

Junior/Secondary NHSDA Additional COVID-19 Induction Ideas

Category	Activity	Point Range
Participation in Chapter Dance Program	Participation in virtual dance classes with their Chapter Sponsor	1 point per 45 hours
Participation in Off-Site Dance Programs Note: Student must submit appropriate documentation.	Participation in other virtual dance classes (as long as approved by the Chapter Sponsor)	1 point per 45 hours
Participation in Other Dance Activities	Choreographing and recording a piece for YouTube or TikTok that they share with the Chapter Sponsor	.5 – 2 points depend on the complexity as determined by the Chapter Sponsor
	Scholarship – Written papers, essays, or articles (e.g., essays on how COVID-19 is affecting/impacting their dance lives)	.5 – 2 per essay/article
	Teach a dance to a sibling or parent	1 point per dance
Volunteer/Service Activities	Help homeschool/tutor a younger sibling	1 point per 10 hours
	Planting and maintaining a garden	1 point
	Donate blood	1 point
	Volunteer at a Food Bank	1 point per volunteer day
	Deliver food or other goods to elderly people in your community	1 point per 5 deliveries
	Doing chores around the house	.5 point per day
	Making dinner/lunch for your family	.5 point per meal
	Plan an event/dance that you can put on in the community when it is safe to have large groups together	2 points

Junior: At least 15 points required for induction, 10 of which must be earned through participation in chapter site program activities.

Secondary: At least 30 points required for induction, 20 of which must be earned through participation in chapter site program activities.