



The Cue Sheet

October
2012

The Newsletter of the Elmhurst Bicycle Club
Riding Strong for over 34 Years



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

Lombard to Twin Lakes, WI (Self-Contained)

by Mary Lee St. Aubin
Photos from Keith Garland



Sometimes EBC is so rich in experiences it's hard to say enough thanks for the wonderful biking odysseys we have. This week (August 15 -17) the highlight was Jerry Ringier's and Dick Diebold's Twin Lakes Tour, a three-day bike and camp trip to the Lake Geneva area. Jerry and Dick are experienced self-contained bikers who know how it's done. They carry all their gear on bikes for the 130 mile round trip and continue to commute by bike at the target destination. Some of the wimpier among us elected to ship our camping gear by car and ride unencumbered.

But no matter how we rode, the three days were memorable. The routes planned by Jerry from Lombard and by Dick from Schaumburg were wonderful, primarily roads up and paths back.

At Twin Lakes we set up our tent city and enjoyed beverages of choice, great conversation, and a relaxing end of day campfire. Even a rainy rest day became memorable as we spent an hour or two in the public library built by a student of Frank Lloyd Wright. Sitting in a row of plush chairs facing a bank of picture windows overlooking Lake Geneva, we read books, local papers, and magazines. Some walked the shore of the lake. Many took a two-hour cruise around the lake's perimeter with a knowledgeable narrator who described the mansion-like homes, the history, and the characteristics and management of the lake's environs. We meandered through town and met in the evening for dinner, where we caught up and laughed about the day's events.

Mornings were marked by a trek to Manny's where breakfasts are (truly) gargantuan ... where the waitress says, "You don't want a bowl of oatmeal, you want a cup"; where even the biggest appetite is challenged to finish a single serving; where the house specialty is Cinnamon Bun French Toast. It is no secret that some riders make the trip solely for Manny's.

After three days, the arrival home found us sitting on the curb in front of Betty and Jerry's home sharing refreshing beverages from coolers in parked vans ... with Betty saying, "We have a beautiful backyard, and here we are sitting in the street!" We were too comfortable and too tired to move!



l to r: Petra, Mary Jo, Sam, Betty, Susan, Jerry, and Al.

What a wonderful trip! Thanks Jerry and Dick for all the time and effort! We are so lucky to be part of what you do!

Blind Stoker Ride - September 15th
Text and Photos By George Pastorino



r to l: George, Tim, and trailer (hmmm! lunch.)

The season's 5th Blind Stoker Tandem ride is in the books and what a great experience it was :)

Once again, Dr. John Loesch did an outstanding job leading 8 Tandem Captains who were carrying 8 Blind Stokers on a great ride to Blackwell Forest Preserve in Wheaton for a nice picnic.....all the supplies carried in trailers.

All the Stokers had a great time and did an outstanding job on the back of the bikes as well. Thanks to all the Blind Stokers for inspiring their sighted Captains with their great attitude. We were humbled as always by the grace of our Blind Partners....

Thanks to Dr. John Loesch who organizes these rides. Next Ride is Oct. 20th. Please contact Dr. John at drjo...@gmail.com if you are interested.

Pussanee and I can't make the Oct. 20th ride and Dr. John will need captains; so please consider taking a day out of your riding schedule to captain a ride and bring the thrill of cycling to a person without sight. A note to our mountain biking friends.....mountain bikers make great tandem captains.....so give it a try.

You do not need prior experience, John and Jerome can teach you and they have extra tandems. If you want to do some outreach, this program is very worthwhile. Editor's note: Just to give credit where it's due, the Captains and EBC support personnel that day included Rich Aycock, Chuck Dean, Loren Habegger, Jerome Hughes, John Loesch, Kim Messina, George Pastorino, Pussanee Pastorino, Tom Preston, and Jim Habich.



Dr. John makes adjustments while Loren and Robert check them out.

"Just Ride" says Grant Petersen by Cindy Reedy

On one of my late August rides Ted Sward talked about a book that he had recently read: "Just Ride" by Grant Petersen. I had read a review about the book in "Bicycling" Magazine and I was interested. Then the next week I got an email advertising that the author would be appearing at Andersen's Bookshop in Naperville on September 23rd. Unfortunately Ted would be out of town but I really wanted to hear this guy. So Sharon Hermach gave me a route and I led my Easy Sunday Morning Ride starting at the parking lot behind the bookstore.

There were 19 people in the audience for the book signing; seven were EBC members.

The author gave his history: He rode across the country in 1976, raced successfully for 6 years, worked at the U.S. headquarters for Bridgestone Cycle for ten years, then started Rivendell Bicycle Works in Walnut Creek, California.

In his book Mr. Petersen promotes an "unracing" philosophy for biking. He feels that bicycle racing has unduly influenced bicycling today. Our bicycles are uncomfortable, our attire is strange looking, and we just aren't having fun.

