

Board Members

President
Bob Sack
630 323-5711

Vice President / Ride Captain
Ed Curtin
847-981-1677
curtine1@home.com

Secretary
Sharon Ganske
312-540-2140
Ganskesh@hotmail.com

Treasurer
Chuck Ziemer
630-323-8083
New Email address to be announced

Membership
Ellen Johnson
630-595-4910
Eljohnson@household.com

Standing committees are people who volunteer their time and efforts. They are the people who make the many activities of EBC possible. They call upon you to get things done. **Say Yes!**

Metro Metric
Petra Hofmann and **Jeanne Whiting**
Phone / Email to be announced

Newsletter Editor
Larry Gitchell
708-409-0105
LarsofMars@aol.com

Database Manager
Mary Moroney
630-629-1812
cycling33@home.com

Route Librarian
Rich Kuhlman
630-462-5427
rkuhlman99@attbi.com

Newsletter Collating
Judy Mikesell
630-833-1036
mikesell2@juno.com



Cue Sheet

January 2002

A club serving the western suburbs, Northern Illinois, and beyond.
We ride anywhere, any time of day or night, year round. Come join the fun!

Up Front

Greetings EBCers;

For the first time in 3 years, this column is not being written by **Mike Incopero**. **Mike** has stepped down from the Club presidency. He will continue to serve the club in matters of bicycle advocacy and with National Trails Day. As a small token of appreciation for his years as President, **Mike** was presented at the December meeting with a book of bicycling posters and a gift certificate to Colorado Cyclist.

The Club Board has had several personnel changes for 2002:

Please welcome:

Bob Sack as our new President.

Ellen Johnson as our new Membership Chairperson.

Petra Hofmann and **Jeanne Whiting** as Metro Metric Co-Chairpersons.

Sharon Ganske moves from Metro Metric Chair to Secretary.

Three remaining members of the board have returned for another year:

Ed Curtin as Vice President and Ride Captain.

Chuck Ziemer as Treasurer.

Larry Gitchell as Newsletter Editor.

We thank our outgoing board members **Betty Bond** and **Laura Sanborn** for their dedicated service.

We expect some exciting happenings in 2002:

The former CABDA Bike Show has a new owner and a new venue—It will now be the Chicago Bike Show and fitness expo, to be presented at Navy Pier, March 22-24. The EBC will have a booth at the show, promoting the club and the Metro Metric.

We will once again participate in National Trails Day—Look for details to be published in the Cue Sheet in upcoming months.

The Metro Metric will return, with new co-chairpersons. We have a good group working on the event, with solid experience from the last 2 years. Please volunteer your time and effort to make the Metro Metric a success.

Ride On (into another great year);

Larry Gitchell

Down to the Wire!



If you haven't renewed your EBC Membership, you have about 3 days from the time you receive this Newsletter... Please send in your renewal form and payment by December 31st.

The Elmhurst Bicycle Club - Traveling at the Speed of Fun!

Upper Peninsula Ski Trip - 2002

The UP 2002 Ski Trip dates are Sunday February 3 to Friday February 8, 2002 at the Indianhead Motel Ironwood, MI. Over 20 members, so far, have made reservations.



The Ski Trip package is a five night, four day stay at the Indianhead Motel including continental breakfast, trail passes, and \$10.00 credit towards supper. The cost is \$165.00 per person based on two adults to a room. The single rate is \$205.00. Full details are available by calling **Ed Curtin** at **847-981-1677**. Members wishing to make reservations can call the Indianhead Motel directly at 1-906-932-2031. After making reservations, inform **Ed Curtin** so he can add your name to the list of members going on the trip.

Submitted by **Ed Curtin**

EBC Hotline—630-415-BIKE

Call for Ride updates, membership, and general information.

