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630-323-5711  
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Vice President / Ride Captain  
**Ed Curtin**  
847-981-1677  
[curtine1@attbi.com](mailto:curtine1@attbi.com)

Secretary  
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Membership  
**Ellen Johnson**  
630-595-4910  
[Eljohnson@household.com](mailto:Eljohnson@household.com)

Standing committees are people who volunteer their time and efforts. They are the people who make the many activities of EBC possible. They call upon you to get things done. **Say Yes!**

Metro Metric  
**Petra Hofmann**  
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and  
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Safety  
**Ted Sward**  
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**Betty Bond**  
630-932-0271  
[Betzbond@aol.com](mailto:Betzbond@aol.com)



# Cue Sheet

November 2002  
25 years and still Riding!

A club serving the western suburbs, Northern Illinois, and beyond.  
We ride anywhere, any time of day or night, year round. Come join the fun!

## Ride On-The Trails!

Greetings EBCer's,

Deborah Fagan, the Trail Coordinator for DuPage County came and gave a very nice program on what is happening with the trails in DuPage County.

The answer in a nutshell is A LOT! We are already blessed with one of the best trail systems in the country, but the number of new trails currently being built or to be built in the near future could not have been fathomed even five years ago. Many improvements to the existing trail network are also being implemented.

An example of one improvement to come is a bridge over the EJ & E Railway on the north branch of the Illinois Prairie Path (IPP) in Wayne. Currently you have to transverse a set of rapidly falling apart steps made out of old railway ties and then cross the track at the grade crossing. There are many other improvements to come that are too numerous to mention here. Largely due to Deborah, the County Board allocated over \$500,000 for the trails in 2002 and have doubled that amount for 2003.

One club member mentioned that the roads were important to him as a bicyclist as well and that some of the projects might take so long to happen that he might not live to see them. This is where we as individuals can make a difference not only for ourselves, but for our kids, grandchildren, the community and generations to come. I'm sure Ms. Watts who started it all with the birth of the IPP back in 1963 would be amazed at the current trail system. We owe her a debt of gratitude for being a visionary who also made it happen.

After the club meeting at dinner Deborah mentioned how important even a single letter can be in making things happen. While she doesn't solicit letters it behooves each of us to spend just a few minutes sending a short note to your county board member as well as the county board chairman Robert Schillerstrom telling them what you would like to see.

Remember to thank these people for the good stuff they have already done because they usually hear nothing but complaints and seldom thanks when they do "good stuff". Also, please remember to contact the county forest preserve commissioners, because many of the trails we use are built and run by the Forest Preserve District. The Forest Preserve Commissioners will be elected separately for the first time this November. Please remember to vote for candidates favorable to trails and bikes.

Last, but not least, let the people you write to know what a great job Deborah is doing. This county is unique in having somebody solely dedicated to coordinating all the trails and it helps insure that they continue to expand her role if they think citizens think it is worth it. I believe there are currently something all together like 750 miles of trails in the county.

So if you spend even a little time riding on the trails or the roads, isn't it worth setting aside 15 minutes to help insure that we continue to have access to the roads and to also encourage the building and maintaining of the trail network? I think it is worth it and hope you do too. County board members can be found at the DuPage County website <http://www.dupageco.org>

Ride On,  
**Mike Incopero**

## New Spokes on the Wheel

Complied by Database Manager

**Mary Moroney**

**PATRICIA AUGUSTINE**

BERWYN

**PATRICK FISHER**

VILLA PARK

**boomr32@attbi.com**

**PAUL KENT**

ELGIN

**paulkent@motorola.com**

**GARY, KRISTY & BROOKE LITTLEFIELD**

VILLA PARK

**gary@littlefields.org**

**We're growing every month!**

Type	Memberships	Members
Family	80	195
Individual	<u>176</u>	<u>176</u>
Total	256	371

### Staying Connected

Please inform us of any additions or changes to your address, phone number, or email address. We'll print them in **Cue Sheet** as they change. It's our way of updating the EBC Directory on an ongoing basis.  
Send changes to:



### Mary Moroney

Database Manager  
Elmhurst Bicycle Club  
P.O. Box 902  
Elmhurst, IL 60126

Or Email: **cycling33@attbi.com**

### Bikes for Sale

Bob Yeager, a prior EBC member, has several vintage bikes for sale. If you are interested, please call Bob for more details at 630-852-0971.