Grant (I suspect that he would not like to be called Mr. Petersen. He's just not that kind of guy.) spoke for about 40 minutes before taking questions and signing books.

One of the first questions/comments was from EBCer Dick Diebold about not drinking until you're thirsty, which he disagreed with the author. After Dick's prelude about his biking philosophy the author thanked Dick for not writing his book before he did.

Eric Petersen asked if the author thought that Chicago bikers were ruder/poorer-behaved than bikers in other cities. Grant replied that disrespectful bikers are always a problem everywhere.

Nancy Rice agreed with the author regarding bicycling-specific clothing not being necessary. (I remember Nancy telling me several years ago that she did not wear bike jerseys on her many trips because she didn't want people to think that she was a "real" bicyclist.) She asked if his "un-racer-yourself" philosophy met with resistance from the bicycling industry. Grant answered "yes," saying that not many bike shops carry his book, because it goes against what they are trying to sell.

The book is a short read, only 200 pages. I agree with some of what he says and disagree with others, but it has me thinking about (and changing) some of what I'm doing. By the time this newsletter comes out, I will have finished reading "Just Ride". If you'd like to borrow it, please let me know.

A Plug for Bananaman

By Nancy Shack

Located in Villa Park just off the Illinois Prairie Path at the corner of Park & Myrtle, the EBC themed fire hydrant is great! Congratulations to the team that provided the inspiration, expertise, time, and labor that all contributed to this fine art.

Cindy Reedy chose and secured the location.

Petra Hofmann suggested the design.

Dave Reedy implemented Petra's theme and provided the sketch. Notice how cleverly he incorporated the Bananaman's bicycle into the structure of the hydrant.

Betty Bond did the grunt work of preparing the "canvas" by scraping, priming, and undercoating the structure.

Kathy Wagner-Selbach executed Dave's design with the tools of her trade: a fine eye, steady hand, enthusiasm, and love of art.

Thanks everybody for doing your club proud!



l to r: Kathy, Cindy, Dave, Petra, Betty

Does Heavenly Rhyme with Seventy?



George Hermach led a birthday celebration ride out of IMAX on the last Thursday in September. Whose? His!

A whole gang of EBCers decided to accompany him. They were all pleasantly surprised to discover Sharon Hermach and a batch of heavenly homemade chocolate chip cookies awaiting their arrival at Whalen Lake. The cookies and Sharon and other riders again got connected at the Boiler House coffee shop in Naperville. In all, thirty-six miles were tallied on a beautiful day.

Speaking of big numbers, another group of EBCers chalked up one hundred at the other EBC's (Evanston Bicycle Club's) North Shore Century. l to r: Lorenzo, Isaac, Mike A., Mike S., Chuck, Dawn, Karim, and Cian.



World Travels by Chuck Dean

A number of our members have been out of the country recently. Several of them shared posts and photos (frequently sent from an iPhone). You may have seen their posts on the EBC Google Groups website. Of course, bicycling was at the forefront of these trips. Bill and Kären took on France; George and Pussanee were in Denmark. Joanne D was reported to be in Germany. Where were the Hoels? Earlier this year, Habegggers and Hermachs said 'Ciao!' Do you find yourself thinking about the number of miles you may have in your preferred mileage program? I do.

George had several slideshows worth viewing. And, even in Denmark, the Mountain Bike Coordinator managed to go mountain biking. He just had to follow the 'Rute.' Here are the links if you missed them when first offered.

http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=0WpTqnnu&a_id=5740197

http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=ZjtfsrYW&a_id=5743070



The Danes are into bicycling in a big way.



I think it says 'follow the yellow dirt road.'

Meeting Minutes September

Board Minutes September 13, 2012

Present: Chuck Dean, Cheri O'Riordan, Gerry Fekete, Lew Worthem, Cindy Reedy, Sharon Hermach, Cian Perez

- President:** The Board Meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst. • A Nominating Committee needs to be formed to develop a slate of officers for 2013 so that club members can vote in November. Various club member names were suggested to be on this committee and will be contacted to inquire of their interest. • The President expressed his appreciation for Susan Spertl's and Betty Bond's participation and efforts in obtaining this year's sponsors.
- Secretary:** The August 9, 2012 Board Meeting Minutes were approved. The Board Meeting Minutes can be viewed on the EBC website in the newsletter.
- Treasurer:** In the Treasurer's absence, the President presented the Monthly Banking Summary (08/09/2012 through 09/09/2012). The listed income was \$1,107.05; expenses were \$1,284.80. At present, the balance in the treasury is \$15,089.30 with \$857.65 set aside for jersey credits. The Treasurer's report was accepted.
- VP/Ride Captain:** The email functionality of the *Ride Schedule* is now working again. An Ad hoc committee will meet on Saturday to discuss issues, strategies, needs and

