

# Skier's Packing List

## On the bus:

- Blanket or sleeping bag (a blanket is less bulky, and a sleeping bag can be too warm in a lower bunk)
- Cards, games, reading matter, pen, Walkman
- Comfy sleep-in clothing (sweats are good) including comfortable footwear
- Pillow (a jacket in a pillow-case can be used for a pillow), or inflatable travel pillow
- Ski jacket (it's cold when the bus arrives in the mountains)
- Insulated can/cup holder
- Toothbrush, toothpaste, mints, gum (for bus breath; gum pops ears)
- Cash, traveler checks, plastic
- Motion sickness tablets, other medications
- No wine, no illegal substances

## On the mountain:

- Snowboard or skis & poles; boots
- Two pair long underwear
- Two or more pair ski socks (wash and alternate)
- Bibs or ski pants
- Goggles and/or sunglasses

- Turtlenecks
- Ski jacket, warm cap, gloves or mittens (Gore-Tex is great)
- Sunscreen, lip balm
- Fanny pack
- Small water flask, snacks
- Handkerchief or tissues
- Credit card, cash, ID, insurance info
- Wind shirt or powder jacket for warmer days
- Neck scarf, bandanna, or face mask for cold, windy days
- Camera

## Off the mountain:

- Warm winter footwear
- Swimsuit, towel, robe, footwear for going to the hot tub
- Sleepwear
- Jeans or casual slacks (not too fancy in ski resorts)
- Shirts and sweater
- Camera and film
- Toilet articles; share a blow drier with your roommate
- Coffee, hot chocolate, etc.
- Underwear, socks
- NO VALUABLES (leave the good jewelry at home)

## PACKING HINTS

- You are limited to one suitcase, one bootbag, one ski bag, a small carry-on bag, and bus sleep gear. You can conserve space by packing long underwear in the ski bag, socks and sunscreen inside boots, etc.
- Be prepared for a change room on arrival. Pack ski clothes you'll need right away on top of your suitcase or in your bootbag.

Packing limitations are very important. In recent years, buses have become increasingly crowded as participants bring more and more gear. You do NOT want to re-pack in the parking lot (or be required to leave things there). Trip captains are authorized to enforce these limits.

*Everything but pillow and blanket must fit into one carry-on bag, no larger than will fit under an airline seat. PLEASE don't crowd others by bringing a lot of baggage. A fluffy sleeping bag and a king-size pillow can be replaced by a blanket and an inflatable travel pillow. Will ALL your carry-ons fit in 1/4 of an overhead bin?*

# Skiers' Safety Code

*It may be last in the Roster, but it's FIRST in importance*

1. Ski under control so that you can stop or avoid other skiers.
2. When overtaking another skier, you are responsible for avoiding the skier below.
3. Don't stop where you obstruct the trail or are not visible from above.
4. When starting or entering a trail, yield to other skiers.
5. Wear ski brakes or retention straps to prevent runaway skis.
6. Stay off closed trails and posted areas, observe all traffic signs and regulations.