

CFR Connection

2013, Issue 1



Child & Family Resources, Inc.

SERVING CHILDREN AND FAMILIES IN ONTARIO, SENECA AND YATES COUNTIES

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But What Can I Do?

As the public responds to the various new or changed laws, child care subsidy or preventive program cuts and heart wrenching local tragedy we often hear parents or providers say, *“but what can I do about it?”* or *“how can I prevent or change this?”*. Our response— use your voice!!

Tell your story!

Are you passionate about an issue because of its personal impact on you, your children, your business or your community? Telling your personal story is one of the most important things you can do to influence lawmakers and help shape change! Phone calls, written letters, special events or meeting with your local lawmakers are a critical part of creating change. We have learned that change doesn't happen overnight but with passion and perseverance, the personal impact of governance by local lawmakers **MUST** be shared in order to influence change.

Stay connected!

Sign-up with local, state or national advocacy groups that support your beliefs. Many include regular e-mail updates, templates for advocacy materials and steps for making your voice heard by lawmakers. Our Advocacy Action Center and Public Policy Center located on the Community tab of our agency website, www.cfresources.org, offers links to the following resources focusing on child care and family issues.

Early Care and Learning Council:
<http://www.earlycareandlearning.org/>
<http://capwiz.com/naccrra/ny/home/>

Winning Beginnings NY:
<http://www.winningbeginningny.org/>

Child Care Aware's :
<http://www.naccrra.org/>
<http://capwiz.com/naccrra/home/>

Prevent Child Abuse NY
<http://www.preventchildabuseny.org/>



staff & site...

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Penn Yan Center*

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Penn Yan, NY 14527
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Children's Center

at Yates County
Courthouse
Monday—Wednesday
9am—5pm
415 Liberty Street
Penn Yan, NY 14527
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Geneva Center*

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Suite 103
Geneva, NY 14456
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585-526-6351

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115 Fall Street
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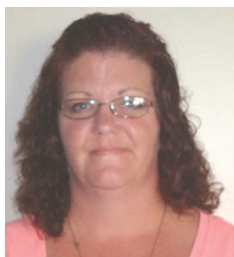
*Regular office hours are
Monday-Friday, 8:30-430

agency highlights...

Welcome to our new (and returning) staff!

Hello- I'm Back!!

My name is Trina Fletcher and I worked for Healthy Families Ontario many years ago. Time has flown by and in September I began working for CFR's Family Resource Services as a Parent Educator.



Since I began I have been working towards increasing my knowledge of the realm of my position. I truly missed working with families and focusing on family strengths. By July, I hope to have applied for my Parent Education Credential. I am so happy to be working with such a great team at CFR.



Hi! I'm Sarah Scorsone, the new Registrar for Child and Family Resources, Inc. I earned a Masters Degree in Counseling & Human Services in 1999 and began my journey in the human services field as a marriage and family counselor. I followed my heart to adoption coun-

seling and assisting families with childcare needs. I have found my truest passion is in serving children and families, considering it an honor to be a small part of the growth and personal development in the lives I serve. My husband, Caleb, and our two daughters, recently moved from south Florida and have settled happily into Canandaigua, New York. In my free time, I enjoy spending time with my family and capturing life's special moments through photography.

ECE Programming News:

Both the Gorham and Penn Yan Early Childhood Education programs have limited openings.

Gorham:

First Steps — T/Th, 9:00—11:30

Time For Twos — Wed, 10:00—11:30

Penn Yan:

First Steps — M/W, 9:00—11:30

Time For Twos — Fridays, 9:00—10:30

For more information contact:

Gorham: Barb Owens @ 585-526-6351 or

Penn Yan: Alicia Avellaneda @ 315-536-1134, x 312

We extend our sincere gratitude to every person who supports Child and Family Resources with contributions of time and money. Thank you.

The generous donations in response to our direct mail campaign:

Dr. Edward Kennedy and the Penn Yan Kiwanis Club

Penn Yan United Presbyterian Women for their donation to our Penn Yan Programming for children and families.

