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630 323-5711  
[judy8831@aol.com](mailto:judy8831@aol.com)

Vice President / Ride Captain  
**Ed Curtin**  
847-981-1677  
[curtine1@attbi.com](mailto:curtine1@attbi.com)

Secretary  
**Sharon Ganske**  
312-298-2300  
[Ganskesh@hotmail.com](mailto:Ganskesh@hotmail.com)

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**Chuck Ziemer**  
630-323-8083  
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Membership  
**Ellen Johnson**  
630-595-4910  
[Eljohnson@household.com](mailto:Eljohnson@household.com)

Standing committees are people who volunteer their time and efforts. They are the people who make the many activities of EBC possible. They call upon you to get things done. **Say Yes!**

Metro Metric  
**Petra Hofmann**  
[petralyn@chicagonet.net](mailto:petralyn@chicagonet.net)  
and  
**Jeanne Whiting**  
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**Betty Bond**  
630-932-0271  
[Betzbond@aol.com](mailto:Betzbond@aol.com)



# Cue Sheet

May 2002  
25 years and still Riding!

A club serving the western suburbs, Northern Illinois, and beyond.  
We ride anywhere, any time of day or night, year round. Come join the fun!

## **COMMONWEALTH EDISON Plan For Destruction of Prairie Path Trees Leaves Many Serious Questions**



Commonwealth Edison and DuPage County have proposed a new plan for dealing with the growth of trees under power lines along both the Illinois Prairie Path (IPP) and the Great Western (GWT) trails. The current policy is to trim the trees to a 10 foot height directly under the lines. The new plan would involve clear cutting all growth for 11 feet on each side of the lines for a total of 22 feet. Strong herbicides, that last 3 to 4 months, would be used to poison and kill all the trees, bushes and plants within the 22 foot area. Trees would be cut to the trunks and left to rot on the spot. Plants that grow to 6 to 18 inches in height would then be planted in the 22 foot area.

The plan leaves many questions unanswered in terms of the dramatic visual impact this will have on the trails, the potential for serious soil erosion along the paths, the affect of the herbicides on wildlife, remaining plants and trees along the path, the water table, and on kids and adults who come in contact with these chemicals. The Illinois Prairie Path is very concerned about this plan, as are many of the residents and communities that reside along the trails. The EBC as a big user of the path, as well as having many members who live along the IPP and GWT, would like to have answers to many of the important questions in regard to this new plan before it is implemented.

I would ask you to help get answers by attending a presentation being made to the Glen Ellyn Environmental Commission at the Glen Ellyn Village Hall on May 21st @ 7:30 PM. This is a public meeting and the more people who turn out and express their concerns the more Commonwealth Edison will do what's right for the IPP and GWT and not just for the company bottom line!

Ride On (the trails with trees),  
**Mike Incopero**

## **Chicagoland Bicycle Federation Candidate Forum and Annual Meeting**

When: May 11, 2002 10 AM—1 PM  
Where: Chicago Temple, 77 W. Washington Street, Chicago (across from the Picasso)  
Why: Your presence will impact the political future of bicycling in Illinois

Candidates for Governor, Lieutenant Governor, Attorney General, and Secretary of State are invited to participate in a forum where they will present their views and visions for bicycling in our region.

Election time is the perfect time to impact the views of candidates.  
Questions? Call Pamela Brookstein at CBF 312-427-3325

### **Co-Sponsors:**

League of Illinois Bicyclists  
Joliet Bicycle Club  
Chicago Area Tandem Society  
Naperville Bicycle Club  
Evanston Bicycle Club  
Wheeling Wheelmen

Fox Valley Bicycle Club  
Bicycle Club of Lake County  
Mt. Prospect Bike Club  
Elmhurst Bicycle Club  
Schaumburg Bicycle Club

Arlington Heights Bicycle Association  
McHenry County Bicycle Club  
Chicago Cycling Club  
Oak Park Cyber Cycles  
Folks on Spokes

## New Spokes on the Wheel

Complied by Database Manager

**Mary Moroney**

**KATHY CAUCIG**  
VILLA PARK

**SANDRA RUSHING**  
DOWNERS GROVE  
sandirush@juno.com

**BETTY STAERK**  
LOMBARD  
betty@impactsolutions.ws

**RANDALL & CAROL WOODS**  
HINSDALE  
cwoods1050@aol.com

**LARITA WRIGHT**  
RIVER FOREST

## EBC Hotline—630-415-BIKE

Call for Ride updates, membership, and general information.

To organize an unscheduled ride, call **Ed Curtin**  
**847-981-1677** or e-mail **Ed** at **curtine1@attbi.com**

EBC Website

**www.elmhurstbicycling.org**

## May Club Meeting

Thursday, May 9th, 7:15 P.M. at the  
Community Bank of Elmhurst

- Program -

**Rich & Laura Kuhlman**  
**West Coast Bike Trip—California**

## Upcoming Programs

**June - Mike Struglinski - Pointers On Bike Touring**

## Collating Party

Friday, May 24th at 7:00 P.M.

At the home of **Judy** and **Charlie Mikesell** in Villa Park

**Call Judy at 630-833-1036 for details**

## Deadline Pressure

The deadline for submissions to the June Ride Schedule is May 11th, the second Saturday of May. Call Ride Captain **Ed Curtin**, **847-981-1677**, email **Ed** at **curtine1@attbi.com**, or see **Ed** at the monthly meeting. And remember, you can submit a ride to **Ed** anytime for inclusion in the unpublished rides sections of the **HOTLINE 630-415-BIKE** and website **www.elmhurstbicycling.org**. Unpublished rides are also posted to the club list server.

## We're growing every month!

Type	Memberships	Members
Family	67	164
Individual	148	148
Total	215	312

## Staying Connected

Please inform us of any additions or changes to your address, phone number, or email address. We'll print them in **Cue Sheet** as they change. It's our way of updating the EBC Directory on an ongoing basis.



