



# The Cue Sheet

January  
2012

The Newsletter of the Elmhurst Bicycle Club  
Riding Strong for over 34 Years



Elmhurst Bicycle Club is the  
League of American Bicyclists'  
2009 Bicycle Club  
of the Year for Region 4.

## Meet Our Ride Leaders by Baltimore Ortega & Chuck Dean

The Elmhurst Bicycle Club, EBC, is one of the best bike clubs in the Midwest offering many rides and social activities. A large part of our success is due to the generous and dedicated Ride Leaders who offer many rides and activities. Our Ride Leader this month is Betty Bond

### **Why did you join the EBC and how long have you been a member?**

I used to ride with a group of friends with the Arlington Bike Club but it got to be a challenge to get to the night rides (I worked at the time and that was my only choice through the week) with all the traffic. I heard about EBC from some of the Arlington members and I decided to join this club in 1997. It was several months before I actually went on a club ride.....but one ride and I was hooked !!! Since then I have been really enjoying the biking, hiking, and skiing the club membership offers.

### **What is your favorite bike to ride and how many bikes do you own?**

I own 4 bikes. #4 A very old (circa 1980's) Schwinn Voyager which I keep to ride on limestone paths. #3 My latest purchase is a Jamis Coda hybrid bike in a beautiful shade of pale green called "Celery." #2 A custom made touring Waterford 1900 series in a beautiful "Jason Purple." This is a heavier bike and I use it for self-contained riding. Everytime I ride it I am reminded what a jewel it is and really enjoy being on it. My #1 all time favorite is my titanium Terry. It has a smaller 24" front wheel made especially for vertically challenged women like myself. Some riders have called it my "Circus Bike" but I just smile and continue riding and loving my Terry.

### **What kind of rides do you lead, distance, routes, pace, and destinations?**

I lead moderately paced rides. My favorite pace is 13 - 15 mph, although I can manage a 14 - 16 mph ride. My distances vary depending on the ride...anywhere from 25 miles to



Betty

106 miles, such as Larry Gitchell's July 4th Century Ride that I always offer to lead at a slower pace than the one he leads. Larry is a genius when it comes to planning routes.

I feel somewhat like an imposter here...as I only lead about 10 or so rides a year and there are so many other deserving leaders more worthy of attention than me.

I lead rides that I repeat each year a time or two such as the "Four Lakes and a Picnic" ride, "Long Grove for Lunch" ride, "Herrick Lake and Danada Square" ride and used to do the "Lilac Day Parade" ride and "Double Dippin' at Ben and Jerrys" ride. I also lead some "Show and Go" rides and some " Breakfast" rides through the year. I also organized our 25th Anniversary Party at Madison Meadow August 25, 2002.

### **What is the most challenging part of leading and why do you lead rides?**

The most difficult part of leading I believe is keeping the group together and trying to keep those riders who hang out in the left of the lane to keep to the right. "Car Back" does not seem to mean much to them. I fear that someday they may be hit by a car. We need to be more considerate of motorists that we share the roads with and not provoke them.

I do not know why I lead rides..... It's a puzzle to me! It is so much easier to follow than it is to lead a ride. I do feel in a small way that I am giving back to this organization that has given me so much joy.

### **What is your favorite ride and do you have any ride stories?**

My favorite ride was when I decided to be a ride leader for the first time. The date was July 18, 2000. I designed a route around Lombard. Pre drove it.....Pre rode it.... Asked Jerry to pre ride it with me..... I could not sleep the night before. The ride began at Madison Meadow. I was there very early waiting with my ride sheet....hoping someone would show up. I could not believe what was happening....it was like a parade of cars pulling into the parking lot...one car after another and another....so many riders. I really got nervous. One ride sheet was not enough. I had to find another as the first one was filled. Ed Curtin found an extra ride sheet in his car which we used. A record 30 riders!!! I managed to lead all of these riders without a mistake. Total mileage covered a whopping 17 miles. A good time was had by all it seemed.

### **What advice would you give new members and guests who want to go on your rides, or lead a ride?**

New members should be told they need to be able to ride the posted speeds for the full distance that is posted. It is not fair to the whole group if they have to wait at every turn for someone that is too slow to be on that particular ride. EBC has a policy of not dropping anyone but riders should know that they can keep up the posted pace. Ride leaders also have the responsibility of keeping within the range of the pace that they post so some poor unsuspecting new rider does not get on a ride that is too fast for him/her.