Loomis Barn for their support through the Friendship Tree Project.

The generous donation of Christmas gifts for some of the families served by Child & Family Resources from:

Geneva YMCA staff and members

Merrill Lynch employees

Geneva First United Methodist Church Angel Tree

Keuka College students and staff Angel Tree Project

Our Mission Statement

Child & Family Resources is dedicated to providing affordable and accessible programs that enhance and support the education of parents, caregivers, and child care providers, as well as encourage the highest quality of care and positive learning experiences for young children.

Be Lead Free!!



The Yates County Public Health Department works with area health care providers, parents, human service agencies, other neighboring county health departments, New York State Department

of Health and the Stop Lead Poisoning Coalition of the Finger Lakes to prevent children and adults from being lead poisoned.

Lead poisoning is a serious affliction that can affect people of all ages, most especially babies and young children, and yet it is completely preventable. However, once lead poisoning causes damage, it is irreversible. This is why Yates County Public Health, along with the Stop Lead Poisoning Coalition, work so diligently to inform the public of the potential harm that lead in our environment can cause.

By New York State law, all children ages 1 and 2 years, need to be tested for lead poisoning. This test can be done at a physician's office, a lab, or at Yates County Public Health.

For information, call YC Public Health at 315-536-5160 or toll free at 1-866-212-5160. Also, more information about lead poisoning can be obtained by visiting the Centers for Disease Control and Prevention website at <http://www.cdc.gov/nceh/lead/> or New York State Department of Health at <http://www.health.ny.gov/environmental/lead/>

Families—

Get the Tax Credits You Deserve...

Did you know that many families are eligible for valuable tax credits every year? Whether or not you owe any income tax, you could get thousands of dollars in tax benefits.

To get these credits, you must file a tax return.

Find out where you can get your taxes prepared for free by calling is (800) 906-9887 or visiting <http://irs.treasury.gov/freetaxprep>

When you file your taxes, make sure you ask about these credits:

- ◆ The federal Child and Dependent Care Tax Credit is for families that pay for child care when they go to work. This credit is worth up to \$2,100.
- ◆ The federal Child Tax Credit (CTC) is for families raising children. This credit is worth up to \$1,000 per child, and is refundable for families earning at least \$3,000.
- ◆ The federal Earned Income Tax Credit (EITC) is designed to boost the wages of eligible families. This refundable credit is worth up to \$5,891 and is available to married couples earning less than \$50,270 or singles earning less than \$45,060.

Most states have additional tax credits for working families – be sure to ask!

Both parents and providers can find more valuable tax credit information at <http://www.nwlc.org/tax-credits-outreach> .



registrar's corner...

Mary Jepsen
Registration Coordinator



Dear Providers,

The cold weather is upon us! Here is a gentle reminder to keep yourself and your children safe and free from hazardous situations.

Building and Equipment:

414.3 (b); 416.3 (b); 417.3 (b) A temperature of at least 68 degrees Fahrenheit must be maintained in all rooms to be occupied by children.

Safety:

414.5 (a); 416.5 (a); 417.5 (a) Suitable precautions must be taken to eliminate all conditions in areas accessible to children which pose a safety or health hazard. This includes but not limited to snow and ice.

414.5 (c); 416.5 (c); 417.5 (c) Portable electric heaters or other portable heating devices may not be used.

414.5 (c); 416.5 (c); 417.5 (c) Radiators and pipes located in rooms occupied by children must be covered.

Review your "Shelter in Place" policy. Any changes or additions you make to your policy must be reviewed by your licensor or registrar for approval. "Shelter in Place" is for those times when you may not be able to leave the daycare facility and parents are not able to pick-up their children for an extended period of time. This type of situation could happen in a severe snow and/or ice storm. So be prepared! Make sure you have enough food, water, warm clothing/blankets, operable flashlight, and activities to help ease the stress.

