

**Lake Currents Article**  
**April 15, 2016 Issue**

**LOWLINC Volunteers Complete 97 Services in March; RRCS Van Transport Grows**  
Mary-Jane Atwater, Chair, LOWLINC Board of Directors

In March alone, LOWLINC volunteers completed 97 service requests to our members – a milestone for our new organization that helps seniors remain safe and independent in their homes as long as possible.

Transportation to appointments, the barber shop, grocery store and other locations topped the list at 31 percent. Friendly visits and check-in calls along with convenience services/errands were in high demand too. Volunteers also provided dog walking, home maintenance, social outings and computer support. This high volume of services to LOWLINC members was made possible due to the committed efforts of our 63 volunteers and the dedicated work of Coordinator Sparkle Capitano, who links volunteers with members' service requests. Thank you to our volunteers and Sparkle!

Community use of the Rappahannock Rapidan Community Services van parked here at the lake is growing. In March, the van transported 13 people to medical or legal appointments, and RRCS-trained drivers transported an additional five in the volunteers' vehicles. Of these 18 rides, half were for LOW residents and the balance for residents of Orange County. LOWLINC arranged for the RRCS van to be brought to the lake as a service to the LOW and eastern Orange communities.

Are you interested in volunteering to help LOW seniors who want to stay in their homes? Or are you an older LOW resident who would like to feel more confident about being able to stay in your home as time goes on? LOWLINC began providing services to members in January, and we continue to accept applications for membership and volunteering. Please visit our website at [www.lowlinc.org](http://www.lowlinc.org) or call 1-855-LOWLINC (569-5462) for more information.

[Photo caption] On March 18, LOWLINC held a Founding Members coffee at the Community Center where members met one another and the LOWLINC Board of Directors and committee chairs.