



# The Cue Sheet

May  
2012

The Newsletter of the Elmhurst Bicycle Club  
Riding Strong for over 34 Years



Elmhurst Bicycle Club is the  
League of American Bicyclists'  
2009 Bicycle Club  
of the Year for Region 4.

## Fairytale Cottage in the Dunes

by Larry Gitchell

On the weekend of March 10th and 11th, Marge Ricke graciously opened her Fairytale Cottage in Sawyer, Michigan to the EBC.

Our club riders assembled at Noon - the cry of "Is that Chicago Time or Michigan Time?" quickly became the catch phrase for the weekend. To make the situation even more interesting, Daylight Saving Time kicked in on Sunday morning.

With 9 club members in attendance, we split up into 2 rides and a hike each day. On Saturday afternoon I led "The Nancy's" (Ms. Shack and Ms. Rice) on an expedition to New Buffalo. We set out southwest, and soon encountered a minor hazard of Michigan bicycling - our route unexpectedly turned into gravel. A quick reroute got us going again, until another hazard of modern life halted us. This time, it was my bike shop on the cell phone, telling me the new rear wheel for my touring bike was in.

We continued meandering along the coastline, admiring the homes, cottages, and resorts, until we arrived at New Buffalo and stopped for lunch at a café fittingly named 'Michigan Thyme.' A third recurring hazard of bicycling appeared as we found ourselves facing the dreaded post-lunch flat. After pumping up Nancy S's soft front tire, we took the advice of a passing couple and headed east in search of the local bike shop. Unfortunately, despite the promising name, The Wheel Inn is a bar, not a bike shop.



The necessity of stopping frequently to reinflate Nancy's tire next found us stopped in front of a creatively decorated house featuring antique cars bursting through the walls, carved tree trunks, and a pair of dinosaur skeletons stalking the front yard. I just don't remember anything about Tyrannosaurus Rex sporting antlers?

We turned north and headed back to the cottage, but Nancy's front tire gave up completely on our final approach, necessitating a quick minivan rescue by Nancy R. Once we had access to a new tire and proper floor pump, I performed a replacement before we all settled down to the Chili Mixer.

The Fairytale Cottage echoed with conversation and games into the night - I think. I was flat out asleep by 7:30, and that's Michigan time, only 6:30 in Chicago.

Sunday morning, after breakfast, Nancy, Nancy, and I set out on a ride to Berrien

Is that Tyrannosaurus Rex sporting antlers? Springs. Our route twisted and meandered to keep it interesting, while the hills resembled Glen Ellyn, Illinois - enough to add challenge without becoming an overwhelming grind. Upon arrival in Berrien Springs, I ditched the planned McDonalds break for snacks at the Sunrise Café.

Our only other encounter with the hazards of modern cycling came when I realized Google Maps couldn't tell the difference between a street and the driveway of the county fairgrounds, gated and locked this time of year. Another quick reroute got us back on the road to Sawyer, but not before we realized we had missed a chance for lunch at the Baguette De France (we'll have to go back).

A few more hills followed by a fast pedal west through the tiny towns of Glendora and New Troy brought us back to the Fairytale Cottage for Chili Mixer, Round 2, before we had to say farewell pack up and head to Illinois.

Thanks, Marge, for such great hospitality; and in closing, if you want an interesting cycling destination that's close to Chicago, and not too hilly, try southwest Michigan

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### Tuesdays with George (Single Track Lessons )

If you are bit nervous trying to learn single track in a group. I am again offering any Club member free single track instruction on Tuesday Evenings in June and July at 6pm at Palos by appointment only. This is **not** a Club Ride. **No** Club Miles. Class size limited to 2 members of same ability level, first come first serve. Mountain Bike Required. If you do not have one...I can loan you one of ours.

This is a promise I made when I accepted the Leadership position of Mountain Bike Coordinator back in October 2007 and I have announced it at meetings and the offer was included in the October 2007 Newsletter article announcing that I accepted the position.

Read article here: <http://www.elmhurstbicycling.org/pdf/10-07.pdf>. It's page 3 of the Newsletter which also has a great article by Eric Peterson on Paris-Brest-Paris 2007. Eric's article has tons of great info and is worth a re-read. PBP will be held again in 2012.

