



Social Activities for July 2017

You're invited! Please call Sparkle to make a reservation (1-855-569-5462).

Lake of the Woods Independence Day Parade, Saturday, July 1, 8:45 a.m. to 12:00 noon.



Get ready to cheer for Lake of the Woods and for LOWLINC in the Independence Day Parade! The vintage red pick-up truck will be decorated with thousands of paper flowers as well as balloons. Music will entertain and volunteers walking alongside the truck will hand out candy along the parade route.

LOWLINC members have been invited by the Varela family to watch the parade from their driveway. Their home is located at the intersection of Lakeview Parkway and Yorktown Boulevard, where the parade starts.

Volunteers will pick up members at 8:45 a.m. The parade is scheduled to start at 9:30 a.m. and will take about 2 hours. We ask attendees to bring a lawn chair and an umbrella as we will be sitting on the driveway. Bring water and sunscreen too. This parade is expected to be the "biggest and best" yet as LOW celebrates its 50th Anniversary.

LOWLINC Speaker Series: Driver Safety. Presented by Nancy Lo. Monday, July 10. 10:30 a.m. Community Center. Free. LOW Community invited.



Driving a car is important to most of us--seniors included. We may wonder how long we can safely keep driving.

Nancy Lo, Virginia GrandDriver Coordinator with the Virginia Department of Aging and Rehabilitative Services, will discuss the effects of aging on the ability to drive, including warning signs to be aware of while driving; safety tips to remain mobile; and the CarFit program and licensing law that passed in 2016. Her presentation will also provide information about the DMV Medical Review process. The Virginia GrandDriver program is a public awareness campaign designed to help seniors stay mobile as they age.

Shopping & Lunch at Battlefield Country Store, Tuesday, July 18, 9:45 a.m. to 12:30 p.m.



The **Battlefield Country Store** on Route 3 in Spotsylvania offers a lot to see and do! The store has fresh meats, vegetables, soups, and fresh baked items, as well as every kind of candy, chip, herb and snack you can imagine. And the lunches..oh my!

We will meet at the Clubhouse lower level at 9:45 a.m. and travel together. We'll spend about an hour browsing

inside and out, place our lunch orders about 11:00 and gather at the picnic tables on the front porch to enjoy our wonderful food and great conversation. We will receive a 10% discount on our lunch orders. Those of you who went on our house tour in Fredericksburg will remember their delicious -- and generous! --sandwiches!

Game Day/Pizza Party, Wednesday, July 26, 10:30 a.m. to 1:00 p.m., Community Center.



We will meet at the Community Center to enjoy each other and the games and prizes for all our winners. We will have Bingo, Crazy 8's, Left/Right/Center, Scrabble, Parcheesi, Dominoes, and much more. Popcorn and fun are all on the menu. Anyone who would like pizza for lunch may bring \$5.00 and we will order for you. If pizza is not your favorite, feel free to bring a bag lunch. Bottled water will be

provided. Just let Sparkle know if you would like to attend.

We have had a lot of fun playing fun games and sharing a "slice" or two. If you haven't tried "Game Day" yet, give it a chance. We promise you, it will leave with a smile on your face!



Other Happenings at the Lake (Call Sparkle if you need a ride)

Vision Impaired Support Group will not meet in July. Their next meeting is August 1 at the Community Center. The group is intended for community members with impaired vision. It offers the opportunity to discuss common problems and solutions related to vision issues. For more information please contact Gail Sauro at 972-1629.

AARP Monthly Meeting, Monday, July 17 at 9:30 a.m. at the Clubhouse. All are welcome.

Civil War Study Group. Friday, July 28 at 10:30 a.m., Lower Level of the Clubhouse. CWSG Board Member Bob Johnson will present his changes to the National Park Service Wilderness Battlefield Driving Tour. He will also briefly cover his experiences using GPS technology when mapping out historic roads and trails.

LOWLINC Service Requests

A reminder to LOWLINC members: Sparkle takes requests for LOWLINC services Monday through Friday from 10:00 a.m. to 3:00 p.m. We request 48 hours' notice when at all possible. You can always leave a message at the LOWLINC number (1-855-569-5462), and Sparkle will respond to your call the next business day.