



The Cue Sheet

November 2012

The Newsletter of the Elmhurst Bicycle Club
Riding Strong for over 34 Years



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

Halloween

by Chuck Dean, Baltimore Ortega, and George Pastorino
Pictures by Mike Haberer and George Pastorino

Spooky and cool (both the temperature and the hip factor) was month end; and EBCers came out to play and ride. What else? The vampires riding on Monday night and Wednesday night have long-standing and well-documented reasons for avoiding the sunlight. Torches were mounted on the handlebars and rear ends of the bikes. The eerie glow was sufficient to navigate the streets around the western suburbs, but the Trails (GWT and IPP) had a haunted atmosphere. Demons seemed to be about and taunted one rider Monday night with flats on both front and rear (mountain bike tires - no less). Surely they chuckled after the first flat when the rider foolishly announced that this was the first flat he had had in four years of club riding.



(1 to r) Larry, Joanne N., Ron, Chuck D., Baltimore
Yes, there's a reason for the bike being upside down!

The riders all made it back and offered profuse thanks to Larry Gitchell for his Monday night rides throughout the year. This particular ride was the last one for this year. Now many of us begin to await the arrival of Spring when Larry is likely to again lead these always enjoyable rides.

Some of the Monday-nighters came out and prowled again on Wednesday - the official Halloween. Here is Baltimore's report:



Churchill Place! An Auto Crash!

Tonight, these six brave EBC members faced a chilly and spooky night full of scary moments: Ron Richards the ride leader, Larry Gitchell, Dawn Piech, Laurel Salvador, Mike Haberer, and yours truly, all brave souls.

The ride started on a crisp evening and under a full moon. The full moon reminded me werewolves come out when the moon is full. We rode among some Halloween Creatures, all 2 & 3 feet tall. Some of them cheered us as we passed with our bright lights. The ride through the woods was very spooky and we kept counting how many riders we had to make sure we had six riders, not less or more.

When we got to Hinsdale the house decorations and trick or treaters picked up. As we rode towards Clarendon Hills a black cat ran across the street in front of us. Then we arrived at the scariest part of the ride.

CHURCHILL PLACE closed their block with yellow police tape to present a block full of scary scenes and people. The theme this year was "Auto Crash!". Most of the homes had car wrecks, tow trucks, and various costumes on their yards with plenty of bodies and skeletons. We walked the entire block of horror with our bikes. Some people thought we were part of the Halloween presentation. We heard scary sounds, voices, and children screaming out loud. After the tour, we rode to the Starbucks nearby. The ride back was quiet. I hope you can join us on the next Halloween Ride.

Tonight was Ron Richards last Wednesday Night ride this year. Ron, thank you for taking the time to lead us on some nice rides. If you are looking for a clean 13-16 mph evening, and sometimes weekend rides, join him next year. He is a good ride leader who makes it about his riders.

.....

They are just as handsome and pretty as the movie crew from 'Twilight,' but there could not have been any vampires in the daylight crew led by 'Demon Coordinator' George Pastorino; yet demons were abound. Here is George's report:

We had 11 riders show for the Halloween Ride today and what a blast it was...there were Devils, Demons, a Shark, Spiderman, Lady Bug and the Mad Hatter. We rode 12 miles of easy single-track and followed it up with a stop at Irish Legends.

Beer is holy water for Demons..... ;-) ;-)

See slide show here: [Halloween Slideshow](#)



11 people, but only 10 names -- Uh oh! Marty, Jane, Carla, Larry, Chuck G., Pussanee, George, Ann, Baltimore, Sue B.

EBC's Outreach Champions for 2011

by Bob Hoel

One of the best ways for EBC to spread the word about the Club is through outreach activities where members meet others from the community and share information about safe biking, available bike routes, and, by their presence, word about the Elmhurst Bike Club.

Earlier this year the Club's Executive Board voted to recognize the top three Club outreach volunteers from 2011 with \$25 gift certificates. John Loesch, Jerome Hughes and Tom Preston took top honors for their participation in the Blind Stoker Rides, organized by optometrist John Loesch. These events have enabled a group of people who would not otherwise be able to bike, to experience first hand our enthusiasm for cycling.



