

SKI & RIDE THE CANADIAN ROCKIES FROM BANFF WITH THE PENINSULA SKI CLUB

LAKE LOUISE, SUNSHINE VILLAGE, MT NORQUAY, AB, CANADA ❄️ 23 FEB – 3 MAR 18

Plans as of September 2017 – Estimated Price: \$2,084¹ – Note: New departure date & routing

BANFF has a rich heritage as one of the world's most awe-inspiring mountain destinations. With easy access to pristine wilderness, endless outdoor adventures, and all the amenities you need, in **Banff National Park** you feel truly immersed in nature. Banff is home to three world-class ski and snowboard areas. The unique combination of cold light snow, diverse terrain, stunning scenery, as well as warm, enthusiastic people makes Banff one of the world's favorite skier and boarder destinations.



Passport required

LAKE LOUISE is vast and varied, pristine and inspirational, a friendly wilderness that's authentically Canadian. With endless chutes, glades and gullies, gentle slopes, cruising runs, remote bowls and some of the most challenging terrain in the Rockies, but the unique layout has beginner, intermediate, and expert runs from every chair.

SUNSHINE VILLAGE sits high on the Continental Divide in the heart of Banff National Park, just 15 minutes' drive from the cozy mountain town of Banff. Three sprawling mountains provide breathtaking sight lines, uninterrupted by any signs of civilization. It is possible to ski in two provinces - Alberta and British Columbia - in one run.

MT. NORQUAY, located 4 miles from the town of Banff, is the oldest ski resort in the Canadian Rockies where skiing has been a family affair since 1926. But Norquay has grown up in the last 91 years, now offering a wide variety of terrain and activity for skiers and boarders, beginners and experts.

LODGING: We will be staying at the **Caribou Lodge & Spa**. This ideal spot is located on Banff Avenue, the main street in the town of Banff, just a short walk from the center of town – or use your complimentary ROAM in-town bus pass. This Tripadvisor.com highly-rated property has cozy hotel rooms for two with either a king, two queen, or two double Mountain Luxury beds, complimentary Wi-Fi, bathrooms with hair dryer, flat panel TV, mini-fridge, coffee maker and tea kettle, iron/ironing board, and daily housekeeping. The hotel has a steam room, 26-person jetted hot pool, fitness room, and laundry facilities on site. Breakfast is included Sunday - Friday in Keg Steakhouse & Bar.

TRIP INCLUDES:

[Ask about Trip Insurance](#)

- ❖ **Round-trip air:** Norfolk – Seattle – Calgary – Norfolk
- ❖ **New routing:** Spend Friday afternoon and night in Seattle outbound
- ❖ **Ground transportation** Calgary - Banff
- ❖ **7 nights** – Banff Caribou Lodge; 1 - **Night** Seattle Airport Hilton (2/ Hotel rm)
- ❖ **5 of 6 days lifts all resorts** (optional day 6), free shuttle between lodging and slopes
- ❖ **Two group dinners and daily breakfast**
- ❖ **Banff National Park Admission**

MOUNTAIN STATS:

	Lake Louise	Sunshine Village	Mt Norquay
Skiable Acres	4,200	3,358	190
Top Elevation	8,650 ft	8,954 ft	8,038 ft
Base Elevation	5,400 ft	5,440 ft	5,500 ft
Vertical	3,250 ft	3,514 ft	1,650 ft
Runs	145 plus back bowls	115 plus glades	60
Difficulty % (Green/Blue/Black/DbI-BIki)	25/45/19/11	20/55/20/5	20/36/28/16
Longest Run	5 miles	5 miles	1 mile
Lifts	1 Gondola, 1 Six-pack, 3 Quads, 1 Triple, 4 surface	1 Gondola, 7 High-speed quads, 2 quads, 2 carpets	3 quads, 1 double, 2 surface
Annual Snowfall	179 inches	Up to 35 ft	120 inches
Banff lodging to mountain	~ 45 minute shuttle	~ 25 minute shuttle	~ 20 minute shuttle
Banff Town Elevation		4,116 ft	

OPTIONAL ACTIVITIES:

Cross-country, Dog sledding, Snowshoeing, Hot Springs, Sleigh rides, Ice skating, Ice Tours, Curling, etc.

CHECK OUT...

Banff-Lake Louise at: <https://www.banfflakelouise.com>

TRIP CAPTAIN:

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Sign-up before Oct 1 for a \$25 discount.

Sign-up 1 Dec 17



Sanctioned by the Blue Ridge Ski Council

ESTIMATED PRICE: \$2,084¹ **Early sign-up** & Age Related lift discounts are available.

¹ Exchange rate fluctuations, surcharges, final trip size, etc., may alter final price.

PAYMENTS: \$500 at signup, \$500 Sep 14, \$500 Oct 12, balance Nov 9.

TRIP REFUND CUTOFF DATE: 1 Oct 17*

***CANCELLATIONS AFTER CUTOFF DATE ARE LIABLE FOR UNRECOVERABLE TRIP COSTS in lieu of normal cancellation fee.**

QUESTIONS YOU MEANT TO ASK... AND THEIR RESPECTIVE ANSWERS

The following questions and answers, compiled from a variety of sources, should provide information to make your choice of this trip to Banff, AB, Canada, an easy decision.

