

CFR Connection

2014, Issue 3



**Child & Family
Resources, Inc.**

SERVING CHILDREN
AND FAMILIES IN
ONTARIO, SENECA
AND YATES
COUNTIES

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Parenting Behavior

Recently I read an article titled “7 Crippling Behaviors That Keep Children From Growing Into Leaders”. The title was enough to make me read it. I am a parent, a grandparent, and someone who is very interested in children. The article is based on the thoughts of Dr. Tim Elmore who besides being the author of numerous books, is the Founder and President of Growing Leaders, an organization dedicated to mentoring today’s young people to become leaders of tomorrow. The following are excerpts from this article:

1. We don’t let our children experience risk. We live in a world that warns us of danger at every turn. The “safety first” preoccupation enforces our fear of losing our kids, so we do everything we can to protect them. It’s our job after all, but we have insulated them from healthy risk-taking behavior and it’s had an adverse effect. Kids need to fall a few times to learn it’s normal; teens likely need to break up with a boyfriend or girlfriend to appreciate the emotional maturity that lasting relationships require. If parents remove risk from children’s lives, we will likely experience high arrogance and low self-esteem in our growing leaders.

2. We rescue too quickly. Today’s generation of young people has not developed some of the life skills kids did 30 years ago because adults swoop in and take care of problems for them. When we rescue too quickly and over-indulge our children with “assistance,” we remove the need for them to navigate hardships and solve problems on their own. It’s parenting for the short-term and it sorely misses the point of leadership—to equip our young people to do it without help.



3. We rave too easily. The self-esteem movement has been around since Baby Boomers were kids, but it took root in our school systems in the 1980s. This “everyone gets a trophy” mentality might make our kids feel special, but research is now indicating this method has unintended consequences. When we rave too easily and disregard poor behavior, children eventually learn to cheat, exaggerate and lie to avoid difficult reality. They have not been conditioned to face it.

4. We let guilt get in the way of leading well. Your child does not have to love you every minute. Your kids will get over the disappointment, but they won’t get over the effects of being spoiled. So tell them “no” or “not now,” and let them fight for what they really value and need. As parents, we tend to give them what they want when rewarding our children, especially with multiple kids. When one does well in something, we feel it’s unfair to praise and reward that one and not the other. This is unrealistic and misses an opportunity to enforce the point to our kids that success is dependent upon our own actions and good deeds.

5. We don’t share our past mistakes. Healthy teens are going to want to spread their wings and they’ll need to try things on their own. We as adults must let them, but that doesn’t mean we can’t help them navigate these waters.

Continued on page 11

staff & site...

Penn Yan Staff

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Heather Fiero—Executive Assistant, ext. 306
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We're moving!!

See page 3 for details....

Board of Directors

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Penn Yan, NY 14527
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Children's Center

at Yates County Courthouse
Monday, Tuesday, Thursday
8:30-4:30-summer hours
415 Liberty Street
Penn Yan, NY 14527
315-531-3438

Geneva Center*

41 Lewis Street
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Geneva, NY 14456
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Gorham, NY
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115 Fall Street
Seneca Falls, NY 13148
315-568-0945
Fax: 315-568-0978

*Regular office hours are
Monday-Friday, 8:30-4:30

agency highlights. . .



Farewell Joni!

We bid a fond farewell to Joni Gustafson, RN and Health Care Consultant of many years. Joni joined us in 2004 as our Health Care Consultant and MAT trainer in response to state requirements for child care programs. In June of this year Joni made the decision to retire from consulting. We will miss Joni's dedication to

Child & Family Resources, the provider's she has served over the years and the children she has supported throughout the delivery of her health care consultant services. We hope you get to enjoy your new found time!

Early Childhood Education

Our early childhood programs at our Penn Yan site and Gorham sites have limited openings in their fall programs. Both programs offer a **Time for Twos** class for children who are 2 years old which meets once a week. This is a playgroup that has music, story time and open-ended art with an emphasis on socialization skills. Our **1st Steps** classes are designed for 3 and 4 year olds. This class meets two mornings a week. This class encourages learning through play, art, music, science, physical development and literacy. Both of these programs are fee base. For information during the summer months, please contact the Penn Yan office at 315-536-1134. Our Penn Yan

site also offers a **Together Time** program for parents/providers and children ranging in age from infant to 5 years old. This class meets every other week. There is no cost for this program. Contact the Penn Yan office for more information.

We're moving!!

