



The Cue Sheet **September 2012**

The Newsletter of the Elmhurst Bicycle Club
Riding Strong for over 34 Years



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

EBCers Do RAGBRAI

by Mary Lee St. Aubin

On Saturday, July 21, four EBCers boarded a large bus headed for Sioux Center, Iowa, and the adventure of a lifetime! Maria Kapusta, Jim Doheny, Wally Roach, and Mary Lee St. Aubin joined up to 20,000 bikers on the 7-day RAGBRAI (Register's Annual Great Bike Ride Across Iowa), which crosses the state from west to east, each year following a



(L to R) Wally Roach, Maria Kapusta, Mary Lee St. Aubin, Jim Doheny

different route. This year's route started in Sioux Center in the northwest corner of the state and ended in Clinton on the Mississippi River. Officially it covered 471 miles of rolling terrain with 16,000 feet of climbing, beautiful vistas, challenging uphills, and remarkable river valleys.

The ride has been called a rolling carnival, America's oldest and biggest bike ride, and a piece of Americana. It is all of these as the friendly and generous people of Iowa roll out the red carpet - opening their homes, transforming their towns into county fairs, welcoming strangers into their farmyards, and supplying water and Gatorade under makeshift canopies every few miles along the hot highways. Church ladies sell homemade baked goods, pies (a favorite), cinnamon rolls, and sandwiches, the firehouses serve breakfasts, and the youngsters delight in spraying riders with hoses and sprinklers. Since this year's ride was marked by headwinds and heat that peaked at 106 degrees, any cool off was welcome!



Mr. Pork Chop's Bus

Favorite foods along the route included breakfast burritos (scrambled eggs plus fixings of choice on a tortilla), pork in all shapes and forms, homemade pies, smoothies, and homemade ice cream. Some vendors have commercialized their ventures over the 40 years of the ride and move their venues each day. We often looked for Farm Boys' breakfasts, Mr. Pork Chop (grilled inch-thick pork chops in a napkin), Kelly's pies (too many varieties to count), and Beckman's Ice Cream (running 5-6 mechanized, hand-fed churns on site).

One of the most exhilarating stops was Czech Village in Cedar Rapids, which has rebuilt itself after the devastating flood of 2008. It featured the Iowa Accordion Club which "plays just for the fun of it," an oompah band, and ethnic pastries.



• One of several mechanized ice cream churns

The finale of the ride, reaching Clinton, Iowa, and dipping our bike tires in the Mississippi River after 500 hot, hilly, and fun-filled miles was a surprisingly emotional moment, not only the culmination of a weeklong accomplishment, but a celebration of life! What a ride!

If you are a serious cyclist and haven't tried RAGBRAI, put it on your To Do List. You'll love Iowa! They know how to do it!!

The ZOOK Tour & Bike Workout - August 11, 2012

The Zook Tour ride offered members and guests a fun ride and interesting architectural information about an American architect from the Hinsdale area who built homes and buildings. Everyone was part of a historic event, the first bicycle Zook Tour Ride for the EBC and the Hinsdale Historical Society. The Society was excited to help and support us on the Zook ride. Their organization has led the effort to preserve and restore the Zook Home/Studio, and share knowledge of noted Hinsdale architect R. Harold Zook (1889 - April 1949). An article on this ride, with a photo gallery, was published in The Hinsdale, Clarendon Hills, and Western Springs Doings newspaper and website.



THE WORKOUT RIDE

The 21 cyclists headed out for a nice workout with some hills, sprints, and wonderful weather. First we stopped at a Zook home in Clarendon Hills. It is a traditional Zook style home with the thatched wood roof, spider web window, cut-out shutters, and vertical bricks by the roof. Then we rode to Madison Street in Hinsdale to start the workout and finished in Burr Ridge. Diane Daudell and Bill Schwartz led the fast 17-22 mph group with Ed Gin as sweep. I led the 13-16 mph group with Homer Coble as sweep. When we went to the presentation there were coolers of beverages and baskets of food snacks. At about the same time, 12 more EBC members from the easy 11-13 mph group arrived with their ride leader, Judy Mikesell, from the Elmhurst Depot. We also had four more members show up for the presentation, total about 37, but less on the tour ride.



