



Upcoming Social Activities

You're invited! Please call Sparkle to make a reservation (1-855-569-5462)

Stage Alive: The Side Street Strutters. Tuesday, April 10, 7:30 p.m. Culpeper County High School Auditorium. \$10 per ticket.



Here's how Stage Alive describes this ensemble: "The Side Street Strutters with vocalist Meloney Collins invite audiences to enjoy a potpourri of jazz, pop and R and B melodies which have shaped our musical landscape. Songs that inspired, lyrics that reflected a particular time in our country's history, and melodies that played a significant role towards the development and enjoyment of American music. This popular show combines Ms. Collin's sassy, yet sultry, personality and soulful voice, with the Strutters' exciting musical arrangements, personable humor and showmanship. The result is a musical theater experience capturing the essential charm and vibrant energy of the golden age of jazz."

Tickets are \$10 each, payable the night of the performance. LOWLINC members and volunteers will meet at the Club House lower level parking lot at 6:15 p.m., hand in your payment, then drive to the high school for the 7:00 p.m. performance. Call Sparkle to let her know you're attending.

Speaker Series: Annie Marris, Alzheimer's Association. *Effective Communications Strategies*. Wednesday, April 11. 1:00 to 2:30. Community Center.

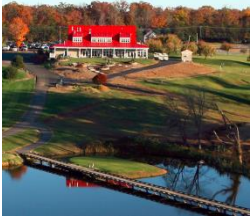


If you have a loved one or friend with Alzheimer's or other forms of dementia, this presentation will help you. Knowing what changes can occur over time, anticipating these changes and knowing how to respond can greatly help everyone. Annie Marris, Family Services Director of the Alzheimer's Association for Central and Western Virginia, will speak about the stages of the disease and communications strategies as people progress through these stages and the ability to use words diminishes.

Annie is a Licensed Clinical Social Worker. She has worked in this field for many years, facilitating support groups, as well as providing family and individual care consultations to help navigate the progression of Alzheimer's and other dementias.

The LOWLINC Speaker Series is open to LOWLINC members, volunteers and Lake residents. Please tell your friends and neighbors and invite them to come.

Lunch at Meadows Farms Golf Club. Monday, April 16. 11:30 a.m.



We will visit our neighbor, Meadows Farms Golf Club on Flat Run Road, and enjoy a springtime lunch on the terrace overlooking the golf course and ponds. If the weather doesn't cooperate, we will eat in the dining room inside. The menu is regular lunch fare of, burgers, sandwiches and wraps, and PB&J to feed your inner kid. Attendees pay for their own meals. Join us as we welcome spring back to Virginia.

LOW Players Present *Play On*. Sunday, April 29, 2:00 p.m.



Join us for another great performance from our own Lake of the Woods Players, as they enact a story about community theatre, and all the things that can go wrong and right when putting on a production by an amateur playwright, who is "helping" the director. The play is a "murder mystery" that doesn't seem to really have a murder in it. This one will have you laughing in the aisles...it's billed as a "hilarious love letter to community theatre." Come and enjoy an afternoon at the theatre.

LOWLINC has a table of 10 for the matinee performance on Sunday, April 29. Tickets are \$20 each, payable by check to LOWLINC and mailed to P.O. Box 518, Locust Grove, VA 22508. Reserve your seat with Sparkle.



LOWLINC Member Services. We have had a few inquiries about the specific services members can request. For example, have you ever wondered if a LOWLINC volunteer will hang a picture for you? The answer is YES! Attached for your reference is a list of services LOWLINC typically provides and a list of services that are out of our scope. If you don't see what you need on the list, a quick call to Sparkle will answer your question.

LOWLINC Member Directory. The LOWLINC Member Directory will be published in April and distributed to LOWLINC members who opted to be included. If you haven't responded and want to be included, call Sparkle.

Vision-Impaired Support Group. Tuesday, April 3, at 10:00 a.m. in the Community Center. The group is intended for community members with impaired vision, offering the opportunity to discuss common problems and solutions related to vision issues. The speaker will be Kristi Moore, a representative from NuEyes, a veteran-owned U.S. business that makes eyeglasses for people with low vision. Called "smartglasses," the eyewear can help with a wide variety of vision conditions. Visit their website at www.nueyes.com. For more information about the meeting, contact Gail Sauro at 972-1629.

AARP Tax Preparation. Free tax preparation services are available from trained AARP volunteers, Fridays and Saturdays through mid-April. Call 540-972-5339 for more info and an appointment.