On August 15, Child & Family Resources will be relocating its **Geneva site to 671 South Exchange Street**. (near the ice rink!) Our Geneva office will be closed that day for the move. In the meantime—please excuse our mess!! Our new site will be located in the same building as Family Counseling Service of the Finger Lakes, Inc. Our new location will continue to offer training to child care programs, parenting classes, resources and referrals for parents and a small resource room for visitation services.

and more exciting news...

Child & Family Resources will be opening a site in Canandaigua! We will be sharing office space with Family Counseling Service of the Finger Lakes at 514 South Main Street. Once up and running at the end of August, we will offer services to families and the child care community.

We extend our sincere gratitude to every person who supports Child and Family Resources with contributions of time and money. Thank you.

Elks National Foundation Gratitude Grant—for Penn Yan ECE Program

Generations Bank

Girl Scout Troop 40652 — for Gorham ECE Program

Employees of Gorbel, Inc.

Jane Lynch

Rushville Lions Club

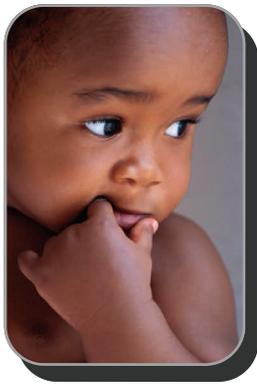
Our Mission Statement

Child & Family Resources is dedicated to providing affordable and accessible programs that enhance and support the education of parents, caregivers, and child care providers, as well as encourage the highest quality of care and positive learning experiences for young children.



Responding to Linguistic and Cultural Diversity

At younger and younger ages, children are negotiating difficult transitions between home and educational settings, requiring an adaptation to two or more diverse sets of rules, values, expectations, and behaviors. Educational programs and families must respect and reinforce each other as they work together to achieve the greatest benefit for all children. For some young children, entering any new environment—including early childhood programs—can be intimidating. The lives of many young children today are further complicated by having to communicate and



learn in a language that may be unfamiliar. In the past, children entering U.S. schools from families whose home language is not English were expected to immerse themselves in the mainstream of schools, primarily through the use of English (Soto 1991; Wong Fillmore 1991). Sometimes the negative attitudes conveyed or expressed toward certain languages lead children to “give up” their home language.

Early childhood professionals must recognize the feeling of loneliness, fear and abandonment children may feel when they are thrust into settings that isolate them from their home community and language. The loss of children’s home language may result in the disruption of family communication patterns, which may lead to the loss of intergenerational wisdom; damage to individual and community esteem; and children’s potential mastery of their home language or English.

National Association for the Education of Young Children - 1995

To become culturally sensitive/responsive we must understand culture and its impact on all of us. We must understand that everyone has culture and culture creates our “world view”.

Some of the ways we learn to become sensitive and responsive are listed:

- Uncover Your Cultural Beliefs*
- Be Open to the Perspective of Others*
- Seek Out Cultural & Family Information*
- Clarify Values*
- Negotiate Cultural Conflicts*



Recommendations for a responsive learning environment

Early childhood educators should stop and reflect on the best ways to ensure appropriate educational and developmental experiences for all young children. The unique qualities and characteristics of each individual child must be acknowledged. Just as each child is different, methods and strategies to work with young children must vary.

Recommendations for working with children

Recognize that all children are cognitively, linguistically, and emotionally connected to the language and culture of their home.

Acknowledge that children can demonstrate their knowledge and capabilities in many ways.

Understand that without comprehensible input, second-language learning can be difficult.

Recommendations for working with families

Actively involve parents and families in the early learning program and setting.

Encourage and assist all parents in becoming knowledgeable about the cognitive value for children of knowing more than one language, and provide them with strategies to support, maintain, and preserve home-language learning.

Recognize that parents and families must rely on caregivers and educators to honor and support their children in the cultural values and norms of the home.

Recommendations for professional preparation

Provide early childhood educators with professional preparation and development in the areas of culture, language, and diversity.

Recruit and support early childhood educators who are trained in languages other than English.

Recommendations for programs and practice

Recognize that children can and will acquire the use of English even when their home language is used and respected.

Support and preserve home language usage.

Develop and provide alternative and creative strategies for young children’s learning.

Culture is more than a collection of artifacts and holidays. It is, in its broadest sense, a set of values, attitudes, beliefs and rules for behavior by which we organize and give meaning to the world.”

