



## Yard Sale Fundraiser, a Great Success!

We took in \$750. A huge thanks to Dody and Tom especially for all their work. Dody spent countless hours to make this happen. And always with that magical smile you see on her face



But of course, there were many people who put in time and donated items, all very important to the success. As with most everything in life, community working together is the best road to success.



*Yes, Dody, buy it!*

## Speaking of a Group Effort... Much Appreciation For All Who Pitched in at the Work Party!

A note from Mary: Don & I want to thank Aviva, Julie, Cheryl, Robin, Alice, Gloria, Aileen, Willow, and Frieda who took time out of their busy lives to spend a Saturday morning helping us with some home tasks.

I donated many craft items to the yard sale after work party folks separated them for give-away, leaving me with a manageable assortment of sorted paint/craft items. Our car battery charger/compressor is now working, my quilt is on its way to being patched and

## Mother's Day MIXER May 9



Celebrating mothers  
Forever in our lives and a part of who we are.

Share a story of your mother.  
We'll have supplies on hand if you'd like to make a card for a special mother in your life.

see page 2 for more details.

## Launch of Village Movement California



The first Northern California Regional Meeting will take place May 9 in Oakland,.

Three of our Village Santa Cruz leaders will attend, learning how the state organization can support our local efforts.

*After the work is done,  
Willow's  
birthday is  
celebrated with a fruit  
tart .*



## Coming Up...for members

**Tues, May 8, Painting/Crafts, 1:30 – 3:00 pm** @ member's home in westside. Open to all members, no matter what your artistic level. We do this for the joy of the process and the good company. We have paints and painting supplies to share or you can bring your own. **RSVP** for address.

**Wed, May 9, Member Orientation, 11:00-11:30am** @ Volunteer Center 1<sup>st</sup> floor community room, 1740 17<sup>th</sup> Ave. We will cover: distribution and review of member handbook, Village Santa Cruz website tour, logging onto website, and how to stay connected. **RSVP**

AND

**Wed, May 9, Monthly Mother's Day MIXER, 11:30 – 12:30** @ Volunteer Center following orientation. Meet & Greet members new and old.

**We're celebrating Mother's Day.** Bring one story of your mom to share. Materials on hand for anyone who wants to make Mother's Day Card for a special woman in your life.

Our outreach coordinator will be available for Village related tech support and questions - so bring your portable device if there's something you'd like help with.

**Feel free to bring brown bag lunch. Or something to share. We'll provide tea. RSVP**

**Fri, May 11, Book Group, 1-2:30 pm** @ **Fri, May 11, Book Discussion, *Exit West* by Mohsin Hamid, 1-2:30 pm**, We've Moved! **Bistro 112**, at the Tannery, 1060 River St., Suite 112. Abbott Square was a bit too lively (noisy) and hard to hear each other, so we've moved to the Santa Cruz Art Tannery's new restaurant, **Bistro 112**. **More details on page 34 RSVP**

**Tues, May 15, Dining Out @ Gilda's on the Santa Cruz Wharf, 6:30pm.** Each month one member of the Dining Group picks a restaurant. This is a nice way to dine out and get to know some of your Village Santa Cruz members a bit more. Aging well is so much about connections!

**Wed, May 16, Conscious Aging (1<sup>st</sup> of six Wednesday classes), 3-5:00 pm @ Dede's home in Seascape. And continuing every Wednesday, same time, for 6 weeks, May 16 - June 20.**

This six week workshop will provide members with a safe forum for sharing our experiences, how we have coped with life's challenges and how we can hopefully adapt positive coping strategies to this final stage of growth. **More about this workshop on page 34**

**Mon, May 21, Afternoon Movie/Discussion.** NOTE: We have moved Movie/Discussion to Mondays. We found that parking downtown for Nick/Del Mar is tough on Wednesday afternoon, due to Farmer's Market. As always, Movie to be determined as we get closer to date and know what is playing. **RSVP**

**Thurs, May 24, Village Writes, 1-2:30 pm** @ member's home in Opal Cliffs area. This group allows members a relaxed, no-pressure space to write. We write short pieces based on prompts. Each person can decide whether or not to read from their writing. Space is limited to 8 participants so pre-registration is suggested. **RSVP**

**RSVP info@villagesantacruz.org (831) 428-5697 register online at website calendar**

**For dates & times of  
ALL WELCOME Events, Volunteer Orientations & Introducing Village Santa Cruz  
See page 3**

## Coming UP...all welcome!

**Mon, May 7, Westside Coffee Gathering, 1-2:00 pm @ Iveta, 2125 Delaware Ave.**

No agenda, no pressure. Stop by to say "hi" and chat with members of Village Santa Cruz who reside in westside Santa Cruz.