As time goes by people forget that this instruction is available and we have many new members....hence this article. I have had extensive training and a lot of experience teaching single track which is detailed in the article and am confident I can help any member with a good attitude enjoy Single track mountain biking.

Assistant Mountain Bike Coordinator and internationally acclaimed Photonics Technician Chuck Gentile will assist this year as his time allows.

This is not limited to newbie's; if you are a casual single track rider and want to improve your skills, this instruction will help you also. This picture taken of me, illustrates a common problem for casual single track riders, I am riding off an easy, less than 1 foot drop; I see many casual riders get off their bikes and walk...which is fine and I always encourage riders to walk if they don't like the looks of something, however....if you would **like** to ride over stuff like this, I can teach you to do it safely.



This is way easy to Learn!

Please e-mail me for an appointment.

Thanks.....

George Pastorino  
Mountain Bike Coordinator

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## Our New Stickers, Display With Pride! by Lew Worthem



EBC Sticker

We have a supply of redesigned stickers. Use them to show off your affiliation with the EBC and attract new members. They have adhesive on the back so you can use them on your car windows, bumpers, or anywhere.

The stickers will be available at all monthly meetings. Also, these members have stickers to hand out:

Mary Jo Bolan  
Chuck Dean  
Gerry Fekete  
Art Frigo  
Larry Glitchell  
Petra Hofmann  
George Pastorino  
Isaac Samayoa  
Kären Schwartz  
Nancy Shack  
Jeff Wincentzen

Lew Worthem

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### Thank You's - Recycling & GWT Just a Little Bit of Help among Friends

Several EBCers distinguished themselves during April by stepping forward to volunteer time and energy at 2 community events.

#### **Elmhurst Recycling Event - April 14th**

It was cool and rain-threatened on a Saturday in April when the Elmhurst recycling event (including bicycles) was held. But fortunately, the rain never made an appearance. EBCers Tom Preston, Nancy Rice, Hans Weckerle, and Chuck Dean were on hand to receive proffered bicycles, wheel chairs, etc. Elmhurst Bike Task Force was present and represented by Don Whistler and Paul Peterson. A couple of young ladies from Elmhurst College were also present at our location and kept a written official count of the offerings. (There were 100's of Elmhurst College students working throughout the entire site.) Working Bikes, a not-for-profit, also had members in attendance; and they were the most important of all because of the work they did:



l to r: Don, Paul, Chuck, Tom, Nancy, Hans, David.  
Thanks for the time and effort!

- in receiving the bikes,
- transporting the bikes to their Chicago warehouse,
- maintaining (repair and refurbish) the bikes, and
- redistributing the bikes to those that need them.

From the Working Bikes website: "Working Bikes gives new life to old bikes and independence to those who ride them, in the underserved communities of Chicago, Africa and Central & South America ... "

For more on Working Bikes, please see <http://workingbikes.org/>.

The official 3 hour window (9 until noon) went by quickly enough. While the guys

(Chuck, Hans, Tom) were content to await the arrival of the cars, Ms. Rice frequently went out hunting among the line of cars out on the road as they awaited their turn to enter the parking lot. Seems like we frequently saw Nancy carrying something too big or too heavy from too far of a distance, but she said she had to stay busy.

From the picture you can perhaps tell that David Grayson (Working Bikes) was doing the most work that morning because, despite the cool weather, he is in short sleeves. That is because he performed bicycle prep maintenance on most of the bikes received. You ask, what was that maintenance? Almost every bike had the handle bar stem and seat stem removed, wiped clean, lubed, and reinserted. The handlebars were turned 90 degrees when reinserted to allow a narrower bike width profile anticipating the eventual loading of the bikes on to a delivery truck at the end of the event. The pedals from each bike were removed and put on backwards (Instead of the pedals sticking out from the crank, they pointed in toward each other). This also narrowed the bike profile.

Shortly after the event Paul Peterson (Elmhurst Bike Task Force) told Bob Hoel, "Fifty-one bikes were collected, one of which the bike boys put on the side because it was old, in excellent shape, from England, and would be of value to a collector. We also had 4 sewing machines, 20 helmets, 1 trainer and 1 set of rollers, 3 car carriers, 2 child carriers on wheels, 2 pumps. By 9:30 the college said that 300 cars had come through. ... All in all, a good day."