	<u>BIKE</u>	<u>SIZE/COLOR/DESIGN</u>
1.	1975 Viscount Aerospace Pro model	24" Silver/Bik 500 Mens
2.	1956 Raleigh Lenton Sport	23.5' Green 450 Mens
3.	1972 Gitane 10 speed	24" White/Red/Blue 850 M/W
4.	1988 Alex Moulton	26" Gray 1400 M/W
5.	1960 Columbia 'Take Apart'	Blue 250 M/W
6.	1970 Raleigh 3 speed	21" Green 150 Woman's
7.	1950 J.C. Higgins 3 speed	Blue 150 Woman's
8.	1956 Schwinn Single speed	Blue 100 Woman's

### EBC Hotline—630-415-BIKE

Call for Ride updates, membership, and general information.

To organize an unscheduled ride, call **Ed Curtin**  
**847-981-1677** or e-mail **Ed** at **curtine1@attbi.com**

EBC Website

**www.elmhurstbicycling.org**

### November Meeting

Thursday, November 14th, 7:00 PM

At

Community Bank of Elmhurst

—Program—

Elect 2003 Club Officers

EBC member Rich Barrens will present an overview of road bike racing from a beginner's perspective.

### Upcoming Programs

December — Holiday Party.

### Collating Party

Friday, November 22nd at 7:00 P.M.

At the home of **Judy** and **Charlie Mikesell** in Villa Park

**Call Judy at 630-833-1036 for details**

### Deadline Pressure

The deadline for submissions to the December Ride Schedule is November 16th, the second Saturday of November. Call Ride Captain **Ed Curtin**, **847-981-1677**, email **Ed** at **curtine1@attbi.com**, or see **Ed** at the monthly meeting.

And remember, you can submit a ride to **Ed** anytime for inclusion in the unpublished rides sections of the **HOTLINE 630-415-BIKE** and website **www.elmhurstbicycling.org**. Unpublished rides are also posted to the club list server.

### Editorial Guidelines

**Cue Sheet** welcomes articles, comments, notices and want ads. Please limit the length of all items to 1/2 page or less. Remember to keep it interesting, timely, and leave your reader wanting more. Proofreading or at least a pass through the spelling checker is a must! Please keep fancy formatting to a minimum, as items will have to be reformatted for publication. The editor retains the right to reduce or revise copy, as well as deciding when and if it is printed. Thanks for helping to make Cue Sheet the best bike club Newsletter anywhere!



The deadline for the December Cue Sheet is Monday, November 18th.

Send items to:

**Larry Gitchell**

315 E. Palmer Ave.

Northlake, IL 60164-1843

Phone: **708-409-0105** or **708-421-0120** (both lines have voicemail)

Email: **LarsofMars@aol.com**

## Bike Law Card Available on LIB Website

Hello Everyone!

Here is a wonderful project that the League of Illinois Bicyclist has developed for use by bicyclists. If you are so inclined, you may download and have it laminated and can then carry the rules of the road with you while on your bike.

While at the LIB website, take a look at some of the projects that we are working on and some of the projects that have been completed. Ed Barsotti and his group are working daily to promote safer bicycling, more trails and connections, and more roads for all of us in Illinois to enjoy.

"There Ought'a Be a Law! Well there are -- many laws pertaining to bicycling -- written into the Illinois Vehicle Code."

"Did you know, for instance, that Illinois law spells out the two ways you can make a left turn? Or that the law lists the exceptions to the rule that bicyclists must ride as close to the right side as "practicable"? LIB has excerpted these and other key laws for bicyclists in a format small enough to fit on a card that can be carried in a wallet. An initial printing of the cards has been funded by the SRAM Corporation, the makers of Gripshift.

"The initial distribution of the cards will be to bike clubs; plans for further distribution are being made. Thanks to webmaster Lee Pirtle, this card is also available for downloading at:

<http://bikelib.org/boubcase/bikelaws.pdf>

"The purpose of this card is for bicyclists' safety. Many bicyclists, motorists and law enforcement officers don't know the traffic law as it pertains to bicyclists. This card will help bicyclists:

1. understand their rights and responsibilities
2. explain the law to motorists who question bicyclists' right to ride on streets and roads, and
3. resolve minor disputes with law enforcement officials."