Keep in mind that if you have questions or concerns in regard to the regulations cited above or any other regulation, a call to your licensor or registrar is encouraged. Announced and unannounced inspections will occur on a regular basis. During these times, technical assistance for non-emergency situations can be obtained. However, to remain in compliance with the regulations, it is best practice to contact your licensor or registrar before an inspection occurs.

Sincerely,

Mary Jepsen, Registration Coordinator

Hats off to...

*New CACFP
Participants:*

*Heather
Cleary*

*New
Providers:*

*Jeannine
Cotto*

*Chieyanne
Leinhauser*

*Leah
Lippincott*

*Angela
Riddle*



Remember our newly revamped website is a great resource for all of our providers — family child care, group family child care and center care. You will find vital, up to the date information from both our agency as well as state and national agencies. You can find all the forms that are needed for your business records, advocacy tools, event calendars, our 2013 training catalog, plus links to other sites and resources. If you haven't done so already, visit the site and see all that it has to offer and be sure to check the site frequently. You can also find our Facebook page link on our home page.

child care training reminders ...

All Specialized Training — \$30
All Class Times: 6:30-8:30pm unless noted*
Contact the Geneva office to register
315-781-1491, ext. 201

FREE TRAINING
Diabetes Training
(NH, SS, BR, SDC, PD)
February 26th, 2013, Geneva Site

Come learn more about the care and management of children with diabetes including insulin administration, medications, nutrition, physical activity, laws, policies and position statements as well as other issues that are important to you. (Identified audience- new providers, experienced providers FDC, GFDC, DCC, SACC, LE)

School Age C.A.R.E. (PD, CD, SS)
February 21st, 2013, Geneva Site

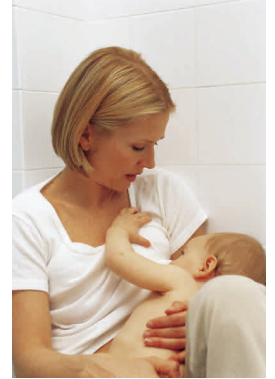
Would you like to improve your skills for working with school age children? This training will focus on four key elements for quality care for the sometimes challenging school age population. **Consistency, Accountability, Respect, & Empowerment.** Providers will have a chance to practice these skills through group activities and scenarios. Participants will take back with them their own prioritized list of 4 new ideas/concepts to start implementing when they get back to their school age setting. This training is designed for providers who care for larger groups of school age children. (Identified audience – new providers, experienced providers with after school children in their program GFDC, DCC, SACC)

FREE TRAINING

Breastfeeding Support in Child Care & Lead Prevention in your Facility (CD, PD, NH)

March 27th, 2013, Geneva Site

The first part of the training will be addressing the ways a child care provider can make their program breast feeding friendly and support new moms with this decision. It will also include some basic tips on safe handling, thawing, and heating of breast milk. The second half of the training will address Lead Poisoning Prevention. It will include help to understand the problem of lead poisoning, simple steps to reduce lead exposure, and ways to inspect your facility regularly for lead based hazards. You should leave with the ability to share information and resources with families and encourage parents to have their children tested for lead. We look forward to seeing you there! (Identified audience- new providers, experienced providers FDC, GFDC, DCC, SACC, LE)



SAVE THE DATE!!!!
3rd Annual Conference on Autism
“Behind the Scenes”
April 12, 2013



“Learning and Leading in Early Childhood”

New York State Association for the Education of Young Children

Annual Conference

April 4-6, 2013

Turning Stone Resort & Conference Center
Verona, NY

Preliminary Program

Early Bird Registration Deadline: February 15

child care training reminders . . .

M.A.T.

Medication Administration Training

February 2, 8:00 -5:00, Geneva site

April 6, 8:00-5:00, Seneca Falls site

\$50 Non-Refundable Registration/
Materials Fee

Classroom Training Fees: \$150

For Independent Study Competency &
Test: \$75

For Independent Study Competency &
Test with M.A.T. binder: \$125

Topic Areas covered: SDC-2 hrs., NH-5
hrs., SS-1hr.

