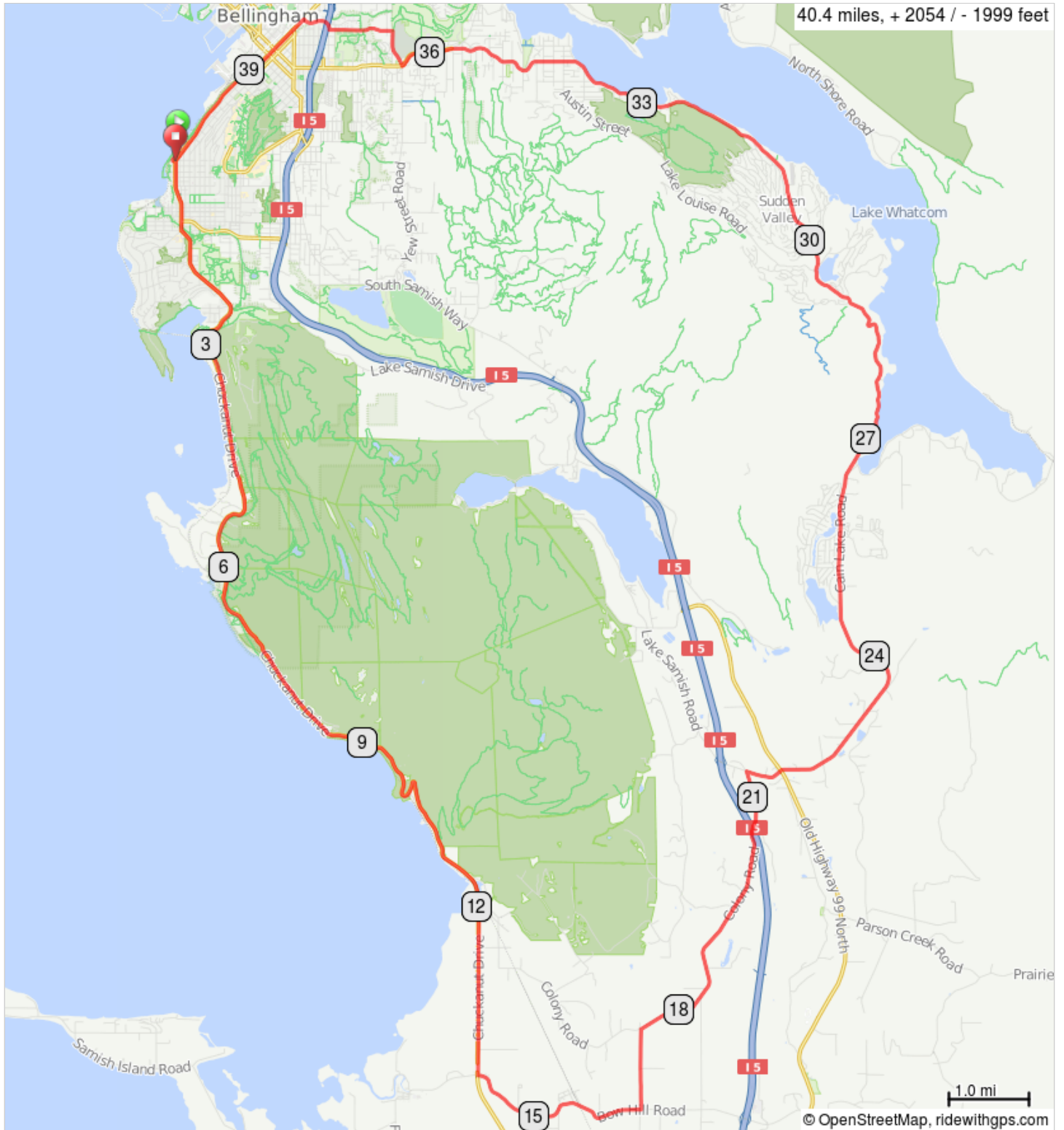


PhredSlogRide1



1.	0.0	0.0	▀	Start of route
2.	0.3	0.3	→	R onto 11th St
3.	0.6	0.3	↑	Continue onto Finnegan Way
4.	0.8	0.2	↑	Continue onto 12th St
5.	1.1	0.3	←	Slight L onto Chuckanut Dr N
6.	14.1	12.9	←	L onto Bow Hill Rd
7.	16.5	2.4	←	L onto Ershig Rd
8.	17.4	1.0	→	R onto Colony Rd
9.	21.4	3.9	→	R onto Lake Samish Rd
10.	21.8	0.5	↑	Continue onto Alger Cain Lake Rd
11.	24.6	2.8	↑	Continue onto Cain Lake Rd
12.	26.4	1.8	←	Slight L onto Cain Lake Rd/Lake Whatcom Blvd
13.	34.0	7.6	↑	Continue onto Cable St
14.	34.5	0.5	↑	Continue onto Terrace Ave N
15.	34.7	0.2	↑	Continue onto Lakeway Dr

34.7 miles. +2153/-1735 feet

16.	36.4	1.7	→	R onto Woburn St
17.	36.9	0.5	←	L onto Fraser St
18.	37.7	0.8	→	R onto Lincoln St
19.	37.7	0.1	↑	Continue straight onto Meador Ave
20.	38.1	0.3	←	L onto N State St
21.	39.1	1.0	↑	At the traffic circle, 2nd exit onto Boulevard
22.	39.9	0.8	↑	Continue onto S State St
23.	40.4	0.6	▀	End of route

5.7 miles. +119/-291 feet