



THE CUE SHEET

**The Newsletter Of The Elmhurst Bicycle Club
Riding Strong Over 30 Years.**



A club serving; Northern Illinois, Chicagoland, and beyond: riding anywhere, any time, day or night-year round. Come join the fun!

Coming Events

Chicago Bike Federation:
Bike the Drive, May 27,
Contact: www.biketraffic.org.

World Naked Bike Ride Chicago on the evening of Saturday June 9th 2007.

The ride raises awareness against oil dependency and promotes positive body image.

It's "bare-as-you-dare" and includes inline skaters. Chicago has had record turnouts in past years.

<http://worldnakedbikeride.org/chicago>

Rt 66 Trail Breaking

Jun 2, Contact: www.bikelib.org

Joliet Bicycle Club

Door County Ride

Invitation to EBC'ers from the Joliet Bicycle Club. July 14 to 23, 2007

Contact: Joanne Dybala

Elmhurst Bicycle Club

Metro Metric XXVII

Sunday, July 29, 2007
Volunteers needed now.

Self-Contained Ride

to Minong, WI Sep 5-13
Contact: Jerry Ringier

JUST AROUND THE CORNER:

METRO METRIC XXVII

By Phil Keller

The Elmhurst Bicycle Club's main event begins at 6 a.m. Sunday, July 29th in the parking lot of Hampshire High School—mark your calendar now.

With plans well underway for a successful Metro Metric XXVII, many ride committees need help now to prepare for this our annual fundraising event. Those most in need are:

Registration, Joanne Dezur, 630.833.7688
Rest stops, Maureen O'Rourke, 708.660.9185
Parking, Mike Struglinski, 708.246.2089
Sag service, Tom Manata, 630.971.1012
Route signs, George Hermach, 630.717.1660
Cookie bakers, Kacy Worcester, 630.941.8532.

Important

This year, we will not be giving t-shirts to volunteers. Only new club members will be given a t-shirt at check-in. Others please wear one of your Metro Metric T's from past years.

How can you help?

Call one of the chairs listed above to discuss how your interest and time could best be used. Keep in mind, most activities are divided into two or more time slots and do not require working all day. There is plenty of room for those early risers and late sleepers.

In addition, cookie bakers are in great demand. One of the EBC's biggest hits and most in demand is the club's home-baked cookies. Furthermore, there is minimal experience required for this position. Call Kacy Worcester, 630.941.8532 to volunteer your oven and time. You will be as big a hit as the cookies.

For more information contact Phil Keller, 630.964.5795.

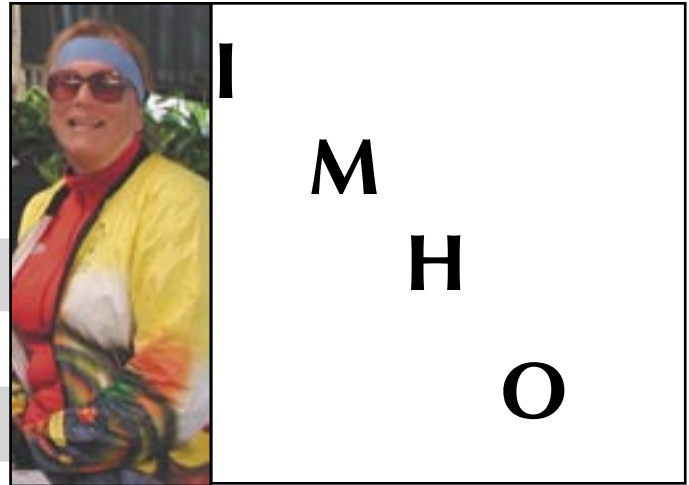


Hank and Miles Davis at the Garfield Conservatory's "Niki In The Garden" exhibit.