**Do you have any final comments for our members, guests, and your riders?** I have been around on this old earth a good number of years and nowhere that I have been has there been a finer, more congenial, compatible, wonderful group of people anywhere like the members of EBC. We have a lot of different personalities. Everyone is unique in their own way....but they work well in the mix with members we have. I'm proud to be a part of EBC. Thank you.

---

### **The Season of Giving** By Chuck Dean

The Club enjoyed another fine year -- its 33rd just concluded according to the Cue Sheet masthead. Hundreds of thousands of miles. Good weather, great weather, rainy weather, hot weather, sometimes snow. Membership was strong. Membership dues and contributions from our sponsors coupled with the leadership and stewardship provided by Club president John Park, enabled the club to make another donation to 'Project Mobility' as was the case last year. A three year old boy, Josiah, was in attendance with his family and presented with a very special bicycle -- one tailored to his special needs. I think it is safe to say that the EBCers in attendance at the December club meeting

shared a warm good feeling as the bicycle (actually a tricycle) was presented. While Josiah can be expected to gain the same riding pleasure we all experience from our riding, we get an added pleasurable benefit knowing that EBC makes a difference.



Three year old Josiah getting ready to ride.



The "Big Check" Presentation.

### The Season for Partying by Chuck Dean

No, it wasn't pizza. Rather, a delicious offering from Corky's -- the same caterer who provided an excellent meal at our summer picnic. Chicken and pasta seemed to be enjoyed by all the attending club members. Of course, some of us -- I know there were others in addition to myself -- would have been content to dine all night on the festive red and green gumdrops. Several EBC'ers were decked out in Christmas finery. George P. wore Santa's hat. And no one received an ugly sweater award. The evening passed by all too quickly. Merry Christmas and Happy New Year!



Betty, Keith, Susan, Cyndi, and Chuck L.  
engaged in the festivities.



Seems fitting that Jim Hennig is at the head  
of the table. Sam is obviously enjoying the party.

### Thanks for Many Contributions by Bob Hoel

At the end of the year we try to look back and count our "blessings." I am not sure that is the right word but it is the best I could come up with. I would like to identify and thank those Club members for their help with our advocacy and outreach efforts. I define outreach as doing something for the Club and others, expecting nothing in return.

The following Club members, listed in no particular order other than the chronological order in which their outreach occurred, did just that this year and, in so doing, increased the image of the Club.

Mary Jo Bolan, Chuck Dean, Cindy Reedy, Mary Lee St Aubin, Lona Sweet, Cheri O'Riordan, Tom Preston, Jerome Hughes, George Pastorino, Jim Gross, Ray del Lago, Hank Gentry, Susan Sperl, John Loesch, Chuck Gentile, Roland Porter, Pussannee Pastorino, Mary Maroney, Joanne DeZur, Sharon Hermach, Mary Lukritz, Ron Burzese, Kim Messina, Ron Sebonia, Mike Cosantino, Rich Aycocock, Jessica Onstott, Mike Delaney, Betty Bond, Kathy Selbach Wagner, Susan Boose and Bob Hoel.

The full detail of the outreach these folks did is listed on the Club website at <http://www.elmhurstbicycling.org/aboutebc/advocacy.asp> under the link "What Have EBC Members Done."

Separately, the League of Illinois Bicycles has received 1,500 reservations for the dedicated "Share the Road" vehicular license plate. We were the only organization to achieve that since the state increased the required number from 850 to 1,500. The plate is now back in the State's court to go through the remaining bureaucratic steps to get the plates on the road. Though 1,500 was the goal, reservations continue to come in, especially now that people know this will be a reality. More are expected once the plates start appearing on car and become their own publicity.

How many of you have taken your bike on public transportation: bus, CTA or Metra? If you haven't, give it a try sometime. It is a great way to extend your bike ride by using transit in one direction and your bike in the other. It adds an additional dimension to the adventure. Look for increased access to the Metra trains in 2012 as the "allowed capacity" of bikes per train is increased and black out periods are reduced. This is the result of continued pressure applied by the Active Transportation Alliance, the largest regional bike and pedestrian advocacy organization in the U.S. This is one more way our investment in them pays dividends.



Some happy Club members getting ready to board the train from Wood Dale Station to Union Station on the initial trial run of Bikes on Metra.



An example of how bikes are "stored" in the handicapped seating area, bikes reversed on each other for better fit & secured with bungee cords, a METRA requirement.