Excerpted from: Brunson Phillips, C. (1988) Young Children



Dear Child Care Providers:

The regulations are a working document, tool and guide to be used by you as a licensed or registered day care provider. One area of the regulations I find to be most helpful is **GFDC 416.15 and FDC 417.15 Management and Administration**. Each section contains new and old items that are required for compliance. These sections are comprehensive and include specific information required for compliance. Particular attention should be given to: **Section (a) General Registration Requirements, Section (b) General Operation Requirements**, which include the **Written Policies** required to be given to parents at the time of admission, **Mid-Point Requirements**, and **Section (c) Records Kept On-Site**. These records must be kept current and accurate. Below are highlighted items of importance. Please refer to the regulations for a complete understanding of what is required.

417.15 (b) (22) Written Policy Statement including but not limited to:

(i) the responsibilities of the program; (ii) the responsibilities of the parent; (iii) the policies of the program regarding admission and disenrollment policies; (iv) how parents will be notified of accidents, serious incidents and injuries; (v) the plan for behavior management; (vi) the evacuation plan; (vii) the program activities; (viii) a summary of the program's health policies, to include the level of illnesses the program will accommodate; (ix) actions the program will take in the event a child is not picked up as scheduled; (x) meal arrangements; (xi) instructional materials on the available procedures if they suspect their child has been abused or maltreated; (xii) how to access the regulations; (xiii) contact information for the Office including the Child Care Complaint Line; (xiv) transportation policy; and, (xv) as applicable, written notification that there is a firearm, shotgun, rifle or ammunition on the premises.

417.15 (b) (25) Mid-point Requirements:

(i) where a program uses a private water supply, a report from a state licensed laboratory or individual, based on tests performed within the 12 months preceding the calendar date of the two-year mark in a four year registration, showing that the water meets standards for drinking water established by the New York State Department of Health; (ii) a report of inspection and approval performed by local authorities or an inspector qualified to approve fuel burning systems within the 12 months preceding the calendar date of the two-year mark in a four year registration of any wood or coal burning stove, fireplace, pellet stoves or permanently installed gas space heater in use at the home; and (iii) proof of compliance with the training requirements of section 417.14

415.17 (c) Program Records: this section is too long in length to add each item. However, it is an important section that should not be missed or overlooked.

Happy reading! As always, you may call me with questions or concerns. My contact numbers is (315) 536-1134, ext. 313 or email me at www.mary.jepsen@dfa.state.ny.us. Don't forget your licenser or registrar may be contacted as well.

Sincerely,
Mary Jepsen, Registration Coordinator

Hats off to...

*New CACFP
Participants:*

Jessica Buggs

Tammy Butler

Kelli Decker

Elizabeth Hand

*New
Providers:*

Frances Gordon

Michelle Jaycox

Elizabeth Hand

Sarah Stilson

child care training reminders . . .

HCC and M.A.T

Until further notice, Child and Family Resources no longer has a Health Care Consultant. (See *Joni's retirement under Agency Highlight's, page 3.*) If you are in need of MAT training, depending on your location, please contact the Child Care Council in Rochester at 585-654-4720, or Child Care Aware of Steuben and Schuyler Counties at 607-776-2126. Both agencies can assist with MAT training & recertification. Child & Family Resources is continuing its search for consultants to assist you before the 8/13/14 Health Care Plan approval deadline.



ON-LINE TRAINING OPTIONS for Child Care Professionals!!

In conjunction with Child Care Aware Training Academy, Child and Family Resources now offers professional development programs that are completely online, so the media-rich, interactive courseware can be accessed any place or time via the internet. Once you purchase your course package, you have a year to complete your training at your own pace.

Course Offerings:

- Multiple options to fulfill required training hours
- Initial and Renewal Training for CDA
- 100+ Individual courses approved by OCFS

Including but not limited to:

- Early Childhood Program Accreditation
- Ethics and Ethical Behavior
- Stress Management for Child Care Professionals
- Bullying: Identification and Prevention
- Childhood Anger and Anger Management
- Conflict Management in the Early Childhood Classroom
- Discovery of Math
- Documenting Children's Behaviors
- Enhancing Children's Self-Esteem
- Experiencing Music in the Classroom
- Guidance and Discipline in a Child Care Setting
- Learning Styles
- Multiculturalism
- Nurturing Toddlers
- Physical Activity
- Physical Activity for Children with Disabilities
- Positive Solutions for Challenging Behaviors
- Recognizing Levels of Social Play
- Risk Management
- Special Care: Inclusion
- Stranger and Separation Anxiety
- Stress in Young Children
- Supporting Young Children's Dramatic Play
- Teaching Tolerance
- Transitioning to Kindergarten
- Using Portfolios in Early Childhood Programs
- Using the Arts as a Teaching Tool
- Using Visual Arts to Enhance Development
- Working with Children with Disabilities
- Design and Use of Child Oriented Spaces
- Communicating Effectively with Parents
- Encouraging Parental Involvement
- Planning and Conducting Open Houses
- Relating with Parents

You can find the link to the Training Academy at

www.cfresources.org

From the Professional Development tab, click "[Online/Distance Learning](#)"



WE CAN COME TO YOU!!