Q: How are we going to get to Banff and these resorts, wherever they are? A: Banff and all three resorts are located in Banff National Park, Alberta, Canada. We will fly from **Norfolk Int'l Airport** to **Seattle** on **Southwest Airlines**. After an afternoon to sightsee and a night's sleep at the Airport Hilton, we fly on **Alaska Airlines** to **Calgary, AB**, then take a motor coach about 1 ½ hours to our lodging in the town of Banff. Our return to **Norfolk** is a one stop/change **United Airlines** flight. [The Seattle stop saves us money and gives us better flight times.]

Q: What will we find once we are there? A: The **Town of Banff** is a spirited place, alive with adventure and wonder. The lively streets of downtown are lined with top class restaurants, bars, and shops, as well as a vibrant range of art galleries and museums. The locals are warm, open, and genuinely connected to the inspiring environment in which they live. The town site covers 1.52 square miles and is at an elevation of 4,537 feet, making it the highest town in Canada. The **Lake Louise Ski Resort** is one of the largest ski areas in North America, offering spectacular views, long runs, and lots of terrain for all ability levels. With 145 runs, there is a huge variety for beginner, intermediate and expert skiers and riders, making The Lake Louise Ski Resort a great choice for families and groups. Big open bowls and gnarly chutes and gullies offer a lot of fun for intermediate and expert skiers as well. **Sunshine Village** occupies a lofty position, topping out at 8954 feet. When you stand at the top of a run you're high up on the Continental Divide, far above tree line with clear views of the surrounding peaks. About 15 minutes from the town of Banff, it has more than 3,300 acres of ski and snowboarding terrain, including the massive 12 acre Rogers Terrain Park. Only 10 minutes from the town of Banff, you will find **Mt Norquay** where you can make turns while looking over the town and valley. It's a great ski hill with diverse terrain for beginner, intermediate, and advanced skiers and riders. You can also ski when the stars are out, with night skiing and snowboarding on Fridays.

Q: What days will we be skiing/riding? A: We will have 5 out of 6 days of lifts included with an optional 6th day available. Your Tri-Area Lift Ticket provides access and free transportation to and from all three ski areas. All three resorts welcome skiers and snowboarders.

Q: What about eating? A: Plans are to have two group dinners and breakfast daily (Sunday – Friday). There are numerous dining options at the mountains and the town of Banff serves up a wide variety of dining, including regionally sourced Rocky Mountain Cuisine, family-friendly fare, and meals for eco-conscious eaters and vegetarians. Later in the day there's a variety of pubs and lounges in Banff where you can relax by the fire and chat with family and friends, or if you still have the energy, visit Banff Avenue for its high energy night spots.

Q: What kind of living arrangements can we expect? A: We will be staying at the Caribou Lodge & Spa just a short walk from the heart of downtown Banff. This AAA three-diamond facility also receives high marks on Tripadvisor.com. The hotel rooms for two have a king, two queen, or two double beds with Mountain Luxury bedding: complementary Wi-Fi; full bathrooms equipped with a hair dryer; flat panel TVs; coffee maker and tea kettle; mini-fridge; clock radio; and daily housekeeping. The hotel has a 26-person jetted hot pool, steam room, fitness room, and laundry facilities on site. Dining is available at the hotel in the Keg Steakhouse and Grill where breakfast is included daily (Sunday – Friday). The shuttle to the slopes stops at the Lodge and the ROAM town shuttle stops just across the street. See: <http://banffcariboulodge.com/>. By the way, in Seattle we will be staying Friday night across the street from the airport at the AAA 3-diamond Hilton Seattle Airport Hotel & Conference Center. We have all Friday afternoon and evening to sightsee as we like in Seattle.



Q: What is an Ice Tour? A: In the winters of Banff National Park, sub-zero temperatures turn mighty waterfalls into glittering pillars of ice. Suspended in time, these frozen falls look almost otherworldly. It's an experience that's truly unique to Banff. The most popular ice walk is the narrow gorge of Johnston Canyon. A network of steel catwalks built into the canyon walls means you can walk right along this cathedral of ice. As you do, you'll get to wander through a natural cave to gaze down at the flowing waters of the lower falls. Continue onto the awe-inducing upper falls — a glittering tower of ice that rises 100 feet above your head. This is one of many optional activities available.

Q: What do we need to travel to Canada? A: **You need a passport to cross the US-Canadian border.** Your passport will be checked when we board our flight in Norfolk and prior to return. **Note: Canadian immigration may check and exclude anyone for criminal convictions including DUI – see <http://www.cic.gc.ca/english/information/inadmissibility/who.asp>**

Q: Are there any age related or other discounts? A: Yes, there are lift discounts for Seniors aged 65+, AND for all ages, **sign-up before October 1 to receive a \$25 discount off the trip price.**

Q: What if I have more questions? A: Contact Bill Bryan, at (757) 851-0748 or by e-mail to banff18@peninsulaskiclub.com.