



THE CUE SHEET

*The Newsletter Of The Elmhurst Bicycle Club
Riding Strong Over 30 Years.*

EBC PICNICS IN THE RAIN



CHICAGO SETS A NEW RECORD FOR ONE DAY RAIN FALL AND THE EBC PICNICS AND GAMES IN THE RAIN.
L TO R: PUSSANEE AND SUSAN DISCUSS DOMINO BASICS; BACKGROUND CENTER, BALTIMORE, DAVE, AND RAY; FOOD AS ALWAYS IS A MAJOR THEME OF THIS CLUB AND MIKE AND CHARLES CAN ATTEST TO THAT.

THANKSGIVING HIKE AND DINNER



SEE PAGE 7 FOR MORE INFORMATION AND RESERVATIONS.

ADVOCACY BEFORE THE ELMHURST PARK DISTRICT MEETING

BOB HOEL ADDRESSES THE EPD BOARD ASKING FOR A DEFERRAL OF ANY DECISIONS UNTIL A LATER DATE. BOB HAS POSTED DETAILED INFORMATION ON THE EBC WEBSITE.



OCTOBER 2008

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OPINION AND COMMENTS

PETRA LYNN HOFMANN

**SALT CREEK GREENWAY AND
 ELMHURST CITIZENS**

Thanks to all who attended the Elmhurst Park District meeting at the Abbey Thursday, although I'm not convinced we did much to persuade board members to move along the most logical path (no pun here) to complete the missing portion of the Salt Creek Greenway. IMHO, the outcome was front-loaded from the very beginning and those not living on Rex Boulevard are the losers.

Here's my take-away from the meeting: the EPD will not use land they own on the east side of Salt Creek and behind the dozen or so houses that back up to the creek for several reasons. First and foremost, the homeowners don't want to lose trees that would need to be removed to facilitate the trail. Second, they don't want their free view of EPD land destroyed by bicyclists riding behind their houses, even though there's been a woodchip walking trail there for more than a few years. Rex Blvd owners view this as their private park not to be intruded upon by non-residents. Their selfishness hurts us all.

Therefore, rather than letting bicyclists ride safely on a scenic and safe bikeway, Rex residents would rather we ride along busy, fume filled SR 83, around the Elmhurst sewer plant, and the industrial mess of Kieft Bros., then cross the Salt Creek to join the newly paved SCG. Thus, avoiding those along the short stretch of Rex Blvd. Somehow, riding in industrial parks is safer and provides bicyclists a better experience.

I GET it and I don't like it, and no one knows what will happen if the IDOT refuses a permit to use SR 83 right-of-way for a portion of the greenway. My helmets off to Bob for putting up with these mutts.

By-the-way, we're still looking for that someone to be newsletter editor next year.