Our Intensive Technical Assistance Project is uniquely geared to individual registered and licensed providers or center staff located in Ontario, Seneca or Yates Counties. This is free to providers and is funded by the Office of Children and Family Services. Professional facilitators come into your program during your business day to offer tips, information and hands-on practice. Providers wanting to address program concerns may also request this service. Providers interested in investigating topics not covered in group classes or as a follow up to a training attended can request this program. Your participation in the ITA program may also include training hours. Contact Tammy Bursley at 315-781-1491 ext. 207 for more information.

child care training reminders ...

CACFP Child and Adult Care Food Program

ATTENTION Child & Family Resources CACFP PARTICIPANTS

September 22nd - **New Geneva Site!**
6:00-7:00

- CACFP participants are required to attend one CACFP training per contract year (10/1-9/30).
- CACFP Training can also be used toward the regulatory training topic area of "NH"
- There is no cost to CFR CACFP participants.
- \$15 fee for non-CFR CACFP participants
- Registration is required.

Registration required.
Please contact:
Amanda Hines, CACFP Administrator
at 315-536-1134, ext. 310 to register

Video Teleconference **New Geneva and Seneca Falls**

September 11th Quality Programming in Child Care

Register at www.ecetp.pdp.albany.edu
All participants must be seated by 6:45.
For further information see page 20 of the training
catalog at www.cfresources.org

All Specialized Training — \$35
Contact the Penn Yan office to register
315-536-1134, ext. 301

Biting and Aggression in Young Children (CD,SS,PD)

6:30-8:30, August 13th -Geneva

When young children get together it happens! We don't want to think that it will happen in our homes or classrooms, but it does. Biting! Hitting! Kicking! Pushing! This training will help you understand why some children display this behavior and how you as a caregiver can use your knowledge of child development and assessment to work with the child. You will also gain insight as to how to talk with parents.

(Identified audience: FDC, GFDC, DCC, and LE).

CBK: 1,3,4 ELG: 2 CDA: 3, 8

You've Got to Move It, Move It! (PD, CD)

6:30-8:30, September 15th

New Geneva Site

This training uses lecture, videos, group activities and discussion to examine the direct correlation between movement experiences and the development of cognition, critical thinking, sensory integration and self-regulation. Providers will have the opportunity to learn how to effectively incorporate movement experiences into early childhood programs and early intervention strategies to optimize individual development. *(Identified audience: new providers, experienced providers, potential providers, FDC, GFDC, DCC, SACC, LE)*

CBK: 1,4,5 ELG: 1,5 CDA: 2

Center Director's Training: Designs for Living and Learning (CD, PD)

6:30-8:30 pm, August 26th, 2014, **New Geneva Site**

Every director is challenged to create a place that is the most amazing place for child care. This class will explore ways to make your center stand out in a competitive market and difficult financial times. Group activities, sharing experiences, information, and lecture will incorporate a variety of approaches that will fit with each center's programming philosophy.



Family Child Care 101

**New format!
For New FCC Providers!**

*Come get the start-up training you need to begin your own business.
Includes CPR/First Aid and other required topics.*

New Geneva site

All classes are Mondays from 6:00—9:00 unless otherwise noted.

Session 1: September 22 :

Your Primary Tool — Regulations (SDC)

Session 2: September 29 :

Creating a Safe Environment (SDC, SS)

Session 3: October 6 :

Creating a Healthy Environment (NH, BR, SDC)

Session 4: October 20 :

Preventing Germ Transmission (NH)

Session 5: October 27 :

Protect and Prevent (CA, SCA, SBS, SS)

Session 6: November 3:

Emergency Preparation (SS), Nutrition/Food Safety (NH)

Session 7: November 10 :

CPR/First Aid— Part 1 (SS, NH)

Session 8: November 17 :

CPR/First Aid — Part 2 (SS, NH)

Session 9: November 24:

Profit and Papers (BR)

Session 10: December 1 :

Infant/Toddler Development and Programming (CD, PD), **6:00-8:00**

Session 11: December 8 :

Preschool/School Age Development and Programming (CD,PD), **6:00-8:00**

See Professional
Development
Catalog
for fee details:

cfresources.org

To Register:

Contact
Rhi Murphy at:
315-536-1134
Ext. 301

For
Health & Safety
Start-Up Grant
applications
or questions:

Contact Julie at:
315-536-1134
Ext. 304



Civil Rights Training Requirement !!!!!!!