Send changes to:  
**Mary Moroney**  
Database Manager  
Elmhurst Bicycle Club  
P.O. Box 902  
Elmhurst, IL 60126

Or Email: **cycling33@attbi.com**

## Editorial Guidelines

**Cue Sheet** welcomes articles, comments, notices and want ads. Please limit the length of all items to 1/2 page or less. Remember to keep it interesting, timely, and leave your reader wanting more. Proofreading or at least a pass through the spelling checker is a must! Please keep fancy formatting to a minimum, as items will have to be reformatted for publication. The editor retains the right to reduce or revise copy, as well as deciding when and if it is printed. Thanks for helping to



make **Cue Sheet** the best bike club Newsletter anywhere!  
The deadline for the June Cue Sheet is Monday, May 13th.  
Send items to:

**Larry Gitchell**  
315 E. Palmer Ave.  
Northlake, IL 60164-1843  
Phone: **708-409-0105** or **708-421-0120** (both lines have voicemail)  
Email: **LarsofMars@aol.com**

## DOOR COUNTY BICYCLE RIDE

Come join us as we ride through Door County. We have planned a three (3) day trip through various routes of Door County starting on arrival June 16th with a short ride, and with several choices of distance for the next two to three days.

We have chosen to stay at the Pine Grove Motel in Ephraim, Wisconsin. They are capable of handling our size group and are within the standard price range. **Hank** is planning the routes and is staying there so it will be our starting point. You will have to make your own reservations by calling 1-800-292-9494 since they have several types of rooms and will need a credit card number to hold the room. By the way, please tell them you are from the Elmhurst Bicycle Club when you place your reservation. If you have somewhere else you would like to stay that is fine, just plan on being at the Pine Grove to start and for cocktails.

I will be willing to take information such as names and phone numbers of single riders that are looking for a possible roommate. Please let me know after you have made your reservations so that I will have an idea as to how many riders we will have. **Hank** is bringing at least six (6) couples with him from Florida.

If you have never been on one of our short week rides, everyone brings something for the group to snack on at our before dinner cocktail parties. You should also bring whatever you want to drink at the party. If you have any questions or need any further information please call: **Joanne DeZur** at **630-833-7688**



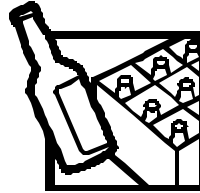
### Wizard Ride (Metro Metric 22) Sunday, July 28, 2002 Beecher Center, Yorkville IL

Routes from 23 to 100 miles  
Fully stocked rest stops and SAG Support  
Corn boil at the finish

\$15 pre-registration, \$20 on ride day

Online registration available through the club website at:  
[www.elmhurstbicycling.org](http://www.elmhurstbicycling.org)

## A New Ride Emerges



Rich and Laura Kuhlman are announcing the inauguration of a new ride. It has a long name and all the fun you could possibly imagine. So without further ado we present the "Tire Biter Ale Friday Afternoon Fast Ride".

The ride will begin and end at our house, which is located at 1 So. 110 Normandy Woods Lane in Winfield. Normandy Woods is 1/4 mile west of Winfield Road off of Roosevelt (Route 38). The ride will begin at 1:00 pm and cover approximately 35 miles at a pace of 16-18 mph. Following the ride, those interested and in need are welcome to the refreshing taste of "Tire Biter Ale" courtesy of the **Kuhlman**s.

I know you are thinking, "But some of us have to work, ya know!" We know. We know you can take an afternoon off once in a while and pound a few...miles with some buddies, too. So when the weather is beckoning to forget the office and hop on the bike, head on over and take a ride. Hey, we even have jerseys to boot.

Fine Print: Ride is subject to weather conditions and our travel schedule. We will post every week on the list server or call **630-462-5427**.—Respectfully submitted by **Laura Sanborn Kuhlman**

### Tech-Tip:

If you must remove wheels when transporting your bike—make sure you properly reinstall them. The dropouts should be fully seated on the axle. Make sure the quick-release is properly secured. It should be tight enough that the lever leaves an indentation in your hand when you close it (but no more.)

Front wheel: Align the lever parallel to the fork blade.

Rear wheel: position the lever between the chainstay and the seatstay.

If you position the levers as above they cannot be accidentally released and a quick glance will assure you that the wheels are properly secured. Spin the wheels to make sure they do not rub on the frame and are centered properly. Make sure the brake pads do not touch the tire and are centered on the rims. Make sure you have reattached the brake cables if you have released them when removing the wheel.—**Ted Sward**

**Cue Sheet** will publish your want ads—free!

E-mail **Larry Gitchell** at [LarsofMars@aol.com](mailto:LarsofMars@aol.com) or mail to **Larry Gitchell 315 E. Palmer Ave., Northlake, IL 60164-1843**

Please let us know when your articles have been sold or when your Equipment Wanted request has been filled.

Ads will be deleted after three months. Notify us if you want them to run longer. Space permitting, we will accommodate you.

