



# Village Santa Cruz News

Jan 2018

## Going Forward in 2018

January is a time to reflect on the past year and to consider what we want going forward in 2018.

On Jan 31, the Village Santa Cruz leadership is planning a half day retreat, 9:00 am-12 noon, to reflect on our first year as an organization and work on

### **ACTION PLAN 2018**

### **Facilitator Wanted**

If you, or anyone you know, is an experienced facilitator and would like to start your New Year doing a good deed while at the same time learning more about Village Santa Cruz by facilitating this workshop pro bono publico, please contact us.

[info@villagesantacruz.org](mailto:info@villagesantacruz.org)



join the  
symposium with  
**Village  
Santa Cruz**

**January 17, 2018**  
**Online Symposium**  
**10:00 am - 3:30 pm**

To ignite the belief that all older adults have a creative voice that has the power to impact personal, community, and policy changes.

**Presented by:** Senior Center Without Walls and Creative Aging San Francisco

**Participate with:** **Village Santa Cruz**

**All Welcome:** come for part or all.

## Village Santa Cruz is Turning One We're Celebrating Join the Fun!



CJ, Dale, & Gloria, aka the Village Fun Girls will host the party.

**WHEN:** **SAT, FEB 3, 2:00 - 4:00 PM**

**WHERE:** **Resource Center for Nonviolence**  
612 Ocean Street, between Water & Soquel

**WHAT:** **GAMES**  
It's all about fun community building

**MUSIC**  
The Trolley Drops Jug Band  
Bring your ukuleles, penny whistles, & voices

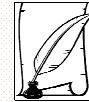
**REFRESHMENTS**  
Text or call Dukh Niwaran at (831) 295-1188  
if you'd like to contribute to refreshments

**WHO:** **Village Santa Cruz MEMBERS**  
Your belief in the power of  
aging in community have gotten us here

## Coming Up...just for members

**Tues, Jan 9, Painting and Crafts: All Level, 1:30 - 3:00 pm** @ member's home.  
No instruction, just good company and a chance to enjoy the process of painting or whatever craft you choose. Supplies are available or you can bring your own. RSVP

**Wed, Jan 10, Outreach Committee Meeting, 12:30 – 1:30** @ Original Ferrell's Donuts, 1761 17<sup>th</sup> Ave. All members welcome to come with their ideas on how to reach out to seniors in Santa Cruz. RSVP



**Thurs, Jan 25, Village Write, 1 – 2:30 pm** @ member's home.  
Using prompts we write short pieces that we can choose to share. No critique, just a thank you for sharing. RSVP

**Wed, Jan 31, afternoon Movie at the Nick/Del Mar followed by discussion.**  
*The Post*, starring Tom Hanks and Meryl Streep. The New York Times review reads: *Set largely during a few anxious weeks in 1971, The Post revisits The Washington Post's decision to publish portions of the Pentagon Papers, an immense classified report that chronicled America's involvement in Southeast Asia from World War II to 1968. In Mr. Spielberg's hands, that decision becomes a ticktock thriller about the freedom of the press, the White House's war on that constitutional right and the middle-aged woman who defended freedom in a fabulous gold caftan.*

We'll check with the theater as it gets closer to the date. **RSVP** if you're interested in joining us and we'll keep you informed.

**Don't forget to mark your calendar for February 3 , 2-4pm  
One-Year Anniversary Party!**

**Fri, Feb 9, 1:00 - 2:30 pm Book Discussion** place TBA  
Sandy facilitated (excellently I must say) our first book discussion. Ten of us met at Abbott Square for a lively conversation about *Two Old Women* by Velma Wallis. Based on an old Alaskan legend, this small book is rich with themes and lessons relevant today.  
**Book for February:** *No Is No t Enough* by Naomi Kline. RSVP



**Disaster preparedness** - read on about how we'd like to help all of our members be better prepared in an emergency. (see page 4)

RSVP to events by emailing [info@villagesantacruz.org](mailto:info@villagesantacruz.org) or calling [\(831\) 824-2404](tel:(831)824-2404)

Or by visiting our website [www.villagesantacruz.org](http://www.villagesantacruz.org) and clicking on the individual event

Remember to log-in to the website to register for member-only events.