As a participant of the CACFP program it is now mandatory that all providers take a Civil Rights Training. This training is available online at http://nydontraining.health.state.ny.us/civil_rights_frontline/ Providers completing the training on-line must print out the training certificate and submit a copy (keep the original) to Child & Family Resources to be maintained in your file. Those providers not having internet access will be able to obtain certification at a regular CACFP training.

Fun with food!!

Last month we discussed picky eaters and methods we can use to get children to eat healthier. The following are a couple of ideas that may just do the trick!



Build a Better Munchie

<http://spoonful.com/recipes/build-better-munchie>

What you'll need for your own edible Campfire!

Green grapes
Red grapes
Cheddar cheese slice
Mini-pretzel sticks
Carrot pieces (thinly sliced)

How to make it

1. To make your own edible campfire, arrange several grape halves in a circle.
2. Tear or snip a slice of Cheddar into flame shapes, then stand them, along with a few thinly sliced carrot pieces, inside the grape circle.
3. Surround the flames with broken mini pretzel-stick logs.

Freeze them!

On hot summer days (and any time of the year) try freezing fruits and veggies. Grapes, blueberries, kiwi and peas are just a few of these that are great for snacking.

Patriotic Kabob

Use bananas, strawberries and blueberries and make a patriotic fruit kabob to celebrate the 4th of July with a healthy snack. Of course, you can use any fruit. Be cautious with younger children when using the kabob sticks. For young children, you can substitute the kabob stick with a piece of spaghetti.

A simple fruit dip of 1/3 cup yogurt with 1 tablespoon of brown sugar may get some of the children to try this fun snack. Substitute this with flavored yogurt.



Creating Memories for our Children

As I was beginning to think about what to write for this newsletter my co-worker and I were talking about our memories of summer activities that we either enjoyed as children or enjoyed with our families. That lead us to discuss how important it is to create lasting memories for children. I used to work with a program that was for teen moms. When I had the same discussion with them, sadly, several of them had no happy summer memories. When I questioned them about memories about summer picnics, they said they had never even been on one. These were suburban teens, not city teens.

As providers and parents, what can you do this summer that will have a lasting memory for your children — both your own and those children you have in care? How are these memories formed? I decided to research by polling CFR staff about their summer time memories. Interestingly, all of the responses had something to do with activities that involved family and other adults. They also were activities that did not cost a lot of money if they even cost anything at all. Our memories came from being with people we cared about and who cared about us.

The summer is passing us by — what will you do to create memories for the children in your life?

Cold, Cold Play on those Hot, Hot Days!

As the summer days get hotter, we need to find ideas that both interests our children as well as helps cool them down. The following are some fun and cold ideas to help pass the long days of summer.

Ice Cube Painting — a different way



In ice cube trays, freeze water mixed with liquid water colors, or simply dilute washable liquid paint with a little bit of water. Freeze overnight or until hard. As the cubes start to freeze you may want to add craft sticks. These will make the fingers less messy. Either use a large piece of cloth for all to share, or

enough smaller pieces that each child has own and let them go! As the ice cubes melt on the fabric the colors will run together to make a beautiful boutique cloth. Using washable paint or the liquid watercolors the children will not stain their bodies or clothes.

Frozen Goop

Make the basic goop recipe with corn starch and water. Use less water than normal and add liquid washable paint. Freeze in ice cube trays or any other small container. Watch all the fun the children will have as the goop melts. The great sensation of goop with the feel of cold!



Frozen Treasure Hunt

Freeze water in a large container (needs to be able to fit in your freezer, of course!) Add color to the water, if desired. Add small treasures such as small plastic animals, marbles, shells, rocks, etc and freeze. Place outside and let the children discover safe but effective ways to retrieve the treasures from the frozen ice, This is very similar to an idea that has been presented here in the past, however, the change with this is that you will be creating a large ice block.