Al Sturges

President, League of Illinois Bicyclists

6 Chestnut Court

Park Forest, IL 60466

708-481-3429

708-481-3583 Fax

albikeil@aol.com

www.BikeLIB.org

Submitted by:

**Laura Sanborn Kuhlman**

League of Illinois Bicyclists

1 So. 110 Normandy Woods Lane

Winfield, IL 60190

P: 630.462.5427

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## IPP Meeting Bike Ride

Sunday November 3, 2002 11:00 AM

**Betty Bond** plans to lead a bike ride on November 3rd. that will take in the IPP annual meeting at the Abbey—details are as follows: Description: We will ride north from the Elmhurst Depot, make a loop of about 30 miles at 11 - 14 MPH, and head back to the Abbey for the 2:00 PM annual IPP meeting. Ed Barsotti will be making a presentation. After the meeting we will ride back to the depot. Finish time will depend on length of the meeting. With the time change lights may be needed. Rain or snow will cancel the ride.—**Betty Bond 630-932-0271**

## ERIE CANAL RIDE SUMMARY

Eighteen terrific EBCer's and 2 guests embarked on an adventurous bike ride across the beautiful state of New York on Sept. 20th—Sept. 28th.

Several riders arrived in Buffalo a day early in order to bike to Niagara Falls on the Canadian side. There is a beautiful, well marked route along the Niagara River taking you to the falls and beyond. On Saturday after dipping our rear wheel into the Niagara River we biked on a well signed, paved trail to Tonawanda and then headed northeast to Medina to our motel near the canal.

We were using routes from Harvey Botzman's book "Erie Canal Bicyclist & Hiker Tour Guide" 2nd edition, c2000. His book was mostly helpful as well as extremely confusing as he included more information in case you wanted to explore areas north and south of the trail as well. We shuttled five cars making it possible to get off your bike and drive when you needed a break

Sunday we left Medina and headed out to Pittsford. Some of us biked into Rochester and toured the George Eastman House and International Museum of Photography. It was a bike friendly city with good bike routes.

Monday we traveled on to Seneca Falls where the women's rights movement began. Tuesday was our longest day with much to see the entire 65 mile route which ended in Fayetteville at Craftsman Inn, decorated entirely with George Stickley!

Next stop Rome, supposedly a short 40 mile day along Old Erie Canal. It ended up being the hardest day. Thursday morning we traveled thru Utica, which boasts a restored marble Amtrak terminal with steam heated benches. We made it to Canajoharie for the night. Friday hurricane Isadore rained all day.

We needed a rest day. So on our way to the surprisingly nice city of Schenectady we jumped into our cars seeing wonderful sights we would not have had time to visit if just on bikes.

Saturday morning we finished the ride on the beautiful Mohawk/Hudson trail into Albany, the state capital, where a rowing regatta and jazz concert were in full swing seemingly in our honor.

**Gerry Fekete** got a flat on her rear tire...the only one reported during our seven day trek. It was a great trip full of history, adventure, and of course good food and friends.—**Lou Fish**

**Cue Sheet** will publish your want ads—free!

E-mail **Larry Gitchell** at [LarsofMars@aol.com](mailto:LarsofMars@aol.com) or mail to **Larry Gitchell 315 E. Palmer Ave., Northlake, IL 60164-1843**

Please let us know when your articles have been sold or when your Equipment Wanted request has been filled.

Ads will be deleted after three months. Notify us if you want them to run longer. Space permitting, we will accommodate you.

**For sale:** 53 cm Cannondale touring/cross bike. 6 speed index down tube shifting. Cantilever brakes, less than 100 miles on the frame and fork. \$200.00  
Call **Ari** @ **630-663-0571** (11/02)

**For Sale:** 4 XL Velo jerseys for sale at \$ 45 each. Also one heart rate monitor-cycling computer for \$49. Contact Sharon Ganske at 630-462-3734 (11/02)

# November 2002

## ELMHURST BICYCLE CLUB CALENDAR

APPROVED SNELL or ANSI HELMET IS RECOMMENDED ON ALL RIDES.  
 USE OF HEADPHONES IS PROHIBITED BY THE ILLINOIS VEHICLE CODE,  
 AND THEREFORE IS NOT ALLOWED ON ELMHURST BICYCLE CLUB RIDES.  
 CALL THE EBC RIDE HOTLINE 630-415-BIKE FOR UPDATES.

