talking about doing one of the mountain bike trips together in Montana, since I had to bail out of my Adventure Cycling Cycle the Divide trip 9 years ago when I got the roster and it was 8 men and me! Omar isn't keen on loaded cycle touring, so I had signed up solo, but didn't want to spend the entire week mountain bike touring with only men.

The trip that we were talking about yesterday is a fully supported mountain bike trip, so although we would be camping, we wouldn't need to carry our stuff or do any cooking. It is limited to 50 folks and the riding is on dirt trails/forest roads with OPTIONS (not requirements!) for more technical single track (just my kind of riding, I'm a double track kind of mountain bike rider!).

Here is the link to the trip that we were talking about:

<http://www.adventurecycling.org/tours/tourdetail.cfm?id=348&t=EV13&p=2>

From their web site:

*"Here's your chance to sample our heralded Great Divide Mountain Bike Route — fully- supported and load-*

free!

*Setting out, we'll travel from the lively resort town of Whitefish, located near Glacier National Park, to the southern end of the spectacular Swan Range, one of Montana's more unsung and less-visited geologic gems. (Not far away and well worth a visit before or after your ride: Flathead Lake, the largest natural freshwater lake in the West.) Riding mostly on abandoned logging roads, and even a bit of single-track trail, we'll experience the high country of one of the world's great wildland complexes. Along the way, we'll encounter a variety of flora (wild huckleberries may be ripe for the picking) and fauna — the sharp-eyed might even spot the occasional bear on a distant hillside.*

*We'll layover for a day in Seeley Lake, where you might rent a canoe and paddle the gentle Clearwater Canoe Trail. Back on the bikes, we'll skirt the boundaries of the Bob Marshall and Scapegoat wilderness areas and crest the Continental Divide before dropping into Lincoln, our ultimate destination."*

Anyone interested? ... Laurel

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## Sunset Knoll Show and Go Starting Location

Many of you who have been going on Isaac's Friday rides out of Sunset Knoll Park, Lombard at 9 a.m. already know that the riders have been assembling in the church parking lot on the east side of Finley Road. This practice of parking and meeting there began when the Director of the Sunset Knoll Recreation center approached us one Friday morning and politely requested that we consider using the parking lot across the street because of the congestion that existed in the Recreation Center parking lot among our riders and the parents who attend or drop off children right at 9 o'clock.

Subsequently, we have been parking in that lot on the east side of Finley. I mention this while thinking about the show and go's that also start out at Sunset Knoll. If you don't see anyone in the Recreation Center parking lot, take a look across the street.

Sidney J. Harris used to write a column called something like "Things I learned while looking up other things." I wanted to get the name of the church whose parking lot is on the east side of Finley. While I couldn't find the name on Google Maps, ironically I did learn that "Isaac's Landscaping" shares that property. Coincidence? I don't think so.

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## Gallery

### Another EBC Fireplug Picture



1 to r: Debbie, Tom, Chuck, George H., Hope, Maria, Mary Jo, and Cheri

### Bicycle Shorts on December 2nd!



1 to r: Homer, Karen, Dave, Vince, and Josh

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## Meeting Minutes December

### Board Minutes November 8, 2012

**Present:** Chuck Dean, Cheri O'Riordan, Jon Stanaway, Gerry Fekete, Lew Worthem, Cian Perez, Sharon Hermach, Marge Ricke

