

# RECIPE OF THE MONTH!

## COWBOY BEANS



If you were at the planning meeting in January, you had a chance to enjoy this dish by Mary Sanders. It was a real favorite, and Mary is kindly sharing it with us. So, hitch that pony, belly up to the chuck wagon, and enjoy a bowl! Yee Haw!



### Ingredients:

- 2 pounds Ground Chuck
- 1 / 2 Red Pepper, diced
- 1 / 2 Green Pepper, diced
- 1 Medium Yellow Onion, diced
- 6 cans Assorted Beans, drained (Black, Northern, Pinto, etc.)
- 1 cup Beef Broth
- 1 1/2 To 2 cups Ketchup
- 1 1/2 Tablespoons Vinegar
- 3 Tablespoons Brown Sugar
- 1/2 Tablespoon each Brown and Yellow Mustard
- 3 Tablespoons Worcestershire Sauce

### Directions:

- Brown and drain hamburger, peppers and onion.
- Add hamburger mix to crockpot and add the 6 drained cans of beans.
- Add rest of ingredients.
- Simmer on low setting for 4 hours to allow flavors to meld.