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October 2008

Club Rides

**Special Events and
Non-recurring rides.**

Date	Time	Distance/ Pace	Start	Leader	Description
10/1	9:00 AM	55+ miles @ 12- 14 mph	Herrick Lake (Butterfield Rd. Entrance)	Betty Bond 630- 932-0271 Cell 630-881-1177	Herrick Lake to Smitty's for Lunch We will ride from Herrick Lake to Smitty's in St. Charles for lunch. Or you may bring your own and sit by the river. Be prepared to ride the Campton Hills on our return route.
10/1	9:00 AM	Determined by riders	McCullum Park, Downers Grove	Determined by riders	Wednesday Show n Go The riders who show will decide ride leader, distance and pace.
10/1	6:30 PM	Distance TBD 11-13 mph	Parking lot at Maple St. and Park Ave. Lombard	Determined by riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
10/1	6:30 PM	16-20 miles, 12-14 mph	Depot, Villa Park	David Polkow 630-832-8131	Wednesday Night Trail Ride Night time Trail rides using the various trails in the area. Front and rear lights are required. Ride should be done by 8pm.
10/2	10:00 AM	Determined by riders	Imax Theater corner of Hobson Rd and RT 53	Determined by riders	Imax Thursday SnG The riders will determine the ride leader, distance and pace
10/3	9:00 AM	Determined by riders	Sunset Knoll Park	Determined by riders	Lombard Friday Show and Go The riders who show will decide ride leader, distance and pace.
10/4	9:00 AM	~45 miles moderate pace	Buffalo Woods North Grove # 2	George Pasto- rino 708-903- 8700	Palos Epic Ride Want to spend the whole day on your mountain bike? Then this ride is for you, we will ride the whole Palos system including Swallow Cliff which is on the other side of Rt 83. Route will include all the legal single track and lots of double track.
10/4	9:00 AM	Determined by riders	Depot Elmhurst	Determined by riders	Saturday Show and Go The riders will determine the ride leader, distance and pace
10/5	8:00 AM	25-30 miles, 12-14 mph	Panera Bread	Petra 630.290.5173	Sunday With Petra Always, or most always back by 11 AM.
10/5	8:00 AM	38 mi 12 - 15 mph	Panera Bread Co. Elmhurst	Petra 630.290.5173	CANCELLED DUE TO WORK Sunday Parkways Ride, Part I From Elmhurst to Chicago for CBF Sponsored Sunday Parkways. Explore Chicago's beautiful Logan Square, Humboldt Park, Garfield Park, North Lawndale and Little Village neighborhoods when the streets transform into Sunday Parkway
10/5	8:30 AM	32-38 miles, 17-19 mph	Panera Bread at York & North Ave	David Polkow 630-832-8131	Sunday Morning Fast Ride This 2 1/2 hour weekly ride will go in various directions with one brief rest stop included. Ride will have a few optional sprints.
10/5	8:30 AM	30-40 miles, 15-17 mph pace	Panera Bread, Elmhurst	Jeff Wincentsen, 630-832.3338 h	Jeff's Sunday Morning Ride This is a road ride exploring Cook and Du Page counties. Includes one short stop. Bring enough food/drink to refuel. Guest ride leaders welcome.
10/5	8:30 AM	20 miles, 10-12 mph	Panera Bread, Elmhurst	Determined by riders	Sunday Slow Ride Show & Go The slow ride is a S&G for October.
10/5	12:30 PM	Determined by riders	Gazebo, Glen Ellyn	Determined by riders	Sunday Show and Go The riders who show will decide ride leader, distance and pace.
10/6	6:00 PM	24-27 Miles, 13-15 MPH	Depot, Elmhurst	Larry Gitchell (708) 421-0120 (C), (708) 409- 0105 (H)	First Monday in October The days grow shorter, but the Monday Night Ride rolls along. Explore roads and paved paths of the west suburbs. Lights required.
10/7	10:00 AM	Determined by riders	Imax Theater corner of Hobson Rd and RT 53	Determined by riders	Imax Tuesday SnG The riders will determine the ride leader, distance and pace