### EBC General Meeting Minutes November 8, 2012

**Present:** Chuck Dean, Cheri O'Riordan, John Stanaway, Gerry Fekete, Lew Worthem

1. **President:** The Board Meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst.
  - The President apologized stating that the Treasurer did indeed send him the October, 2012 Treasurer's Report, but he forgot he had it.
2. **Secretary:** The October 11, 2012 Board Meeting Minutes were approved. The Board Meeting Minutes can be viewed on the EBC website in the newsletter.
3. **Treasurer:** The Treasurer presented the Monthly Banking Summary (10/11/2012 through 11/08/2012). The listed income was \$1,142.25; expenses were \$1,127.25. At present, the balance in the treasury is \$16,717.67 with \$857.65 set aside for jersey credits. The Treasurer's report was accepted.
4. **VP/Ride Captain:** The *Ride Schedule* appears to be working again. General discussion followed regarding past conversations of website and *Ride Schedule* issues. A number of sets of cue sheet holder clips were given to the VP/Ride Captain. If anyone would like a set, a donation to the club would be appreciated since there is a price tag on them at \$7.50 per set.
5. **Newsletter Editor:** No report.
6. **Membership Coordinator:** There are presently 520 total members: 243 individuals and 277 family members with 114 family memberships. Fifteen new members joined since last month.
7. **Old Business:**
  - Storage of Club Supplies: Tabled until next month.
  - Club Donations: Lekotek contacted Sharon Hermach and was very happy to hear of our interest. The National Lekotek Center, a 501(c)3 organization, has worked with toy manufacturers for 32 years with a simple goal in mind—to improve the lives of children with special needs through the utilization of toys and play. Sharon stated that Lekotek loans bikes to families on a 30 day basis, thus allowing many children to use an adapted tricycle. Lekotek indicated a need for bikes that will fit 4-7 year olds. About ten years ago, EBC donated to this organization and then organized a bike ride to visit the site and see the various adapted bicycles/tricycles. Lekotek's website is <http://www.lekotek.org>. The Board also discussed a contribution amount for other organizations. The Board passed the motion, "I move that Lekotek receive \$1,500 for a new children's tricycle, and the League of Illinois Bicyclists, CAMBR and the Illinois Prairie Path each receive a \$500 donation for a total of \$3000."
    - Christmas Party: Discussion for the club's annual Christmas party ensued. The Board passed the motion, "I move that up to \$1200 be allotted for this year's Christmas Party." The Refreshments Coordinator will investigate new caterers.
8. **New Business:**
  - The President suggested that a gift card be purchased for Bill Shack who performs "magic" behind the scenes with the data base throughout the year. The Board passed the motion, "I move that a gift card be purchased for \$25."
9. The next Board Meeting will be held on Thursday, December 13, 2012 at 6:15 p.m. at the Community Bank of Elmhurst. (editor note: Subsequent to preparation of minutes, the December meeting date was changed to Wednesday, December 12th.)

New Members: 0  
Guests: 0

1. **President:** The President called the meeting to order at 7:15 p.m. at the Community Bank of Elmhurst.
  - A quorum was needed for voting. Down to the wire, 31 members were present. The President asked for additional nominations from the floor. None were presented. The President then asked for a vote. The vote passed unanimously, with next year's officers being:
    - o President - Chuck Dean
    - o VP/Ride Captain - Getty Fekete
    - o Treasurer - John Stanaway
    - o Secretary - Cheri O'Riordan
    - o Membership Coordinator - Cian Perez
  - The Board approved a budget for the Christmas Party at the next club meeting on December 13th.
  - The President announced that a budget of \$3,000 was passed by the Board for donations of: \$1,500 for an adapted tricycle from Lekotek, and \$500 for each of the following: League of Illinois Bicyclists, CAMBR, and Illinois Prairie Path. Lekotek is a non-profit organization that loans adapted bicycles/tricycles to families of children with special needs on a 30 day basis. Thereby, many children will have an opportunity to use the adapted tricycle which will have a plate indicating that it was donated by EBC.
2. **Secretary:** The minutes of the October 11, 2012 General Club Meeting were read and approved. (Full reports are on the EBC website in the newsletter).
3. **Treasurer:** The Treasurer presented the Monthly Banking Summary (10/11/2012 through 11/08/2012) listed income of \$1,142.25. Expenses were \$1,127.25. At present, the balance in the treasury is \$16,717.67 with \$857.65 set aside for jersey credits. The Treasurer will email the monthly Banking Summary Reports to the membership each month.
4. **VP/Ride Captain:** The VP/Ride Captain stated that although the weather is getting colder, try to ride as much as possible.
5. **Membership Coordinator:** There are presently 520 members: 243 individuals and 277 family members with 114 family memberships.
6. **Mountain Bike Coordinator:** The MBT Coordinator did not present but requested that the following be added to the minutes:
  - Fall is MTB season. There are rides every weekend in the month of November. Come and enjoy the fall colors at Palos and Kettle. The rides are at all levels: easy, intermediate and advanced. Advanced riders are always welcome on easy rides.
  - November 10th: Intermediate-- single track at Hidden Pond Woods-East
  - November 11th: Intermediate--ride entire Palos system at Red Gate Woods
  - November 17th: Intermediate--Kettle (Emma Carlin)
  - MTB rides will continue all winter long
7. **Advocacy:** (Please refer to the EBC website's *Advocacy* link or to Bob Hoel for further information). No Report.
8. **Other:**
  - Sharon Hermach reminded members about the cross country ski trip to Fraser, CO from February 23 - March 3, 2013. She stated that if you are planning to go on the annual ski trip to the UP, February 3-8, 2013, you need to call the Indianhead Motel and make your reservations as rooms are filling up fast. Thirty-three members have already made their reservations.
  - Marge Ricke asked for volunteers to sign up for a month in 2013 to bring refreshments. She mentioned that she will be looking into caterers for the Christmas party.
  - The President presented to Dr. John Loesch, who is an optometrist, a gift certificate for his community outreach involvement with the Blind Stoker rides, since he was not available when Jerome Hughes and Tom Preston received their gift certificates at an earlier date.
  - Tom Preston thanked George Pastorino for taking pictures on some of the Blind Stoker rides and sharing them with members on the list server.
9. **Refreshments:** Thank you to Sharon Hermach for bringing the refreshments, especially her delicious homemade brownies.
10. **Program:** No formal program was scheduled, but Ray Dal Lago described his harrowing experience of being hit in an intersection by a turning SUV. The driver said Ray was in her