The club constitution and by-laws, information on rider and ride leader responsibilities, ride schedules, awards program, member mileage, how to join the club, and much more are available online at: www.elmhurstbicycling.org. If you're not near a computer and need ride information, call the EBC Hotline at 630-415-BIKE (630-415-2453)

Elmhurst Club Officers and Board Members



Position	Name	Phone	Email
President	Ray Dal Lago	630.543.4655	presidentATelmhurstbicycling.org
Vice President Ride Captain	Steve Josephs	630.655.8710	ridecaptainATelmhurstbicycling.org
Treasurer	Phil Keller	630.964.5795	treasurerATelmhurstbicycling.org
Metro Metric Chairman	Phil Keller	630.964.5795	treasurerATelmhurstbicycling.org
Secretary	Tom Manata	630.971.1012	secretaryATelmhurstbicycling.org
Newsletter Ed- itor	Petra Hofmann	630.833.1667	newsletterATelmhurstbicycling.org
Membership Co- ordinator	Nancy Shack	630.964.3862	membershipATelmhurstbicycling.org

Standing Committees

Advocacy	Maureen O'Rourke	708.660.9185	morourkATchicagonet.net
Publicity	John Park	630.690.2881	john1parkATcomcast.net
Programs	Tom Mara	630.833.5739	marafamilyATcomcast.net
Database Man- ager	Mary Moroney	630.629.1812	cycling33ATcomcast.net
Internet Bike Info	Rich Kuhlman	630.462.5427	rkuhlman99ATcomcast.net
Website	Cindy Reedy	630.530.1250	cmreedyATprodigy.net
List Server	Marty Kotecki	630.620.6434	orionradioAThotmail.com
Safety	Larry Gitchell	708.409.0105	larsofmarsATAol.com
Refreshments	Nancy Shack	630.964.3862	nshackATcomcast.net
Newsletter col- lating	Judy Mikesell	630.833.1036	mikesell2ATjuno.com
Sergeant-at- Arms	Mike Sruglinski	708.246.2089	
Assistant Ride Captain	Nancy Rice	630.717.9923	hotlineATelmhurstbicycling.org

ODE TO A VOLUNTEER

Many will be shocked to find
When the day of judgement nears
That there's a special place in
Heaven set aside for volunteers

Furnished with big recliners,
Satin couches and footstools
Where there's no committee chair,
No group leaders or carpools

Telephone lists will be outlawed
But a finger snap will bring
Cook drinks and gourmet dinners,
And rare treats fit for a king.

You ask,
Who'll serve the privileged few?
And work for all they're worth?
Why, those who reaped benefits
And not once volunteered on earth.

Those with questions regarding a volunteer position and the duties should contact Joanne DeZur at 630.833.7688 or email cyclejoeyATsbcbglobal.net

Ride and Road Etiquette

At the June club meeting, Bruce Glaser of "The Wheel Thing," will discuss techniques and etiquette affecting all riders regardless of skill and experience. Bruce will place emphasis on: turning, cornering, passing, slip steaming, riding in a pack, "pulling", climbing, and other safety tips. The meeting begins at 7:15 p.m. and Bruce's presentation about 8 p.m.



SPRING RIDES RULE

Why are these people smiling?

Their section of the Great Western Trail was mostly clean. the work light, and the ride to and from the club's section of the trail quite enjoyable.



Below: Petra, Nancy, and Keith are smiling because they are standing under the "Grande Oiseau De Feu Sur L'Arche," 1991. In other words, "Large Firebird on an Arch," by Niki De Saint Phalle, this and 33 other colorful sculputures are on display at the Garfield Conseravatory through October 28, 2007.