THE ZOOK PRESENTATION

The Hinsdale Historical society saved the Zook home and studio from being demolished and moved it to its present location at 5901 S. County Line Road, Hinsdale, next to the Katherine Legge Memorial Lodge he designed. Our speaker was Janine Wilkosz, who has a Master of Science degree in Historic Preservation from Columbia University in New York. She is an administrator at the Roger & Ruth Anderson Architecture Society, Hinsdale Historical Society. Janine offered an interesting story and information about R. Harold Zook. He was from Indiana and studied in Chicago. He was a known architect during the 20's, 30's, and 40's, designing homes and buildings in Hinsdale and worked on the Pickwick Theater in Park Ridge, the St. Charles Municipal Building, and as far away as Iowa, Wisconsin, and Tennessee.

His home was built in 1924 in the English "Cotswold" cottage style with a wood thatched roof and stonework. He was a versatile architect who also designed in the Georgian, Tudor, and Mediterranean styles, and used Art Moderne and Art Deco detailing. Janine gave a professional and educational presentation about the life and architecture of Zook. She also brought some pictures, a copy of a blue print, and an original small Zook chandelier.

THE ZOOK BICYCLE TOUR IN HINSDALE

We rode south on County Line Road to the first home at 566 Woodland, a home that embodied the Spanish Revival style with its stucco exterior and red tile roof. After we all stopped I read a short presentation regarding the home. Then we went to the homes on 8th, 7th, Oak St., 3rd St., and a business building at 8 E. 1st St. This original business building burned down and Zook was brought in to build the current building, now IL Poggiolo Ristorante, for \$5,800.00. We rode and stopped at other buildings and homes. Our last stop was 815 The Pines, dubbed the Sylvan Castle.

It is one of Zook's most eclectic houses. The Sylvan Castle dates back to 1871 and has 11 ft ceilings, 9 ft windows, and an observation tower with a spiral staircase. It was so impressive visitors to the World's Columbian Exposition would come out to Hinsdale and tour it in 1893. Zook rebuilt the home castle/home around 1933. The owners gave us a short tour of the home. The side of the house had an impressive giant prow window with a large spider web on it. It has been said Zook was not only an architect, but also an artist. After the tour Judy led her group back to the Depot and the rest of us finished the ride. We had about 10 riders at the Village Gourmet Cafe Meetup recovery lunch.

Final Comments

I want to thank everyone who came out to the first ZOOK bicycle tour and presentation. Thank you also to Ed Gin, Diane Daudell, and Homer Coble for being the sweeps and mid-sweeps, Paul-1 for the pictures, Laura Ortega for the beverages and baskets of food goodies, and the other riders who helped on the ride and tour. And finally, thank you to the Hinsdale Historical Society for their wonderful support and their administrator, Janine Wilkosz, who gave a great presentation and worked hard to develop the Zook tour map. At the end of the ride the group thanked me and I said, "My rides are good, because I have riders who are Great!"

Baltimore Ortega
Ride Leader



John Park, EBC Past President at Spider Window

Annual Picnic, Salt Creek Park

A perfect day in the weather department is just one ingredient of the recipe for the 2012 annual EBC picnic. Master Chef Joanne Dezur and her sous-chefs assembled all the other ingredients; and, the resulting creation delighted the 80 EBCers who participated in the sumptuous feast held Saturday, August 18th at Salt Creek Park near Route 83 and North Avenue.

Ride Leaders delivered many of the attendees shortly before lunch was served. Larry Gitchell led the "10-Preserve Picnic Ride," while Cindy Reedy delivered the "Easy Picnic Ride." Chuck Gentile and George Pastorino arrived from the "... S.W. Suburbs." A ride AND a picnic: now that's a winning combination.