To organize an unscheduled ride, call **Ed Curtin** **847-981-1677** or e-mail **Ed** at **curtine1@home.com**

EBC Website

www.elmhurstbicycling.org

January Club Meeting

Thursday, January 10th, 7:15 P.M. at the Community Bank of Elmhurst

- Program -

Natchez Trace Slide Show by Ed Curtin

Upcoming Programs

February—2001 Awards

Collating Party

Friday, January 25th at 7:00 P.M.

At the home of **Judy** and **Charlie Mikesell** in Villa Park

Call Judy at 630-833-1036 for details

We're growing every month!

Type	Memberships	Members
Family	95	235
Individual	<u>202</u>	<u>202</u>
Total	297	437

Staying Connected



Please inform us of any additions or changes to your address, phone number, or email address. We'll print them in **Cue Sheet** as they change. It's our way of updating the EBC Directory on an ongoing basis.

Send changes to:

Mary Moroney

Database Manager

Elmhurst Bicycle Club

P.O. Box 902

Elmhurst, IL 60126

Or Email: **cycling33@home.com**

Deadline Pressure

The deadline for submissions to the February Ride Schedule is January 12th, the second Saturday of January. Call Ride Captain **Ed Curtin**, **847-981-1677**, email **Ed** at **curtine1@home.com**, or see **Ed** at the monthly meeting.

And remember, you can submit a ride to **Ed** anytime for inclusion in the unpublished rides sections of the **HOTLINE 630-415-BIKE** and website **www.elmhurstbicycling.org**. Unpublished rides are also posted to the club list server.

Editorial Guidelines



Cue Sheet welcomes articles, comments, notices and want ads. Please limit the length of all items to 1/2 page or less. Remember to keep it interesting, timely, and leave your reader wanting more. Proofreading or at least a pass through the spelling checker is a must! Please keep fancy formatting to a minimum, as items will have to be reformat- ted for publication. The editor retains the right to reduce or revise copy, as well as deciding when and if it is printed. Thanks for helping to make Cue Sheet the best bike club Newsletter anywhere!

The deadline for the February Cue Sheet is Monday, January 14th.

Send items to:

Larry Gitchell

315 E. Palmer Ave.

Northlake, IL 60164-1843

Phone: **708-409-0105** or **708-421-0120** (both lines have voicemail)

Email: **LarsofMars@aol.com**

Lance Won't Be the Only One Wearing the Yellow Jersey!
Sizing Samples Available at the February Club Meeting
by Tom Eggers

Remember how great Lance looked wearing the Tour's yellow jersey? For 2002/3, you can also look (kinda) like Lance. EBC cycling wear for 2002/3 will feature the same great graphic design as last year, but the apparel's base color will be "pantone yellow". Additionally, we're going to three color (vs. four color) graphics for 2002/3. These changes are in response to the many members who asked that our apparel retain its basic design but be lighter in color, thus easier to see. To view an *approximation* of the new color scheme, go to the EBC web-site at www.elmhurstbicycling.org The image on the web-site does not look *exactly* like the finished product, as moving to three color graphics means the colors within our design will change slightly. The image on the web-site *will* give you an idea of how great the yellow color goes with our graphics. We'll share more information as soon as we and our supplier, Voler Team Apparel, finalize the graphic's colors.

Voler considers a color change to be a new design, so we've lost our volume discount carry-over from 2001. The three color design reduces that increase, however. All apparel is priced at the minimum order size of 25 items per group (total order per group must be 25 or more items for that group's order to be processed):

- Group 1: Short sleeve and sleeveless jerseys; sleeveless wind shell vest
- Group 2: Shorts
- Group 3: Long sleeve items, including jerseys, wind jackets and thermal jackets

If we receive orders for 50 or more items in any group, members purchasing items in that group will get a volume rebate (see order form on Page 6 for details). So your costs could be less than in 2001!