69 Danada East
Shopping Center
Wheaton, IL 60187
630 690-2050

1807 S Washington
Naperville, IL 60540
630 961-8222

spokes@spokesbikes.com
www.spokesbikes.com



June 2007 Club Rides

*Special Events and
Non-recurring rides.*

Date	Time	Distance	Start	Leader	Ride Description
Fri June 1	9:00 AM	40-45 miles 14-16 mph	Sunset Knoll Park Lombard	Bill Schwartz 630-963-6252	From Lombard to Batavia We'll ride from Lombard to Batavia via Fermi Lab. Pitstop at Fermi Lab, snack at Golden Arches.
Sat June 2	9:00 AM	Determined By Riders	Depot Elmhurst	Determined By Riders	Weekly Show and Go The riders will determine the ride leader, distance and pace
Sun June 3	8:00 AM	25-35 miles 11-14 mph	Panera Bread Elmhurst	Petra Hoffman 630-290-5173	Sunday with Petra Join Petra for a Sunday morning ride, cancelled if raining.
Sun June 3	8:30 AM	15-25 miles 10-12 mph	Panera Bread Elmhurst	Determined By Riders	Sunday Slow Show and Go For June, the Sunday AM Slow Ride will be a show and go.
Sun June 3	8:30 AM	32-36 miles 16-18 mph	Panera Bread Elmhurst	Dave Polkow 630-832-8131	Sunday Morning Fast Ride A brisk paced road ride with one short rest stop, finished by 11am. Bring enough food/drink to refuel.
Sun June 3	8:30 AM	30-40 miles 15-17 mph	Panera Bread Elmhurst	Jeff Wincentsen 630.832.3338	Sunday Morning Moderate Ride A steady, moderate paced road ride with one short stop. Ride includes optional sprints. Bring enough food/drink to refuel. Ride canceled if raining at start time.
Sun June 3	12:30 PM	Determined By Riders	Gazebo Glen Ellyn	Determined By Riders	Weekly Show and Go The riders who show will decide ride leader, distance and pace.
Mon June 4	6:00 PM	25-30 miles 13-15 mph	Depot Elmhurst	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Monday Night Ride The MNR continues with destinations in suburban DuPage and Cook Counties.
Tues June 5	9:00 AM	20 miles 8-10 mph	Spring Rock Park Western Springs	Gerry Fekete 708-352-0913	To Riverside Ride to Riverside with a stop at Grumpy's
Tues June 5	9:00 AM	35 miles 14-16 mph	IMAX Woodridge	Bill Schwartz 630-963-6252	Tuesday IMAX Ride Join the Schwartzes for a moderate ride from the IMAX Theatre in Woodridge to Naperville and back. Call cell 630-303-1160 or 708-334-6250 if the weather looks iffy.
Tues June 5	6:00 PM	38 miles 14-16 mph	Panera Bread Elmhurst	Jeff Wincentsen 630.832.3338	Tuesday Night Ride Midwest University road ride. Good lights required. Ride cancelled if raining or if severe weather is forecast.
Wed June 6	9:00 AM	43 miles 11-13 mph	McCullum Park Downers Grove	Peter Turula 630 968-3527 (630 643-3527 at ride time)	Caputo's West Leisurely ride to Caputo's in Naperville for lunch and shopping. All on suburban streets, light traffic roads, paved paths, and a few sneaks. Expect to be back about 3 pm. See: www.turula.com/ride for details.
Wed June 6	9:00 AM	52 miles 15-17 mph	Sunset Knoll Park Lombard	Bill Schwartz 630-963-6252	From Lombard to St. Charles We'll ride from Lombard to St. Charles via Wayne. Pitstop at Wayne's Forest Preserve, snack at Smithy's in St. Charles.
Wed June 6	9:00 AM	Determined By Riders	McCullum Park Downers Grove	Determined By Riders	Wednesday Show and Go The riders will determine the ride leader, distance and pace
Wed June 6	6:30 PM	Distance TBD 11-13 mph	Parking lot Maple and Park Lombard	Determined By Riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
Wed June 6	6:30 PM	Distance TBD 16+ mph	Gazebo Glen Ellyn	Determined By Riders	Wednesday Night Fast Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
Wed June 6	6:30 PM	20-25 miles 14-16 mph	Parking lot Maple and Park Lombard	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Wednesday Night Gravel Grind A Wednesday Ride that goes back to its trail-riding roots! Explore local trails and forest preserves; ride will be a combination of pavement and gravel. Mountain, hybrid, or cyclocross bike with lights required.
Thurs June 7	9:00 AM	40-50 miles 15-17 mph	IMAX Woodridge	Bill Schwartz 630-963-6252	Thursday IMAX Ride We will head out to different locations each Thursday, but plan on going to places like Yorkville, Oswego and Burr Ridge. . Call cell 630-303-1160 or 708-334-6250 if the weather looks iffy.