### Disclaimer

#### Elmhurst Bicycle Club Release and Liability Waiver

For liability protection and insurance purposes, it is the policy of the Elmhurst Bicycle Club ("EBC") to require all of its members to sign the Release and Liability Waiver which is a part of the EBC Membership Application. Guests of the EBC (which term includes all non-members of EBC) who wish to participate in any EBC bicycle ride **must** sign the equivalent release and liability waiver contained on the EBC Ride Sheet before the ride starts. Any guest refusing to sign the release and liability waiver may **not** participate in the ride. Should the ride continue, however, with the participation of the non-signing guest, the ride will no longer be considered to be an EBC sponsored or sanctioned ride.

Date	Time	Distance	Start	Ride Leader	Ride Description
Sun., Oct 27	8:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 11AM.
Sun., Oct 27	10:00 AM CST Clocks fall back today	39 miles 14 mph	LeRoy Oaks FP St. Charles	Jim Pospiech 630-640-0575	Pumpkin Ride Ride will be on Trails & streets. Bring money for snacks and lunch.
Sun., Oct 27	10:30 AM  Noon  1-3 PM	Adult Ride 25 miles 10-12 mph Family Ride 8-10 miles Slow Party	Marge Rick's House 16W701 Red Oak Bensenville	Marge Ricke 630-616-8481 H 630-543-8607 W	Halloween Party Ride Come on out and enjoy some EBC Halloween Festivities. Costumes are optional. There'll be bike rides for adults and family. The party will follow the bike rides. For further details, read the article in the October newsletter. Directions to Marge's house. From the South, take Rte. 83 N. to Red Oak, which is the first street S. of Third Ave., turn right and go 2.5 blocks East. From the North, take Rte. 83 S. to Third Ave. Turn left onto Third Ave. and go one block to Briar Ln. then turn right. Go to Red Oak and turn left.
Sun., Oct 27	12 Noon	Determined by Riders That Show	Gazebo Glen Ellyn	Determined by Riders That Show	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Wed., Oct 30	9:00 AM	23 miles 11-13 mph	Depot Elmhurst	Gerry Fekete 708-352-0913	Ride To Four Cemeteries See some interesting sites such as the Bishop's Mausoleum, Big Al's grave, Showmen's Rest and Forest Home Cemetery's historical landmarks. We will stop at Burger King or bring snacks.
Wed., Oct 30	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 630-462-3734	Weekly Wednesday night ride. Lights, front & rear, are recommended.
Wed., Oct 30	6:30 PM	TBD 16-18 mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday Night Fast Ride An all road ride. Lights, front & rear, are recommended.
Sat., Nov 2	8:00 AM	40 miles 16-18+ mph	Depot Elmhurst	Larry Gitchell 708-409-0105	Take a Ride to American Science & Surplus in Chicago. This a quick road ride, but may include a couple short off-pavement hops between streets. Bring a secure lock, money, and something in which to bring home your incredible stuff.
Sat., Nov 2	8:30 AM	40 miles 11-13 mph	Villa Park Depot	Jeanne Whiting 630-669-8863	Ride to The Deerfield Bakery The ride will be on roads & paved trails to the Deerfield Bakery in Schaumburg.
Sat., Nov 2	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sun., Nov 3	8:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 11AM.
Sun., Nov 3	11:00 AM	30 miles 11-14 mph	Depot Elmhurst	Betty Bond 630-932-0271	Ride to the Annual IPP Meeting. The ride will go North, make a loop and head back to the Abbey for the 2PM annual IPP meeting. Ed Barsotti will be making a presentation. After the meeting we will ride back to the depot. Finish time will depend on the length of the meeting. With the time change lights may be needed. Rain or snow will cancel the ride.
Sun., Nov 3	12 Noon	Determined by Riders That Show	Gazebo Glen Ellyn	Determined by Riders That Show	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.

The time of the event shown in the calendar above is the actual departure time. Please allow time for bicycle assembly and inspection, filling of water bottles, inflating tires, etc. prior to departure. The advertised pace will be at the discretion of the ride leader to allow for resistance to the wind and terrain. The pace is considered to be the maximum speed attained on a level road without appreciable head wind or tailwind. Please select the ride that best fits your ability. Know for yourself whether you are comfortable to sustain the pace and finish the advertised distance.