EBC 2002/3 cycling wear includes:

- Jerseys** available in men's "club" (roomy) and women's sizes. Short (cut-in) sleeve, sleeveless and long sleeve. All have 20" hidden zippers. Material is ProSensor, a moisture transfer fabric with a soft and comfortable feel. EBC graphics/three color designs are sublimated into the fabric (and are, therefore, more permanent than silk screening)
- Wind Shell Vests and Jackets** are unisex, have ventilated mesh side panels and dual directional zippers. The durable Vortex RipStop microfiber shell is lightweight, wind proof and water resistant. EBC graphics (same as on the jersey) are sublimated into the fabric.



Our Black & White rendition simply can't do justice to these jerseys—They really are gorgeous. Check out full-color views on the club web-site at www.elmhurstbicycling.org!

- Thermal Jackets** are unisex, have high collars, three rear pockets and dual directional zippers. The Windtex wind and waterproof membrane is breathable, soft, light and elastic. The membrane is bonded to a brushed baked thermal fleece for cool weather comfort. EBC graphics (same as on the jersey) are sublimated into the fabric

- Team Shorts** available in men's and women's sizes. Feature eight panels, anatomical cut, woven leg hem gripper and clean hemmed elastic waste with our sublimated three color design in the side panels. Cantara pad for men, Monolith pad for women (unless preference specified by the member)

Most members find this apparel line sized somewhat small. Many were happy by going up one size from what they ordinarily purchase. **Sizing samples will be available for member try-on at our February Club meeting.**

If you have questions, contact Tom Eggers:
bikedude53@attbi.com

You may also want to visit the Voler website at voler.com for general information about their product lines.

Send in your order form and a check (payable to the Elmhurst Bicycle Club) to Tom Eggers at the address on the form. You'll be glad you did, 'cause you'll be lookin' good in the 'hood, tricked out with your new cycling wear for 2002!

Cue Sheet will publish your want ads—free!

E-mail **Larry Gitchell** at LarsofMars@aol.com or mail to **Larry Gitchell 315 E. Palmer Ave., Northlake, IL 60164-1843**

Please let us know when your articles have been sold or when your Equipment Wanted request has been filled.

Ads will be deleted after three months. Notify us if you want them to run longer. Space permitting, we will accommodate you.

Mirrors—As of press time, Laura and Rich Kuhlman had 2 of the much-coveted EBC Bananaman helmet mirrors available! Contact Rich Kuhlman by email at rkuhlman99@attbi.com, and you could be the proud owner of one or both for only \$10 each. (01/02)

January 2002

ELMHURST BICYCLE CLUB CALENDAR

The time of the event shown in the calendar below is the actual departure time. Please allow time for bicycle assembly and inspection, filling of water bottles, inflating tires, etc. prior to departure. The advertised pace will be at the discretion of the ride leader to allow for resistance to the wind and terrain. The pace is considered to be the maximum speed attained on a level road without appreciable head wind or tailwind. Please select the ride that best fits your ability. Know for yourself whether you are comfortable to sustain the pace and finish the advertised distance.

APPROVED SNELL or ANSI HELMET IS RECOMMENDED ON ALL RIDES.

USE OF HEADPHONES IS PROHIBITED BY THE ILLINOIS VEHICLE CODE,
AND THEREFORE IS NOT ALLOWED ON ELMHURST BICYCLE CLUB RIDES.

CALL THE EBC RIDE HOTLINE 630-415-BIKE FOR UPDATES.

Disclaimer

Elmhurst Bicycle Club Release and Liability Waiver

For liability protection and insurance purposes, it is the policy of the Elmhurst Bicycle Club ("EBC") to require all of its members to sign the Release and Liability Waiver which is a part of the EBC Membership Application. Guests of the EBC (which term includes all non-members of EBC) who wish to participate in any EBC bicycle ride **must** sign the equivalent release and liability waiver contained on the EBC Ride Sheet before the ride starts. Any guest refusing to sign the release and liability waiver may **not** participate in the ride. Should the ride continue, however, with the participation of the non-signing guest, the ride will no longer be considered to be an EBC sponsored or sanctioned ride.