*Training topics awarded upon successful
completion of competencies testing.*

For specific curriculum questions contact
Joni Gustafson at 315-435-7093

To register contact Millie Ortiz at
315-781-1491, ext. 201

**Pre-Registration is REQUIRED for
all training sessions.**

1. Please **submit the SIGNED training
Registration form with payment prior
to the class date.** Phone registrations will
be accepted, however, **a signed registra-
tion form and payment must be re-
ceived** by CFR 3 days prior to the sched-
uled training date. Your seat will not be re-
served until payment and form are received.
Please mail payment to 41 Lewis St., Suite
103., Geneva, NY 14456.

2. If applying for an EIP scholarship to cover
costs of training, please submit a **copy of
your EIP application with your regis-
tration form.**

3. Classes may be cancelled due to inclem-
ent weather or trainer emergency. **ONLY
those participants who have regis-
tered** for a training session will be notified
of cancellations or changes.

For a full list of all training registra-
tion procedures, please see the
Professional Development catalog

SUPER SATURDAY EVENT!!

5 Hours of training in one day!

March 9th, 2013

8:30am-3:00pm, Geneva Site

8:30-9:00am Registration & Continental Breakfast

9:00-10:30am **I Feel Alone!: Helping Families of Children
Struggling with Loss (CD, PD, SS)**

How many children are in your programs that are not living consistently with their parents? What is that child thinking and feeling and how does all that effect what we see? How does a child that has experienced great loss behave? How does a child that is raised in an inconsistent environment behave? How do we help a child when one or both of their parents are no longer in their life? What can we do to help them through this loss and grieving process to become happier children? What can we do to help them attach and feel more at ease? This is an ever growing area of need for our children. Please come to learn more about what you can do to help! Trainer: Heather Elisofon

10:40-12:10am **Observation and Assessment (PD, CD)**

Observation and assessment techniques are important components of the child care program. From developmental milestones to behavioral events, child care providers are often the greatest resource for parents, physicians, and school. What is observation and assessment, and how can they be used in the child care environment? How can we use these tools to plan effective programming for children six weeks old and up? Participants will learn different models of informal observation and assessment techniques, their purpose, and how to effectively incorporate them into the child care programming. Trainer: Bette Somerville

12:10-1:00pm Roundtable Lunch

1:00-2:30pm **Bringing Back the Classics (PD, CD)**

With so many great books for children we often forget about the books/stories/rhymes that brought so many of us into the world of literature. Is there still a place for them? How can we bring them back and still make them relevant in today's world? Bring with you a memory or story of a classic that had a positive impact on you. Trainer: Barb Owens

2:40-3:00pm Wrap-up & Evaluations

**Register with Millie Ortiz at 315-781-1491, ext. 201 by
February 28th, 2013 and be entered to win a prize!**

\$80.00 for the whole day including breakfast,
lunch and materials!



Infants and Toddlers in Group Care Feeding Practices that Foster Emotional Health

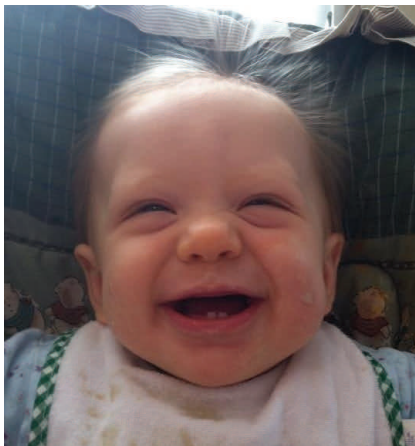
By Kathryn R. Branscomb and Carla B. Goble

The quality of child-teacher interactions during daily child care routines plays a huge role in young children's development. The nature of mealtime's – the pace, the caregiver's responsiveness, how food is offered-affects infants' and toddlers' emotional health. Maintaining consistency between how children are fed at home and at the center respects the family's culture and traditions and further nurtures positive attachment at an early age. Infants learn about themselves and others. They begin to develop expectations of how they will be treated in relationships and to develop feelings of trust and security.