Date	Time	Distance	Start	Ride Leader	Ride Description
Wed., Nov. 6	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 630-462-3734	Wednesday night Med. pace ride. Lights, front & rear, are recommended.
Wed., Nov. 6	6:30 PM	TBD 16-18+ mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday night fast ride. A trail ride. Lights, front & rear, are recommended.
Sat., Nov 9	9:00 AM	52 miles 11-14 mph	Town Line Rd. Vernon Hills, IL	Jerry Radek 847-673-8159	Des Plaines River Trail Ride Ride the unpaved curvy Des Plaines River Trail through scenic woods and wet lands. Bring lunch, snacks, and water. Road bikes OK. Go N. on I-294. Exit W. on Rt. 60 (Town Line Rd.) to 1/4 miles E. of Rt. 21 (Milwaukee Rd.) to parking lot marked as a canoe launch on the S. side of Rt. 60, immediately W. of the Des Plaines River.
Sat., Nov 9	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sat., Nov 9	9:30 AM	Hike 1.5 hrs. 3 miles +/-	McKee Marsh Blackwell FP Warrenville	Susan Kilgore 630-515-1865	GOOSEFEATHERS Hike the Marsh & look for migrating birds. Optional "muffins & coffee" before the hike meets at 8:30 AM at PANARA in Danada near the northeast corner of Naperville & Butterfield Roads. Hikers meet at the McKee Marsh area parking lot off of Mack Road (just east of Route 59).
Sun., Nov 10	8:00 AM  9:30 AM		Kappy's for Breakfast *  Depot Elmhurst  *Kappy's is located on Roosevelt Road just East of Ardmore Ave. in Villa Park	The Diebolds 847-891-6010	November Birthdays Ride The Diebolds invite all November babies to join them on their 15 <sup>th</sup> annual Birthday Ride. Since the birthday babies can't celebrate without friends, everyone else is invited to join us on a ride to Brookfield Zoo. The Meal Deal: Meet at Kappy's at 8AM for Breakfast. Too early for you? Then meet approx. 9:30 AM at the Depot in Elmhurst located at York Rd. and Vallette St. behind the buildings on the northeast corner. The riders at Kappy's will ride over to the Depot to pick up the riders starting there. Then ride to the zoo. Riders can decide if they are touring the zoo or just riding there and back.
Sun., Nov. 10	8:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 11AM.
Sun., Nov. 10	12 Noon	Determined by Riders That Show	Gazebo Glen Ellyn	Determined by Riders That Show	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Tues., Nov 12	7:00 PM	Board Meeting	Bob Sack's House Oak Brook	Bob Sack 630-323-5711	Monthly Board Meeting
Wed., Nov 13	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 630-462-3734	Wednesday night Med. pace ride. Lights, front & rear, are recommended.
Wed., Nov 13	6:30 PM	TBD 16-18+ mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday night fast ride. A trail ride. Lights, front & rear, are recommended.
Thurs., Nov 14	7:15 PM	Monthly Club Meeting	Community Bank of Elmhurst	Bob Sack 630-323-5711	Monthly club meeting at the Community Bank of Elmhurst, located at 330 W. Butterfield Road at the corner of Spring & Butterfield Rd., Elmhurst. Program: A presentation by Rich Barrens, an EBC member, on bike racing.
Sat., Nov 16	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sat., Nov 16	9:30 AM	Hike 2 hrs. 4 Miles +/-	Bemis Woods FP Ogden Ave. & Wolf Rd. Western Springs	Susan Kilgore 630-515-1865	BEMIS WOODS HIKE Park entrance is off of Ogden Ave., just east of I-294 in Western Springs. Drive into the park all the way to the western most parking lot.



The EBC Erie Canal tour group poses with a sign commemorating the start of the canal construction. Story on Page 3. —Photo by Jerry Fish

## The Turkey Rides Again!

Thanksgiving Day Ride, Thursday November 28th, 8:30 AM, starting from the municipal parking lot outside of Stemples Cycle Center, where Spring Road Crosses the Prairie Path in Elmhurst. We'll make our traditional ride to Brookfield Zoo (and admission is free on Thursdays!) SAG Wagon and snacks will be provided.  
**Larry Gitchell, 708 409-0105 LarsofMars@aol.com**