Respectfully submitted,

Cheri O'Riordan  
Club Secretary

"blind spot." She made a left turn cutting it at a 45° angle instead of the required 90° angle which resulted in hitting Ray. Although, Ray said that he is very lucky and basically alright, he is still sore particularly in his core muscles. Miraculously, he survived the crash as did his carbon bike. Ray displayed his brand new PSIMIT custom carbon front wheel.....totally trashed.

11. The next EBC General Club Meeting will be held on Thursday, December 13, 2012 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan  
Club Secretary

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Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033\_aol.com). The deadline is the 20th of the month.

### Elmhurst Bicycle Club Officers and Committee Chairs

<b>President</b> Chuck Dean, 630.790.4203 president_elmhurstbicycling.org	<b>Advocacy</b> Bob Hoel bob.hoel_comcast.net	<b>Refreshments</b> Marge Ricke, 630.616.8481 margericke_gmail.com
<b>Vice President/Ride Captain</b> Gerry Fekete, 708.352.0913 ridecaptain_elmhurstbicycling.org	<b>Publicity</b> <b>Volunteer Needed</b>	<b>Safety</b> Larry Gitchell, 708.409.0105 larsofmars_aol.com
<b>Treasurer</b> John Stanaway, 630.653.3427 treasurer_elmhurstbicycling.org	<b>Programs</b> Ray Dal Lago, 630.543.4655 dlag10_aol.com	<b>Sergeant-at-Arms</b> <b>Volunteer Needed</b>
<b>Secretary</b> Cheri O'Riordan, 630.325.3917 secretary_elmhurstbicycling.org	<b>Database Manager</b> Nancy Shack, 630.964.3862 nshack_comcast.net	<b>Assistant Ride Captain</b> Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org
<b>Membership Coordinator</b> Lew Worthem, 630.835.7270 membership_elmhurstbicycling.org	<b>Website Team</b> Cindy Reedy, 630.234.1349 cmreedy_prodigy.net Sharon Hermach, 630.717.1660 ganskesh_hotmail.com	<b>Mountain Bike Coordinator</b> George Pastorino, 708.903.8700 gpastorino_comcast.net
<b>Newsletter Editor</b> Chuck Dean, 630.790.4203 newsletter_elmhurstbicycling.org		<b>List Server</b> Lew Worthem, 630.835.7270 lew_worthem.com

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)  
(<http://www.elmhurstbicycling.org/about/membership.asp>)

## December, 2012 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at <http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at <http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/events/archive.asp>.

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