TREK UAV-2, 700 wheel-hybrid The ultimate hybrid, 4 years old, CARBON FIBER frame (smoke colored), LX throughout, seat post shock, bar ends, Manitou 700 front shock, Parallax hubs, Avocet cross tires, weight comparable to a good road bike. This is a fantastic bike which just does not fit me. Designed for a stand over height of a 31" inseam or 5'10" + rider. \$1200 new, will sell firm at \$475. **Erich Harper harpergraph@mindspring.com (630) 792-0936** (03/02)

Get ready for spring! For sale- Cinelli "Groove" threadless stem. 120 mm in silver with black accents. 1 year old- mint condition. A beautiful, strong yet light stem. Only fits "threadless" steerer tube/headset arrangements. Includes steerer tube sizing sleeve. Boxed. For sale because I needed a shorter stem (replaced it with a 110 mm Groove). \$40.00 (as they say in retail, "Compare at \$65.00!"). Contact **Tom Eggers bikedude53@attbi.com** (03/02)

Go Clipless with a brand-new set of Wellgo WPD 998 pedals! Designed for Sport / Recreational use, these pedals accept SPD-like cleats on one side, and have a regular pedal platform on the other side. Cleats are included. Ridden only about 1/2-mile on test rides. \$25.00 Contact **Larry Gitchell 708-409-0105** or email [LarsofMars@aol.com](mailto:LarsofMars@aol.com) (04/02)

**Wanted:** Does anyone have a Tag-A-Long with gears that they would be willing to lend or rent from August 1 to August 12? It's for friends of mine who want to take their young son on SAGBRAW. Contact **Carol Nield 630-964-2488** or [2bike@prodigy.net](mailto:2bike@prodigy.net) (05/02)

Spinergy X-tra Lite wheels, like new, 700C with Continental GP 3000 tires and tubes. \$350 (\$800 if bought new) **Laura** or **Rich 630-462-5427** or [rkuhlman99@attbi.com](mailto:rkuhlman99@attbi.com) (5/02)

Thule 2" hitch bike carrier, carries 4 bikes (two bike base unit plus detachable two bike add-on unit), holds bikes by cranks and front wheel. Thule #921 base, #925 dock and #926 add-on. \$200 (\$475 new) **Laura** or **Rich 630-462-5427** or [rkuhlman99@attbi.com](mailto:rkuhlman99@attbi.com). (5/02)

**Seeking Cyclist:** I would like to make contact with anyone you know who is going on the Michigan Bow Tie Tour, August 3- 10. It's a long drive up and I would like to be able to share the drive up since the tour starts in Mackinaw City. Please contact **Jerry Radek** at [jrbiker@aol.com](mailto:jrbiker@aol.com) or by phone **847-673-8159**.

# May 2002

## ELMHURST BICYCLE CLUB CALENDAR

The time of the event shown in the calendar below is the actual departure time. Please allow time for bicycle assembly and inspection, filling of water bottles, inflating tires, etc. prior to departure. The advertised pace will be at the discretion of the ride leader to allow for resistance to the wind and terrain. The pace is considered to be the maximum speed attained on a level road without appreciable head wind or tailwind. Please select the ride that best fits your ability. Know for yourself whether you are comfortable to sustain the pace and finish the advertised distance.

APPROVED SNELL or ANSI HELMET IS RECOMMENDED ON ALL RIDES.  
 USE OF HEADPHONES IS PROHIBITED BY THE ILLINOIS VEHICLE CODE,  
 AND THEREFORE IS NOT ALLOWED ON ELMHURST BICYCLE CLUB RIDES.  
 CALL THE EBC RIDE HOTLINE 630-415-BIKE FOR UPDATES.

### Disclaimer

#### Elmhurst Bicycle Club Release and Liability Waiver

For liability protection and insurance purposes, it is the policy of the Elmhurst Bicycle Club ("EBC") to require all of its members to sign the Release and Liability Waiver which is a part of the EBC Membership Application. Guests of the EBC (which term includes all non-members of EBC) who wish to participate in any EBC bicycle ride **must** sign the equivalent release and liability waiver contained on the EBC Ride Sheet before the ride starts. Any guest refusing to sign the release and liability waiver may **not** participate in the ride. Should the ride continue, however, with the participation of the non-signing guest, the ride will no longer be considered to be an EBC sponsored or sanctioned ride.

Date	Time	Distance	Start	Ride Leader	Ride Description
Sat., Apr 27	9:00 AM 11:00 AM	1 to 1.5 hour cleanup 30-35 mile 11-13 mph & 14-16 mph	Northeast Corner of St. Charles Rd. & Gary Ave. Kline Creek Farm parking lot off of County Farm Rd.	Ed Curtin 847-981-1677 Jim Gross 630-530-0554	Annual Earth Day Trail Cleanup The Elmhurst Bicycle Club will be responsible for cleaning a one mile portion of the Great Western Trail between Schmale Road & Gary Avenue. After the cleanup, a bike ride on the Geneva to Elgin to Geneva triangle. bring snacks or money for snacks.
Sat., Apr 27	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sun., Apr 28	9:30 AM	35-40 miles 14-16 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride will be finished by 12 Noon
Sun., Apr 28	12 Noon	Ride Leader, Dis- tance, & Pace TBD	Gazebo Glen Ellyn	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Tues., Apr 30	9 AM	15-20 miles 8-10 mph	Depot Elmhurst	Chuck Ziemer 630-323-8083	New Adventure Ride Circle Elmhurst Tour. Ride Elmhurst streets around the perimeter of Elmhurst. Bring snacks.
Wed., May 1	9:00 AM	25-30 miles 10-12 mph	Spring Rock Park Western Springs	Mary Jo Bolan 630-887-9652	Ride to Krispy Krème for a donut.
Wed., May 1	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 312-298-2300	Weekly Wednesday night ride. Lights, front & rear, are recommended.
Wed., May 1	6:30 PM	TBD 16-18 mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday Night Fast Ride An all road ride. Lights, front & rear, are recommended.
Fri. May 3	1:00 PM	Approx. 35 miles 16-18 mph	Rich Kuhlman's house	Rich Kuhlman 630-462-5427	Tire Biter Ale Friday Afternoon Fast Ride Tire Biter Ale will be served at the end of the ride. Those coming just for the beer <b>must bring their own!</b> If the weather is iffy, call first.
Sat., May 4	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sun., May 5	9:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 12 Noon
Sun., May 5	10:00 AM	15-20 miles 8-10 mph	Busse Woods FP first parking lot off Biesner Rd.	Freda Diebold 847-891-6010	New Adventure Ride Ride around Busse Woods and Schaumburg, with a stop at Rachel's Café.
Sun., May 5	12 Noon	Ride Leader, Dis- tance, & Pace TBD	Gazebo Glen Ellyn	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Mon., May 6	7:00 PM	Board Meeting	Bob Sack's House Oak Brook	Bob Sack 630-323-5711	Monthly Board Meeting
Tues., May 7	9:30 AM	16 miles 8-10 mph	Westmore/IPP Lombard	Margaret Cross 630-495-7167	New Adventure Ride Ride to Lombard Lilacia Park via the bike paths. Bring snacks.
Tues., May 7	6:00 PM	Approx. 2 hrs. 8-10 mph	Villa Park Depot Villa Ave./IPP	Kacy Worcester 630-941-8532	New Adventure Ride Ride West on the Prairie Path.
Wed., May 8	9:00 AM	26 miles 10-12 mph	Spring Rock Park Western Springs	Ted Sward 708-354-5782	Oak Brook Nooks and Cranies Lunch at the lodge. Roads and trails.
Wed., May 8	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 312-298-2300	Weekly Wednesday night ride. Lights, front & rear, are recommended.
Wed., May 8	6:30 PM	TBD 16-18 mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday Night Fast Ride An all road ride. Lights, front & rear, are recommended.
Thu., May 9	7:15 PM	Monthly Club Meeting	Community Bank of Elmhurst	Bob Sack 630-323-5711	Monthly club meeting at the Elmhurst Community Bank located at 330 W. Butterfield Road at the corner of Spring & Butterfield Rd., Elmhurst
Fri. May 10	1:00 PM	Approx. 35 miles 16-18 mph	Rich Kuhlman's house	Rich Kuhlman 630-462-5427	Tire Biter Ale Friday Afternoon Fast Ride Tire Biter Ale will be served at the end of the ride. Those coming just for the beer <b>must bring their own!</b> If the weather is iffy, call first.