Many attendees brought delicious snacks, salads, side dishes, and desserts. And as good as the main course from Corky's was, these extras ensured a full plate. Special thanks to all of you who made these contributions.



l to r: John Stanaway, Nancy Allured, Isaac, Julie McMillian, and Marty Becker

After lunch, the bean bag toss arena was populated by the serious contenders who were taking some practice tosses prior to the start of the single elimination tournament. Seven teams and 14 participants competed for a pair of \$20 gift certificates. The final round had last year's winning team, Jim and Bill (the Champs) competing against Kelli Morgan and Eric McMillian. After seeing Eric toss a bullseye



Bean Bag Toss Winners: Kelli Morgan and Eric McMillian

with 4 bags in a row, some might have thought that a 'ringer' had been allowed into the competition, however, Eric and his wife Julie had been sighted at Jerome Hughes 6 a.m. ride that very morning. Eric is a rider - oh yes, a good tosser too. Kelli and Eric won the tournament.

The cleanup crew had the picnic site looking spotless by 2:30 and the picnic was over. Mary Lee St. Aubin wrote a wonderful thank you to Joanne: "Thanks to Joanne Dezur for once again producing another wonderful picnic for EBCers and guests to casually get together and share a meal. We

as guests come and spend a wonderful hour or two or three together, but Joanne spends days attending to every detail, reserving the park pavilion in early January, storing supplies from year to year, providing utensils and tablecloths and paper goods and tools and carts and who knows what else. She solicits little help, handles complaints, and makes the whole operation look effortless when it is far from that! Thanks, Joanne, for every bit of energy and care you put into this. We had a wonderful time ... because of you."

Volunteers Needed - Please

There are two vacant positions that are in need of staffing: 1) Refreshments Coordinator; 2) Awards and Club Attire Coordinator.

Needed It Yesterday: The Refreshments Coordinator solicits, organizes and leads the efforts of those club members who volunteer typically to bring refreshments to one club meeting per year. The coordinator usually attends each monthly club meeting to bring the refreshment supplies, paper plates and cups, ice, napkins, etc., but not the refreshments themselves. The refreshments (soda, snacks, pies, fruit, or whatever) are brought by the individual club member who volunteered to provide the refreshments for that month. The coordinator helps to set up the refreshments and takedown the setup after the meeting. The coordinator transports the supplies to and from the meetings; and stores the excess supplies until the next meeting. The coordinator circulates a clipboard periodically at a club meeting which serves to solicit EBCers to volunteer to provide refreshments at one of the meetings.

Please determine if this is a position you can fill. It is quite the opposite of a thankless position, as club members really appreciate the efforts of the coordinator and refreshment providers. EBCers are effusive in their appreciation for the refreshments provided at every club meeting.

No less Important: The Awards and Club Attire Coordinator manages and performs those activities that yield mileage award tee shirts and patches, ride leader jerseys, and periodic purchasing of club jerseys. The coordinator's job has traditionally begun with a handoff from the mileage database manager of the list of members who qualified to receive tee shirts, patches, or ride leader jerseys. This process is usually initiated early in the year (late January or February). The coordinator communicates with the members to determine shirt sizes, then orders, receives, and distributes the shirts and jerseys. Mileage patches are handled similarly, although one size fits all. Paper mileage certificates are also prepared by the coordinator (or can be prepared by someone else under the direction of the coordinator -- this effort entails a Microsoft Word template / mail merge list kind of activity - you will get all the help you need in this regard). Finally you will coordinate placing at least one order for club attire (jerseys, gloves, etc.) for members later this year (2012) or early in 2013.

Can you help out?

Contact Chuck Dean (1 630 790 4203) if you can fill either position.

Your Opinion Matters
by Chuck Dean

Over the course of the next couple of club meetings, the Board wants to determine who should receive a donation from the club in 2012. So, this subject will be discussed at the next several meetings.

In the last two years you'll recall the generous contributions from EBC (and from George and Pussanee Pastorino in the case of the 2010 award) that allowed a very special bicycle to be presented to a special needs child at one of the club meetings. In other years, monetary awards were made to various bicycle organizations such as Rails to Trails, Active Transportation Alliance, League of Illinois Bicyclists, etc. I'd like to hear from you if you have an opinion, or would like to make a recommendation. Call or write me (or contact any other board member with your thoughts.) My contact info: 1 630 790 4203 or president@elmhurstbicycling.org.