**Elmhurst Bicycle Club**  
**Traveling at the Speed of Fun**  
**—for 25 Years!**

Date	Time	Distance	Start	Ride Leader	Ride Description
Sun., Nov 17	8:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 11AM.
Sun., Nov 17	12 Noon	Determined by Riders That Show	Gazebo Glen Ellyn	Determined by Riders That Show	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Wed., Nov. 20	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 630-462-3734	Wednesday night Med. pace ride. Lights, front & rear, are recommended.
Wed., Nov. 20	6:30 PM	TBD 16-18+ mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday night fast ride. A trail ride. Lights, front & rear, are recommended.
Fri., Nov 22	7:00 PM	Monthly Collating Party	Judy Mikesell's House Villa Park	Judy Mikesell 630-833-1036	Newsletter Collating Party Join fellow members in preparing next month's newsletter. Call Judy for directions.
Sat., Nov 23	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sat., Nov 23	9:30 AM	Hike 1.5 hrs. 3 miles±	Churchill Woods FP St. Charles Rd. Glen Ellyn	Susan Kilgore 630-515-1865	LONG WALK on a SHORT TRAIL Optional breakfast before the hike meets at 8:15 AM at the Grove in Lombard on the northwest corner of St. Charles Rd. & Main St. Hikers meet at the Churchill Woods parking lot just west of the ranger's residence on St. Charles Rd.
Sun., Nov 24	8:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 11AM.
Sun., Nov 24	12 Noon	Determined by Riders That Show	Gazebo Glen Ellyn	Determined by Riders That Show	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Wed., Nov. 27	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 630-462-3734	Wednesday night Med. pace ride. Lights, front & rear, are recommended.
Wed., Nov. 27	6:30 PM	TBD 16-18+ mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday night fast ride. A trail ride. Lights, front & rear, are recommended.
Thu., Nov 28	8:30 AM	35 miles 12-14 mph	Spring Road & IPP Elmhurst	Larry Gitchell 708-409-0105	Turkey Day Ride to Brookfield Zoo Work off the turkey in advance on our 4 <sup>th</sup> Annual Turkey Day ride to Brookfield Zoo. An all-pavement ride; bring a lock; SAG Wagon and snacks will be provided. Zoo admission is free. The ride will start from the parking lot North of the IPP on Spring Road in Elmhurst just outside Stemple's Cycle Center).
Fri., Nov 29	10:00 AM	Hike 2 hrs. 4 miles±	Fullersburg FP Spring Road Oak Brook	Susan Kilgore 630-515-1865	ANNUAL EBC WADDLE— For all NON-Shoppers "Walk Away Dangerously Delicious Lingering Edibles". Who needs to shop the day after Thanksgiving? Enjoy the outdoors and maybe even sight a Woolly Mammoth. Cheeseburgers at the York Tavern have become a tradition.
Sat., Nov 30	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sun., Dec 1	8:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 11AM.
Sun., Dec 1	12 Noon	Determined by Riders That Show	Gazebo Glen Ellyn	Determined by Riders That Show	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Sat., Dec 7	9:30 AM	Hike 2 hrs 4 miles +/-	Green Valley FP 79 <sup>th</sup> Street Woodridge	Susan Kilgore 630-515-1865	HOW GREEN IS THE VALLEY HIKE Hike starts at the Thunderbird campground off 79 <sup>th</sup> street, west of Green Road. Optional breakfast before the hike at 8:15 AM at Grandma's in Lisle. On route 53, south of Maple Street, watch for BLOCKBUSTER.

The dates for the Fourth Annual Cross Country Ski Trip are February 2-7, 2003. This is a four day, five night trip to Ironwood, MI located in Michigan's Western Upper Peninsula. An average snowfall of over 200 inches transforms this area into a winter playground.

Hundreds of kilometers of cross-country ski trails, and five major downhill ski areas are only minutes away from the Indianhead Motel where we stay.

This is a fun, inexpensive trip. The Indianhead Motel Cross-country Ski Package is \$175.00 per person double occupancy, and \$215.00 for a single. The Downhill package is slightly higher. The package includes:

- Five Nights Lodging
- Five Continental Breakfasts
- Five Dinners from Big Snow Country's Finest Supper Clubs. A \$10.00 Credit Per Meal
- Trail Passes

There's a wine & cheese party the first night (BYOB & snack to share). After skiing, a cocktail party every evening before dinner. Hikes after dinner, and get together for games like scrabble and dominos.

### The Fourth Annual Upper Peninsula Cross Country Ski Trip February 2—7, 2003

If you're interested, contact the Indianhead Motel at 1-906-932-2031 and make your reservations. I suggest you do this as early as possible to insure you can get a room. Then contact **Ed Curtin** and let him know you have signed up. So far fifteen

people have made reservations. **Ed Curtin** will be **Information Central**. If you need any information about the trip, just contact **Ed** at **847-981-1677** or **curtine1@attbi.com**.