## March Your Bike in the Parade

12:45 PM May 19, 2002



Come join EBC showing "our stuff" in the Lombard Lilac Parade on May 19, 2002. This is our chance to get the word out that, YES, there is INDEED a bike club in Elmhurst and has been for 25 years. There will be 66,000 spectators to view our Bananaman and our big bikes, small bikes, old bikes, new bikes, recumbents, sand bikes, tricycles, unicycles, or even

ordinary ones. This is REALLY going to be FUN!

The parade theme is "Fads of the 20th Century".

Everyone needs to be at the appointed spot by 12:45 pm. Best place to park would be Eastgate Shopping Center on Meyers/Westmore and bike 1/2 block south to Wilson Ave. turn right and go the 1 mile or so west. There will be marshals at the corners of Wilson and Hamerschmidt, Norbury, and Charlotte Aves. These marshals will be wearing white caps or visors and green safety vests and anyone of them can tell you where EBC is to assemble. The parade begins at 1:30 pm. There may be a little waiting to step off, but once we do the entire route will only take between 30 and 45 minutes.

There are no awards given for appearing but the "reward" you will get will be enormous. Everyone is welcome! Come join us!—**Betty Bond**

## Memorial Day Tour

The **Diebold** has done it again....Years ago he offered 3 day bicycle tours to introduce self contained bicycling to the members of Elmhurst Bicycle Club.

From **Rich**...

On Memorial Day weekend (May 25, 26, 27) I will be leading a self contained camping trip from Lena, Illinois to Belmont, Wisconsin, approximately 60 miles. Sunday we will ride to Dickeyville to see the famous Grotto, 40 miles round trip.

If interested call **847-891-6010** or email [gobybicycle@aol.com](mailto:gobybicycle@aol.com) For more information about Lakejoy Campground visit [www.lakejoy.com](http://www.lakejoy.com)

If you've thought, "I'd like to try that", this is the place and time. Just ask **Mary Moroney** and **Dorothy Brown**.

## Elmhurst Bicycle Club

### Traveling at the Speed of Fun—for 25 Years!

#### SWEBCO

August 16, 17 and 18th

"Southern Wisconsin Elmhurst Bike Club Overnight" has been a tradition for many years. Always a favorite because of wonderful routes originally organized by **Susan Kilgore**. All rides are at your own pace along quiet country roads with gently rolling hills.

Friday, Aug 16th: 12 Noon - Start from the Super 8 (info below) with a lunch stop at Cold Springs Tavern. Two mileage options are available: 19 miles or 36 miles. A stop at the "Flowing Well" is featured on the longer ride but is an easy drive for some of the best water around. Some people (me) bring gallon jugs to carry some home.

Saturday, Aug 17th: 8 AM from Super 8 with various mileage options available - 15 miles, 30 miles, 45 miles or 60 miles. Lunch (and antiquing) in Cambridge, WI. Cue sheets will be left on the back of my car for late starters. The group usually gathers at a local restaurant for a group dinner.

## Lake Geneva Tour



Twelve years ago **Richard Diebold** introduced bicycle touring to the Elmhurst Bicycle Club. His goal was to give EBCers who wanted to try touring a safe environment to experience bicycling long distances "self contained."

Self contained means you hook little bags, Panniers, on your bicycle and go. Your panniers contain your clothes, tent, sleeping bag, what ever you need for a cross country adventure on your bicycle.

The tradition continues with the fifth annual three day tour to Lake Geneva September 13-15. What wonderful memories we have of those trips. Always a memorable experience, we ride up Friday, pitch our tents at BigFoot Beach State Park, do the tourist thing in Lake Geneva Saturday, then ride back home Sunday.

You have many options....

Unsupported: Carrying your tent, sleeping bag and clothes in panniers, bicycle there on the Fox River Trail from Elgin. 48 miles [camping at BigFoot Beach State Park]

Supported: Bicycle from Elgin but have someone else drive your gear up if you are going to camp - OR - stay in a motel. [Make your own arrangements]

Drive up and join the group in Lake Geneva for a day of boating on the lake, shopping, etc.