10/8	8:30 AM	63 MI 10-12 MPH	McCullum Park	Ted sward 708 354-5782 cell:708 446-3533 day of ride	The way west join ted for a ride on bike friendly roads and lunch at the river view diner in momtgomery. This is a great chance to complete your 62 mi requirement for yor patch series.
10/8	9:00 AM	Determined by riders	McCullum Park, Downers Grove	Determined by riders	Wednesday Show n Go The riders who show will decide ride leader, distance and pace.
10/8	6:30 PM	Distance TBD 11-13 mph	Parking lot at Maple St. and Park Ave. Lombard	Determined by riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
10/8	6:30 PM	16-20 miles, 12-14 mph	Depot, Villa Park	David Polkow 630-832-8131	Wednesday Night Trail Ride Night time Trail rides using the various trails in the area. Front and rear lights are required. Ride should be done by 8pm.
10/9	10:00 AM	Determined by riders	Imax Theater corner of Hobson Rd and RT 53	Determined by riders	Imax Thursday SnG The riders will determine the ride leader, distance and pace
10/9	7:15 PM		Community Bank, Elmhurst	Ray Dal Lago, 630-543-4655	Monthly Club Meeting Board meeting precedes club meeting.
10/10	9:00 AM	Determined by riders	Sunset Knoll Park	Determined by riders	Lombard Friday Show and Go The riders who show will decide ride leader, distance and pace.
10/11	9:00 AM	55-60 miles 13-15 MPH	Depot, Elmhurst	Larry Gitchell (708) 421-0120 (C), (708) 409-0105 (H)	Pumpkin Trolley Ride Ride to the Pumpkin Trolley at the Fox River Trolley Museum. Mostly limestone trail with some paved segments. Mountain or Hybrid bike recommended. Lunch stop along the way.
10/11	9:00 AM	Determined by riders	Depot Elmhurst	Determined by riders	Saturday Show and Go The riders will determine the ride leader, distance and pace
10/12	8:00 AM	25-30 miles, 12-14 mph	Panera Bread	Petra 630.290.5173	Sunday With Petra Always, or most always back by 11 AM.
10/12	8:30 AM	32-38 miles, 17-19 mph	Panera Bread at York & North Ave	David Polkow 630-832-8131	Sunday Morning Fast Ride This 2 1/2 hour weekly ride will go in various directions with one brief rest stop included. Ride will have a few optional sprints.
10/12	8:30 AM	30-40 miles, 15-17 mph pace	Panera Bread, Elmhurst	Jeff Wincentsen, 630-832.3338 h	Jeff's Sunday Morning Ride This is a road ride exploring Cook and Du Page counties. Includes one short stop. Bring enough food/drink to refuel. Guest ride leaders welcome.
10/12	8:30 AM	20 miles, 10-12 mph	Panera Bread, Elmhurst	Determined by riders	Sunday Slow Ride Show & Go The slow ride is a S&G for October.
10/12	12:30 PM	Determined by riders	Gazebo, Glen Ellyn	Determined by riders	Sunday Show and Go The riders who show will decide ride leader, distance and pace.
10/13	6:00 PM	24-27 miles, 13-15 MPH	Depot, Elmhurst	Larry Gitchell (708) 421-0120 (C), (708) 409-0105 (H)	Columbus Day MNR A good night to explore! Join me for a voyage through the western suburbs on roads and paved paths. Lights required.
10/14	10:00 AM	30-35 miles at 14- 16 mph	Imax Theater corner of Hobson Rd and RT 53	Bill Schwartz 630-963-6250 (cell 630-303-1160)	Imax Tuesdays A moderate ride through low traffic streets in south Naperville with a stop at Koobie's Coffee Shop at the halfway point.
10/15	9:00 AM	12-14 mph; approx 28 miles	Spring Rock Park Western Springs	Cheri O'Riordan 630-325-3917 (H); 312-718-3917 (C) day of ride	Woodridge Back to Spring Rock Park Easy ride through residential areas to Imax at Seven Bridges; break for snack at Starbucks (or other) and return to Spring Rock Park. Cancel if rain.
10/15	9:00 AM	Determined by riders	McCullum Park, Downers Grove	Determined by riders	Wednesday Show n Go The riders who show will decide ride leader, distance and pace.
10/15	6:30 PM	Distance TBD 11-13 mph	Parking lot at Maple St. and Park Ave. Lombard	Determined by riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
10/15	6:30 PM	16-20 miles, 12-14 mph	Depot, Villa Park	David Polkow 630-832-8131	Wednesday Night Trail Ride Night time Trail rides using the various trails in the area. Front and rear lights are required. Ride should be done by 8pm.