Studies from the 40's to the present document the negative socio-emotional, cognitive, and physical consequences for young children who experience neglect and deprivation in institutional settings with care routines devoid of emotion. Although infant/toddler group care in the United States varies greatly from the care in the international orphanages studied, the lesson remains the same.

Appropriate practices in feeding

In infant/toddler group care 80% of teachers' time is spent in daily routines like feeding, toileting and napping. Janet Gonzales-Mena describes feeding as "one of the most important activities in any infant/toddler program"; an activity that ideally 'enhances attachment, increases feelings of security, and provides warmth, acceptance, and an overall sense of well-being' in the infant. Caregiving practices that support young infants' emotional well being during bottle feeding include cradling, singing and responding to babies' individual cues of hunger, fullness, and need for attention. Likewise allowing toddlers to help prepare food, serve meals, and clean up can foster their growing need for independence and autonomy.



Tuning in to infant and toddler needs

Children, even very young infants, communicate their needs and preferences around food. Babies are born with internal signals that tell them when they are hungry and when they are full. When fed on demand, rather than according to schedule, babies learn to follow these cues and are less prone to overeating and obesity later in life. By tuning in and responding to infants cues that signal when they are hungry or full, teachers can strengthen their emotional bonds with babies.

Self-reflection, familial communication, and diversity

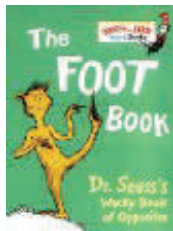
Food and feeding styles have the potential to become emotionally charged issues and a source of disagreement between caregiver and families. Effective teachers engage in self-reflection to gain an understanding of their own family backgrounds, experiences, and attitudes about food and mealtimes. This understanding can help them communicate with families about feeding practices. To help young children develop a sense of well-being and positive personal and cultural identity, teachers and families can establish and maintain open communication. This practice helps teachers learn about and appreciate home practices, familial values and attitudes, and cultural approaches to food and feeding young children. When families and teachers discuss practices and explain approaches to one another, they are building positive relationships that make it easier to reconcile differences, should they occur. Centers may need to articulate a positive commitment to practices that respect cultural traditions and expectations of the families and children being served.

In conclusion, daily interactions during mealtimes and feeding are opportunities to support infants' and toddlers' emotional health and well-being now and in the future. Paying thoughtful attention to planning and individualizing these routines ensures that teachers will respect and respond appropriately to the needs of each child.

Source: *Young Children*- November 2008

Celebrating Dr Seuss

All of us have read and enjoyed the books of Dr. Seuss, In fact, we are sure that many of you who are providers, parents, and grandparents have even celebrated his books with fun activities. Who hasn't eaten green eggs and ham or made a Cat in the Hat hat? But what about all his other books? Did you know that he wrote and illustrated 44 books? That means that there is a whole lot more to do with Dr Seuss. The ECE team put together some ideas from a couple of his other popular books that we think you will enjoying doing, too.



The Foot Book

Kids love their feet so much so it is often hard for them to keep their shoes on!!! So why don't you have a shoe fashion show. This is a great way for children to learn language — those descriptor words. Another idea is for the provider/caregiver

to give a description of a shoe and then have the children figure out whose shoe it is.

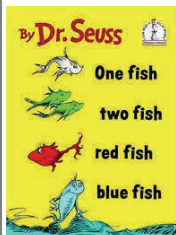
Shoes come in all sizes. Compare the shoes in the home/classroom to see who has the smallest and who has the largest. Don't forget the adult in the room! To add a math activity to this, have the children use a shoe to measure. If you have children use different sizes of shoe to measure they will be able to see how it takes more of the small shoes than it does the large shoe to measure the same thing.

The bottom of our shoes are a whole different world. If possible get an imprint of the bottom of shoes and compare the pictures. This can be easily done with water or if you have some really old shoes you can paint the bottom of the shoe and make a print,. If you are able to do this with a couple different shoes you can have the children compare. Of course, there are numerous craft activities that use a child's foot. Be creative!

one fish, two fish, red fish, blue fish

"From here to there, from here to there, funny things are everywhere!"