Date	Time	Distance	Start	Ride Leader	Ride Description
Mon., Jan 1	9:30 AM 10:00 AM	20 miles 10 miles 10 mph	Herrick Lake Volunteer Pk.	Mike Tenzinger 630-653-4555	First ride of the New Year 2001 Ride to Ye Olde Pancake House for brunch. For 20 miles meet at the Herrick Lake parking lot located .25 miles S. of Butterfield Rd. on the E. side of Herrick Lake Road. For 10 miles meet at <u>Volunteer Park at the tri intersection of Liberty St., Carlton St., and the IPP.</u>
Wed., Jan 2	6:30 PM	Medium pace	Gazebo Glen Ellyn, IL	Show & Go	Wednesday Night Medium Pace Show and Go. The riders that show will decide the ride leader, distance and pace.
Wed., Jan 2	6:30 PM	20-30 miles 16 mph	Gazebo Glen Ellyn, IL	Fast Show & Go Trail Ride	Wednesday Night Fast Pace Show & Go. The riders that show will determine the ride leader. Mountain Bike or Hybrid recommended. Front & Rear lights required. <u>Many area trails will be explored including some occasional unmarked ones.</u>
Thur., Jan 3	9:30 AM	3 hour hike	Little Red School House	Ted Sward 708-354-5782	Ted's Tours Part 5 A new look at some old trails. Little Red School House is 1/2 mile South of <u>95th St. on Willow Springs Rd. (Flavin/104th Ave.). Bring snacks.</u>
Sat., Jan 5	9:00 AM	Determined by Riders That Show	Depot Elmhurst, IL	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just <u>East of York Rd. & just South of the IPP.</u>
Sat., Jan 5	9:30 AM	2 Hour Hike	Morton Arboretum Main Parking Lot	Susan Kilgore 630-515-1865(H) 312-727-3597(W)	Take the SALTY SNOWMAN to BIG ROCK – at Morton Arboretum. The hike will start from the main parking lot. Those who would like to carpool to share the \$7.00 entrance fee should call Susan. <u>The arboretum is off of Route 53 in Lisle, just north of I-88.</u>
Sun., Jan 6	9:30 AM	22-26 miles 14-16 mph	Big Apple Bagels Elmhurst, IL	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride will be finished by 11 AM.
Sun., Jan 6	12 Noon	Ride Leader, Distance, and Pace TBD	Gazebo Glen Ellyn, IL	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Tues., Jan 8	9:30 AM	2.5 hour hike	McDowell Grove FP	Ted Sward 708-354-5782	Ted's Tours Part 6 Meet at McDowell Grove FP (NW Naperville) McDowell Rd and Raymond Rd. 1.1 mi. N. of Ogden Ave. Rt 34 on Raymond Rd. (E. side), S. of I-88 and <u>Diehl Rd. Bring snacks.</u>
Wed., Jan 9	9:30 AM	2 hour Ski	Waterfall Glen FP	Carol Niell 630-964-2488	Ski if there is snow, otherwise hike. Meet in the parking lot of Cass Ave. just S. of I-55 (Stevenson Expressway) by entrance road into Argonne.
Wed., Jan 9	6:30 PM	Medium pace	Gazebo Glen Ellyn, IL	Show & Go	Wednesday Night Medium Pace Show and Go. The riders that show will decide the ride leader, distance and pace.
Wed., Jan 9	6:30 PM	20-30 miles 16 mph	Gazebo Glen Ellyn, IL	Fast Show & Go Trail Ride	Wednesday Night Fast Pace Show & Go. The riders that show will determine the ride leader. Mountain Bike or Hybrid recommended. Front & Rear lights required. <u>Many area trails will be explored including some occasional unmarked ones.</u>
Thu., Jan 10	6:30 PM	Board Meeting	Community Bank of Elmhurst	Bob Sack 630-323-5711	Monthly Board meeting at the Elmhurst Community Bank located at 330 W. Butterfield Road at the corner of Spring & Butterfield Rd., Elmhurst, IL
Thu., Jan 10	7:15 PM	Monthly Club Meeting	Community Bank of Elmhurst	Bob Sack 630-323-5711	Monthly club meeting at the Elmhurst Community Bank located at 330 W. Butterfield Road at the corner of Spring & Butterfield Rd., Elmhurst, IL
Sat., Jan 12	9:00 AM	Determined by Riders That Show	Depot Elmhurst, IL	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just <u>East of York Rd. & just South of the IPP.</u>
Sun., Jan 13	9:30 AM	22-26 miles 14-16 mph	Big Apple Bagels Elmhurst, IL	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride will be finished by 11 AM.