Ride Leaders and the Ride Leader Jersey

by Chuck Dean

Many have said that the Ride Leaders are the heart and soul of the club. Would there be riders and members if there were not rides and leaders? The club awards Ride Leader jerseys to those Ride Leaders who have met certain requirements over a 3 year period.

This year, based upon the rides that were led in 2009, 2010, and 2011, there were 12 Ride Leaders awarded jerseys. The number in parentheses is the number of ride led over the 3 years.

EBC acknowledges and thanks these fine Ride Leaders:

Marty Becker (30)	Sam Gunda (30)
Mary Jo Bolan (79)	Steve Omori (52)
Betty Bond (49)	Dave Polkow (95)
Joanne Dybala (36)	Cindy Reedy (49)
Art Frigo (90)	Laurel Salvador (24)
Chuck Gentile (33)	Ted Sward (41)



Front of EBC Ride Leader Jersey

Meeting Minutes August

Board Minutes August 9, 2012

Present: Chuck Dean, Cheri O'Riordan, John Stanaway, Gerry Fekete, Lew Worthem

1. **President:** The Board Meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst.
2. **Secretary:** The July 12, 2012 Board Meeting Minutes were approved. The Board Meeting Minutes can be viewed on the EBC website in the newsletter.
3. **Treasurer:** The Treasurer presented the Monthly Banking Summary (07/12/2012 through 08/08/2012). The listed income was \$1,017.03; expenses were \$318.19. At present, the balance in the treasury is \$15,267.05 with \$857.65 set aside for jersey credits. The Treasurer's report was accepted. The IRS approved the club as a 501-C non-profit organization. An E-card must be filed every year. The club also has an EIN

EBC General Meeting Minutes August 9, 2012

Present: Chuck Dean, Cheri O'Riordan, John Stanaway, Gerry Fekete, Lew Worthem

New Members: 0

Guests: 4

1. **President:** The President called the meeting to order at 7:15 p.m. at the Community Bank of Elmhurst.
 - The EBC Annual Picnic is scheduled for Saturday, August 18, 2012. Please contact Joanne Dezur to offer your assistance. The same great food will be served at noon and there will be prizes for winners of the bean bag toss. Rides to the picnic will be announced on the list server and *Ride Schedule*.
 - We are aware that the *Ride Schedule* has been having problems. Cindy has been working on this. In the meantime, Petra has put out a helpful guideline on the list server.

- number which only the bank and Pay Pal need.
4. **VP/Ride Captain:** The cost of the ride leader jerseys is \$758.52. The jerseys have already been issued to some of the eligible ride leaders. The remaining ride leaders will be contacted to obtain their jerseys. The VP/Ride Captain will email an SOP for the ordering of jerseys and awards to the President. There was some discussion regarding the ordering of ride leader jerseys earlier in the year. Discussion also followed pertaining to rides that limit the number of riders and eligibility for mileage: for example, a bike and barge trip.
 5. **Newsletter Editor:** No report.
 6. **Membership Coordinator:** There are presently 481 total members: 234 individuals and 103 families with 12 new members joining this past month.
 7. **Old Business:**
 - The President and Secretary will obtain gift certificates from a few sponsors before next month's Board meeting.
 8. **New Business:**
 - The Refreshments Coordinator had to resign from the position. The President indicated that we need to be thinking of the annual Holiday Party and that he will make an announcement for a new volunteer Refreshments Coordinator at tonight's General Club Meeting.
 9. The next Board Meeting will be held on Thursday, September 13, 2012 at 6:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan
Club Secretary

