




Your unbiased
guide to senior living & retirement



Enter City or Zip Code

Search

Enter an address to see local care options
or call.

 (866) 859-7420 (tel:+1-866-859-7420)

(Open: 6:00 AM - 10:00 PM CDT)

Speak with a Senior Housing Specialist Fast & Free!

For those who need it, Complete the form below to get started!

Find Assisted Living in your area:

Enter your location below:



Why use SeniorLiving.org?

- ✓ Largest directory of Assisted Living options online.
- ✓ Over 100,000 consumer reviews.
- ✓ Get info on amenities, photos and pricing.

Aging in Place



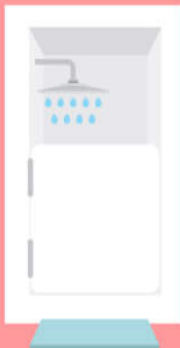
Most seniors prefer to **age in place**, in the comfort of their own homes, instead of moving to a care facility. Follow this guide as you plan for yourself (or a loved one) to continue living at home through the golden years.



CONSIDER THESE COMMON HOME REMODELS FOR AGING IN PLACE SAFELY AND COMFORTABLY

01

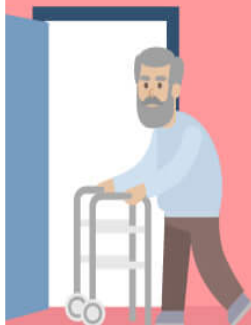
Install a Walk-In Bath/Shower



Prevent falls with a small door, allowing you to walk into the tub or shower. A handheld showerhead is also useful for those with decreased mobility.

02

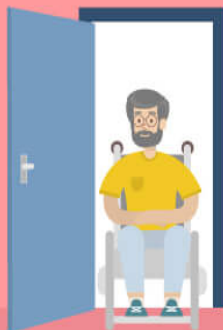
Remove Uneven Flooring



Raised thresholds and decorative rugs can be tripping hazards, especially for someone using a walker or a wheelchair.

03

Create Wheelchair Accessibility



Install an outdoor ramp to the entryway, widen doorways, and rearrange furniture to make it easier to move around in a chair.

04

Get a Bathroom Seat



Whether it's part of the shower, toilet, or a movable seat, having somewhere to sit is essential for anyone with loss of balance.

05

Make Copies of Keys



Nearby loved ones and trusted caregivers should have a copy of the house key so they can get in quickly in an emergency.

06

Add Grab Bars and Handrails



These are useful in any place where you transition from sitting to standing, or must step over an obstacle (like the side of the tub).

WHY CONSIDER IN-HOME CARE?



Ease the transition to assisted living



Keep loved ones company



Keep loved ones in their homes longer



Relieve mental and physical strain on family members



Prepare meals and supervise medication



Provide transportation around town



Assist in bathing and dressing



KNOWING WHEN YOU NEED
SENIOR HOME CARE

Consider hiring a senior caregiver if your loved one experiences any of the following:

- Lapses in personal hygiene and grooming
- Impaired driving ability
- Forgetting appointments, birthdays, and other notable events
- A slowing down of thought processes
- Lapses in home chores
- Shifts in attitude
- Decreased participation in hobbies or socializing
- Trouble handling finances
- Becoming lost easily
- A serious illness

Agency

**Finding the Right
Caregiver**

Household
Employee

Resources:

<http://info.homeworksolutions.com/blog/bid/101679/Home-Sweet-Home-Tips-for-Aging-in-Place>
http://www.nytimes.com/2013/09/10/business/retirementspecial/choices-give-new-meaning-to-home-sweet-home.html?pagewanted=all&_r=0
<http://www.50plusfinanca.com/2016/10/4-ways-to-help-aging-loved-ones-stay-in-their-homes.html>
<http://info.homeworksolutions.com/blog/elder-care-time-for-help>

Give Us Your Comments About This Page. This area is not for asking for help .

Name:

Email:

Comment:

I'm not a robot

reCAPTCHA
[Privacy - Terms](#)

Add Comment

Comments

Be the first to comment on this article.

[Add Your Listing \(/basics/advertising/\)](/basics/advertising/) [Sitemap \(/basics/sitemap/\)](/basics/sitemap/)
[Contact Us \(/basics/contactus/\)](/basics/contactus/) [About Us \(/basics/aboutus/\)](/basics/aboutus/)
[Submit a Story \(/basics/story.cfm/\)](/basics/story.cfm/) [Log On \(/acc/accountlogon/\)](/acc/accountlogon/)

TO GET IN TOUCH

Send an email to help@seniorliving.org (<mailto:help@seniorliving.org?subject=feedback>)