### Great Western Trail Cleanup - April 28th



That's Marge and Mary Ann after a hard day's work!  
Not pictured, but just as tired: Chuck and Cheri.  
Thanks for a back breaking workout; GWT looks great!

I'm not sure how many years it has been that Mary Ann Badke has been taking the lead to coordinate and encourage EBC support for GWT cleanup effort, but this year again she was on the trail picking up trash from Gary Avenue on the west to Schmale Avenue on the east. She was assisted by Chuck Dean, Cheri O'Reardon, and Marge Ricke. Another cool day, but we only got sprinkled upon for about 5 minutes at the very beginning of the effort. No more rain after that. Given the physical effort involved, the temperature was just fine.

With only 4 of us (plus one good Samaritan named Jim - also a regular bicycle rider who routinely uses the trail) working that

section of the trail, we worked from 9 a.m. until 1 p.m. In other years, with more EBCers in attendance, the effort has been completed in less than 3 hours.

Please thank these club members, especially Mary Ann, for their hard work and positive club representation the next time you see them.

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### Utah 2012

As edited by Chuck Dean;  
Slide shows and pictures from George Pastorino;  
Map from Laurel Salvador

If you have already reviewed the Google posts (various members) and pictures (mostly George and Pussanee) about the 2012 Utah trip (Laurel Salvador has done this multiple years), you know how wonderful that trip must have been. Guessing that some of you might not have had a chance to review the posts as they were being published, I have assembled most of the text and a few pictures down below as an enticement for you to look at the slideshow links in this article.

Simply put, George's slide shows are beautiful - as noted by several members.

So here is an edited recap of the posts:

"I want to thank Laurel Salvador for organizing the Utah Bike Outing. We all had not only a wonderful bicycling experience, but also saw some of the most beautiful nature

one can see. After seeing George Pastorino's slide shows, you know that the views were great. If we return to Utah in the future, I bet many of you will want to bike with us!"

Kären and Bill Schwartz - 4/26

And from George P.:

"Pussanee and I are joined here by Club members Kären and Bill Schwartz, Kevin Bailey and Laurel and Omar Salvador. Today was Day 1 of our Utah Trip, and it was a spectacular day. In the morning we headed to Zion National Park and hiked the Trail of Many Pools which was very scenic. Zion has unbelievable views in every direction.

In the afternoon we loaded up the bikes and headed up to Snow Canyon for some great road biking led by Bill Schwartz, including a nice climb up Snow Canyon followed by a spectacular descent on a bike path with great views.

Today, Kevin, Pussanee and I were out on a great desert mountain bike ride with Monte Lutz from Utah Mountain Biking Adventures. What an awesome day of Mountain Biking we had.....some great single track, with some very rocky climbs and descents and unbelievable scenery around every turn, and some slick rock too.... This was day full of smiles and fun....the 3 of us were like 12 year olds :).

Wow, Utah is turning out to be one of the most beautiful places we have ever been. Day 3 put us on Road bikes in Zion National Park. Many of you know I am a mountain biker at heart, but there is really nothing like climbing and descending the switchbacks of a beautiful mountain road on a road bike.....just exhilarating. Zion is special because it bans passenger vehicles, so you don't have that to worry about.....come to Utah.....it's tonic for the mind and soul....

Well, today I was completely stunned at the overwhelming beauty of Bryce Canyon National Park. This park has countless spires called Hoodoo's that have been carved by water and wind erosion over 60 million years give or take a few million. This is by far the most beautiful place Pussanee and I have ever visited. We were joined by Bill and Kären and Kevin Bailey for the day long adventure. We hiked down to the bottom of the Canyon and up along the rim as well. The views change dramatically as you move and also as the Sun moves in and out of the clouds. I did not caption these as I lack the words to describe the beauty and the pics can't bring you the magic.....for that you have to come to Utah."