10/16	10:00 AM	50 to 100 miles at 16-18 mph	Imax Theater corner of Hobson Rd and RT 53	Bill Schwartz 630-963-6250 (cell 630-303-1160)	Imax Thursday Call us to see what distance we will be doing. We are planning on getting in a century ride on either the 16, 23 or 30 depending on the weather. The distance will be determined by the weather on the day.
10/17	9:00 AM	Determined by riders	Sunset Knoll Park	Determined by riders	Lombard Friday Show and Go The riders who show will decide ride leader, distance and pace.
10/18	9:00 AM	Determined by riders	Depot Elmhurst	Determined by riders	Saturday Show and Go The riders will determine the ride leader, distance and pace
10/19	8:00 AM	25-30 miles, 12-14 mph	Panera Bread	Petra 630.290.5173	Sunday With Petra Always, or most always back by 11 AM.
10/19	8:30 AM	32-38 miles, 17-19 mph	Panera Bread at York & North Ave	David Polkow 630-832-8131	Sunday Morning Fast Ride This 2 1/2 hour weekly ride will go in various directions with one brief rest stop included. Ride will have a few optional sprints.
10/19	8:30 AM	30-40 miles, 15-17 mph pace	Panera Bread, Elmhurst	Jeff Wincentsen, 630-832.3338 h	Jeff's Sunday Morning Ride This is a road ride exploring Cook and Du Page counties. Includes one short stop. Bring enough food/drink to refuel. Guest ride leaders welcome.
10/19	8:30 AM	20 miles, 10-12 mph	Panera Bread, Elmhurst	Determined by riders	Sunday Slow Ride Show & Go The slow ride is a S&G for October.
10/19	12:30 PM	Determined by riders	Gazebo, Glen Ellyn	Determined by riders	Sunday Show and Go The riders who show will decide ride leader, distance and pace.
10/20	6:00 PM	24-27 miles, 13-15 MPH	Depot, Elmhurst	(708) 421-0120 (C), (708) 409-0105 (H)	Pentultimate Monday Night Ride The second-to-last MNR of the season. Lights required.
10/21	10:00 AM	30-35 miles at 14- 16 mph	Imax Theater corner of Hobson Rd and RT 53	Bill Schwartz 630-963-6250 (cell 630-303-1160)	Imax Tuesdays A moderate ride through low traffic streets in south Naperville with a stop at Koobie's Coffee Shop at the halfway point.
10/22	9:00 AM	Determined by riders	McCullum Park, Downers Grove	Determined by riders	Wednesday Show n Go The riders who show will decide ride leader, distance and pace.
10/22	9:00 AM	approx. 30 miles / 13 - 16 mph	McCullum Park, Downers Grove	Joanne Dybala 630-493-1514	(not yet decided) We'll head south and west, making a big loop around. There will be a brief stop at a fast food place like Culvers. (No ride if it's raining!)
10/22	6:30 PM	Distance TBD 11-13 mph	Parking lot at Maple St. and Park Ave. Lombard	Determined by riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
10/22	6:30 PM	16-20 miles, 12-14 mph	Depot, Villa Park	David Polkow 630-832-8131	Wednesday Night Trail Ride Night time Trail rides using the various trails in the area. Front and rear lights are required. Ride should be done by 8pm.
10/23	10:00 AM	50 to 100 miles at 16-18 mph	Imax Theater corner of Hobson Rd and RT 53	Bill Schwartz 630-963-6250 (cell 630-303-1160)	Imax Thursday Call us to see what distance we will be doing. We are planning on getting in a century ride on either the 16, 23 or 30 depending on the weather. The distance will be determined by the weather on the day.
10/24	9:00 AM	Determined by riders	Sunset Knoll Park	Determined by riders	Lombard Friday Show and Go The riders who show will decide ride leader, distance and pace.
10/25	9:00 AM	Determined by riders	Depot Elmhurst	Determined by riders	Saturday Show and Go The riders will determine the ride leader, distance and pace
10/25	10:00 AM	39 MI. 12 MPH Loop	Leroy Oaks FP.	Jim Pospiech 630-351-5730 cell 630-640-0575	Sycamore Pumpkin Ride Saturday October 25, 2008 lock/\$\$\$ Trail ride gwt. Join Town festivities. Pumpkin's on Display Food, Fun, and a quiet ride down the Great Western Trail rt 64 (North ave) to Randal rd. turn N cross RR. left (north) Dean rd. S.
10/26	8:00 AM	38 mi 12 - 15 mph	Panera Bread Co. Elmhurst	Petra 630.290.5173	Sunday Parkways Ride, Part II Part II. From Elmhurst to Chicago for CBF Sponsored Sunday Parkways. Explore Chicago's beautiful Logan Square, Humboldt Park, Garfield Park, North Lawndale and Little Village neighborhoods when the streets transform into Sund
10/26	8:00 AM	25-30 miles, 12-14 mph	Panera Bread	Petra 630.290.5173	Sunday With Petra NOTE: This will be a SnG due to leading the CBF Parkways Ride. Always, or most always back by 11 AM.