We just wrote about making all kinds of pictures with our feet and now we are going to make fish with our hands. Any color of paint will work, but if you are



into the title, use red and blue paint. After the paint has dried put on the face and enjoy!

Snack Ideas!!!! The simplest is to use the colored goldfish. You can have the children make sequence patterns with the different colors.



Another fun snack is to go fishing. Each child needs some pretzel sticks, a glob of cream cheese dyed blue, and some goldfish. Have the children put the pretzel in the cream cheese (water) and with the glob on the end capture a goldfish to eat. Yum!

Dr Seuss has his own website that is packed full of ideas and interactive fun. It is www.seussville.com.

If you love music, borrow *Seussical, the Musical*. Fun and

School Age Art Corner

By: Terri Knight-Miller

Winter Snowman Pin or Magnet

Items Needed

Large white buttons, narrow ribbon, craft foam (or foam pieces), Scissors, glue gun (low heat), magnet piece or pin

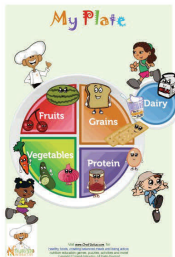


- ◆ Hot glue two large white buttons together with the eyeholes going horizontal on the top button and vertical on the bottom button. Don't worry about glue showing at the seam, as it will be covered by ribbon.
- ◆ Attach a small piece of narrow ribbon around the neck as a scarf and glue in place. Cut a small triangle out of the orange foam for the carrot nose and attach. Cut a black hat and either small circles or a long curved piece for the mouth and attach with the glue. (The long curved mouth will be easier).
- ◆ You may also decorate the black hat with a short piece of the ribbon for a hat band. Add any other creative touches you would like.
- ◆ Attach the magnet or pin to the back of the snowman when you have completed the decoration. You will either have a very cute refrigerator magnet, or a cute pin!



NATIONAL CACFP WEEK: MARCH 17-23, 2013

“The Food Program is a WIN-WIN-WIN for parents, children, and providers.”



Here is a really great website that is fun for both children and providers/parents:

www.nourishinteractive.com

In their own words: “Nourish Interactive is your free one stop resource for fun nutrition games for kids, interactive nutrition tools and tips for parents and health educa-

tors to use to promote healthy living for the whole family. Created by nutrition and health care professionals, Nourish Interactive’s nutrition education website gives children and families the knowledge and skills they need to make healthy choices.”

There are kid’s pages, teacher pages, recipes, games, etc. There are also many printable pages. One that I like is the My Plate as it is easier for the children to understand than the food pyramid. The site changes with the season and the holidays. Have fun with it. Great place to be on a snowy day. Speaking of snow -try the following snack:

Snowman on a Stick

These banana-based snowmen are decidedly more tropical than the frosty variety, and kids can assemble their own if you prepare the fruit for them.

What you'll need

- Bananas
- Grapes
- Carrot
- Apple
- Bamboo skewers
- Mini chocolate chips
- Pretzel sticks



How to make it

1. For each snowman, you will need three thick slices of banana, a grape, a sliver of carrot, and a triangular piece of apple. (**Tip:** Poke a hole in the apple piece with a bamboo skewer first to make assembly easier.)

2. Have your kids slide the fruit onto the skewer, then use the carrot slivers for noses, mini chocolate chips for eyes and buttons, and pretzel sticks for arms.

<http://spoonful.com/recipes/snowman-stick>

Here’s Some Relief for Qualifying Child Care Providers!

Receive up to **\$1,279/year**

for a full-time child in your care by participating in the Food Program!

All you need to do is continue to serve healthy meals and snacks that you already offer as part of your regulation.

Enroll in the Child & Adult Care Food Program Today!

This institution is an equal opportunity provider.

We are excited to offer a variety of nutrition services and resources and so much more

Call us Today!