Thurs June 7	06:15 PM	25-30 miles 16-18 mph	Depot Elmhurst	Tom Mara 630-833-5739	Thursday Night Ride Join Tom for a quick ride after work. If weather is threatening or bad road conditions, ride will be cancelled. Road bike and lights recommended.
Fri June 8	9:00 AM	40-45 miles 14-16 mph	Sunset Knoll Park Lombard	Bill Schwartz 630-963-6252	From Lombard to Batavia We'll ride from Lombard to Batavia via Fermi Lab. Pitstop at Fermi Lab, snack at Golden Arches.
Sat June 9	7:30 AM	30-43 miles 12-15 mph	Plainfield High School	Janet K 964-5126	Plainfield Ride Join Janet K. for a ride from Plainfield High School.
Sat June 9	9:00 AM	Determined By Riders	Depot Elmhurst	Determined By Riders	Weekly Show and Go The riders will determine the ride leader, distance and pace
Sat June 9	9:00 AM	30 miles 11-13 mph	I&M State Park	Gerry Fekete 708-352-0913	Dulcimer Festival Ride Ride to the festival at Gebhard Woods, spend some time at the festival before returning. Bring lunch or snacks or buy there. Bring lock. Ride trail and roads. Directions: I-55 westbound, exit on Route 6 (sign says Joliet & Morris) Exit 248 Turn west on Rt. 6 and continue into Channahon to Canal St (about 2.5 miles. Take a left on Canal St. and proceed to Story St. Turn Right on Story into park.
Sun June 10	8:00 AM	25-35 miles 11-14 mph	Panera Bread Elmhurst	Petra Hoffman 630-290-5173	Sunday with Petra Join Petra for a Sunday morning ride, cancelled if raining.
Sun June 10	8:30 AM	15-25 miles 10-12 mph	Panera Bread Elmhurst	Determined By Riders	Sunday Slow Show and Go For June, the Sunday AM Slow Ride will be a show and go.
Sun June 10	8:30 AM	32-36 miles 16-18 mph	Panera Bread Elmhurst	Dave Polkow 630-832-8131	Sunday Morning Fast Ride A brisk paced road ride with one short rest stop, finished by 11am. Bring enough food/drink to refuel.
Sun June 10	8:30 AM	30-40 miles 15-17 mph	Panera Bread Elmhurst	Jeff Wincentsen 630.832.3338	Sunday Morning Moderate Ride A steady, moderate paced road ride with one short stop. Ride includes optional sprints. Bring enough food/drink to refuel. Ride canceled if raining at start time.
Sun June 10	12:30 PM	Determined By Riders	Gazebo Glen Ellyn	Determined By Riders	Weekly Show and Go The riders who show will decide ride leader, distance and pace.
Mon June 11	6:00 PM	25-30 miles 13-15 mph	Depot Elmhurst	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Monday Night Ride The MNR continues with destinations in suburban DuPage and Cook Counties.