Submitted by **Ed Curtin**



## Directions to ride starting locations

Starting Point	Directions
<b>Community Bank of Elmhurst Elmhurst, IL</b>	330 West Butterfield Road, at the intersection of Butterfield Road and Spring Road. The Community Bank is on the southwest corner. Meeting room is on the second floor. Please don't bring bikes into the meeting room.
<b>Depot Elmhurst, IL</b>	Rides start from the public parking lot just east of York Road on Vallette Street. Vallette St. is ¼ mile south of St. Charles Road, York Road is 1 mile west of I-290.
<b>Gazebo Glen Ellyn, IL</b>	On the Prairie Path between Park Ave and Main Street. By car, take Roosevelt Road (Route 38) or North Ave. (Route 64) to Main Street Glen Ellyn (about 1 ¼ miles west of I-355) and head into downtown Glen Ellyn. The Gazebo is in the middle of the train station parking lot on the south side of the UP tracks.
<b>Busse Woods Elk Grove Village, IL</b>	Take I-290 (Route 53, I-355) to Biesterfield Road East. Beisner Road is the 1 <sup>st</sup> light East of I-290. Turn North (left) on Beisner Road. Busse Woods entrance is approximately 2 blocks on the left. Ride starts in the first parking lot from the entrance.
<b>Spring Rock Park Western Springs, IL</b>	Spring Rock Park is located at 47 <sup>th</sup> Street and Central, just East of I-294 (Tri-State Tollway). The parking lot entrance is off Central north of 47th Street.
<b>Villa Park Depot, Villa Park, IL</b>	The Villa Park Depot is located at the intersection of Villa Ave. & Park Ave. on the IPP. Approximately 2-3 blocks South of the Villa Ave. & St. Charles Road intersection in Villa Park.
<b>Volunteer Park Wheaton, IL</b>	Milepost zero on the Prairie Path Main Stem., at the intersection of Liberty and Carlton Streets in Wheaton. ¼ mile north of Roosevelt Road, ½ mile west of Main Street / Schmale Road.
<b>Waterfall Glen Forest Preserve Darien, IL</b>	Rides typically start from the parking lot on Northgate Road. This is just south of Interstate 55 and just to the west off of Cass Avenue.
<b>Big Apple Bagels Elmhurst, IL</b>	Big Apple Bagels is located at the corner of York Street and Schiller Ave. in downtown Elmhurst. Schiller is about ¼ mile south of North Ave. (Route 64) and York Street is about 1 mile west of Interstate 290. Note that York Street is one way going North through downtown.

### MEMBERSHIP APPLICATION

Individual(\$15)    Family(\$20)    New    Renewal

[Indicate with \*\* next to any information you **do not want** to appear in the club directory]

**EBC's** membership year runs from January 1 to December 31.

Joining after October 1 continues your membership through the following year.

Name \_\_\_\_\_  
(If family membership, list names of all members)

Address \_\_\_\_\_  
(Street) (City) (State) (Zip)

Phone—Home \_\_\_\_\_ Work \_\_\_\_\_ E-Mail \_\_\_\_\_  
 — Check here if you **do not** want your email address to be added to the club list server.

The Following Is A Release And Waives Your Rights In the Event of Injury and/or Death. In consideration of being permitted to be a member of Elmhurst Bicycle Club and to participate In club rides and/or events, including transportation to and from same, I do hereby for myself, my heirs, executors and administrators, release, waive and forever discharge Elmhurst Bicycle Club, its officers and members from any and all claims, demands, actions or liabilities on account of any injury to me which may occur from any cause whatsoever, including negligence or other fault on the art of anyone released hereunder, during my participation In or transportation to or from said rides and/or events. I ACKNOWLEDGE I AM AWARE OF THE RISKS AND HAZARDS INHERENT UPON ENGAGING IN SAID CLUB ACTIVITIES, AND I DO SO ENTIRELY UPON MY OWN INITIATIVE, RISK AND RESPONSIBILITY. I FURTHER UNDERSTAND THE CLUB DEPENDS ON ITS MEMBERS TO PROVIDE AND LEAD CLUB ACTIVITIES AND THAT THOSE MEMBERS RELY ON THE PROTECTION AFFORDED HEREUNDER. I hereby further agree to operate my bicycle in a manner that is safe to me and those around me, to observe all applicable safety regulations and to conduct myself In a manner that will be complimentary to the sport of bicycling. It Is my intent that this release and waiver apply at all times, notwithstanding that my membership in the Elmhurst Bicycle Club may have expired, elapsed, been renewed or reinstated after a period of non-membership. I FURTHER ACKNOWLEDGE THAT I HAVE READ THE FOREGOING RELEASE AND WAIVER AND UNDERSTAND IT, INCLUDING THAT IT IS INTENDED TO COVER OCCURRENCES WHICH MAY NOT YET HAVE OCCURRED AND WHICH ARE UNKNOWN TO ME, AND NOTWITHSTANDING THE FOREGOING, I SIGN IT VOLUNTARILY WITH THE FULL INTENT THAT IT BE FOREVER ENFORCEABLE.