Laurel Salvador created several maps that went along with the trip, an example is shown below. Laurel said:

"I first started out using Map My Ride to create the maps and cue sheets for the EBC Zion Trip, but found the cue sheets to be unusable on the bike, so I used Ride with GPS instead. So to give you an idea of the climbs out here around Zion, here are the maps I created on Ride with GPS for the trip. Check out the elevation profiles when you check out George's slide show in Zion, the elevation numbers to go along with the climb (but the pictures really tell the story!). I'll send a link to my photos at the end of the trip as I keep them together in one photo album on Picasa, but George has us covered for daily photos when we ride together on the road. I'll fill in for the other road rides and hikes." Laurel 4-18

Going back to George, as editor, to thank him for the posts and slide shows, I thought I had to add his beer quotes. Here goes:

"Beer lights the way :)

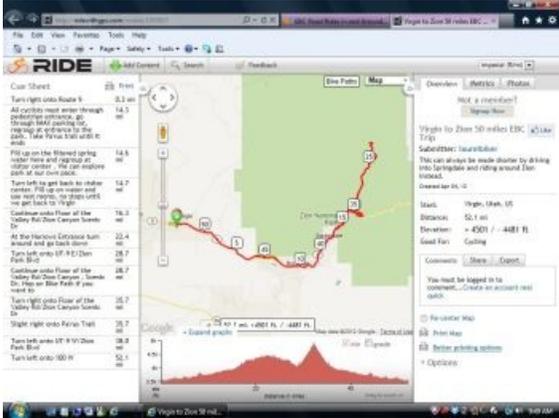
Beer is health food for the mind.

You can't be out of hope while you still have beer.....

Mountain Biking.....Sanity not required :)"

Here are the links for these wonderful slideshows:

Bryce:





[http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=1KZDa001&a\\_id=5545595](http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=1KZDa001&a_id=5545595)

Zion:

[http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=1Cg4HhRU&a\\_id=5542601](http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=1Cg4HhRU&a_id=5542601)

Mountain Biking:

[http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=fiaocRQ7&a\\_id=5541328](http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=fiaocRQ7&a_id=5541328)

Home in Utah, Snow Canyon:

[http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=xqzuhIUS&a\\_id=5540098](http://albums.phanfare.com/slideshow.aspx?i=1&db=1&pw=xqzuhIUS&a_id=5540098)

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## Changes Are Coming for the Constitution and Bylaws by Lew Worthem

A group of club members has formed to review our constitution, bylaws and policies, and to propose amendments. The second meeting will be Tuesday, May 8, 6:00 p.m., at the Elmhurst Public Library. All members are welcome to attend, or to submit comments and suggestions by email to **board@elmhurstbicycling.org**. (Note this is an email address, not a link; if you would like to email a response, copy this address into the "to" window of your email program).

The proposed amendments will range from small grammatical corrections to substantive changes in the responsibilities of officers and committees.

In accordance with our amendment process, the proposed changes will be published to the list server as soon as possible, and presented at the June monthly meeting. The proposals will also be published in the June and July newsletters. The vote will be held at the July monthly meeting. Adoption requires a two-thirds vote of members present at the meeting.

We encourage an open discussion of the proposals at the meetings, on the list server, and on rides (but please, no "yakking").

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## Share The Road License Plate Update



From Ed Barsotti, LIB (as posted by Bob Hoel and reformatted by Lew Worthem):

Dear Plate Reservees,

By now, most of you have received the Secretary of State's letter and form for completing your Share the Road plate orders. Be sure to return your form (with payment) by April 30, to have your plates sent to you shortly afterwards.

Unfortunately, the Secretary of State's letter did not make it clear that you should include a check to "Secretary of State" for the appropriate amount, when you mail back your form. Also, the quoted prices on the letter already take into account the \$17 you paid earlier, so do not subtract \$17 from the appropriate amount. For those of you opting for a random number (starting with 1001), that amount is \$34 if your sticker does not expire within 90 days, \$133 if it does.

Our license plate webpage

<http://www.bikelib.org/other-advocacy/license-plates/license-plate-reservations/>

might answer any other questions you have.

Thanks for your patience - we'll all soon have our plates to display proudly!