**Wed, May 16, Aptos Coffee Chat, 1-2:00 pm @ Ground Control Coffeehouse and Eatery, 10 Seascape Village Dr., Aptos, CA 95003** No agenda, no pressure. Stop by to say "hi" and chat with members of Village Santa Cruz who reside in the Aptos, Seascape and La Selva Beach areas.

**Tues, May 15, Presentation: Introducing Village Santa Cruz, 1-2:00 pm @ Community Foundation, 7807 Soquel Dr. (across from Rancho del Mar Shopping Center)**

## Volunteer Orientations

**Wed, May 9, 12:30-1:30 pm @ Volunteer Center, 1740 17th Ave.**

**Fri, May 11, 1:15—2:15 pm @ Volunteer Center, 1740 17th Ave.**

**Tues, May 15, 11:30am—12:30 pm @ Community Foundation, 7807 Soquel Dr. (across from Rancho Del Mar Shopping Center)**

**Wed, May 16, 10:45—11:45 am @ Volunteer Center**

**Wed, May 30, 12:30—1:30 @ Volunteer Center**

Our Volunteers help in many ways: Direct practical support to seniors which includes calls, visits, and driving; Service coordination: scheduling volunteers to help; Tech support: being available to our members to help them use their devices; Event support: help set up and clean up at our events; Organizational support. If you want to BE THE HELP please join us for our Volunteer Orientation! RSVP [info@villagesantacruz.org](mailto:info@villagesantacruz.org) (831) 824-2404 or sign up at our website. **RSVP**

## Presentation: Introducing Village Santa Cruz

**Tuesday, May 15, 1:00 - 2:00 pm @ Community Foundation of Santa Cruz County, 7807 Soquel Dr., Aptos, CA95003, <https://www.cfsc.org>** This follows a Volunteer Orientation. Come learn more and get any questions you may have answered. **RSVP**

**Wednesday, May 30, 11:00 am - 12:00 pm @ Volunteer Center, 1740 17th Ave.** This precedes a Volunteer Training. This will be Outreach Coordinator, Jessica's last Introducing Village SC presentation before taking a summer furlough to spend more time with her family. **RSVP**

**RSVP**

**[info@villagesantacruz.org](mailto:info@villagesantacruz.org) (831) 428-5697  
or register online @ our website calendar**

**[www.villagesantacruz.org](http://www.villagesantacruz.org)   [info@villagesantacruz.org](mailto:info@villagesantacruz.org)   (831) 824-2404**

## Coming Up...continued from page 2

### **Fri, May 11, Book Discussion, *Exit West* by Mohsin Hamid, continued from page 2.**

*Exit West* by Mohsin Hamid is this month's book for discussion. Despite what you may hear from alarmists, it's not easy for refugees to get to the United States — or really anywhere, for that matter. If they're even able to escape their own country, they face constant roadblocks and long waiting lists before they're able to establish themselves, however precariously, in another country. There are no magic doorways they can walk through that will just bring them to another land.

But what if there were? That's the question Mohsin Hamid poses in his haunting new book, *Exit West*. The fourth novel from the Pakistani-born author is at once a love story, a fable, and a chilling reflection on what it means to be displaced, unable to return home and unwelcome anywhere else.

### **Wed, May 16, Conscious Aging (1<sup>st</sup> of six Wednesday classes), continued from page 2**

For most of our lives we have focused on doing. We went to school, raised families, held jobs and in many ways defined ourselves in terms of what we did. Old age (a term most people assiduously avoid) is a time to focus more on being, to reflect back on our lives and to identify and mobilize those inner resources we have developed over time.

Participants should be willing to commit to attending all six sessions, barring unforeseen circumstances. Limited to 8 participants so sign up early.

Facilitated by Dede Carroll, MSW, CLPC was a psychotherapist in private practice for 25 years and currently has a small life coaching practice in Soquel and Los Gatos.

## RSVP to events

email [info@villagesantacruz.org](mailto:info@villagesantacruz.org), phone (831) 824-2404 or register at the website calendar.

## Human Race Day May 12, 2018



Our Community's Largest Giving Campaign.

The Santa Cruz County Race features a 5 mile run and walk from 2300 Delaware Ave and down to West Cliff Drive to the Light House Park and back.

Date & Time:

Saturday, May 12, 2018

Registration: 8 am - 8:45 am

2300 Delaware Ave.

Run: 9:00 am

## FUN!

### Day Trip to Palo Alto Using Public Transportation



Hwy 17 Bus, CalTrain, Stanford free shuttle. We made it to Cantor Visual Arts Center without a hitch