Tues June 12	9:00 AM	35 miles 14-16 mph	IMAX Woodridge	Bill Schwartz 630-963-6252	Tuesday IMAX Ride Join the Schwartzes for a moderate ride from the IMAX Theatre in Woodridge to Naperville and back. Call cell 630-303-1160 or 708-334-6250 if the weather looks iffy.
Tues June 12	06:00 PM	27 miles 13-15 mph	Panera Bread Elmhurst	Jeff Wincentsen 630.832.3338	Tuesday Night Ride Bemis / Graue Mill ride: Includes paved and gravel trails. Touring, mountain or hybrid bike required. Must have good lights. Ride cancelled if raining or if severe weather is forecast.
Wed June 13	9:00 AM	52 miles 15-17 mph	Sunset Knoll Park Lombard	Bill Schwartz 630-963-6252	From Lombard to St. Charles We'll ride from Lombard to St. Charles via Wayne. Pitstop at Wayne's Forest Preserve, snack at Smithy's in St. Charles.
Wed June 13	9:00 AM	Determined By Riders	McCullum Park Downers Grove	Determined By Riders	Wednesday Show and Go The riders will determine the ride leader, distance and pace
Wed June 13	9:30 AM	42 miles 13-16 mph	Big Rock Com- munity Park	George Hermach 630-717-1660 (cell 630-886-1151 day of ride)	Picnic at Silver Springs State Park Ride scenic country roads with some rolling hills. Bring picnic lunch. Directions: US30 past Sugar Grove to Big Rock, left on Rhodes Rd, left on Sixth Ave. Ride cancelled if rainy.
Wed June 13	6:30 PM	Distance TBD 11-13 mph	Parking lot Maple and Park Lombard	Determined By Riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
Wed June 13	6:30 PM	Distance TBD 16+ mph	Gazebo Glen Ellyn	Determined By Riders	Wednesday Night Fast Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
Wed June 13	6:30 PM	20-25 miles 14-16 mph	Parking lot Maple and Park Lombard	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Gravelcade of Excitement Ride the trails of Bloomingdale and Meacham Grove FP Mountain, Hybrid, or Cyclocross bike with lights required.
Thurs June 14	9:00 AM	40-50 miles 15-17 mph	IMAX Woodridge	Bill Schwartz 630-963-6252	Thursday IMAX Ride We will head out to different locations each Thursday, but plan on going to places like Yorkville, Oswego and Burr Ridge. . Call cell 630-303-1160 or 708-334-6250 if the weather looks iffy.
Thurs June 14	7:15 PM		Community Bank Elmhurst	Ray Dal Lago 630-543-4655	Monthly Club Meeting Board meeting precedes club meeting.