Sincerely,  
Ed Barsotti, LIB

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# Meeting Minutes April

## Board Minutes April 12, 2012

**Present:** Chuck Dean, Cheri O'Riordan, John Stanaway, Gerry Fekete, Lew Worthem

1. **President:** The Board Meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst.
2. **Secretary:** The March 8, 2012 Board Meeting Minutes were approved. The Board Meeting Minutes can be viewed on the EBC website in the newsletter.
3. **Treasurer:** The Monthly Banking Summary (03/08/2012 through 04/12/2012) listed income of \$821.99. Expenses were \$2,167.64. At present, the balance in the treasury is \$15,311.76 with \$433.50 set aside for jersey credits. The Treasurer's report was accepted. The EBC's liability insurance was paid on April 01, 2012 at a higher premium due to increased membership. The officers and director's insurance was also paid. The Treasurer will file online with the IRS for the club's status as a not-for-profit organization.
4. **VP/Ride Captain:** Even after a number of reminders, there are members who have not picked up their T-shirts from 2010. Discussion followed regarding: EBC's costs for T-shirts and patches which had not been picked up by or distributed to members; as well as what the club should do with them. T-shirts and patches for 2011 have been ordered for those members who have indicated a desire for them, although there were a number of eligible members who declined either award and requested for the club to keep the monies. Ride leader jerseys have been delayed. May is the target date for the club's annual awards presentation. There was some discussion regarding non-club sponsored rides.
5. **Newsletter Editor:** No report.
6. **Membership Coordinator:** There are presently 386 members: 186 individuals and 200 families. A new decal was presented that is opaque vs. the old transparent one. Members will receive the decals free of charge. Decals will continue to be inserted into new member packets.
7. **Old Business:**
  - Rides that appear on the *Ride Schedule* from non-club members or that do not meet the club's criteria will be removed.
8. **New Business:**
  - The Membership Coordinator will form an ad hoc committee for the purpose of revising the EBC's Constitution and By-laws. The membership will be invited to participate. The committee will meet sometime before the May general club meeting.
9. The next Board Meeting will be held on Thursday, May 10, 2012 at 6:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan  
Club Secretary

## EBC General Meeting Minutes April 12, 2012

**Present:** Chuck Dean, Cheri O'Riordan, John Stanaway, Gerry Fekete, Lew Worthem

**New Members: 1**

**Guests: 2**

1. **President:** The President called the meeting to order at 7:15 p.m. at the Community Bank of Elmhurst.
2. **Secretary:** The March 8, 2012 General Club Meeting minutes were approved. (Full reports are on the EBC website in the newsletter).
3. **Treasurer:** The Monthly Banking Summary (03/08/2012 through 04/12/2012) listed income of \$821.99. Expenses were \$2,167.64. At present, the balance in the treasury is \$15,311.76 with \$433.50 set aside for jersey credits. Any member in attendance is welcome to approach the Treasurer to see the monthly report. The Treasurer will email the monthly Banking Summary Reports to the membership each month.
4. **VP/Ride Captain:** The presentation of awards will take place at next month's meeting for members who rode: 500 miles-certificates; T-shirts-1000+ miles; and patches for various distances. There are a number of 2010 T-shirts that still have not been picked up. Remaining T-shirts will be given away to a charitable organization if not retrieved. League of Illinois Bicyclists (LIB) materials as well as EBC ride sheets are for members to take this evening. Eligible ride leaders will be receiving ride leader jerseys.
5. **Membership Coordinator:** There are presently 386 members: 186 individuals and 200 families. A sample of the new decal was displayed. Members will receive decals free at next month's meeting. New members will also receive a decal in their new member packet. An ad hoc committee will be formed to revise the club's Constitution and Bylaws. If you are interested in being on this committee, please contact the Membership Coordinator or the President. An email will be sent to the membership requesting their participation and/or input.
6. **Mountain Bike Coordinator:** The Palos trails for MTB have improved, but storms are expected for this coming weekend. There will be "Tuesdays with George" instructional rides. These rides will not be eligible for miles and MTB bikes are available for loan if you do not have one. Refer to the *Ride Schedule* for future dates.
7. **Advocacy:** (Please refer to the EBC website's Advocacy link or to Bob Hoel for further information).
  - No report.
8. **Other:**
  - Joanne Dezur announced that she had safety jackets for members to look at. These jackets are used by runners and her friend/co-worker, who sells them for \$50; thought that bicyclists might possibly be interested. Joanne has no personal involvement with the sale of the jackets but can provide formation to contact the seller.
9. **Refreshments:** Our appreciation goes to Ginny and Tom Preston who provided the delicious refreshments.
10. **Program:** Our guest speaker was Bob Thompson, a former EBC member and now owner of *Far and Away Cycling*. This is a bicycle touring company that specializes in trips to foreign locations such as Laos, Cambodia, Vietnam, Croatia, Slovenia as well as other countries. Bob presented a most interesting