For those who cannot take Friday off...some may choose to bicycle up on Saturday and back to Elgin on Sunday.

In the past participants have bicycled from their homes to meet with those starting in Elgin. From Elgin 40 miles are on the Fox River Trail with the last 8 miles on a sparsely traveled Wisconsin road. "I've always wanted to that.", is the comment we hear as we travel for weeks, months on our bicycles cross country. "I could never do that" they say enviously. What's holding them back is their thinking. They project their fears of the unknown onto a false belief it is "too hard", "impossible" for the ordinary bicyclists. That's not true. You can do it. The longest bicycle ride I had ever done was 36 miles when I did my first self contained trip to Michigan. The secret is go with experienced tourers. There will be many experienced EBCers on this trip. You can do it. Join us.

—**Dick Diebold** and **Freda Brown**

Sunday, Aug 18th: 9 AM General Store in nearby LaGrange, WI. 24, 31, 42 mile options available. A stop at "Old World Wisconsin" for food and/or restrooms is planned.

Hotels:

Super 8 Motel  
917 East Milwaukee Street, Whitewater, WI 53190  
(262) 473-8818

Amerihost Inn Whitewater  
1355 West Main Street, Whitewater, WI 53190  
(262) 472-9400

Whitewater is about 2 hrs drive from Elmhurst so some people come for just the day.

Need more information or directions, call **Mary Moroney** at (630) **629-1812** or email [cycling33@attbi.com](mailto:cycling33@attbi.com).

Date	Time	Distance	Start	Ride Leader	Ride Description
Fri. May 10	6:00 PM	6-8 PM At your own pace	Morton Arboretum	Mary Moroney 630-629-1812 cycling33@attbi.com	Enjoy bike riding on "member night" at Morton Arboretum. Roads on the Arboretum's East side are closed to traffic. Non-members may carpool with me (or other members) by meeting at the South end of the Wal-Mart parking lot just South of Butterfield Rd. on Rte. 53) at 5:45 PM.
Sat., May 11	8:00 AM	65 miles 16-18 mph	Big Apple Bagels in downtown Elmhurst	Dave Polkow 630-832-8131	Ride to Deer Grove FP.
Sat., May 11	8:30 AM	37 miles 11-13 mph	Villa Park Depot Museum Villa Ave. & IPP	Jeanne Whiting 630-671-9744	This will be an all-road ride (some may be busy) out to Rooster's Barn and Grill in Old Town Bloomingdale where we'll stop for breakfast. The restaurant is about 13 miles into the ride. Bring money & locks. Cue sheets will be available for riders who are in a hurry.
Sat., May 11	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sun., May 12	9:00 AM	62 miles 10-12 mph	Donley's West Union, IL	Petra Hofmann 630-833-1667	A reprise of the Spring Forward 62 mile ride. Bring your own food and water.
Sun., May 12	9:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 12 Noon
Sun., May 12	12 Noon	Ride Leader, Dis- tance, & Pace TBD	Gazebo Glen Ellyn	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Mon., May 13	6:30 PM	25 miles 14-16 mph	Depot Elmhurst	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Tire Biter Ride to Hinsdale – Seek out the official beverage of the MNR: Tire Biter Ale! Mostly pavement, may include singletrack and gravel trails depending on conditions.
Tues., May 14	9:00 AM	16 miles 8-10 mph	Depot Elmhurst	Ted Sward 708-354-5782	New Adventure Ride Ride East and South – Loop. Snack stop..
Tues., May 14	6:00 PM	Approx. 2 hrs. 8-10 mph	Villa Park Depot Villa Ave./IPP	Kacy Worcester 630-941-8532	New Adventure Ride Ride East on the Prairie Path.
Wed., May 15	9:00 Am	46 miles 12-14 mph	Rathje Park Wheaton	Lou Fish 630-668-3446	Ride the Prairie Path to Elgin. Stop for coffee at a coffee shop. Rathje Park is located 1 block west of Prairie Path crossing on Roosevelt Rd. (Rt. 38), turn North go 1 block to Lakeside, West. Park along the lake/pond.
Wed., May 15	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 312-298-2300	Weekly Wednesday night ride. Lights, front & rear, are recommended.
Wed., May 15	6:30 PM	TBD 16-18 mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday Night Fast Ride An all road ride. Lights, front & rear, are recommended.
Fri. May 17	1:00 PM	Approx. 35 miles 16-18 mph	Rich Kuhlman's house	Rich Kuhlman 630-462-5427	Tire Biter Ale Friday Afternoon Fast Ride Tire Biter Ale will be served at the end of the ride. Those coming just for the beer must bring their own! If the weather is iffy, call first.
Sat., May 18	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sat., May 18	6:00 PM	6-8 PM At your own pace	Morton Arboretum	Mary Moroney 630-629-1812 cycling33@attbi.com	Enjoy bike riding on "member night" at Morton Arboretum. Roads on the Arboretum's East side are closed to traffic. Non-members may carpool with me (or other members) by meeting at the South end of the Wal-Mart parking lot just South of Butterfield Rd. on Rte. 53) at 5:45 PM.
Sun., May 19	9:00 AM	44 miles 12-15 mph	Joliet Trailhead	Carole Danillo 630-495-8162	Ride the Old Plank Trail Lunch in Frankfort at Frankfort Deli. Bring a snack, we'll do 33 miles before we eat.
Sun., May 19	9:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 12 Noon
Sun., May 19	12 Noon	Ride Leader, Dis- tance, & Pace TBD	Gazebo Glen Ellyn	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Sun., May 19	12:30 PM	Parade Route	Glenbard East H.S.	Betty Bond 630-932-0276 Call Betty if you have any questions.	March Your Bike in the Parade Come join EBC showing "our stuff" in the Lombard Lilac Parade. This is our chance to get the word out that, YES, there is INDEED a bike club in Elmhurst and has been for 25 years. There will be 66,000 spectators to view our Bananaman and our big bikes, small bikes, old bikes, new bikes, recumbents, sand bikes, tricycles, unicycles, or even ordinary ones. This is REALLY going to be FUN! The parade theme is "Fads of the 20th Century". Everyone needs to be at the appointed spot by 12:45 P.M. Best place to park would be Eastgate Shopping Center on Meyers/Westmore and bike 1/2 block south to Wilson Ave. turn right and go the 1 mile or so west. See newsletter article for full details
Mon., May 20	6:30 PM	25 miles 14-16 mph	Waterfall Glen FP, Northgate parking lot	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Wild & Woolly Waterfall Glen – and Beyond. All the hills you can handle! Mountain Bike recommended. Start from parking on Cass Ave. at Northgate Road.
Tues., May 21	9:00 AM	18-20 miles 8-10 mph	Waterfall Glen North parking lot.	Mary Jo Bolan 630-887-9652	New Adventure Ride Ride around Darien and Downers Grove. All roads. Coffee stop included.
Wed., May 22	7:00 AM	75/100 miles 12-14 mph	Illinois Ave. at the Fox River Aurora	Walter Chlipala 630-832-9390	Ride The Fox River Trail To Crystal Lake Mostly paved path. Bring snacks, lunch, & water. There will be no restaurant stops.
Wed., May 22	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 312-298-2300	Weekly Wednesday night ride. Lights, front & rear, are recommended.
Wed., May 22	6:30 PM	TBD 16-18 mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday Night Fast Ride An all road ride. Lights, front & rear, are recommended.
Thu., May 23	9:30 AM	20-25 miles 11-13 mph	Busse Woods FP Elk Grove	Ed Curtin 847-981-1677	Ride Leader Workshop Workshop 1 to 1.5 hours followed by a bike ride with Ride Leader instructions during the ride. Members interested in learning how to lead a ride, and existing Ride Leaders are invited.
Fri., May 24	1:00 PM	Approx. 35 miles 16-18 mph	Rich Kuhlman's house	Rich Kuhlman 630-462-5427	Tire Biter Ale Friday Afternoon Fast Ride Tire Biter Ale will be served at the end of the ride. Those coming just for the beer must bring their own! If the weather is iffy, call first.