Date	Time	Distance	Start	Ride Leader	Ride description
Sun., Jan 13	12 Noon	Ride Leader, Distance, and Pace TBD	Gazebo Glen Ellyn, IL	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Tues., Jan 15	9:30 AM	3 hour hike	Teason's Woods FP	Ted Sward 708-354-5782	Ted's Tours Part 7 Meet at Teason's Woods FP at the intersection of 111 th St. (Rt 83) and 104 th Ave. (Willow Springs Rd) SE corner (Stop light) in the Palos area. Bring snacks.
Wed., Jan 16	6:30 PM	Medium pace	Gazebo Glen Ellyn, IL	Show & Go	Wednesday Night Medium Pace Show and Go. The riders that show will decide the ride leader, distance and pace.
Wed., Jan 16	6:30 PM	20-30 miles 16 mph	Gazebo Glen Ellyn, IL	Fast Show & Go Trail Ride	Wednesday Night Fast Pace Show & Go. The riders that show will determine the ride leader. Mountain Bike or Hybrid recommended. Front & Rear lights required. Many area trails will be explored including some occasional unmarked ones..
Sat., Jan 19	9:00 AM	Determined by Riders That Show	Depot Elmhurst, IL	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sun., Jan 20	9:30 AM	22-26 miles 14-16 mph	Big Apple Bagels Elmhurst, IL	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride will be finished by 11 AM.
Sun., Jan 20	12 Noon	Ride Leader, Distance, and Pace TBD	Gazebo Glen Ellyn, IL	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Mon., Jan 21	9:15 AM	2-3 Hour Hike/Ski	Wild Oats Market Hinsdale, IL	Mary Moroney 630-629-1812	Hike Indiana Dunes State Park. Meet at the shopping center on Ogden Ave. (Rt. 34) just W. of I-294 Southbound entrance for carpooling. If weather conditions do not permit the approx. 90 min. drive to Indiana, we will hike (ski) at nearby Bemis Woods FP. Bring snacks, sandwiches for before and during the hike.
Tues., Jan 22	9:30 AM	3 hr hike	Waterfall Glen FP	Ted Sward 708-354-5782	Ted's Tours Part 8 Meet in the parking lot of the Park Ranger's Res./Outdoor Education Camp, .7 mi. W of Rt. 83 on Bluff Rd. Bring snacks.
Wed., Jan 23	9:30 AM	2 hr. Ski	Greene Valley FP	Carol Nield 630-954-2488	Ski if there is snow, otherwise hike. Greene Valley is located just W. of Rt. 53, off of 75 th St. go south on Green Rd., W. on 79 th St. then follow brown signs to Thunderbird Youth Camp and Trailhead.
Wed., Jan 23	6:30 PM	Medium pace	Gazebo Glen Ellyn, IL	Show & Go	Wednesday Night Medium Pace Show and Go. The riders that show will decide the ride leader, distance and pace.