Bob Hoel presents Tom Preston with his recognition certificate.

You need not be a tandem rider to participate in the Club's outreach efforts, however. The Club was involved in Farmer's Market informational tables, Bike to Work Days, and Park District bike rodeos to name a few. A full listing of the outreach activities the Club participated in during 2011 and who volunteered their time can be accessed from the EBC advocacy page. Go to <http://www.elmhurstbicycling.org/aboutebc/advocacy.asp> and click on "What did EBC members do in 2011?"

Another Good Year for Our Blind Stokers and Several Club Captains

By Bob Hoel

Saturday, October 20, marked the last Blind Stoker Ride for 2012. These rides, organized by Club member John Loesch, are a great opportunity to bike and share the sense of biking freedom with a person who would not be able to bike on their own due to vision impairment.

This ride began at Wheaton's Memorial Park and rode the Prairie Path to Sonny Acres Fall Festival in West Chicago, a great fall location with entertainment and food vendors. Everyone was able to find food for their tastes. The weather cooperated and the trees were in full color for the event.

Thanks to EBC members Jim Gross, Kim Messina and Tom Preston (who organized the ride in John's absence) for being tandem captains. There were six tandems in total.

The Greene Barn Near IMAX

By Chuck Dean

It's a familiar sight to many of you who ride out of the IMAX Theater in Woodridge, but until I started doing those rides several years ago, I had never seen it. Riding up the hill on Hobson on the way out from IMAX, or returning on Greene toward IMAX, the Greene Barn (of course actually it is red) dominates that corner (Hobson and Greene). As a rider, especially on those 50 milers out and back to/from Oswego, you know you're home when you spot the barn. It's a good



The Greene Barn, corner of Hobson and Greene, Woodridge.

feeling. That first year when I saw it regularly, especially in the fall when the surrounding golden foliage framed it magnificently, I thought I would write this article. But it needed a picture, and I hadn't taken one.

By the following fall, orange 'snow fences' marred the landscape as the Greene Barn property was beginning its \$4.8 million dollar restoration. Finally this summer, the fences came down, and the corner was again the sight that I first remembered.

An article in the Chicago Tribune (DuPage Forest Preserve District Considers Barn's Fate - March 31, 2010 by Bob Goldsborough) described the dilapidated condition of the barn, "With peeling red paint and vines crawling up the sides, the Civil War-era barn at the Greene Valley Forest Preserve near Naperville could be an archetype for thousands of barns on farms across the Midwest. Though it was spared by developers when the Greene family sold it (in 1971) and 10 surrounding acres to the DuPage County Forest Preserve District, the barn today faces an unforgiving opponent: the elements. Now, rapidly deteriorating and with a leaky roof, the barn requires more than \$1 million worth of improvements." In 1998, some 27 years later, the District authorized an architectural review to determine the resources necessary to preserve the barn; and, 14 years after that - well the Greene Barn and grounds look great!

I find the 40 year time span interesting to think about when comparing the time spans associated with the acquisition, development, and enhancements of/to old and new bicycle paths. These projects take a long time, but some of them seem worth it to me.

Fall Invitationals

by Chuck Dean

Even later into the season, there were still plenty of invitational rides available throughout the Midwest. Our club members attended several.

Just across the border into southwestern Michigan, Dawn P. posted and led a group on the Apple Cider Century. It's a one day ride featuring various distances followed by its annual spaghetti dinner. Yum! Carbo-loading after you ride. It's a big ride with typically thousands of riders choosing shorter (15 and 25 miles), medium, and longer (100 miles) routes. Their website offers a picture gallery if you would like to take a look. [Apple Cider Century Pictures](#)



Jason, Mike C., Dawn, Mike P., Baltimore

The ride was great fun for our members, as you might expect, both because of the scenic Michigan course and because of the chance to meet and interact with other enthusiastic cyclists. One of these cyclists, Ginger B. --- a member of Sammy's Cycling Club (EBC sponsor) -- - wrote the EBC President to contact one of the members whom she had just met on the ride... Ginger said, "I had the pleasure of riding with Baltimore, Dawn, Michael, Jason (his 1st century) and several others...." EBC was represented well by Dawn and the others.