Fri June 15	9:00 AM	40-45 miles 14-16 mph	Sunset Knoll Park Lombard	Bill Schwartz 630-963-6252	From Lombard to Batavia We'll ride from Lombard to Batavia via Fermi Lab. Pitstop at Fermi Lab, snack at Golden Arches.
Sat June 16	9:00 AM	Determined By Riders	Depot Elmhurst	Determined By Riders	Weekly Show and Go The riders will determine the ride leader, distance and pace
Sat June 16	9:30 AM	20 miles 10-12 mph or set your own pace	2nd Forest Pre- serve Parking lot on west side of Harms Rd north of Golf Rd	Judy Mikesell 630.833.1036 (day of ride 630.290.2675)	North Branch Trail Path Ride Paved path - Ride 10 miles to the Chicago Botanic Gardens - we will enjoy the gardens and have lunch before returning. Bring picnic or \$. There is an option to do additional 20 miles going south of parking lot.
Sun June 17	8:00 AM	25-35 miles 11-14 mph	Panera Bread Elmhurst	Petra Hoffman 630-290-5173	Sunday with Petra Join Petra for a Sunday morning ride, cancelled if raining.
Sun June 17	8:30 AM	15-25 miles 10-12 mph	Panera Bread Elmhurst	Determined By Riders	Sunday Slow Show and Go For June, the Sunday AM Slow Ride will be a show and go.
Sun June 17	8:30 AM	32-36 miles 16-18 mph	Panera Bread Elmhurst	Dave Polkow 630-832-8131	Sunday Morning Fast Ride A brisk paced road ride with one short rest stop, finished by 11am. Bring enough food/drink to refuel.
Sun June 17	8:30 AM	30-40 miles 15-17 mph	Panera Bread Elmhurst	Jeff Wincentsen 630.832.3338	Sunday Morning Moderate Ride A steady, moderate paced road ride with one short stop. Ride includes optional sprints. Bring enough food/drink to refuel. Ride canceled if raining at start time.
Sun June 17	12:30 PM	Determined By Riders	Gazebo Glen Ellyn	Determined By Riders	Weekly Show and Go The riders who show will decide ride leader, distance and pace.
Mon June 18	6:00 PM	25-30 miles 13-15 mph	Depot Elmhurst	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Monday Night Ride The MNR continues with destinations in suburban DuPage and Cook Counties.
Tues June 19	9:00 AM	20 miles 8-10 mph	Lake Katherine Nature Center Palos Hills	Chuck Ziemer 630-323-8083	New Adventure Ride Ride the paved trails of SW Cook County to Yankee Woods. Directions to Lake Katherine Nature Center. Take Rt 83 South, taking the turn to the East after the Des Plaines River. Lake Katherine parking lot entrance is 1/2 mile east of Rt 7 and one block east of 76th Ave on the north side of Rt 83. Turn in on the north side of the road and drive into the parking lot.
Tues June 19	9:00 AM	35 miles 14-16 mph	IMAX Woodridge	Bill Schwartz 630-963-6252	Tuesday IMAX Ride Join the Schwartzes for a moderate ride from the IMAX Theatre in Woodridge to Naperville and back. Call cell 630-303-1160 or 708-334-6250 if the weather looks iffy.
Tues June 19	6:00 PM	31 miles 14-16 mph	Panera Bread Elmhurst	Jeff Wincentsen 630.832.3338	Tuesday Night Ride College of DuPage road ride. Good lights required. Ride cancelled if raining or if severe weather is forecast.
Wed June 20	9:00 AM	52 miles 15-17 mph	Sunset Knoll Park Lombard	Bill Schwartz 630-963-6252	From Lombard to St. Charles We'll ride from Lombard to St. Charles via Wayne. Pitstop at Wayne's Forest Preserve, snack at Smithy's in St. Charles.
Wed June 20	9:00 AM	Determined By Riders	McCullum Park Downers Grove	Determined By Riders	Wednesday Show and Go The riders will determine the ride leader, distance and pace
Wed June 20	6:30 PM	Distance TBD 11-13 mph	Parking lot Maple and Park Lombard	Determined By Riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
Wed June 20	6:30 PM	Distance TBD 16+ mph	Gazebo Glen Ellyn	Determined By Riders	Wednesday Night Fast Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
Wed June 20	6:30 PM	30 miles 14-16 mph	Parking lot Maple and Park Lombard	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Faster and More Grit Howl Through McDowell Grove Forest Preserve on road and trails. Some sidewalk sneackage required. Bring a Mountain, Hybrid, or Cyclocross bike with lights! Some roads will be busy.
Thurs June 21	9:00 AM	40-50 miles 15-17 mph	IMAX Woodridge	Bill Schwartz 630-963-6252	Thursday IMAX Ride We will head out to different locations each Thursday, but plan on going to places like Yorkville, Oswego and Burr Ridge. . Call cell 630-303-1160 or 708-334-6250 if the weather looks iffy.
Thurs June 21	06:15 PM	25-30 miles 16-18 mph	Depot Elmhurst	Tom Mara 630-833-5739	Thursday Night Ride Join Tom for a quick ride after work. If weather is threatening or bad road conditions, ride will be cancelled. Road bike and lights recommended.
Fri June 22	9:00 AM	40-45 miles 14-16 mph	Sunset Knoll Park Lombard	Bill Schwartz 630-963-6252	From Lombard to Batavia We'll ride from Lombard to Batavia via Fermi Lab. Pitstop at Fermi Lab, snack at Golden Arches.