Finally, LIB, as the state-wide bike advocacy organization, has been busy working with IDOT County DOT's on the use of shoulder rumble strips, those pesky and often dangerous inventions to reduce the number of dazed or sleeping motorists driving off the road. Here is a link to discussion about this and other work LIB has undertaken:

<http://www.bikelib.org/county-highway-design-policy/>

---

### Club Ride By Bruce Lloyd

Five of us stood astride our bicycles in the nearly deserted shopping center parking lot. It was chilly on that early Sunday morning. The leaves were beginning to change colors as the cycling season was drawing to a close. It was just a few minutes before the ride's scheduled start time. The wind was blowing leaves across the asphalt as another car pulled into the lot and parked in the next row. A guy got out of the car, looked up at the sky, then walked over to where we were fidgeting around trying to keep warm. "Is this the Elmhurst club ride?" he asked. "This is it." someone said. "Mind if I join you?" "Not at all. We were just about to leave, but we'll wait for you." We were sizing this guy up as he walked back toward his car, wondering if he was any good, if he'd be able to keep up. He was probably in his mid forties, sandy hair, average height and weight, but he didn't look very fit. Kind of what I call skinny fat, narrow shoulders and thin, with a little pot belly.

Our club has a no drop policy. We will leave no riders behind. The group will only go as fast as the slowest rider, so we were all hoping that this guy could make his bike go fast. We watched as he pulled a high end road bike out of the trunk of his car. That's one hurdle. You'd have to be really strong to keep up with a fit bunch of roadies on a mountain bike or a department store special. That still didn't mean he was any good

though. There were lots of guys who owned expensive equipment but couldn't ride worth a damn. We went back to our conversation, talking about rides we'd done, talking about equipment. He fumbled around a bit putting the front wheel on his bike, putting water bottles into the cages, getting his cycling shoes, helmet, gloves, glasses and jacket on. When he was ready he came over, signed the club's waiver sheet and we finally rolled out onto the neighborhood streets. The pace is generally slow in the beginning. Guys are getting loose. We paired up riding two abreast, continuing the conversation from the parking lot. Traffic was light. After a few miles we got warmed up and the pace increased. The wind was behind us for the first half of the ride and we enjoyed the speed.

Then our guest - I'll call him Fred - got a flat tire. Hey, it happens to all of us. We waited, standing around, helping out where we could, as he put a new tube into his tire. Some of the guys couldn't help noticing that his tires were shot, completely worn out. They should have been replaced a thousand miles ago. Probably why he got the flat. It took a little longer than it should have, but he fixed the flat and we got rolling again. He was starting to have trouble maintaining the pace and we waited for him a couple of times, but we were eating up the miles and enjoying the day. We saw farmers harvesting corn and soybeans as the roads took us further and further out into the countryside. But then we had to get to work. We turned into the wind.

Aerodynamics are an important part of bicycling. Most of a rider's effort goes into overcoming wind resistance. When cyclists are riding together, the rider at the front of the group works harder than the riders who are drafting him. The difference is significant. Experienced cyclists know this and use it to their advantage. The stronger riders usually ride at the front punching a hole through the wind, and the others will follow behind in the draft. Maybe Fred didn't know this, or maybe he lacked confidence in his bike handling skills. We had to wait for him more often. At one point he was off the back by about a quarter mile. I told the other guys to ride easy while I went back to tow him back up. The wind was into us from the right so when I got back to Fred I told him to stay on my left hip, in the shadow of the wind, and I'd pull him back up to the group. I battled the wind for a couple of miles until I closed the gap. When we caught back on I tucked myself into the draft of another rider to recover. I looked back to see how Fred was doing and he was three to five feet off the back, taking the full force of the wind, when he could have moved up just a little bit, and ridden in the draft. He was burning energy unnecessarily, energy that he could have used to prevent himself from getting dropped again.

We rode in a rotating pace line. Each guy rides at the front for a short time, then swings off and drifts to the back of the line while the next guy works at the front. The line moves down the road like a caterpillar track. The stronger guys stay on the front longer doing more work and the weaker riders only stay a short time. This allows riders of varying ability to ride together. When our new guy got to the front his ego got the better of him. It's a mistake all of us make as we are learning to ride in a group. Wanting to show the other riders you belong, you ride on the front too long. When you finally pull off you're spent, and you can no longer keep up. You either get dropped or the whole group has to wait while you recover.

