| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 1. | 0.0 | - | Start of route | 0.0 |
| 2. | 0.0 | $\leqslant$ | Leave START / <br> FINISH. Facing Lake Michigan, L onto service road. For HELP on the ride call 855-2425600 | 0.2 |
| 3. | 0.2 | $\uparrow$ | Continue onto Clark St | 0.3 |
| 4. | 0.5 | $\uparrow$ | Continue onto Elgin Rd | 0.1 |
| 5. | 0.6 | $\Rightarrow$ | R onto Sherman Ave | 0.8 |
| 6. | 1.3 | $\uparrow$ | L onto Lincoln St | 1.4 |
| 7. | 2.7 | $\Rightarrow$ | R onto Mcdaniel Ave | 0.2 |
| 8. | 2.9 | $\Rightarrow$ | Slight jog R at stop light at Central | 0.0 |
| 9. | 2.9 | - | Immediately L to continue on Mcdaniel Ave | 0.3 |

2.9 miles. $+66 /-38$ feet

| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 10. | 3.2 | ¢ | L onto Isabella St | 0.5 |
| 11. | 3.7 | $\Rightarrow$ | R onto Central Park | 0.2 |
| 12. | 3.9 | ¢ | L onto Wilmette Ave | 0.8 |
| 13. | 4.7 | - | Slight L onto Glenview Rd | 1.5 |
| 14. | 6.2 | $\Rightarrow$ | R onto Laramie Ave | 1.1 |
| 15. | 7.3 | $\Rightarrow$ | R onto Illinois Rd | 0.1 |
| 16. | 7.4 | 4 | L onto Frontage Rd | 0.7 |
| 17. | 8.1 | 4 | L onto Winnetka Rd | 0.3 |
| 18. | 8.4 | $\Rightarrow$ | R onto Northfield Rd | 0.5 |
| 19. | 9.0 | $\uparrow$ | Continue onto Old Willow Rd | 0.3 |
| 20. | 9.3 | $\Rightarrow$ | R onto N Happ Rd | 1.5 |
| 21. | 10.8 | $\Rightarrow$ | R onto Sunset Ridge Rd | 0.8 |

7.9 miles. $+74 /-44$ feet

| Num | Dist | Type | Note |
| :---: | :---: | :--- | :--- |
| 33. | 19.0 | $\rightarrow$ | Next |
| R onto Kimberly Ln |  |  |  |
| into REST STOP at |  |  |  |
| Northcroft Park |  |  |  |$)$


| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 40. | 28.9 | - | L onto Saddle Hill Rd | 0.4 |
| 41. | 29.3 | $\Rightarrow$ | R onto White Fence | 0.2 |
| 42. | 29.5 | 4 | L onto O'Plaine Rd | 4.6 |
| 43. | 34.1 | $\Rightarrow$ | R onto Old Grand | 0.1 |
| 44. | 34.2 | $\uparrow$ | L into REST STOP at Viking Park. | 0.1 |
| 45. | 34.3 | 4 | Exit rest stop by going back the way you came in. L onto Old Grand Ave | 0.4 |
| 46. | 34.7 | $\leftarrow$ | L onto N Delany Rd | 4.0 |
| 47. | 38.7 | - | L onto W Wadsworth Rd | 0.5 |
| 48. | 39.2 | $\Rightarrow$ | R onto N Kilbourne Rd | 5.0 |
| 49. | 44.3 | $\uparrow$ | Continue onto 88th Ave | 1.5 |


| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 50. | 45.8 | $\leqslant$ | L onto 104th St/Lakeview Pkwy | 0.6 |
| 51. | 46.4 | $\Rightarrow$ | R onto Terwall Terrace | 0.9 |
| 52. | 47.2 | $\uparrow$ | Continue onto 95th St | 1.1 |
| 53. | 48.4 | $\uparrow$ | Cross Green Bay Rd and continue straight, becomes Dabbs Farm Rd | 0.3 |
| 54. | 48.7 | $\uparrow$ | Continue straight onto 93rd St | 2.8 |
| 55. | 51.5 | $\rightarrow$ | R onto 91st St | 0.8 |
| 56. | 52.3 | $\uparrow$ | Continue onto 7th Ave | 0.7 |
| 57. | 53.0 | $\Rightarrow$ | R onto 85th St | 0.2 |
| 58. | 53.2 | $\uparrow$ | Continue onto 3rd Ave | 0.1 |
| 59. | 53.3 | 4 | L onto 86th PI | 0.1 |

