



## Upcoming Social Activities

**You're invited! Please call Sparkle to make a reservation (1-855-569-5462)**

### **Winter Social Gathering. Tuesday, January 30. 9:30 a.m. Fareways.**

LOWLINC's Volunteers Committee has invited members to join them for breakfast and/or coffee at Fareways. This will be an informal social hour to help combat winter cabin fever. 😊 Join us for an hour or two of conversation and company. (Members pay for their meal.)

### **Speaker Series: Lee Frame, Orange County Supervisor: The County's Emergency Plan. Tuesday, February 6. 10:30 a.m. to noon. Community Center. No charge.**



Orange County Supervisor Lee Frame will discuss the organization of the county's emergency preparedness plan, including:

- what it contains
- how it relates to normal operations
- how it impacts individual citizens
- how citizens can better prepare for emergencies

The LOWLINC Speaker Series is open to LOWLINC members, volunteers and Lake residents. Please tell your friends and neighbors, and invite them to come.

### **Lunch at the Generals' Quarters Restaurant. Monday, February 12. 11:30 a.m.**



Our monthly meal with members and volunteers is our highest-attended activity! February's lunch will be held at the General's Quarters Restaurant located in the Locust Grove Town Center on Route 20. Join us for lunch at this popular eatery. A special menu may be offered once we determine how many people will be attending.

### **Opera at The Regal Theater in Fredericksburg, Saturday, February 24. 12:30 p.m. Tickets \$25.44 (senior price).**



The Metropolitan Opera simulcasts its live productions at selected movie theaters around the country. Experience the opera just as if you were sitting at the Lincoln Center in New York! The broadcast is about 3 hours 30 minutes long, with an intermission. The opera we will see is Puccini's *La Bohème*, one of the most beloved operas of all time. It tells the story of a love affair between a poor poet and an equally poor seamstress in 19th century Paris. The opera is in Italian, with English subtitles. If you have never seen an opera performed, *La Bohème* is the place to start!

## A Musical Afternoon at Lone Pine Landing. Sunday, February 25. 3:00 p.m.



Members and volunteers are invited for an afternoon of singing or just listening at the home of Sid and Karin Mollard. Elizabeth Arndt, accompanied by Karin, will present favorite songs from the '40s, '50s, and '60s. You'll hear your favorite show tunes, love songs, some old favorite Sinatra tunes and so much more. If you feel the urge to sing along, we'll have printed words available. The familiar Carpenter's song said it best: "Sing, sing a song . . . don't worry if it's not good enough for anyone else to hear--- just sing-- a song!" Come join in for some wonderful music, light food and drink and lots of fun. Hope to see you there! Please RSVP to Sparkle. No charge.

**Speaker Series: Dr. Craig A. Reigel of the Virginia Orthopaedic and Spine Center will talk about issues associated with shoulder health. More details will be in the March Flyer. Tuesday, March 6. 10:30 to to noon. Community Center. No charge.**

**Member Social & Pizza. Monday, March 12. 10:30 a.m. to 1:00 p.m. Community Center.**



**Welcome to all members and interested volunteers.** We have been working at providing LOWLINC folks an opportunity to get to know one another better. We have a great room at the Community Center for 2 ½ hours to do whatever we would like. In January, three members brought their Majhong boards and began to teach interested folks how to play.

Another group set up a UNO card game, while a third group played a very competitive game of dice! We hope you will consider coming out to see if we can offer an activity you might enjoy. Just sitting at a table with a cup of coffee (provided free of charge) may be a nice break from your normal routine. At noon, we order pizza (\$ 5.00 each) or you can bring your own lunch. We have enjoyed these sessions very much and encourage you to come and see for yourself!

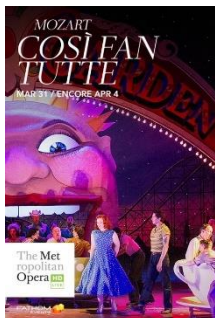


**Lunch at MAMA'S PIZZA & SUBS. Monday, March 19. 11:30 a.m.**



We'll scoot up Route 20 to Mama's Pizza and Subs in the Locust Grove Town Center. All manner of Italian fare is available: pizza, subs, Stromboli, Calzone and pasta. Seafood, salads and hamburgers also are on the menu.

**Wolfgang Amadeus Mozart's Opera: *Così fan Tutte*. Regal Theater, Fredericksburg. Saturday, March 31. 12:55 p.m. \$25.44.**



This opera is a favorite of the Metropolitan, and is a story of love among the nobles. If you haven't tried this yet, give it a chance. It is quite an experience. The seats are comfortable, the sound is excellent, and they begin with an explanation of the story and characters. The cameras for the live events are placed in the orchestra pit, making you feel like you're front and center. It is almost better than being there, and we probably couldn't afford seats with this view if we were in NYC! The performance is 4 hours, with an intermission.