

Cowan Lake Sailing Association – MC Fleet 45
Cowan Scow'n 2019, October 5 and 6

Sailing Instructions

RULES

- 1.1 The regatta will be governed by The Racing Rules of Sailing (RRS), the prescriptions of US Sailing, the rules of the MC Sailing Association, except as any of these are changed by these sailing instructions.

ENTRIES

- 2.1 Eligible boats may be entered by completing registration with MC Fleet 45. Register online at MCscow.org. (Please do not pay online – pay at venue only)

NOTICE TO COMPETITORS

- 3.1 Notices to competitors or changes to these sailing instructions may be made by posting notice of such changes on the Club House notice board at least one hour prior to the scheduled warning signal of the first race each day.

SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the Committee Boat at the dock.
- 4.2 Flag AP with two horns (one horn when lowered) means "The race is postponed. The warning signal will be made not less than 30 minutes after AP is lowered."

SCHEDULE OF RACES

Saturday October 5.

12:00 noon: Competitor's meeting
1:00 PM: Warning signal for the first race.
Subsequent races will follow at the discretion of the Committee.
No races will start after 4:30 P.M. on Saturday

Sunday October 6.

9:30 AM: Warning signal for the first race.
Other races will follow at the discretion of the Committee.
No races will start after 11:30 on Sunday.

WIND VELOCITY

- 5.1 Racing will be abandoned if sustained winds exceed 20 mph or if gusts exceed 23 mph.
- 5.2 No race will be started in less than 3 mph of measured wind at the committee boat.

THE COURSES

- 6.1 **Course O** (Olympic)
Once around a triangle, followed by a windward fourth leg, then returning to the leeward mark for the fifth leg, followed by a windward sixth leg to the finish. The length of the windward leg and the angles of the reaching legs will be set to make best use of the available sailing area given the prevailing wind direction. All marks are to be rounded to port.

Course will be indicated by display of code flag "O" (red and yellow triangles) before or with the warning signal.

- 6.2 **Course O-2** (Olympic-Twice-Around)
Twice around a triangle, followed by a windward seventh leg, then returning to the leeward mark for the eighth leg, followed by a windward ninth leg to the finish. The length of the windward leg and the angles of the reaching legs will be set to make best use of the available sailing area given the prevailing wind direction. All marks are to be rounded to port.

Course will be indicated by display of code flag "O" (red and yellow triangles) over the numeral 2 pennant (blue pennant with a white circle) before or with the warning signal.

- 6.3 **Course W** (Windward-Leeward)
Once or twice around a windward-leeward course with an extra weather leg. The length of the windward leg will be set to make best use of the available sailing area given the prevailing wind direction. There will be a weather mark with an offset-mark approximately 4 - 6 boat lengths away, both will be rounded to port. The leeward mark will be a gate with two marks 5-8 boat lengths apart. A boat must pass between the marks and may round either mark to go upwind.

Course will be indicated by displaying code flag "W" (blue with a red square in the middle of a white square). The number of laps will be indicated by displaying pennant "1" (white with red dot) or "2" (blue with white dot).

MARKS

- 7.1 Marks of the course will be orange tetrahedrons. Marks changed after the start will be yellow or orange tetrahedrons.

THE START

- 8.1 Races will be started using rule 26 except that 4 horns will be sounded approximately 1 minute prior to the 5-minute warning signal.
A. The preparatory signal shall be code flag P (blue flag with white square).
B. The starting signal will be an orange MC class flag
- 8.2 The starting line will be between the main staff on a race committee boat at the starboard end and the port-end starting mark.
- 8.3 Individual recalls shall be signaled in accordance with Racing Rule 29.2. The Race Committee will attempt to hail sail numbers via public address and VHF radio but is not required to do so. It is the skipper's responsibility to determine if he/she is the infringing yacht. The following shall not be grounds for redress:
A. Failure to hear the hail
B. A yacht's position in the hailing sequence
- 8.4 General recalls shall be signaled in accordance with racing rule 29.3.

CHANGE OF COURSE AFTER THE START

- 9.1 A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

THE FINISH

- 10.1 The finishing line will be between the main mast of a RC boat and the nearby mark of the course at the port end. The RC boat will display a blue flag when it is on station for the finish. If the race committee boat is a skiff, the finish line will be between the staff of the blue flag and the finishing mark or mark of the course at the port end. The race committee may shorten the course after the starting signal by displaying Code Flag S at the RC boat taking finishes. The finish line shall be between an existing mark of the course and the RC boat.

TIME LIMIT

- 11.1 There is no time limit for races. The RC may abandon any or all starts if it believes a fair contest cannot be completed. Boats failing to finish within 30 minutes after the first boat finishes will be scored Did Not Finish. This changes rule 35.
- 11.2 If the lead boat fails to reach the first mark within 30 minutes, the RC shall abandon the race.

PROTESTS

- 12.1 A yacht which intends to protest in accordance with Rule 60.1 (a) shall inform the Race Committee finish line signal boat of their intention to protest and identify the yacht(s) they intend to protest.
- 12.2 Protests shall be written on forms available at the Club House and delivered there within 30 minutes after the RC boat lands.
- 12.3 Protests will be heard in approximately the order of receipt as soon as possible.
- 12.4 Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.

SCORING

- 13.1 The Low Point scoring system, rule A2, will apply. Five (or more) races are scheduled of which one race shall be completed to constitute a series. There will be a throw out if 6 or more races are completed. This changes rule A2.

TROPHIES

- 14.1 Trophies will be awarded as follows:
a) First through fifth places.
b) Additional awards: Competitors outside of the top 5 are eligible for: Master, Grand Master, Mega Master, Woman

EMERGENCY ASSISTANCE AND SAFETY

- 15.1 Yachts which receive emergency assistance shall not be disqualified solely for the receipt of emergency assistance and may resume racing.
- 15.2 If at any one time more racing vessels are capsized than available safety vessels, the race committee shall immediately abandon the current race.
- 15.3 VHF radios – competitors may monitor channel 68 for race instructions.