Wed., Jan 23	6:30 PM	20-30 miles 16 mph	Gazebo Glen Ellyn, IL	Fast Show & Go Trail Ride	Wednesday Night Fast Pace Show & Go. The riders that show will determine the ride leader. Mountain Bike or Hybrid recommended. Front & Rear lights required. Many area trails will be explored including some occasional unmarked ones..
Fri., Jan 25	7:00 PM	Monthly Collating Party	Judy Mikesell's House Villa Park, IL	Judy Mikesell 630-833-1036	Newsletter Collating Party Join fellow members in preparing next month's newsletter. Call Judy for directions.
Sat., Jan 26	9:00 AM	Determined by Riders That Show	Depot Elmhurst, IL	Determined by Riders That Show	Weekly Show & Go. The riders that show will determine the ride leader, distance and pace. The start location is in the parking lot off of Vallette Ave. just East of York Rd. & just South of the IPP.
Sat., Jan 26	10:00 AM	2 Hour Hike	Maple Grove FP	Susan Kilgore 630-515-1865(H) 312-727-3597(W) Mary Ann Badke 630-369-8471	Walk through the mini Maple Grove FP, then Downers Grove streets to see some Sears homes and Pierce Downers historic sights, then go see the ice sculptures. We will grab some snacks at the ice festival. Directions: Maple Grove FPD parking is in Downers Grove on the North side of Maple, just West of the Dunham/Maple stop light; next to the Avery Coonley School. About 1/2 mile West of Main St. and 3/4 miles East of Belmont. You will see baseball fields closest to the street.
Sun., Jan 27	9:30 AM	22-26 miles 14-16 mph	Big Apple Bagels Elmhurst, IL	Dave Polkow 630-832-8131	Come on out and join Dave on his weekly Sunday morning ride. The ride will be finished by 11 AM.
Sun., Jan 27	12 Noon	Ride Leader, Distance, and Pace TBD	Gazebo Glen Ellyn, IL	Show & Go	Weekly Show and Go. The riders that show will decide ride leader, distance and pace.
Tues., Jan 29	9:30 AM	3 hour hike	Little Red School House	Ted Sward 708-354-5782	Ted's Tours Part 9 New route. Meet at the Little Red School House, .5 mi. S. of 95 th St. on Willow Springs Rd. (Flavin/104 th Ave.). Bring snacks.
Wed., Jan 30	6:30 PM	Medium pace	Gazebo Glen Ellyn, IL	Show & Go	Wednesday Night Medium Pace Show and Go. The riders that show will decide the ride leader, distance and pace.
Wed., Jan 30	6:30 PM	20-30 miles 16 mph	Gazebo Glen Ellyn, IL	Fast Show & Go Trail Ride	Wednesday Night Fast Pace Show & Go. The riders that show will determine the ride leader. Mountain Bike or Hybrid recommended. Front & Rear lights required. Many area trails will be explored including some occasional unmarked ones..