10/26	8:30 AM	30-40 miles, 15-17 mph pace	Panera Bread, Elmhurst	Jeff Wincentsen, 630-832.3338 h	Jeff's Sunday Morning Ride This is a road ride exploring Cook and Du Page counties. Includes one short stop. Bring enough food/drink to refuel. Guest ride leaders welcome.
10/26	8:30 AM	32-38 miles, 17-19 mph	Panera Bread at York & North Ave	David Polkow 630-832-8131	Sunday Morning Fast Ride This 2 1/2 hour weekly ride will go in various directions with one brief rest stop included. Ride will have a few optional sprints.
10/26	8:30 AM	20 miles, 10-12 mph	Panera Bread, Elmhurst	Determined by riders	Sunday Slow Ride Show & Go The slow ride is a S&G for October.
10/26	12:30 PM	Determined by riders	Gazebo, Glen Ellyn	Determined by riders	Sunday Show and Go The riders who show will decide ride leader, distance and pace.
10/27	6:00 PM	24-27 miles 13-15 MPH	Depot, Elmhurst	Larry Gitchell (708) 421-0120 (C), (708) 409-0105 (H)	Monday Night Ride Finale The final Monday Night Ride of the season. Wrap up with a relaxed ride around the area. Lights required. Monday Night Rides will resume at the beginning of April, 2009.
10/28	10:00 AM	30-35 miles at 14- 16 mph	Imax Theater corner of Hobson Rd and RT 53	Bill Schwartz 630-963-6250 (cell 630-303-1160)	Imax Tuesdays A moderate ride through low traffic streets in south Naperville with a stop at Koobie's Coffee Shop at the halfway point.
10/29	9:00 AM	24 miles at 10/12 mph	Virgil Gilman Trailhead - Aurora	Joanne De-Zur 630/833-7688- Ride Day 630/336-9253	6th Annual Virgil Gilman Ride snacks at collage
10/29	9:00 AM	Determined by riders	McCollum Park, Downers Grove	Determined by riders	Wednesday Show n Go The riders who show will decide ride leader, distance and pace.
10/29	6:30 PM	Distance TBD 11-13 mph	Parking lot at Maple St. and Park Ave. Lombard	Determined by riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
10/29	6:30 PM	16-20 miles, 12-14 mph	Depot, Villa Park	David Polkow 630-832-8131	Wednesday Night Trail Ride Night time Trail rides using the various trails in the area. Front and rear lights are required. Ride should be done by 8pm.
10/30	10:00 AM	50 to 100 miles at 16-18 mph	Imax Theater corner of Hobson Rd and RT 53	Bill Schwartz 630-963-6250 (cell 630-303-1160)	Imax Thursday Call us to see what distance we will be doing. We are planning on getting in a century ride on either the 16, 23 or 30 depending on the weather. The distance will be determined by the weather on the day.



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Directions to Ride Start Locations