**(315)
536-1134
Ext. 310**

CACFP TRAINING

February 7, 6:30-7:30pm, Penn Yan Site

- CACFP participants are required to attend one CACFP training per contract year (10/1—9/30)
- CACFP Training can also be used toward the regulatory training topic area of “NH”
- There is no cost to CFR CACFP participants
- \$15 fee for non-CFR CACFP participants
- Registration is required. Please contact Amanda Hines, CACFP Administrator at 315-536-1134, ext. 310 to register.

get connected...

The Children's Center at Yates County Courthouse

415 Liberty Street, Penn Yan, NY 14527 , (315) 531-3438

Hours Open: Monday, Tuesday, Wednesday: 9:00 am—5:00 pm, Closed 12:30-1:00 for lunch

The Children's Center is a free drop-in center for children whose families or caregivers have business in the Yates County Courthouse. Compassionate and supportive care is provided by two qualified staff. Children are provided with healthy snacks. The Center is a safe, comfortable nurturing place which provides creative and educational activities, dramatic play, blocks, games and more for children while adults take care of court related issues.

Who can attend the Children's Center?

Any well child **6 weeks to 12 years** of age can enjoy The Children's Center as long as their caregiver has a reason to be at the court building. This could mean a Family Court appearance or any other court business that take place in the Yates County Courthouse.



The Children's
Center...
A safe place for
children

What to expect when using The Children's Center...

- Child care is offered to families who are first in attendance. Additional children will be placed on a waiting list. The drop in Center's maximum capacity is 6 children
- Plan to arrive a little bit earlier than your scheduled appointment, as you will need to give some important information to the Center staff before you can leave your children.
- The staff will need to know your children's names, ages, food allergies and special care instructions.
- You will need to provide the name and phone number of another adult (not in the building) for emergency contact.
- Caregivers must also provide diapers, ointments and formula as needed for infants.
- No visitors or interviews are allowed in the Center.
- Caregivers are given the evacuation plan for the Center.
- Caregivers must remain in the building at all times.

Other Services Provided...

Confidential and knowledgeable staff can offer referrals to other programs within the community, assistance with emergency needs and information for parents on childhood topics.

CHILD & FAMILY RESOURCES, INC.

Name: _____

Address: _____

City, State Zip: _____

Phone: (____) _____ Email: _____

Enclosed is my/our gift to Child & Family Resources, Inc. in the amount of \$ _____

This contribution is a Memorial Gift Honoring: _____

Please call me to discuss my gift through my will or estate plan



February

2013

Bake for Family Fun Month

February 2 — Groundhog Day
February 14 — Valentine's Day
February 14 — Library Lover's Day
February 18 — **President's Day, CFR closed**
February 18—22 **Winter Recess —
NO ECE Programs**
February 28 — National Chili Day

March

2013

Women's History Month

March 2 — Dr Seuss Day
March 10 — Daylight Savings time begins
March 11 — Johnny Appleseed Day
March 15 — Absolutely Incredible Kid Day
March 29 — **Good Friday — CFR closed**
**April 1—5 Spring Recess —
NO ECE Programs**

Parenting Meetings and Support!! (Child Care Provided-Registration Required)

Penn Yan Site:

Wednesdays - 6-7:30pm, ongoing group
P4L — Parenting For Life
Call Kelly @ 315-536-1134, ext. 301
to register for child care

Geneva Family Resource Center Open Play Hours

Tuesdays — 9:00—11:30
Wednesdays — 1:00—3:30

Call Millie for more information @
315-781-1491 ext. 201

Child & Family Resources, Inc. is an official Child Care Resource and Referral Agency affiliated with the New York State Office of Children and Family Services, Division of Child Care Services, Regional Office, 259 Monroe Avenue, Rochester, NY 14607.
585-238-8531



Child & Family Resources, Inc.
263 Lake St.
Penn Yan, NY 14527

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*Anyone who does anything to help a child in
his life is a hero to me .
Fred Rogers*



Community Partner