## Coming Up...All Welcome

**Mon, Jan 8, 2018, Westside Coffee Chat, 1 – 2 pm** @ Westside Coffee Co, [849 Almar Ave](#)

**Tues, Jan 16, Tuesday Night Live , 4:30 pm - 7:30 pm**, @ the Mid-County Senior Center on Bay Avenue behind (Woodworm Party Supply Store),  
It's a fun evening out, an easy way to gather with your village friends, make new friends, and introduce other seniors to Village Santa Cruz, while enjoying the music, dancing or some new board games. The featured band is Roar Shack, who will get you in the mood to dance. Activity Leader, Tony Alonzo has invited members of **Village Santa Cruz** to share a table and he will give us a few minutes at the microphone to tell our story.

**RSVP** appreciated so we know how to expect [info@villagesantacruz.org](mailto:info@villagesantacruz.org) (831) 824-2404  
Tickets are suggested donation at the door of \$10.00 adults \$5.00, children

**Jan 17, 10:00 am – 3:30 pm, Creative Aging Symposium 2018: Power to Change**, @ Aptos United Methodist Church, [221 Thunderbird Dr., Aptos, CA 95003](#).

A brown-bag, online symposium watch party, hosted by Village Santa Cruz.

Power to Change is an online symposium to ignite the belief that older adults can use their creativity to continue to transform the world. Join us for a day of creative advocacy featuring inspiring speakers and workshops to help remind us that older adults have a creative voice that has the power to impact personal, community, and policy changes.

(full description and agenda on page 5)



Coffee and tea available.

Brown Bag Lunch

You can come for the day or part of the day but please **RSVP**.

**January 17, 1 - 2:00 pm Aptos Coffee Chat** @ Ground Control Coffeehouse and Eatery, [10 Seascape Village Dr., Aptos, CA 95003](#)

**RSVP to events by emailing [info@villagesantacruz.org](mailto:info@villagesantacruz.org)  
or calling [\(831\) 824-2404](tel:8318242404)**



## Emergency Preparedness

Did you feel the earthquake this month? Lately we've had many national and local reminders of the importance of emergency preparedness, with horrendous fires, floods, mudslides, and the resulting loss of power.

### How we can support one another in an emergency?

In December, Grieg Rose, an emergency preparedness trainer, taught Village participants some of the ins and outs of emergency preparedness. We're gearing up to share what we learned with all of our members.

As a project of the linkAges Santa Cruz Village private group, three of us are planning a Disaster Preparedness Work Party Group. A Work Party can consist of five or six members, preferably living in the same area, to reduce travel. We will work together to insure each individual Work Party member is better prepared for an emergency. Possibilities include:

- change batteries & check smoke/CO detectors
- locate water & gas shut-off valves
- clean cooling fins on back of refrigerator
- help build emergency preparedness kit including File-of-Life
- help problem-solve individual roadblocks to emergency preparedness.

If this is something that interests you, contact Mary at [villagescmhowe@gmail.com](mailto:villagescmhowe@gmail.com)

### For your information

## Santa Cruz CERT

(Community Emergency Response Team)

has a lot of good information on disaster preparedness

Including a great program called Map Your Neighborhood

Check out their page <http://santacruzcountycert.org/resources/>

### 2017 Solutions Summit Report

In October, 2017, the Seniors Council of Santa Cruz and San Benito Counties held a Solution's Summit to identify challenges that seniors and people with disabilities face in these counties and to brainstorm solutions.

From this daylong conference, six ongoing Work Groups have formed and continue to work towards the identified solutions.

To get a copy of the 2017 Solutions Summit Report go to <http://www.seniorscouncil.org/>