We were about two thirds of the way into the ride when we stopped at a coffee shop for a break. The sun was behind the clouds and the air was chilly. We each got something to eat and drink and we sat around a table on the sidewalk outside. I don't know how the other guys were feeling but I was getting a little perturbed with our guest. He either wasn't aware of the effect he was having on our group ride or he didn't care. I was sitting across from him at the table telling myself that he's doing the best he can. We all get in over our heads from time to time. He wouldn't be messing with us deliberately. He's probably not a bad guy. I'm sure his mother loves him. Probably takes his dog for walks in the evening, if he's got a dog, maybe goes to church. The problem is me. I'm too impatient. I'm spending a nice Sunday morning in the company of friends, doing what I love to do. I should learn to slow down and smell the flowers. Then Fred knocks his cup of coffee over, splashing it on my jersey, my tights and my forearm. Sitting there now, eating a piece of quiche, trying to think charitable thoughts, dabbing at the coffee, I look over at the bikes leaning against the railing at the edge of the sidewalk and I notice that Fred's rear tire is flat again. Sigh. I graciously point this fact out to him. Our rest stops are usually less than half an hour. If Fred is going to get his tire fixed and not hold us up then he is going to have to do something soon. This didn't cause him any apparent anxiety however. He was very cool. He had a good sized plate of food and he seemed to be savoring every morsel. Don't want to rush a good thing. I caught his eye

and said "What are we going to do about your tire?" I mentioned that there was a bike shop across the street, and if he had a credit card he could get another tube and maybe even replace his worn out rear tire at the same time. He nodded and started eating a bit faster. Our rest stop was only a *little* longer than usual.

We rolled out of the stop. We weren't going fast, still warming up. I was on the front. Fred was drafting as he should, third in line on his new rear tire. I was carrying two water bottles. I drink water on the first part of a ride and as the ride gets longer I switch to an energy drink. I was reaching down to switch the bottles around when I dropped a full bottle of energy drink onto the street. Fred promptly ran it over. What are the odds? It's never happened to me before. I've dropped bottles but no one has ever run them over. Maybe I had just been lucky up until today. I went back to retrieve the bottle. The top had popped off but there were still a few ounces of liquid left. I hastily screwed the top back on and sprinted back up to the group. My rational mind told me that it was not our guest's fault. He couldn't have helped it. It might have been anyone. But I was upset about losing my drink and if I'm not going to blame myself then I'll blame *him* doggone it, *he's* the one who ran it over!

A few miles later I was feeling better. The rhythm and the effort of riding was having a soothing effect on me. It's one of the reasons why I love the sport. Remembering that I had a little bit of the energy drink left I reached down, grabbed the bottle, and put the spigot in my mouth. I squeezed the bottle to drink, but the lid was not screwed on tightly and I dumped that sweet sticky fluid right in my lap. You might think that this would get me fuming, push me over the edge, but instead it struck me as funny. This one's on me. It's nobody's fault but mine. I realized that I cannot continue to blame Fred for the kind of day I'm having. The responsibility for how I am feeling rests with me. It is completely possible for all kinds of things to go wrong and for me to remain upbeat and positive. It's a choice.

It was a raw day, cold and windy. We continued to roll out the miles regrouping often to let Fred catch back on. When we got back to the parking lot and our cars, I had that tired satisfied buzz I enjoy so much. We'll have to do this again someday. I'm free next week.

---

## Meeting Minutes December

### **Board Minutes December 8, 2011**

**Present:** John Park, George Pastorino, Petra Hofmann, Lew Worthem, Chuck Dean, Cheri O'Riordan, Sharon Hermach, Cindy Reedy, Gerry Fekete, John Stanaway.

- 1. President:**
  - The Board Meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst.
  - The Board approved the motion via a 12/07/2011 email, "I move to approve \$2,500 for Project Mobility to fund a bicycle for a physically challenged child."
  - The incoming President, Chuck Dean, is now the owner of EBC's Google Groups. The outgoing President has been removed as owner.
- 2. Secretary:** The November 10, 2011 Board Meeting Minutes were approved. The Board Meeting Minutes can be viewed on the EBC website in the newsletter.
- 3. Treasurer:** The Monthly Banking Summary (11/10/2011 through 12/08/2011) listed income of \$1,004.46. Expenses were \$124.49. At present, the balance in the treasury is \$15,471.80 with \$433.50 set aside for jersey credits. The Treasurer's report was accepted. The Treasurer recommended a back up for the Treasurer's reports on Quicken Software for \$10 per month. The outgoing Treasurer will contact the incoming Treasurer regarding the data.
- 4. VP/Ride Captain:** Nancy Rice was acknowledged for her contributions and assistance during the VP/Ride Captain's absence due to her work demands. Nancy has offered to continue to work with the incoming VP/Ride Captain, Gerry Fekete. EBC is on