Date	Time	Distance	Start	Ride Leader	Ride Description
Fri., May 24	7:00 PM	Monthly Collating Party	Judy Mikesell's House Villa Park	Judy Mikesell 630-833-1036	Newsletter Collating Party Join fellow members in preparing next month's newsletter. Call Judy for directions.
Sat., May 25	8:00 AM 9:00 AM	Breakfast 60 miles 12-14 mph	Lena Restaurant Corner of Rt. 73 & RR Tracks	Rich Diebold 847-891-6010	Memorial Day Weekend - 3 Day Self-Contained Bike Tour If you've thought, "I'd like to try that", this is the place & time. Join me on a self-contained camping trip from Lena, IL to Belmont, WI, approximately 60 miles. Meet in Lena at the restaurant located at Rt. 73 & the RR Tracks for breakfast at 8AM. Leave cars in parking across the street & start the ride at 9AM. In case there is no place to get food or drink until we reach Belmont, bring lunch & drinks.
Sat., May 25	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sat., May 25	10:00 AM	30 miles 12-14 mph	Milton, WI	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Freedom Heritage Tour A ride published in the Wisconsin State Bicycling Guide. We'll add a side trip to Fort Atkinson. Rolling terrain, with a few short but challenging hills. Directions to Milton, WI: I-90 to Exit 170 (Rte. 26 North) in Janesville, WI. Rte. 26 4 1/2 miles to Greenman St. in Milton. (Look for the large green "Police Station" sign with the arrow pointing left.) Left on Greenman St., Left on Parkview. Left into parking lot along left side of Parkview.
Sun., May 26	7:30 AM	40 miles 12-14 mph	Lake Joy Campground Belmont, WI	Rich Diebold 847-891-6010	Ride 10 miles to Plattville for breakfast, then on to Dickeyville, WI to see the famous Dickeyville Grotto. Return to the campground in the afternoon possibly stopping in Plattville for dinner.
Sun., May 26	9:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 12 Noon
Sun., May 26	10:00 AM	30 miles 12-14 mph	Frank Lloyd Wright Visitor Center, Spring Green, WI	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	"Die Fleitermaus" (the Bat) Ride. We'll take a ride out to the tiny town of Gotham. One substantial hill in the early going, mostly flat for the last half. Will include a gravel trail segment. Directions to Spring Green: Take I-90 to exit 142A (Route 12/18 West) Take 12/18 about 15 miles to Route 14 West Exit (University Ave.) Take Route 14 West about 30 Miles to County C. Turn left on County C for about 3 miles to the Frank Lloyd Wright Visitor Center.
Sun., May 26	12 Noon	Ride Leader, Distance, & Pace TBD	Gazebo Glen Ellyn	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Mon., May 27	7:30 AM	60 miles 12-14 mph	Lake Joy Campground Belmont, WI	Rich Diebold 847-891-6010	Ride 20 miles to Darlington for breakfast, and then back to Lena.
Mon., May 27	9:30 AM	Parade	Downtown Elmhurst	Mary Moroney 630-629-1812	Elmhurst Memorial Day Parade Details of the parade were not available at press time. All the details will be on the Hotline & List-server prior to the parade.
Mon., May 27	10:00 AM	30 miles 12-14 mph	Olin-Turville Park Madison, WI	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Madison Trail Explorer We will ride the new Southwest Commuter trail and the Capital City Trail extension to the Military Ridge Trail, then head into town in search of "Brafest". Start location is Olin-Turville Park off John Nolen Drive. Take I-90 to exit 142A 12/18 West (This is a left-handed exit!) Take exit 263 John Nolen Drive. After about 1/2 mile, John Nolen drive crosses a set of railroad tracks and Olin-Turville Park is on the right - pull into Olin-Turville Court and park in the nearest parking area.
Tues., May 28	9:30 AM	15-20 miles 8-10 mph	Spring Rock Park Western Springs	Mary Lou Rauh 630-323-5930	New Adventure Ride Ride from Western Springs to Willowbrook and return. Mostly roads.
Wed., May 29	9:00 AM	30 miles 12-14 mph	Channahon Parkway State Park	Leo Engstrom 708-598-6930	Ride To Morris The ride will be on roads going out, and the I&M path coming back. Bring snacks. Directions: Take I-55 S. to the Route 6 exit which is the first exit S. of I-80. Turn right onto Rt. 6 and go to Canal St. (if you cross the river, you went too far). Turn left onto Canal St. The entrance to the State Park is about two-three blocks on the right hand side.
Wed., May 29	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 312-298-2300	Weekly Wednesday night ride. Lights, front & rear, are recommended.
Wed., May 29	6:30 PM	TBD 16-18 mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday Night Fast Ride An all road ride. Lights, front & rear, are recommended.
Fri. May 31	1:00 PM	Approx. 35 miles 16-18 mph	Rich Kuhlman's house	Rich Kuhlman 630-462-5427	Tire Biter Ale Friday Afternoon Fast Ride Tire Biter Ale will be served at the end of the ride. Those coming just for the beer must bring their own! If the weather is iffy, call first.
Sat., June 1	9:00 AM	Determined by Riders That Show	Depot Elmhurst	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sun., June 2	9:30 AM	32-40 miles 16-18 mph	Big Apple Bagels Elmhurst	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride should be finished by 12 Noon
Sun., June 2	12 Noon	Ride Leader, Distance, & Pace TBD	Gazebo Glen Ellyn	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Mon., June 3	6:30 PM	30 miles 14-16 mph	Meacham Grove FP Bloomingtondale	Larry Gitchell 708-409-0105 (H) 708-421-0120 (C)	Schaumburg Flyer - the short form. Cut out the commute-route and get straight to the interesting parts! Mostly pavement. To get to Meacham Grove, take Rt. 20 (Lake St.) west to Circle Ave. in Bloomingtondale, turn Right (North) on Circle. The FP parking lot is on the left.
Wed., June 5	8:30 AM	62 miles 12-14 mph	Linne Woods FP Morton Grove	Jerry Radek 847-673-8159	Ride bike trails and open roads through North Shore suburbs including the Northbrook Velodrome and Lake Forest mansions. Weather permitting, lunch in park overlooking Lake Michigan in Lake Bluff. Bring lunch or take out from Lake Bluff restaurant. Take I-294 N. to Dempster and exit East. Go approx. 4 miles to Lehigh Ave., cross RR tracks, and turn left into Linne Woods FP across from McDonalds. Joint ride with Evanston Bike Club.
Wed., June 5	6:30 PM	TBD 12-14 mph	Gazebo Glen Ellyn	Sharon Ganske 312-298-2300	Weekly Wednesday night ride. Lights, front & rear, are recommended.
Wed., June 5	6:30 PM	TBD 16-18 mph	Gazebo Glen Ellyn	Laura Sanborn Kuhlman 630-462-5427	Wednesday Night Fast Ride An all road ride. Lights, front & rear, are recommended.