Order Form

Elmhurst Bicycle Club—2002 Cycling Wear

Please complete the Order Form, include a *check* for the Total amount shown, and send to Tom Eggers at the address noted below. If you have questions, call Tom at 630-782-6205. **Order deadline is March 1, 2002**

Note: Minimum EBC TOTAL ORDER SIZE *FOR EACH GROUP* IS 25 ITEMS. IF TOTAL ORDER SIZE IS LESS THAN 25 ITEMS WITHIN A GROUP, THAT GROUP WILL BE CANCELLED AND A FULL REFUND WILL BE MADE TO THE PURCHASER. IF EBC TOTAL ORDER SIZE IS 50 OR MORE ITEMS IN ANY GROUP, MEMBERS PURCHASING ITEM(S) IN THAT GROUP WILL RECEIVE A REBATE AS NOTED. PRICES INCLUDE SHIPPING TO THE EBC. DELIVERY TO MEMBERS WILL BE BY ARRANGEMENT.

Order for:		
Name:	Email:	
Address:		
City:	State:	Zip:
Day Phone:	Evening Phone:	

Group #	Item Description	M	L	XL	2XL	3XL	Quantity	Price Each @ order size of 25	Total	Rebate if EBC Order of 50+
1	Short Sleeve Jersey—Men's							\$60.00		(\$13.00)
1	Short Sleeve Jersey—Women's							\$60.00		(\$13.00)
1	Sleeveless Jersey—Men's							\$60.00		(\$13.00)
1	Sleeveless Jersey—Women's							\$60.00		(\$13.00)
1	Sleeveless Wind Shell Vest—Unisex							\$58.00		(\$13.00)
2	Shorts—Men's Black (Cantara Pad)*							\$47.75		(\$5.00)
2	Shorts—Women's Black (Monolith Pad)*							\$47.75		(\$5.00)
3	Long Sleeve Jersey—Men's							\$69.00		(\$13.00)
3	Long Sleeve Jersey—Women's							\$69.00		(\$13.00)
3	Wind Shell Jacket—Unisex							\$66.00		(\$13.00)
3	Thermal Jacket—Unisex							\$94.00		(\$3.00)

Note: See Cue Sheet (newsletter) for descriptions of pad options in shorts. If no pad is specified, Cantara (for men) or Monolith (for women) will be ordered for you.

Total for items (@ order size of 25):

Delivery will be in mid May, 2002
Please include a check for the Total amount shown at right: _____

Return to:
Tom Eggers
4 Elm Creek Drive #304
Elmhurst, IL 60126

630-782-6205
bikedude53@attbi.com

For EBC Administration Use Only:

Check #:
Amount Received: \$
Date Submitted to Treasurer:
Notes:

Directions to ride starting locations

Starting Point	Directions
Community Bank of Elmhurst Elmhurst, IL	330 West Butterfield Road, at the intersection of Butterfield Road and Spring Road. The Community Bank is on the southwest corner. Meeting room is on the second floor. Please don't bring bikes into the meeting room.
Depot Elmhurst, IL	Rides start from the public parking lot just east of York Road on Vallette Street. Vallette St. is ¼ mile south of St. Charles Road, York Road is 1 mile west of I-290.
Gazebo Glen Ellyn, IL	On the Prairie Path between Park Ave and Main Street. By car, take Roosevelt Road (Route 38) or North Ave. (Route 64) to Main Street Glen Ellyn (about 1 ¼ miles west of I-355) and head into downtown Glen Ellyn. The Gazebo is in the middle of the train station parking lot on the south side of the UP tracks.
Busse Woods Elk Grove Village, IL	Take I-290 (Route 53, I-355) to Biesterfield Road East. Beisner Road is the 1 st light East of I-290. Turn North (left) on Beisner Road. Busse Woods entrance is approximately 2 blocks on the left. Ride starts in the first parking lot from the entrance.
Spring Rock Park Western Springs, IL	Spring Rock Park is located at 47 th Street and Central, just East of I-294 (Tri-State Tollway). The parking lot entrance is off Central north of 47th Street.
Villa Park Depot, Villa Park, IL	The Villa Park Depot is located at the intersection of Villa Ave. & Park Ave. on the IPP. Approximately 2-3 blocks South of the Villa Ave. & St. Charles Road intersection in Villa Park.
Volunteer Park Wheaton, IL	Milepost zero on the Prairie Path Main Stem., at the intersection of Liberty and Carlton Streets in Wheaton. ¼ mile north of Roosevelt Road, ½ mile west of Main Street / Schmale Road.
Puffer School Downers Grove, IL	Puffer School is on Belmont Avenue at Prairie Ave., about ½ mile south of Ogden Avenue.
Big Apple Bagels Elmhurst, IL	Big Apple Bagels is located at the corner of York Street and Schiller Ave. in downtown Elmhurst. Schiller is about ¼ mile south of North Ave. (Route 64) and York Street is about 1 mile west of Interstate 290. Note that York Street is one way going North through downtown.

MEMBERSHIP APPLICATION

Individual(\$15) Family(\$20) New Renewal

[Indicate with ** next to any information you **do not want** to appear in the club directory]

EBC's membership year runs from January 1 to December 31.