9.0 miles. $+100 /-193$ feet

| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 60. | 53.4 | $\uparrow$ | Continue straight onto 1st Ave/Lakeshore Dr | 1.9 |
| 61. | 55.3 | $\leqslant$ | L onto 1st Ave/Lakeshore Dr | 1.1 |
| 62. | 56.4 | $\Rightarrow$ | R onto 116th St | 0.7 |
| 63. | 57.1 | + | L onto Sheridan Rd | 1.7 |
| 64. | 58.9 | - | L onto 7th St | 0.2 |
| 65. | 59.0 | 4 | R onto Landon Ave | 0.3 |
| 66. | 59.3 | - | L onto 9th St/Park Ave | 1.1 |
| 67. | 60.3 | $\Rightarrow$ | R onto 17th St | 0.2 |
| 68. | 60.5 | - | L onto Lakeview Ave/Elizabeth Ave | 1.7 |
| 69. | 62.3 | $\Rightarrow$ | R onto 31st St | 0.2 |
| 70. | 62.4 | - | L onto Sheridan Rd | 0.9 |
| 71. | 63.4 | $\Rightarrow$ | R onto W Talmadge Ave | 0.5 |
| 72. | 63.9 | - | L onto N North Ave | 1.8 |


| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 73. | 65.7 | $\Rightarrow$ | R onto Blanchard Rd | 0.3 |
| 74. | 66.0 | - | L onto N Jackson St | 0.8 |
| 75. | 66.8 | 4 | L onto Golf Rd | 0.3 |
| 76. | 67.1 | 4 | Slight L onto W Greenwood Ave | 0.3 |
| 77. | 67.4 | 4 | L onto N Sheridan Rd | 0.2 |
| 78. | 67.6 | $\Rightarrow$ | R onto Jack Benny Dr | 0.0 |
| 79. | 67.6 | $\uparrow$ | Continue straight to stay on Jack Benny Dr | 0.2 |


| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 80. | 67.8 | $\leqslant$ | Exit rest stop through back of park using sidewalks. Slowly, carefully cross small wooden bridge over creek. Exit through parking lot to emerge onto Greenwood Ave. | 0.1 |
| 81. | 68.0 | - | L onto W Greenwood Ave | 0.3 |
| 82. | 68.3 |  | R onto Pershing Rd | 1.9 |
| 83. | 70.2 | $\uparrow$ | Continue onto Market St | 0.2 |
| 84. | 70.4 | $\Rightarrow$ | R onto Belvidere St | 0.1 |
| 85. | 70.5 | 4 | L onto S Genesee St | 0.2 |
| 86. | 70.7 | $\Rightarrow$ | R onto Amstutz Expy / Sheridan Rd | 1.9 |


| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 87. | 72.6 | $\Rightarrow$ | R onto Broadway Ave | 0.8 |
| 88. | 73.4 | $\uparrow$ | Continue onto Grove Ave | 0.0 |
| 89. | 73.4 | - | L onto 22nd St/Martin Luther King Jr Dr | 0.5 |
| 90. | 73.9 | $\Rightarrow$ | Cross Bobby E Thompson Expy and train tracks. R onto Sheridan Rd | 0.9 |
| 91. | 74.8 | $\Rightarrow$ | R onto D St | 0.0 |
| 92. | 74.8 | - | L onto Robert McClory Bike Path at Great Lakes Metra Station | 1.9 |
| 93. | 76.7 | $\leqslant$ | L onto E Scranton Ave at Lake Bluff Metra Station | 0.7 |
| 94. | 77.4 | 4 | L onto Mountain Ave | 0.1 |

3.1 miles. $+70 /-71$ feet

| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 95. | 77.5 | $\uparrow$ | Continue onto Sunrise Ave | 0.2 |
| 96. | 77.7 | 4 | L to stay on Sunrise Ave | 0.1 |
| 97. | 77.8 | $\Rightarrow$ | Sunrise Ave turns $R$ and becomes Ravine Ave | 0.3 |
| 98. | 78.1 | - | L onto Moffett Rd | 0.3 |
| 99. | 78.4 | ¢ | L to stay on Moffett | 0.3 |
| 100 | 78.7 | $\uparrow$ | Continue onto N Sheridan Rd | 1.7 |
| 101 | 80.4 | $\Rightarrow$ | R onto Rosemary Rd | 0.4 |
| 102 | 80.7 | $\leftarrow$ | L onto E Illinois Rd | 0.1 |
| 103 | 80.8 | $\Rightarrow$ | Slight R onto Washington Cir | 0.3 |
| 104 | 81.1 | $\Rightarrow$ | R onto Ryan PI | 0.1 |
| 105 | 81.2 | $\uparrow$ | L onto S Western Ave | 0.1 |