## Directions to ride starting locations

Starting Point	Directions
<b>Community Bank of Elmhurst Elmhurst, IL</b>	330 West Butterfield Road, at the intersection of Butterfield Road and Spring Road. The Community Bank is on the southwest corner. Meeting room is on the second floor. Please don't bring bikes into the meeting room.
<b>Depot Elmhurst, IL</b>	Rides start from the public parking lot just east of York Road on Vallette Street. Vallette St. is ¼ mile south of St. Charles Road, York Road is 1 mile west of I-290.
<b>Gazebo Glen Ellyn, IL</b>	On the Prairie Path between Park Ave and Main Street. By car, take Roosevelt Road (Route 38) or North Ave. (Route 64) to Main Street Glen Ellyn (about 1 ¼ miles west of I-355) and head into downtown Glen Ellyn. The Gazebo is in the middle of the train station parking lot on the south side of the UP tracks.
<b>Busse Woods Elk Grove Village, IL</b>	Take I-290 (Route 53, I-355) to Biesterfield Road East. Beisner Road is the 1 <sup>st</sup> light East of I-290. Turn North (left) on Beisner Road. Busse Woods entrance is approximately 2 blocks on the left. Ride starts in the first parking lot from the entrance.
<b>Spring Rock Park Western Springs, IL</b>	Spring Rock Park is located at 47 <sup>th</sup> Street and Central, just East of I-294 (Tri-State Tollway). The parking lot entrance is off Central north of 47th Street.
<b>Villa Park Depot, Villa Park, IL</b>	The Villa Park Depot is located at the intersection of Villa Ave. & Park Ave. on the IPP. Approximately 2-3 blocks South of the Villa Ave. & St. Charles Road intersection in Villa Park.
<b>Volunteer Park Wheaton, IL</b>	Milepost zero on the Prairie Path Main Stem., at the intersection of Liberty and Carlton Streets in Wheaton. ¼ mile north of Roosevelt Road, ½ mile west of Main Street / Schmale Road.
<b>Waterfall Glen Forest Preserve Darien, IL</b>	Rides typically start from the parking lot on Northgate Road. This is just south of Interstate 55 and just to the west off of Cass Avenue.
<b>Big Apple Bagels Elmhurst, IL</b>	Big Apple Bagels is located at the corner of York Street and Schiller Ave. in downtown Elmhurst. Schiller is about ¼ mile south of North Ave. (Route 64) and York Street is about 1 mile west of Interstate 290. Note that York Street is one way going North through downtown.