Joining after October 1 continues your membership through the following year.

Name _____
(If family membership, list names of all members)

Address _____
(Street) (City) (State) (Zip)

Phone—Home _____ Work _____ E-Mail _____
 — Check here if you **do not** want your email address to be added to the club list server.

The Following Is A Release And Waives Your Rights In the Event of Injury and/or Death. In consideration of being permitted to be a member of Elmhurst Bicycle Club and to participate In club rides and/or events, including transportation to and from same, I do hereby for myself, my heirs, executors and administrators, release, waive and forever discharge Elmhurst Bicycle Club, its officers and members from any and all claims, demands, actions or liabilities on account of any injury to me which may occur from any cause whatsoever, including negligence or other fault on the art of anyone released hereunder, during my participation In or transportation to or from said rides and/or events. I ACKNOWLEDGE I AM AWARE OF THE RISKS AND HAZARDS INHERENT UPON ENGAGING IN SAID CLUB ACTIVITIES, AND I DO SO ENTIRELY UPON MY OWN INITIATIVE, RISK AND RESPONSIBILITY. I FURTHER UNDERSTAND THE CLUB DEPENDS ON ITS MEMBERS TO PROVIDE AND LEAD CLUB ACTIVITIES AND THAT THOSE MEMBERS RELY ON THE PROTECTION AFFORDED HEREUNDER. I hereby further agree to operate my bicycle in a manner that is safe to me and those around me, to observe all applicable safety regulations and to conduct myself In a manner that will be complimentary to the sport of bicycling. It Is my intent that this release and waiver apply at all times, notwithstanding that my membership in the Elmhurst Bicycle Club may have expired, elapsed, been renewed or reinstated after a period of non-membership. I FURTHER ACKNOWLEDGE THAT I HAVE READ THE FOREGOING RELEASE AND WAIVER AND UNDERSTAND IT, INCLUDING THAT IT IS INTENDED TO COVER OCCURRENCES WHICH MAY NOT YET HAVE OCCURRED AND WHICH ARE UNKNOWN TO ME, AND NOTWITHSTANDING THE FOREGOING, I SIGN IT VOLUNTARILY WITH THE FULL INTENT THAT IT BE FOREVER ENFORCEABLE.

Date _____ Signature _____

Signatures of adult family members for family Membership _____

Mail to: **Elmhurst Bicycle Club**
P.O. Box 902
Elmhurst, IL 60126

AFFILIATED WITH THE CHICAGO AND BICYCLE FEDERATION,
THE LEAGUE OF AMERICAN BICYCLISTS,
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www.elmhurstbicycling.org

Elmhurst, Illinois 60126
P.O. Box 902
Elmhurst Bicycle Club

The Slang Gang by BikeDude53



Now that the weather is getting a little colder, only the real *hard-cores* are out riding. Don't be afraid of *snowmines* (an object hidden by snow). Remember, it's a lot harder to take a *soil sample* if the ground is frozen!

Lesson #2:

- *Betty* (EBC use only, but could catch on world-wide)- to run over an animal while riding. "Did you see Lou? She really bettied that squirrel as we came 'round the last turn!" Universal usage- any female rider.
- *Dialed in*- when your bike is set up nicely and everything is working well. Everyone should try to keep their bikes "*dialed*"
- *Gravity check*- to fall
- *Schwag*- bike stuff given away at trade shows, during promotions etc.
- *Sitting in*- to be lazy and never take the lead when, for example, riding into a headwind with a group
- *Velo-porn*- great looking bike stuff advertised in catalogues, magazines etc. May lead to *checkus bouncus mortis* (a common, sometimes fatal disease during the off-season)
- *Wrench*- a bike mechanic, or someone who is good at fixing bikes ("That Ted! What a wrench!")

Time to put those holiday *giblets* (neat little add-ons, usually lightweight and very expensive) on your bike, bundle up and ride!