### **EBC General Meeting Minutes December 8, 2011**

**Present:** John Park, George Pastorino, Petra Hofmann, Chuck Dean, Lew Worthem, Cheri O'Riordan.

**New Members: 0**  
**Guests: 0**

- 1. President:** The meeting was called to order at 7:15 p.m. at the Community Bank of Elmhurst.
- 2. Secretary:** The November 10, 2011 General Club Meeting minutes were approved. (Full reports are on the EBC website in the newsletter).
- 3. Treasurer:** The Monthly Banking Summary (11/10/2011 through 12/08/2011) listed income of \$1,004.46. Expenses were \$124.49. At present, the balance in the treasury is \$15,471.80 with \$433.50 set aside for jersey credits. The Treasurer's report was accepted.
- 4. Mountain Bike Coordinator:** The MTB Coordinator stated he has been on the Board for the past four years as Treasurer and thanked everyone for their support. He will continue to be the Mountain Bike Coordinator going forward - a non-board position. He mentioned that Chuck Gentile will be the assistant MTB Coordinator in 2012.
- 5. VP/Ride Captain:** The VP/Ride Coordinator thanked everyone for their support, and especially acknowledged Nancy Rice for her assistance during the VP/Ride Captain's work demands. The VP/Ride Captain indicated that with her new job schedule, she is looking forward to riding with the club again.
- 6. Membership Coordinator:** To date there are

- Facebook. Discussion followed with a recommendation to change the Facebook name from Elmhurst Bicycle Club to Friends of Elmhurst Bicycle Club. The VP/Ride Captain will follow through with the name change.
5. **Newsletter:** No report.
  6. **Membership Coordinator:** There are presently 504 members with 93 renewals.
  7. **Mountain Bike Coordinator:** The MTB Coordinator indicated that he would like Chuck Gentile to be the assistant Mountain Bike Coordinator. The President stated that the MTB Coordinator has the prerogative of doing whatever he feels is best.
  8. **Old Business:**
    - The server that hosts the EBC website had experienced a DDOS attack. Our hosting service temporarily shut down that server to prevent damage to any files. EBC is on a shared server for cost containment vs. a dedicated server. As of this Board meeting, the site was down again. Cindy Reedy contacted the provider during the meeting and will continue to work on the issue.
    - Ray Dal Lago will continue as Program Chairperson. Susan Sperl and Betty Bond will share the responsibility of overseeing club sponsors.
  9. **New Business:** The Website Manager requested two pictures from the incoming 2012 Board members for the EBC website link *About EBC*.
  10. The next Board Meeting will be held on Thursday, January 12, 2012 at 6:15 p.m. at the Community Bank of Elmhurst.
- 504 members. 93 members have already renewed their 2012 dues. Please continue to use Pay Pal to pay for 2012 dues.
7. **Advocacy:** (Please refer to the EBC website's *Advocacy* link or to Bob Hoel for further information).
    - 1,500 people (the minimum order quantity) have now registered for the new Illinois auto plates displaying the bicycle design. Hopefully, production will begin soon.
    - Our neighbor, Villa Park, IL will have a bike race in 2012 which will be similar to a criterium. More information will be announced at a future meeting.
  8. **Other:** Kathy Wagner-Selbach announced that she, Betty Bond and Susan Boose had volunteered to represent EBC at a wellness fair which was held at the Morton Arboretum a few weeks ago. They received many compliments and acknowledgements about our club as well as requests for membership applications. Mill Race Cyclery is in charge of the rental of bicycles, snowshoes and cross country skis at the arboretum. Also, a member of the Morton Arboretum staff is a new EBC member.
  9. **Refreshments:** The Annual Holiday Party offered a delicious dinner for all to enjoy.
  10. **Program:** The President presented an adapted tricycle to a three year old little boy named Josiah and his family consisting of dad, mom, and sisters Hannah (5) and baby Lydia (8 months). Josiah rode his red bicycle around the room for all to see and then he and his family joined in the Holiday Party celebration. The President and Treasurer presented a \$2,500 check to the Bike Rack which is one of our sponsors and is located in St. Charles, IL. The Bike Rack supports *Project Mobility* by adapting tricycles and bicycles to a rider's special needs.
  11. The next EBC General Club Meeting will be held on Thursday, January 12, 2012 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O'Riordan  
Club Secretary

Respectfully submitted,

Cheri O'Riordan  
Club Secretary

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033\_aol.com). The deadline is the 20th of the month.