It's only about a 2 hour drive to the Apple Cider Century, maybe next year (September 29, 2013)?

Further away, the Hilly Hundred just north of Bloomington, IN (about 4.5 hours) is a two-day event with lots of climbing. Last year and again this year, the mileage was split into a longer Saturday (57 miles) and a shorter Sunday (43 miles). The \$45 pre-registration fee gets you plenty of musical entertainment and good eats. Each rest stop has the usual presentation of snacks and the designated lunch stop has a full course chicken dinner. In the music department on both days, you can listen to blue grass, country, pop, etc. The live

8. **New Business:**
 - Various ideas for the club's annual Holiday party were discussed. The new Refreshments Coordinator will be conferred with.
9. The next Board Meeting will be held on Thursday, November 8, 2012 at 6:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan
Club Secretary

6. **Mountain Bike Coordinator:** Rides are planned for every weekend in the month of October at Palos, Kettle and Imagination Glen as well as all winter long.
 - October 13th-Single track-double shot. Easy-Part 1, Intermediate-Part 2.
 - October 14th-Ride entire Palos system. Intermediate.
 - October 20th-Imagination Glen. Intermediate.
 - October 27th-Pioneer Woods. Intermediate.
 - October 28th-Halloween. Easy.
 - November 3rd-Spears Woods. Single track. Intermediate.
 - November 18th-Kettle (Emma Carlin). Intermediate.
7. **Advocacy:** (Please refer to the EBC website's *Advocacy* link or to Bob Hoel for further information). No Report.
8. **Other:**
 - Sharon Hermach reminded members about the cross country ski trip to Fraser, CO from February 23-March 3, 2013. There are still some rooms available at Devil's Thumb Lodge. (Please refer to George Hermach's email of 7/15/12). This trip is in addition to EBC's annual ski trip to the UP, February 3-8, 2013.
 - Cindy Reedy announced that volunteers are needed to assist at the Elmhurst Farmer's Market on Wednesday, October 17, 2012.
 - Tom Preston requested volunteers to "captain" for the last Blind Stoker Ride on October 20th. The ride will be to the Pumpkin Patch Festival in Wheaton. Riding will be mainly on the IPP.
 - Baltimore Ortega suggested that a stock of EBC brochures be given to REI. Lew Worthem volunteered to provide REI with a supply.
 - Marge Ricke requested for a volunteer to bring refreshments to the November meeting. She stated that in the future, she will send a list around at monthly meetings for volunteers to select a month.
 - Ray Dal Lago indicated that he had a sponsorship from Cycles-n-Sports which he will give to the President. He will give the VP/Ride Captain some recently found cue sheet clips. Ray spoke of the family ride he recently led with thirteen riders as young as seven years. He also briefly discussed the *Race the Lake (Winnebago) Ride* which he completed in 3 hours, 56 minutes (under 4 hours) with 1600 other riders.
 - Judy Mikesell announced that she will be leading her annual Thanksgiving Day hike at White Pines State Park in Oregon, IL. More details will be posted. Please contact her if you are interested as dinner reservations need to be made at the lodge.
9. **Refreshments:** Appreciation goes to Nancy Shack for providing the refreshments.
10. **Program:** Ken Hartley, proprietor of Hartley's Cycle Shoppe and his associates, Ari Andopoulos and Bill Noll gave a very enthusiastic and highly informative presentation on a variety of items sold at the shop. Ari and Bill who are extremely knowledgeable daily riders, spoke in depth about bicycles that are used to ride in snow, particularly, the Surly bike with huge tires. They demonstrated small high intensity lights for riding at night or in inclement weather as well as reflective tires. They spoke about the value of using special mitts that allows a rider to shift gears while wearing gloves and staying toasty warm. Specialized clothing garments, boots and other items used in cold weather were passed around for inspection.
11. The next EBC General Club Meeting will be held on Thursday, November 8, 2012 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan
Club Secretary

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033_aol.com). The deadline is the 20th of the month.