- The President read the names of the 12 eligible ride leaders for jerseys and number of rides that they led. (See article above.)
 - As a reminder, the Mileage Database Manager needs the ride sheets ASAP or within three weeks of the ride.
 - The Refreshments Coordinator had to resign and we are in need of a volunteer to fill this position. If you are interested, please contact the President.
2. **Secretary:** The minutes of the July 12, 2012 General Club Meeting were read and approved. (Full reports are on the EBC website in the newsletter).
 3. **Treasurer:** The Treasurer presented the Monthly Banking Summary (07/12/2012 through 08/08/2012 listed income of \$1,017.03. Expenses were \$318.19. At present, the balance in the treasury is \$14,568.21 with \$857.65 set aside for jersey credits. The Treasurer will email the monthly Banking Summary Reports to the membership each month.
 4. **VP/Ride Captain:** The ride leader jerseys are in and she indicated to contact her if you are eligible and have not yet received a jersey. She stated that she was aware of the problems with the *Ride Schedule*.
 5. **Membership Coordinator:** There are presently 481 members: 234 individuals and 103 families with 12 new members this past month. The *2012 Membership Directory & Handbook* is for sale at \$2.50.
 6. **Mountain Bike Coordinator:** No report.
 7. **Advocacy:** (Please refer to the EBC website's *Advocacy* link or to Bob Hoel for further information). Volunteers are needed for several upcoming events. No Report.
 8. **Other:**
 - Chuck Gentile announced that the MTB trail conditions have been good. There have been 3-5 rides for beginners and 8-10 rides for intermediate and advanced. He presented the idea of allowing for the MTB riders to post spontaneous rides the morning of the ride that would be credited with mileage vs. the required 24 hour notice beforehand.
 - Kären Schwartz, in George Hermach's absence, enthusiastically spoke about the cross country ski trip to Fraser, CO from February 23-March 3, 2013. Kären created a poster for all to refer to. A block of twelve rooms is being held at Devil's Thumb Lodge until September 1, 2012. (Please refer to George Hermach's email of 7/15/12). This trip is in addition to EBC's annual ski trip to the UP which is the first week in February, 2013.
 - John Loesch asked for volunteers to "captain" for the Blind Stoker ride on August 18.
 - Ray Dal Lago spoke about his family rides which will occur on the last Saturday in August and September. These are 10 mile rides, 11-13 mph, leaving from Addison Park District. Watch for them on the *Ride Schedule*. Ray also spoke about his upcoming participation in "Race the Lake" (Lake Winnebago in Oshkosh, WI) on August 19 with team "Road Kill."
 - Chuck Gentile announced that the Pastorino's will host another pool party on Saturday, August 25. He also stated that on August 16th and 30th there will be night MTB rides at Imagination Glen in Porter, IN. These rides will begin at dusk for intermediate riders, although there are trails for beginners as well.
 9. **Refreshments:** Appreciation is extended to our President, Chuck Dean for providing the most delicious refreshments.
 10. **Program:** Ray Dal Lago and Dave Buckson spoke on the need for safety while riding on the road, gave some tips they use and presented a couple of visuals on pace lining.
 11. The next EBC General Club Meeting will be held on Thursday, September 13, 2012 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan
Club Secretary

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033_aol.com). The deadline is the 20th of the month.

Elmhurst Bicycle Club Officers and Committee Chairs

President Chuck Dean, 630.790.4203 president_elmhurstbicycling.org	Advocacy Bob Hoel bob.hoel_comcast.net	Refreshments Volunteer Needed
Vice President/Ride Captain Gerry Fekete, 708.352.0913 ridecaptain_elmhurstbicycling.org	Publicity Volunteer Needed	Safety Larry Gitchell, 708.409.0105 larsofmars_aol.com
Treasurer John Stanaway, 630.653.3427 treasurer_elmhurstbicycling.org	Programs Ray Dal Lago, 630.543.4655 dlag10_aol.com	Sergeant-at-Arms Jim Gross jgross144_sbcglobal.net
Secretary Cheri O'Riordan, 630.325.3917 secretary_elmhurstbicycling.org	Database Manager Nancy Shack, 630.964.3862 nshack_comcast.net	Assistant Ride Captain Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org
Membership Coordinator Lew Worthem, 630.835.7270 membership_elmhurstbicycling.org	Website Team Cindy Reedy, 630.234.1349 cmreedy_prodigy.net Sharon Hermach, 630.717.1660 ganskesh_hotmail.com	Mountain Bike Coordinator George Pastorino, 708.903.8700 gpastorino_comcast.net
Newsletter Editor Chuck Dean, 630.790.4203 newsletter_elmhurstbicycling.org		List Server Lew Worthem, 630.835.7270 lew_worthem.com

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)
(<http://www.elmhurstbicycling.org/about/membership.asp>)

September, 2012 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at <http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at <http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/events/archive.asp>.

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