STARTING POINT	DIRECTIONS
Bullfrog Lake—Palos Forest Preserve, Willow Springs, IL	From I-55, exit at LaGrange Road (Route 45) south. Turn right onto Archer Ave south bound about 3 miles. Past the cemetery, turn left east bound onto 95th Street. Take the next right onto Wolf Road and into Palos. Bullfrog is the first Grove on your right.
Depot, Elmhurst, IL	Rides start from the public parking lot just east of York Road on Vallette Street. Vallette St. is 1/4 mile south of St. Charles Road, York Road is 1 mile west of I-290.
Depot, Villa Park, IL	The Villa Park Depot is located at the intersection of Villa Ave. & Park Ave. on the IPP. Approximately 2-3 blocks South of the Villa Ave. & St. Charles Road intersection in Villa Park.
Gazebo, Glen Ellyn, IL	On the Prairie Path between Park Ave and Main Street. The Gazebo is in the middle of the train station parking lot on the south side of the UP tracks.
IMAX Theatre Woodridge, IL	Located on Rt. 53, one half mile north of Hobson Road, one half mile south of Maple Ave. Riders meet in the parking lot in front of the theatre.
McCullum Park, Downers Grove, IL	McCullum Park is located at the SE Corner of 67th and Main Streets in Downers Grove.
Parking Lot at Maple and Park Lombard, IL	The start is located in the parking lot at the NE corner of Maple Street and Park Ave., just east of Lilacia Park and the Helen Plum Memorial Library in Lombard.
Soccer Field, St. Charles, IL	Parking lot one block west of Randall Road and one block south of North Avenue (Rt. 64) at the SW corner of Peck and Campton Hills Roads.
Sunset Knoll Park, Lombard, IL	On Finley, at Wilson, half a mile north of Roosevelt Road. Please park behind the recreation facility; address is 820 South Finley Road.
Volunteer Park, Wheaton, IL	Milepost zero on the Prairie Path Main Stem., at the intersection of Liberty and Carlton Streets/Wheaton. 1/4 mile north of Roosevelt Road, 1/2 mile west of Main Street / Schmale Road.
Waterfall Glen Forest Preserve, Darien, IL	Rides typically start from the parking lot on Northgate Road. This is just south of Interstate 55 and just to the west off of Cass Avenue.

THANKSGIVING DAY HIKE & BUFFET

!!!! RESERVATION REQUIRED !!!!

THURSDAY NOVEMBER 27TH

HIKE 11:30 - 1:00

BUFFET 1:30 ABOUT \$15.00

WHITE PINES STATE PARK - OREGON, IL

LEADER: JUDY MIKESSELL

To reserve a spot either e-mail me at mikesell2@juno.com or call 630.833.1036 and leave a message your name and number coming.

I need to make reservations for the buffet by Nov. 8th. If

you think you are interested please let me know. (I can always reduce the reservation, but by early Nov. it is hard to increase the number.)

If you have a non-hiker that would like to come, there is a small gift shop where they can wait by the fireplace, just have them bring a book or something.

Driving I-88, White Pines is 12 miles north of Dixon, IL. Allow 2 hours drive time. Click for a Google Map and to get directions from your house to White Pines S.P.A.

<http://maps.google.com/>

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PRESIDENT'S MESSAGE

Ray Dal Lago,
EBC President

By the time you read this fall will be here. Three quarters of the year are finished but I know the club will amass another 25,000 to 30,000 miles and we'll approach 430 members. Our membership is increasing and we keep riding at the speed of fun! Speaking of fun, we had a great EBC picnic on September 13th. Between 50 and 60 members (and significant others) showed up at York Woods. The torrential rain kept us in the shelter but Phil Keller and the Picnic Committee provided the right ingredients to once again prove that the EBC can have fun no matter what.

As we approach the end of the year the Board will start looking for volunteers to fill certain positions. Petra Hofmann, our incredible newsletter editor, is unable to continue

as editor in 2009. If you have a flair for creativity and can edit and write, this may be a position for you. Also, the Board would like to create an Awards Coordinator position. This person would be responsible for the mileage and ride leader awards. We're thinking of having awards like arm warmers, gloves, socks, etc. as well as t-shirts and jerseys. The Awards Coordinator would approve and select the awards. Another position we have available is Program Chair. I filled the position this year as Tom Mara was no longer able to continue in the position. This position involves scheduling guest speakers for our monthly meetings. If you like spreading the word about EBC you might want to become the EBC Publicity Chair. The Publicity Chair will call, write and talk to everyone and anyone about the club. Keep checking e-mail from the list server for other open positions. EBC needs you!