

Collegiate NHSDA Additional COVID-19 Induction Ideas

Category	Activity	Point Range
Dance Technique and Dance Education Classes	Participation in virtual dance technique classes with at their college/university. Receiving an A/B or pass in the class	1 point per semester credit hour earned
	Completion of hours in virtual dance related non-technique classes -- e.g., movement sciences (anatomy, kinesiology, BartiniEFF, Palates), dance pedagogy (teaching methodologies, standards & assessments, education theory & practicum) and academic courses (history, criticism, literature, research, philosophic foundations of dance) etc. -- receiving an A or B in the class	1 point per semester credit hour earned
	Participation in other virtual dance classes (as long as approved by the Chapter Sponsor)	1 point per 45 hours
Participation in Other Dance Activities	Choreographing and recording a piece for YouTube or TikTok that they share with the Chapter Sponsor	.5 – 2 points depend on the complexity as determined by the Chapter Sponsor
	Scholarship – Write a guest blog for NDEO's Behind the Curtain Blog	2 points
	Teach a dance to a sibling/parent/roommate	1 point per dance
Dance Education Advocacy	Watch and participate in the Virtual COVID -19 Relief Package Briefing on March 31 st or watch the recording. You can register for the FREE webinar here: https://artsu.americansforthearts.org/products/covid-19-relief-package-briefing-an-americans-for-the-arts-virtual-check-in	2 points
Volunteer/Service Activities	Help virtually or in person homeschool/tutor someone	1 point per 10 hours
	Planting and maintaining a garden	1 point
	Donate blood	1 point
	Volunteer at a Food Bank	1 point per volunteer day
	Deliver food or other goods to elderly people in your community	1 point per 5 deliveries
	Plan an event/dance that you can put on in the community when it is safe to have large groups together	2 points