### MEMBERSHIP APPLICATION

Individual(\$15)    Family(\$20)    New    Renewal

[Indicate with \*\* next to any information you **do not want** to appear in the club directory]

**EBC's** membership year runs from January 1 to December 31.

Joining after October 1 continues your membership through the following year.

Name \_\_\_\_\_  
(If family membership, list names of all members)

Address \_\_\_\_\_  
(Street) (City) (State) (Zip)

Phone—Home \_\_\_\_\_ Work \_\_\_\_\_ E-Mail \_\_\_\_\_  
 — Check here if you **do not** want your email address to be added to the club list server.

The Following Is A Release And Waives Your Rights In the Event of Injury and/or Death. In consideration of being permitted to be a member of Elmhurst Bicycle Club and to participate In club rides and/or events, including transportation to and from same, I do hereby for myself, my heirs, executors and administrators, release, waive and forever discharge Elmhurst Bicycle Club, its officers and members from any and all claims, demands, actions or liabilities on account of any injury to me which may occur from any cause whatsoever, including negligence or other fault on the art of anyone released hereunder, during my participation In or transportation to or from said rides and/or events. I ACKNOWLEDGE I AM AWARE OF THE RISKS AND HAZARDS INHERENT UPON ENGAGING IN SAID CLUB ACTIVITIES, AND I DO SO ENTIRELY UPON MY OWN INITIATIVE, RISK AND RESPONSIBILITY. I FURTHER UNDERSTAND THE CLUB DEPENDS ON ITS MEMBERS TO PROVIDE AND LEAD CLUB ACTIVITIES AND THAT THOSE MEMBERS RELY ON THE PROTECTION AFFORDED HEREUNDER. I hereby further agree to operate my bicycle in a manner that is safe to me and those around me, to observe all applicable safety regulations and to conduct myself In a manner that will be complimentary to the sport of bicycling. It Is my intent that this release and waiver apply at all times, notwithstanding that my membership in the Elmhurst Bicycle Club may have expired, elapsed, been renewed or reinstated after a period of non-membership. I FURTHER ACKNOWLEDGE THAT I HAVE READ THE FOREGOING RELEASE AND WAIVER AND UNDERSTAND IT, INCLUDING THAT IT IS INTENDED TO COVER OCCURRENCES WHICH MAY NOT YET HAVE OCCURRED AND WHICH ARE UNKNOWN TO ME, AND NOTWITHSTANDING THE FOREGOING, I SIGN IT VOLUNTARILY WITH THE FULL INTENT THAT IT BE FOREVER ENFORCEABLE.

Date \_\_\_\_\_ Signature \_\_\_\_\_

Signatures of adult family members for family Membership \_\_\_\_\_

Mail to: **Elmhurst Bicycle Club**  
**P.O. Box 902**  
**Elmhurst, IL 60126**



AFFILIATED WITH THE CHICAGO AND BICYCLE FEDERATION,  
 THE LEAGUE OF AMERICAN BICYCLISTS,  
 THE LEAGUE OF ILLINOIS BICYCLISTS,  
 LIFE MEMBER ILLINOIS PRAIRIE PATH,  
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www.elmhurstbicycling.org

Elmhurst, Illinois 60126  
 P.O. Box 902  
 Elmhurst Bicycle Club

## Scenic Madison Rides May 25-27, 2002

The Madison Memorial Day rides are back!

Saturday morning's ride starts from the little town of Milton, just north of Janesville. We'll ride a route called the 'Freedom Heritage' tour, which was published in the Wisconsin State Bicycle guide. Of course there will be a few detours... The ride is about 30 miles, and has a few short but challenging hills.

On Sunday we'll meet at the Frank Lloyd Wright Visitor Center just south of Spring Green and take a ride to the town of Gotham. Unlike Metropolis, Illinois they don't claim any superheros as their own... Around 30 miles, a few hills, but mostly flat on the return. May include limestone trail segments.

New trails have opened up since last year's Madison rides! We'll spend Monday exploring the Southwest Commuter Trail, the Capital City Trail extension to the Military Ridge Trail, and stop back in town to visit Bratfest. (that's 'brat' as in bratwurst, not a festival of naughty children.)

See this month's Ride Schedule for times and starting locations. If you need more information, call **Larry Gitchell** at **708-409-0105**, or email **LarsofMars@aol.com**

## Safety & Such

**Group Riding is Different** (continued from April Cue Sheet)

Here are some additional tips which will help make group riding safer and more enjoyable. Rides without "crashes" are always more enjoyable.

1. Ride single file—as our local roads become increasingly congested we should strive to make single file riding the **norm** rather than the exception.
2. Do not ride ahead of the Ride Leader—the Ride Leader is responsible for both the route AND THE PACE. Getting ahead disrupts both functions.
3. When stopping, pull COMPLETELY over to the curb (touching). On trails move COMPLETELY off of the trail.
4. "Car Back"—if you are riding two abreast and you hear the call "Car Back", this is not ADVISORY, it is a MANDATORY signal to immediately pull into single file. If there are two people side by side in front of you, drop back and leave space in front of you so that the outside rider can immediately return to the correct single file.
5. Do not pass people on the right—If you need to pass someone on the right, say "ON YOUR RIGHT" clearly since this is an unusual maneuver when riding in a group. Riders do not anticipate passing on their right.
6. Do not call "CLEAR"—when passing through intersections or crossing roads some riders say "CLEAR" if there is no cross traffic. This is a dangerous practice that should be abandoned. It encourages riders to follow the leader, letting others do their thinking for them. Each rider is responsible for verifying that the way is indeed clear.

### Remember the 4 "Be's"

**Be**—Visible: make sure people see you.

**Be**—Predictable: don't make abrupt changes in speed or direction.

**Be**—Courteous: to motorists (follow the Rules of the Road).

**Be**—Paranoid: you are responsible for your own safety—do not take chances.

—Ted Sward 708-354-5782