Frozen Cloud Dough — a bit of winter on a summer day

Make basic cloud dough recipe — 8 parts flour to 1 part oil. (If you use vegetable oil and not baby oil it is safer for the younger children). To this add silver or sparkle glitter. Freeze. The children will have a great time making snow balls and snow people on a hot day.

STAY COOL!!!

Share with them the relevant mistakes you made when you were their age in a way that helps them learn to make good choices. Also, kids must prepare to encounter slip-ups and face the consequences of their decisions. Share how you felt when you faced a similar experience, what drove your actions, and the resulting lessons learned. Because we're not the only influence on our kids, we must be the best influence.

6. We mistake intelligence, giftedness and influence for maturity. *Intelligence* is often used as a measurement of a child's maturity, and as a result parents assume an intelligent child is ready for the world. That's not the case. Just because giftedness is present in one aspect of a child's life, don't assume it pervades all areas. There is no magic "age of responsibility" or a proven guide as to when a child should be given specific freedoms, but a good rule of thumb is to observe other children the same age as yours. If you notice that they are doing more themselves than your child does, you may be delaying your child's independence.

7. We don't practice what we preach. As parents, it is our responsibility to model the life we want our children to live. To help them lead a life of character and become dependable and accountable for their words and actions. As the leaders of our homes, we can start by only speaking honest words – white lies will surface and slowly erode character. Watch yourself in the little ethical choices that others might notice, because your kids will notice too. If you don't cut corners, for example, they will know it's not acceptable for them to either. Show your kids what it means to give selflessly and joyfully by volunteering for a service project or with a community group. Leave people and places better than you found them, and your kids will take note and do the same.

For the full article as well as suggestions for parents on how to move away from these behaviors go to www.forbes.com. The date of the article is 01/16/2014.

A Special Thank You
to the following businesses and individuals who
so graciously donated gifts to our
30 Days of Provider Appreciation, 2014

Abigail's Restaurant
Angel's Family Restaurant
Barrel of Fun Productions
BJ's Wholesale
Bristol Valley Theater
Bristol Views Bed and Breakfast
Cam's NY Pizzeria
Club 86 Bagels and Cakes
Connie's Diner
Dewey's 3rd Ward Tavern
Downtown Deli
Earthly Possessions
Finger Lakes Coffee Roasters
Finger Lakes Family Chiropractic and Wellness
Goodie II Shoppe
Infant/Toddler Project
Mark's Pizzeria
Olney Place
Parker's Grille and Tap Room
Pizza Hut
Posh
Sinicropi Florist and Gift Shop
Super Casuals
Tammy Bursley
The Copy Shop
The Gould Hotel
Tops Market
Total Look

We also hope that you all enjoyed 30 days of wonderful ideas to do with the children in your life.

CHILD & FAMILY RESOURCES, INC.

Name: _____

Address: _____

City, State Zip: _____

Phone: (____) _____ Email: _____

Enclosed is my/our gift to Child & Family Resources, Inc. in the amount of \$ _____

This contribution is a Memorial Gift Honoring: _____

Please call me to discuss my gift through my will of estate plan



July 2014 — National Ice Cream Month

July 4 — **CFR closed** — all sites — 4th of July
July 7—July 25 — Kiddie Camp — Penn Yan site
Contact Alicia at 315-536-1134,
Ext 312 for more information

August 2014 — National Picnic Month
August 4—22 — Kiddie Camp — Penn Yan site
See above for contact info
August 15— **Geneva CFR Closed**— Moving Day!!

September 2014 — Baby Safety Month
September 1 — **CFR closed** — all sites — Labor Day
September 4 — Gorham ECE Open House—
5:30—7:00
September 9 — Gorham ECE classes begin
September 10 — Penn Yan ECE classes begin



Have you liked our page on Facebook? You will discover some great ideas, thought provoking articles, news you can use and the latest in recalls. It is a great way to stay connected to other providers as well as Child & Family Resources...And when you like what you see... let us know and click on LIKE!!

Parenting Meetings and Support!!

(Child Care Provided-Registration Required)

Penn Yan Site:

Wednesdays - 6-7:30pm, ongoing group
P4L — Parenting For Life

**Looking for child care or
summer programming?
Call 1-800-881-5786**

Child & Family Resources, Inc. is an official Child Care Resource and Referral Agency affiliated with the New York State Office of Children and Family Services, Division of Child Care Services, Regional Office, 259 Monroe Avenue, Rochester, NY 14607.
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Children have always learned and created places
for themselves through play.
Donna R. Barnes
American Psychologist



Community Partner