EBC General Meeting Minutes September 13, 2012

Present: Chuck Dean, Cheri O'Riordan, Gerry Fekete, Lew Worthem

New Members: 0

Guests: 0

- President:** The President called the meeting to order at 7:15 p.m. at the Community Bank of Elmhurst. • We are aware that the *Ride Schedule* has been having problems. Cindy has been working on this. The President expressed his appreciation to the ride leaders and riders for their contributions and suggestions regarding the functionality problems with the *Ride Schedule*. There will be an ad hoc meeting this coming Saturday to discuss the needs and desires regarding the development of a new *Ride Schedule* program. • The President expressed his appreciation to Susan Spertl and Betty Bond for their efforts in obtaining next years' sponsors for the club. • The President also expressed his gratitude to the Membership Coordinator for his continual updating of the PDF file of members. A great deal of work goes into this job. • A Refreshments Coordinator is needed to fill this position. If you are interested, please contact the

desires as to how to proceed with developing a new *Ride Schedule* program.

5. **Newsletter Editor:** No report.
6. **Membership Coordinator:** There are presently 492 total members: 236 individuals and 256 family members with 106 family memberships.
7. **Old Business:**
 - Awards and Apparel Committee: The President will contact two members who expressed an interest in co-chairing this committee to verify their willingness.
8. **New Business:**
 - Club Supplies: Club supplies are stored at various club members' homes. These members have expressed a desire to divest themselves from these supplies and centralize them. Cheri O'Riordan offered to investigate the cost of storage rental.
 - Club Donations: There was discussion regarding this year's donations and how they should be divided among organizations and individuals. A number of suggestions were made. The President will present these ideas at the next club meeting as well as request suggestions.
9. The next Board Meeting will be held on Thursday, October 11, 2012 at 6:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan
Club Secretary

President.

- The President will be contacting two club members to verify their interest in co-chairing the newly formed committee - Awards and Apparel.
 - A Nominating Committee will be formed to put a slate of candidates together for a vote of 2013 officers at the November meeting. The President asked that if anyone was interested in being a member of this committee to contact him.
 - The President stated that he will send out an email on the list server asking for suggestions for this year's club donations. A few suggestions from the floor were:
 - o LEKOTEC—to present a bicycle to this organization so that more than one child can make use of it
 - o To help the homeless in need of a bicycle/s in the area
 - o Working Bikes Cooperative
2. **Secretary:** The minutes of the August 9, 2012 General Club Meeting were read and approved. (Full reports are on the EBC website in the newsletter).
 3. **Treasurer:** In the treasurer's absence, the President presented the Monthly Banking Summary (08/09/2012 through 09/09/2012) listed income of \$1,107.05. Expenses were \$1,284.80. At present, the balance in the treasury is \$15,089.30 with \$857.65 set aside for jersey credits. The Treasurer will email the monthly Banking Summary Reports to the membership each month.
 4. **VP/Ride Captain:** The VP/Ride Captain thanked everyone for their patience and suggestions with the *Ride Schedule* problems. She indicated that she will be attending the ad hoc meeting on Saturday.
 5. **Membership Coordinator:** There are presently 492 members: 236 individuals and 256 family members with 106 family memberships.
 6. **Mountain Bike Coordinator:** No report.
 7. **Advocacy:** (Please refer to the EBC website's *Advocacy* link or to Bob Hoel for further information). No Report.
 8. **Other:**
 - Sharon Hermach reminded members about the cross country ski trip to Fraser, CO from February 23-March 3, 2013. There are still some rooms available at Devil's Thumb Lodge. (Please refer to George Hermach's email of 7/15/12). This trip is in addition to EBC's annual ski trip to the UP which is the first week in February, 2013. Sharon also mentioned the bike trip to Traverse City, MI in early October. Please contact her for further information.
 - Cindy Reedy requested volunteers to assist at the Elmhurst Farmer's Market on Wednesday, September 19, 2012.
 - Brian Swanson spoke about his ride to Sawyer, MI and to Tabor Hill Winery.
 - Betty Bond stated that the EBC sponsored fire hydrant in Villa Park has been completed. She encouraged everyone to ride by and see it. The colorful fire hydrant has received many favorable comments from nearby neighbors.
 9. **Refreshments:** Many thanks to Maria Esqueda for providing the tasty refreshments.
 10. **Program:** No program scheduled.
 11. The next EBC General Club Meeting will be held on Thursday, October 11, 2012 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan
Club Secretary

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033_aol.com). The deadline is the 20th of the month.

Elmhurst Bicycle Club Officers and Committee Chairs

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Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)
(<http://www.elmhurstbicycling.org/about/membership.asp>)

July, 2012 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at <http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at <http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/events/archive.asp>.

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