### Elmhurst Bicycle Club Officers and Committee Chairs

President John Park, 630.690.2881 president_elmhurstbicycling.org	Advocacy Bob Hoel bob.hoel_comcast.net	Refreshments Connie Karras, 219.577.6996 ckarras_purduecal.edu
Vice President/Ride Captain Petra Hofmann, 630.833.1667 ridecaptain_elmhurstbicycling.org	Publicity Volunteer Needed	Safety Larry Gitchell, 708.409.0105 larssofmars_aol.com
Treasurer George Pastorino, 708.903.8700 treasurer_elmhurstbicycling.org	Programs Ray Dal Lago, 630.543.4655 dlag10_aol.com	Sergeant-at-Arms Jim Gross jgross144_sbcglobal.net
Secretary Cheri O'Riordan, 630.325.3917 secretary_elmhurstbicycling.org	Database Manager Nancy Shack, 630.964.3862 nshack_comcast.net	Assistant Ride Captain Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org

Membership Coordinator  
Lew Worthem, 630.835.7270  
membership\_elmhurstbicycling.org

Website Team  
Cindy Reedy, 630.234.1349  
cmreedy\_prodigy.net  
Sharon Hermach, 630.717.1660  
ganskesh\_hotmail.com

Mountain Bike Coordinator  
George Pastorino, 708.903.8700  
gpastorino\_comcast.net

Newsletter Editor  
Chuck Dean, 630.790.4203  
newsletter\_elmhurstbicycling.org

List Server  
Lew Worthem, 630.835.7270  
lew\_worthem.com

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)  
(<http://www.elmhurstbicycling.org/about/membership.asp>)

## January, 2012 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at  
<http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at  
<http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/rides/archive.asp>.

### Please Support Our EBC Sponsors



**Village CycleSport**  
Dedicated to the Sport of Cycling

**Vince Boyer**

45 Arlington Hts. Rd • Elk Grove Village, IL 60007 • (847) 439-3340  
1313 N. Rand Road • Arlington Heights, IL 60004 • (847) 398-1650

Email vince@villagecyclesport.com www.villagecyclesport.com

**J & R CYCLE & SKI**  
716 S. Main • Lombard, IL 60148  
(630) 620-1606

**BOB PECORA**

M & Th	10-8	Diamond Back • GT/DYNO
T & F	10-6	Fisher • Yakima
W	12-6	Haro • Univega
Sat	10-5	

Call for Winter Hours



You can't beat our prices!  
If you find a lower price we will  
match it and give you 11%  
of the price difference.



**Lickbike.com**

www.lickbike.com  
800-323-4083  
24 Hour Phone (708)383-5541  
310 Lake Street, Oak Park IL 60302



**10% Discount on  
Parts & Accessories  
w/EBC Membership\***

**Cycles-N-Sports**  
6559 W. 111th St  
Worth IL, 60482  
708-361-0440  
www.cycles-n-sports.com

Experienced in Road Biking  
Passionate for Mountain Biking

\*Discount applicable on non-sale items only



(630) 629-4773  
(630) 627-6535

HOURS  
MON. & FRI. 9-8  
TUES., WED., THURS. 9-6  
SAT. 9-5  
SUN. CLOSED  
CALL FOR WINTER HOURS

**KOSLOW CYCLE, INC.**  
MARY BEVERLEY ANDY BARB

S.E. CORNER NORTH AVE. & SWIFT RD.  
21 W. 415 NORTH AVE.  
WWW.KOSLOWCYCLE.COM

LOMBARD, IL 60148

Please Support our  
Elmhurst Bicycle Club  
**Sponsors**

## **HARTLEY'S CYCLE SHOPPE, LTD**

PINARELLO - CANNONDALE - BIANCHI  
FELT - GIANT - WATERFORD - SCOTT - COLNAGO

**KENNETH J. HARTLEY**

24 WEST HINSDALE AVENUE  
HINSDALE, IL 60521

(630) 323-7156  
WWW.HARTLEYSYCLE.COM

EMAIL: hartleyscycle@comcast.net  
FAX: (630) 323-7195

LANCE HONEYMAN



2930 Compton Hills Rd. • St. Charles, IL 60175 • 630-584-6588  
Fax 630-584-1295 • e-mail: lance@thebikerack.com



Member  
FDIC

# Community Bank of Elmhurst

*"Your Hometown Bank"*