

# MC SPEED

*(continued from page 5)*

Use your regular stop watch and time yourself at two minute starting intervals. Find a local buoy or raft on your lake. Or, drop your own buoy. Pretend that the buoy is your starting line. Practice starting and stopping your boat at the buoy. When your watch goes off for your 'pretend start' you should be up to full speed sailing past the buoy (your imaginary starting line). If you keep practicing this your starts will dramatically improve.

By practicing these basic boat handling skills your MC will begin to reach new speeds and you will reach a new level of competence in the boat. These descriptions are very, very basic. However, when prac

ticed these basic skills will move you ahead on the race course. You will be much faster.

Now that you have gone over the practice drills for boat handling, you are now ready to learn about tuning your MC. Tuning is only helpful if you have solid boat handling skills. With your boat handling skills being second nature to you, you can now get your

head out of the boat and concentrate on speed, race course position, wind, waves and other considerations.

The tuning step in MC Speed is new, just released and very effective in making your current MC even faster! They are guidelines that I have used for the past two years. The tuning will be divided up by wind strengths including when you become overpowered. This information will be the latest and greatest out of Zenda!

Look for this in the next issue of the April 1999 issue of the MC Newsletter.

## Fall DinghyFest

October 24-25, 1998

Fleet 5 Rush Creek YC, Texas

Pl	Skipper	Club	Boat	Races										Pts.
				1	2	3	4	5	6	7	8	9		
1	Drew Mize	AYC/TX	1743	2	5	1	13	4	4	3	7	1	27	
2	Greg Gust	RCYC/TX	1750	4	2	2	14	1	19	4	3	5	35	
3	Greg Gondran	RCYC/TX	1803	16	1	10	4	8	8	1	4	4	40	
4	Scott Slocum	RCYC/TX	1166	5	6	8	12	2	2	10	2	15	47	
5	Manning Grinnan	RCYC/TX	1479	3	12	9	3	11	3	5	6	10	50	
6	Christian Dupont	RCYC/TX	1540	6	4	7	16	9	7	11	1	7	52	
7	Jack Kern-M	RCYC/TX	1694	9	9	3	1	10	9	2	16	11	54	
8	Chuck Lind	RCYC/TX	1855	8	8	11	9	5	10	6	9	2	57	
9	Chuck Anderson	AYC/TX	1795	11	7	16	11	6	1	7	17	6	65	
10	Eric Protzman	RCYC/TX	1831	1	10	4	15	14	6	14	15	3	67	
11	Charles Price	RCYC/TX	1763	10	3	5	10	15	13	9	5	14	69	
12	Jack Hattendorf	AYC/TX	1523	7	16	6	7	13	14	8	14	12	81	
13	Burt Scott-GM	RCYC/TX	1559	12	17	15	5	3	11	15	8	13	82	
14	Bill Jackson-M	RCYC/TX	1559	13	13	12	6	7	12	16	13	8	84	
15	Jason Bradley	RCYC/TX	1353	14	11	13	2	17	5	12	12	18	86	
16	Davis		1521	15	14	18	8	18	17	DNS	10	16	116	
17	John Montgomery		1707	18	15	17	18	16	15	17	11	9	118	
18	Ralph Kelley-GM	RCYC/TX	1554	17	18	14	17	12	16	13	18	17	124	