Sat June 23	7:30 AM	30-43 miles 12-15 mph	Plainfield High School	Janet K 964-5126	Plainfield Ride Join Janet K. for a ride from Plainfield High School.
Sat June 23	8:30 AM	30-40 miles 16-18 mph	McCullum Park Downers Grove	Tom Manata 630-971-1012	Tour de Le Mont Come out for a ride on a section of the proposed Chicago Olympic bike road race route. We will hit the hills in Lemont so make sure your chain and brakes are in good condition. Threat of severe weather or raining at time of start will cancel. Call if any questions.
Sat June 23	9:00 AM	Determined By Riders	Depot Elmhurst	Determined By Riders	Weekly Show and Go The riders will determine the ride leader, distance and pace
Sun June 24	8:00 AM	25-35 miles 11-14 mph	Panera Bread Elmhurst	Petra Hoffman 630-290-5173	Sunday with Petra Join Petra for a Sunday morning ride, cancelled if raining.
Sun June 24	8:30 AM	15-25 miles 10-12 mph	Panera Bread Elmhurst	Determined By Riders	Sunday Slow Show and Go For June, the Sunday AM Slow Ride will be a show and go.
Sun June 24	8:30 AM	32-36 miles 16-18 mph	Panera Bread Elmhurst	Dave Polkow 630-832-8131	Sunday Morning Fast Ride A brisk paced road ride with one short rest stop, finished by 11am. Bring enough food/drink to refuel.
Sun June 24	8:30 AM	30-40 miles 15-17 mph	Panera Bread Elmhurst	Jeff Wincentsen 630.832.3338	Sunday Morning Moderate Ride A steady, moderate paced road ride with one short stop. Ride includes optional sprints. Bring enough food/drink to refuel. Ride canceled if raining at start time.
Sun June 24	12:30 PM	Determined By Riders	Gazebo Glen Ellyn	Determined By Riders	Weekly Show and Go The riders who show will decide ride leader, distance and pace.
Mon June 25	6:00 PM	25-30 miles 13-15 mph	Depot Elmhurst	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Monday Night Ride The MNR continues with destinations in suburban DuPage and Cook Counties.
Tues June 26	9:00 AM	35 miles 14-16 mph	IMAX Woodridge	Bill Schwartz 630-963-6252	Tuesday IMAX Ride Join the Schwartzes for a moderate ride from the IMAX Theatre in Woodridge to Naperville and back. Call cell 630-303-1160 or 708-334-6250 if the weather looks iffy.
Tues June 26	9:30 AM	20 miles 8-10 mph	Depot Villa Park	Kacy 630-941-8532 or 630-569-4689	New Adventure Ride Canceled if raining - call if in doubt
Tues June 26	6:00 PM	38 miles 14-16 mph	Panera Bread Elmhurst	Jeff Wincentsen 630.832.3338	Tuesday Night Ride North to Itasca road ride. Good lights required. Ride cancelled if raining or if severe weather is forecast.
Wed June 27	9:00 AM	52 miles 15-17 mph	Sunset Knoll Park Lombard	Bill Schwartz 630-963-6252	From Lombard to St. Charles We'll ride from Lombard to St. Charles via Wayne. Pitstop at Wayne's Forest Preserve, snack at Smithy's in St. Charles.
Wed June 27	9:00 AM	Determined By Riders	McCullum Park Downers Grove	Determined By Riders	Wednesday Show and Go The riders will determine the ride leader, distance and pace
Wed June 27	6:30 PM	Distance TBD 11-13 mph	Parking lot Maple and Park Lombard	Determined By Riders	Wednesday Night Intermediate Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
Wed June 27	6:30 PM	Distance TBD 16+ mph	Gazebo Glen Ellyn	Determined By Riders	Wednesday Night Fast Pace Show n Go The riders who show will decide ride leader, distance and pace. Lights are needed.
Wed June 27	6:30 PM	30+ miles 14-16 mph	Parking lot Maple and Park Lombard	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Hawk Hollow Hop Ride the trails of Hawk Hollow Forest Preserve Mountain, Hybrid or Cyclocross bike with lights required. Some busy streets / road crossings.