Elmhurst Bicycle Club Officers and Committee Chairs

President Chuck Dean, 630.790.4203 president_elmhurstbicycling.org	Advocacy Bob Hoel bob.hoel_comcast.net	Refreshments Marge Ricke, 630.616.8481 margericke_gmail.com
Vice President/Ride Captain Gerry Fekete, 708.352.0913 ridecaptain_elmhurstbicycling.org	Publicity Volunteer Needed	Safety Larry Gitchell, 708.409.0105 larsofmars_aol.com
Treasurer John Stanaway, 630.653.3427 treasurer_elmhurstbicycling.org	Programs Ray Dal Lago, 630.543.4655 dlag10_aol.com	Sergeant-at-Arms Jim Gross jgross144_sbcglobal.net
Secretary Cheri O'Riordan, 630.325.3917 secretary_elmhurstbicycling.org	Database Manager Nancy Shack, 630.964.3862 nshack_comcast.net	Assistant Ride Captain Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org
Membership Coordinator Lew Worthem, 630.835.7270 membership_elmhurstbicycling.org	Website Team Cindy Reedy, 630.234.1349 cmreedy_prodigy.net Sharon Hermach, 630.717.1660 ganskesh_hotmail.com	Mountain Bike Coordinator George Pastorino, 708.903.8700 gpastorino_comcast.net
Newsletter Editor Chuck Dean, 630.790.4203 newsletter_elmhurstbicycling.org		List Server Lew Worthem, 630.835.7270 lew_worthem.com

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)
(<http://www.elmhurstbicycling.org/about/membership.asp>)

November, 2012 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at <http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at <http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/events/archive.asp>.

Please Support Our EBC Sponsors



LANCE HONEYMAN
The Bike Rack
www.thebikerack.com

2930 Compton Hills Rd. • St. Charles, IL 60175 • 630-584-6588
Fax 630-584-1295 • e-mail: lance@thebikerack.com



10% Discount on Parts & Accessories w/EBC Membership*

Cycles-N-Sports
6559 W. 111th St
Worth IL, 60482
708-361-0440
www.cyclesnsports.com

Experienced in Road Biking
Passionate for Mountain Biking

*Discount applicable on non-sale items only



Member
FDIC

Community Bank of Elmhurst

"Your Hometown Bank"

HARTLEY'S CYCLE SHOPPE, LTD

PINARELLO - CANNONDALE - BIANCHI
FELT - GIANT - WATERFORD - SCOTT - COLNAGO

KENNETH J. HARTLEY

24 WEST HINSDALE AVENUE
HINSDALE, IL 60521

(630) 323-7156 EMAIL: hartleyscycle@comcast.net
WWW.HARTLEYSICYCLE.COM FAX: (630) 323-7195

J & R CYCLE & SKI

716 S. Main • Lombard, IL 60148
(630) 620-1606

BOB PECORA

M & Th 10-8
T & F 10-6
W 12-6
Sat 10-5

Diamond Back • GT/DYNO
Fisher • Yakima
Haro • Univega

Call for Winter Hours

TREK USA



(630) 629-4773
(630) 627-6535

HOURS
MON. & FRI. 9-8
TUES., WED., THURS. 9-6
SAT. 9-5
SUN. CLOSED
CALL FOR WINTER HOURS

KOSLOW CYCLE, INC.
MARY BEVERLEY ANDY BARB

S.E. CORNER NORTH AVE. & SWIFT RD.
21 W. 415 NORTH AVE.
WWW.KOSLOWCYCLE.COM LOMBARD, IL 60148

You can't beat our prices!
If you find a lower price we will
match it and give you 11%
of the price difference.

Lickbike.com

www.lickbike.com
800-323-4083
24 Hour Phone (708)383-5541
310 Lake Street, Oak Park IL 60302



RUDY'S
CYCLE & FITNESS
5711 W. IRVING PARK
(773) 736-4395
RUDYSBIKES.COM



Please Support our EBC
Sponsors



602 1ST ST. SAINT CHARLES, IL. 60174
630 444-0690 SAMMY@SAMMYSBIKES.COM



Trek Bicycles

Downers Grove
Naperville