slide/video show with spectacular scenery and challenging climbs. At the end of his presentation, he offered a contest to the audience with generous prizes of jerseys, fanny packs and a fleece pullover. If you are interested in adventure and cycling, Bob can be contacted at <http://www.farandawaycycling.com>.

11. The next EBC General Club Meeting will be held on Thursday, May 10, 2012 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan  
Club Secretary

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Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033\_aol.com). The deadline is the 20th of the month.

### Elmhurst Bicycle Club Officers and Committee Chairs

|  |  |   |
|--|--|---|
| <b>President</b><br>Chuck Dean, 630.790.4203<br><a href="mailto:president_elmhurstbicycling.org">president_elmhurstbicycling.org</a>                         | <b>Advocacy</b><br>Bob Hoel<br><a href="mailto:bob.hoel_comcast.net">bob.hoel_comcast.net</a>  | <b>Refreshments</b><br>Connie Karras, 219.577.6996<br><a href="mailto:ckarras_purduecal.edu">ckarras_purduecal.edu</a>                        |
| <b>Vice President/Ride Captain</b><br>Gerry Fekete, 708.352.0913<br><a href="mailto:ridecaptain_elmhurstbicycling.org">ridecaptain_elmhurstbicycling.org</a> | <b>Publicity</b><br><b>Volunteer Needed</b>  | <b>Safety</b><br>Larry Gitchell, 708.409.0105<br><a href="mailto:larssofmars_aol.com">larssofmars_aol.com</a>                                 |
| <b>Treasurer</b><br>John Stanaway, 630.653.3427<br><a href="mailto:treasurer_elmhurstbicycling.org">treasurer_elmhurstbicycling.org</a>                      | <b>Programs</b><br>Ray Dal Lago, 630.543.4655<br><a href="mailto:dlag10_aol.com">dlag10_aol.com</a>  | <b>Sergeant-at-Arms</b><br>Jim Gross<br><a href="mailto:jgross144_sbcglobal.net">jgross144_sbcglobal.net</a>                                  |
| <b>Secretary</b><br>Cheri O'Riordan, 630.325.3917<br><a href="mailto:secretary_elmhurstbicycling.org">secretary_elmhurstbicycling.org</a>                    | <b>Database Manager</b><br>Nancy Shack, 630.964.3862<br><a href="mailto:nshack_comcast.net">nshack_comcast.net</a>   | <b>Assistant Ride Captain</b><br>Nancy Rice, 630.717.9923<br><a href="mailto:hotline_elmhurstbicycling.org">hotline_elmhurstbicycling.org</a> |
| <b>Membership Coordinator</b><br>Lew Worthem, 630.835.7270<br><a href="mailto:membership_elmhurstbicycling.org">membership_elmhurstbicycling.org</a>         | <b>Website Team</b><br>Cindy Reedy, 630.234.1349<br><a href="mailto:cmreedy_prodigy.net">cmreedy_prodigy.net</a><br>Sharon Hermach, 630.717.1660<br><a href="mailto:ganskesh_hotmail.com">ganskesh_hotmail.com</a> | <b>Mountain Bike Coordinator</b><br>George Pastorino, 708.903.8700<br><a href="mailto:gpastorino_comcast.net">gpastorino_comcast.net</a>      |
| <b>Newsletter Editor</b><br>Chuck Dean, 630.790.4203<br><a href="mailto:newsletter_elmhurstbicycling.org">newsletter_elmhurstbicycling.org</a>               |  | <b>List Server</b><br>Lew Worthem, 630.835.7270<br><a href="mailto:lew_worthem.com">lew_worthem.com</a>                                       |

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)  
(<http://www.elmhurstbicycling.org/about/membership.asp>)

## May, 2012 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at <http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at <http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/events/archive.asp>.

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