3.9 miles. +161/-111 feet
6.6 miles. $+89 /-94$ feet

| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 106 | 81.3 | $\Rightarrow$ | R onto E Onwentsia Rd | 0.2 |
| 107 | 81.5 | $\uparrow$ | L onto S Green Bay Rd | 0.5 |
| 108 | 82.0 | $\uparrow$ | Continue onto S Green Bay Rd | 0.1 |
| 109 | 82.0 | 4 | L onto Briar Ln | 0.2 |
| 110 | 82.2 | $\Rightarrow$ | R onto Beverly PI | 1.0 |
| 111 | 83.2 | $\uparrow$ | L onto Old Elm Rd | 0.4 |
| 112 | 83.6 | $\Rightarrow$ | Old Elm Rd turns slightly $R$ and becomes Simonds Way | 0.2 |
| 113 | 83.8 | $\uparrow$ | L onto Leonard Wood Ave N | 0.6 |
| 114 | 84.4 | $\uparrow$ | Continue onto Logan Loop | 0.1 |
| 115 | 84.5 | $\uparrow$ | Continue onto Whistler Rd | 0.1 |

3.3 miles. $+51 /-107$ feet

| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 116 | 84.6 | $\uparrow$ | Continue onto Patten | 0.4 |
| 117 | 85.0 | $\uparrow$ | At traffic circle continue straight on Patten Rd | 0.5 |
| 118 | 85.5 | $\uparrow$ | Cross Walker Ave and continue onto Fort Sheridan Ave | 0.1 |
| 119 | 85.7 | $\Rightarrow$ | R onto Bloom St | 0.1 |
| 120 | 85.7 | 4 | L onto St Johns Ave | 0.7 |
| $121$ | 86.4 | $\Rightarrow$ | R onto Vine Ave | 0.3 |
| 122 | 86.7 | $\uparrow$ | L onto Midlothian Ave | 0.2 |
| 123 | 86.9 | $\Rightarrow$ | R onto Park Ave W | 0.1 |
| 124 | 87.1 | + | L onto Sunset Rd | 0.1 |

2.6 miles. +94/-57 feet

| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 130 | 88.1 | $\rightarrow$ | R onto Linden Ave | 0.6 |
| 131 | 88.7 | $\uparrow$ | L onto Sheridan Rd | 1.0 |
| 132 | 89.7 | $\uparrow$ | L at stop sign to continue onto Sheridan Rd | 1.0 |
| 133 | 90.7 | $\uparrow$ | L at stop sign to stay on Sheridan Rd | 0.7 |
| 134 | 91.4 | - | L to continue on Sheridan Rd | 2.7 |
| 135 | 94.1 | $\Rightarrow$ | Slight R onto Scott | 0.2 |
| 136 | 94.3 |  | L onto Old Green Bay | 0.4 |
| 137 | 94.7 | $\uparrow$ | L onto Tower Rd | 0.4 |
| 138 | 95.1 | $\Rightarrow$ | R onto Sheridan Rd | 4.3 |
| 139 | 99.4 | $\uparrow$ | Continue straight onto Ridge Ave | 0.3 |

11.5 miles. +256/-315 feet

| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 125 | 87.2 | $\leftarrow$ | L into first entrance (a sidewalk) into Sunset Woods park and REST STOP. | 0.2 |
| 126 | 87.4 | $\square$ | Note: you enter on the west side of the park. You use sidewalks to exit the opposite (east) side of the park. Watch for signs, no orange markings in the park. | 0.0 |
| 127 | 87.4 | $\uparrow$ | Exit park sidewalk onto Elm PI and continue riding on Elm PI | 0.4 |
| 128 | 87.8 | $\Rightarrow$ | R onto Sheridan Rd | 0.1 |
| 129 | 87.9 | 『 | L onto Park Ave | 0.2 |

0.8 miles. $+23 /-16$ feet

| Num | Dist | Type | Note | Next |
| :---: | :---: | :---: | :--- | :--- |
| 140 <br> $\cdot$ | 99.7 | $\leftarrow$ | L onto Central St | 0.1 |
| 141 <br> $\cdot$ | 99.8 | $\rightarrow$ | R onto Sherman <br> Ave | 0.9 |
| 142 <br> $\cdot$ | 100.7 | $\leftarrow$ | L onto Elgin Rd | 0.1 |
| 143 <br> $\cdot$ | 100.9 | $\uparrow$ | Continue onto <br> Clark | 0.5 |
| 144 <br> $\cdot$ | 101.3 | $\boldsymbol{\uparrow}$ | Cross Sheridan <br> Road and continue <br> onto service road. <br> Follow around to <br> START/FINISH <br> banners. | 0.0 |
| 145 | 101.3 | $\boldsymbol{- r}$ | End of route | 0.0 |
| . |  |  |  |  |