**Village
CycleSport**
Dedicated to the Sport of Cycling

Vince Boyer

45 Arlington Hts. Rd • Elk Grove Village, IL 60007 • (847) 439-3340
1313 N. Rand Road • Arlington Heights, IL 60004 • (847) 396-1650

Email vince@villagecyclesport.com www.villagecyclesport.com



MORE SPRING RIDES




Tulips on North Michigan Avenue and then lunch at a sandwich shop on the Near West Side of Chicago. What group: Mary Jo, Keith, Alexis, Susan, Maureen, Nancy, John, and Larry make wonderful Saturday ride companions.





Above: Riders for Ben and Jerry's ice cream. **Below:** A walk in the woods for fresh aire and photos of wild flowers, though no wild hikers or bicyclists.



**WHEEL
THING**

Specialized • GT All-Terrain
Gary Fisher • Greg Lemond

Bruce Glaser
Owner

15 South La Grange Road
La Grange, IL 60525
708.362.3822



Saturday's Ride to Fluky's for hot dogs

Turns out it was a ride to the "U Lucky Dawg," and lucky we were to have John as ride leader and daughter Mary (home from N.D.) as leaders. John led us through and across many Chicago streets and through neighborhoods. However, beating against the wind on our return merely tested the resolve of the riders to get home.

Door County Week 2007

The biennial Joliet Bicycle Club's Door County Week is July 14 through 21.

An invitation to join the JBC's Door County Week is exclusively extended to the Elmhurst Bicycle Club. The week's rides, centered at Fish Creek, WI, begin Sunday, July 15th and end Friday, July 20th. A variety of routes between 15 and 70 miles are offered daily with at least two choices each day. Enjoyment of the Door County countryside is the goal of this event. The variety of daily routes provides riders the opportunity to view many "off the beaten path" sights in Door County. Riders are provided; maps, cue sheets, ride information, and accompanied by a support vehicle.

A donation of \$5 is asked of all non-member participants this year and is paid upon arrival in Fish Creek. Please contact Carol Frazier at 815.929.1055 or fraziercarolATsbcbglobal.net with questions.

While each participant is responsible for their own lodging, many stay the "Path of Pines Campground," while others will use the many local motels for their rest and recuperation.

Evenings offer opportunities for socializing and organized events include: dining out, local theaters, concerts, watching the sunset, miniature golf, or "Not Licked Yet" for great custard.

Information about Door County is available at: www.doorcounty.com www.doorcounty-wi.com

Locally contact Joanne Dybala at rideabikeATfastmail.fm



J & R CYCLE & SKI

716 S. Main • Lombard, IL 60148
(630) 620-1606

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Below: While on the Tulip Ride on Michigan Avenue, a visit to “Agora,” the newest public art installation in Chicago. From Edward Lifson, “I asked her (Magdalena Abakanowicz) why she gave this four to ten million dollar sculpture as a gift to the people of Chicago. She said, “For the people I am friendly with, money is not power. Generosity is power. Friendship is power.” And she said, “This is not the first time I am in Chicago. I was here in 1982. There was a big show of my work. On all the streets it said, “Abakanowicz. Abakanowicz.” She never forgot that her first comprehensive retrospective in America was here. Poland was still under communism then.”



AFFILIATED WITH:
THE CHICAGOLAND BICYCLE FEDERATION,
THE LEAGUE OF AMERICAN BICYCLISTS, THE
LEAGUE OF ILLINOIS BICYCLISTS,
LIFE MEMBER ILLINOIS PRAIRIE PATH,
MEMBER CONSERVATION FOUNDATION, RAILS TO
TRAILS CONSERVANCY,
AND ADVENTURE CYCLING.

Elmhurst Bicycle Club
P.O. Box 902
Elmhurst, Illinois 60126
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EBC Board Meeting

May 10, 2007

President - Ray Dal Lago

* Decided ride schedule, ads, articles will all be included in newsletter.

Phil Keller-Treasurer

* Passing out a sign up sheet for Metro Metric volunteers.

* We have 5 registrations for the Metro Metric.

Petra Hofmann-Newsletter Editor

* Decided ads will not appear in ride schedule, only in newsletter.

Nancy Shack-Membership

* Would like to distribute the handbook and directory to every club member.

* Suggested to put ads in the handbook and directory.

* Delinquent renewals get no mileage credit until membership is paid.

* 297 total memberships, 59 family memberships, 161 individual memberships.

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