Date \_\_\_\_\_ Signature \_\_\_\_\_

Signatures of adult family members for family Membership \_\_\_\_\_

Mail to: **Elmhurst Bicycle Club**  
**P.O. Box 902**  
**Elmhurst, IL 60126**

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www.elmhurstbicycling.org

Elmhurst, Illinois 60126  
 P.O. Box 902  
 Elmhurst Bicycle Club

## De Ride to DeKalb



On Saturday, October 5th, five of us left Big Apple Bagels in Elmhurst at 7 A.M. for another spectacular ride to DeKalb. **Don Augustyn, Jim Gross, Kevin McCauley, Dave Polkow** and I rode 28 miles to our first stop at Leroy Oakes Forest Preserve in St. Charles. The weather was great (49 degrees and nothing but blue sky) and Dave had a great route that took us through Glen Ellyn, Wheaton, Winfield, West Chicago, around DuPage County airport and into St. Charles. The Saturday morning traffic was light and we were at Leroy Oakes at 8:50.

**Karen Zenisek, Traci Gaines** and new club members **Joanne Dybala** and **Roland Porter** were waiting for us when we arrived. Traci and Karen put their catering skills to work and supplied the group with bagels, water, donuts, Gatorade, bananas, and more. Karen even supplied us with coffee and Traci made some great cookies which Jim described as "Mmm, yum, oh, these are good!!" Once fueled the nine of us left Leroy Oakes for a 33 mile ride to DeKalb. Again we had very little traffic on the country roads but a stiff head wind replaced the traffic. I think we would have rather had the traffic. Mac Donald and Mc Gough Roads gave us rolling pavement and beautiful country scenery. We rode steadily and split into two groups with the first group arriving in DeKalb at 11:45 and the second group coming in at noon. Lunch was a welcome relief to be away from the head winds and we anticipated having a brisk tail wind for the ride back.

After a very enjoyable lunch we headed through the southern section of DeKalb and made our way east and north to Cortland. By

this time we had again split into two groups but everyone was comfortable with the cue sheet and each group's pace. We wound our way through Maple Park and as we entered the Virgil Township area we spotted a rider heading north on Broadway to Beith.

We soon caught him and found out he was out for a fast Saturday ride. He stayed with us for a minute and then took off for Rt. 47. He didn't stay solo for long as Don and Kevin gave chase with Don catching and passing him (would you expect anything less?). We met another rider along the way who lives in Batavia and he was out for a fast Saturday ride. We said good-bye to him as we neared Rt. 47.

We were soon negotiating the hills of Campton Hills Road where everyone enjoyed the 30+ MPH speed on the downhills to Peck Rd. Three miles later we were back at Leroy Oakes enjoying the fine selection of food and beverages provided by our catering staff (thanks again to Traci and Karen). The leg from DeKalb to St. Charles was 30 miles and the total Leroy Oakes-DeKalb-Leroy Oakes portion was 63 miles.

After refueling, Don, Kevin, Jim, Dave and I said good-bye to Traci, Karen, Joanne and Roland and began our 31 mile return trip to Elmhurst. Dave mapped out an entirely different route which took us south of the St. Charles Mall on some wide, well paved roads. We wound our way to Powis and Klein roads through Carol Stream and rode into Bloomingdale, Glen Ellyn, Lombard and then Villa park where I split from the group with 119 miles for the day and the rest finished with 124 round trip miles Elmhurst-DeKalb-Elmhurst.

Yes, we were tired and had some muscle aches but we were happy. All eight of us agreed it was a spectacular ride and we will all do it again...next year!—**Ray Dal Lago**