

Chainwheel Chatter

Volume 46 Issue 8

Established 1972

August 2018



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MEETING	DATE/TIME	LOCATION	PRESENTER/ TOPIC
Board Meeting	August 7 September 4 6:30 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask for add'l agenda items.
Membership Meeting	August: No meeting September 27 7:00 p.m.	Foster Community Center 200 N. Foster St. Lansing, MI	Member meeting is the last Thursday of the month. (except July) August: No meeting September: Colleen Synk and her tour from Seattle to San Francisco (mostly) via the Pacific Crest Trail in 2014
TCBA Advocacy Committee	August 8 6:30 8:00 p.m.	League of Michigan Bicyclists 410 S. Cedar St. Suite A, Lansing	2nd Wednesday of the month Everyone is welcome to attend! http://advocacy.biketcba.org/

Chainwheel Deadlines

NEWSLETTER August 10	Please send items to Patricia Mead, via e-mail, chainwheelchatter@biketcba.org by the indicated deadline.
RIDE CALENDAR	Go to: biketcba.org, Event Calendar To have a ride listed on the Event Calendar send email to: Ridecoordinator@biketcba.org

Chainwheel Chatter To Go Electronic in 2019

The final *paper* issue of the *Chainwheel Chatter* will be printed in December 2018. Beginning in 2019, the *Chainwheel Chatter* will be published only in PDF (portable document format) on the TCBA website (biketcba.org).

You will need Internet access and Adobe Acrobat Reader to access the *Chainwheel Chatter*. To receive an e-mail notification when a new *Chainwheel Chatter* is published on the TCBA website, please add your email address to your TCBA profile.

To add your email, go to the TCBA website (biketcba.org); login in the upper right corner; under your name in the upper right corner, click on *Profile*; under *Personal Info*, click on *Contact Info*; finally, under *Other Contacts*, add your email address.

Most public libraries have computers for those not owning a computer. If you do not have Internet access and have no means of gaining access, please call Harry Levins at 517-627-9763.



2018 TCBA Calendar

2018 Kids Repair Program
Needs Volunteers

Month	Board Meeting	Member Meeting
August	7	No Meeting
September	4	27
October	2	25
November	6	No Meeting
December	4	6 Holiday Party

Kids Repair Program is in need of volunteers to be an assistant on each of the summer Family Rides. Rides would begin and end at Kids Repair Program, 5815 Wise Rd. Lansing. Dates TBD on weekends. The kids would love to meet experienced cyclists and Dave has some amazing stories.

If you can help, please call Dave Meade. 517.993.7520. Thank you.

President's Update

As you all have read TCBA has a budget deficit. This deficit is due to declining revenue from DALMAC which is TCBA's primary source of income. That said, for the past few years TCBA has spent funds more to support membership, promote safe, social bicycling and create community partnerships than we have received from DALMAC. The TCBA Board has asked for, and received input from members, on how we could proceed to make some budget cuts to reduce this deficit. We have decided to make some changes that minimally will impact us all.

-TCBA will stop printing and mailing the "Chainwheel Chatter" effective January 2018. (The Board is considering how to identify the handful of TCBA members who do not have Internet access and, therefore, might be unable to access a digital copy of the Chainwheel Chatter.) We will continue to produce the "Chainwheel Chatter", and this will be available online for your easy access.

-TCBA will eliminate our telephone service.

-TCBA is also making several reductions in our Board spending. These cuts may reduce some aspects of "services" provided to our members but Events will continue like the Picnic, Holiday Party and Appreciation Dinner.

-TCBA Board has worked very hard over the last several months to make these decisions, so that our mission of "Promoting safe, social bicycling since 1972" may continue another 48+ years. We believe making these small changes now, will allow TCBA to continue as a leader in this area, in Michigan, and in the United States.

TCBA cannot be what we are without you dedicated Volunteers! Thank you!

Patrick Kelley, President TCBA

June 2018 Advocacy Committee Report by Mike Unsworth

Discussion with Andy Kilpatrick, Public Service Director for the City of Lansing

At the June meeting we had a wide-ranging talk on future projects in Lansing. The City's Non-Motorized Transportation plan should be unveiled this Fall. Andy also discussed the funding gap for street repairs: \$20 million per year is estimated to bring the City's roads up to fair condition. It looks like only \$11 million per year will be available.

He hopes to implement a sign standard that will identify bike routes. It will conform to the proposed Ingham County Trails signage. City planners are favorably looking at future (re) conversion of one-way to two-way streets. As for Downtown bike lockers, some will be for state employees (due to security concerns) while others will be for the public. The City hopes to activate them in the fall.

Bike Safety Billboard Project

Two ten-by-twenty-two feet billboards are scheduled to be put up during the week of July 2. They will be the printed "poster" variety and will be up for about a month. Adams Outdoor Advertising will assign the location. This is the trade-off we made for an affordable rate. Once up, there will be maximum club publicity

We'd like to have public events, maybe flash mobs, if the locations are suitable. Many thanks to Phil Wells and Ann Siegel for their hard work on this project.

Coleman Road Extension

On June 13, it was announced that Coleman Road in East Lansing will be extended westward to use an underpass that was built for an abandoned rail line. The Advocacy Committee will work with the authorities to ensure that East Lansing's existing bike lanes will be put onto this extension.

TCBA Advocacy Committee (<http://advocacy.biketcba.org/>) meets the second Wednesday of each month:

League of Michigan Bicyclists

410 S. Cedar St. Suite A, Lansing, MI

(across South Cedar Street from Wendy's) from 6:30 to 8:00 p.m.

Everyone is welcome to attend!

TCBA Club Picnic

The TCBA Picnic, July 22nd at Motz County Park, was a success. While I did not count the actual numbers, we managed to fill many picnic tables and ate most of the prepared foods.

I'm sure most of the intrepid riders to the park will agree Mother Nature wasn't at her finest this day. I saw at least a dozen or more people braving the wind, mist and rain to join us at the park in Greenbush Township, Clinton County. The covered pavilion came in very handy.

We did not have the short ride of remembrance due to the inclement weather. Instead, Bill Smith read off the names of our deceased members. I know a few stories were told and many of us knew so many of these members.

This was a great setting to bring us all together. Thank you, Bill Smith, for your work and efforts to bring this event together.

Thanks to all of the members participating in the event and for those of you who rode this day.



DALMAC Registration Volunteers Needed

Many of you have helped with DALMAC registration in the past and know what a rewarding job this can be and a great way to meet other club members.

RSVP to Mike Hudson at 517-321-4297 (please no calls after 10:00p.m.) or email hudsonmp66@gmail.com.

Location: MSU Pavilion. Please plan to arrive 15 minutes prior to your starting time.

Consider volunteering, it is a lot of fun! Thank you!

Dates and Times

Tuesday	August 28	5:00-8:00p.m.
Wednesday	August 29	7:00-9:00a.m. 5:00-8:00p.m.
Thursday	August 30	7:00-9:00a.m.

September 27 TCBA Member Meeting Guest Speaker: Colleen Synk, Seattle to San Francisco

Long before Colleen Synk knew of bicycle touring, she was an avid cyclist as a triathlete, bike commuter, and mechanic.

Upon hearing of touring, she had no misgivings at the chance to go on her first tour as a solo cyclist in 2014 from Seattle to San Francisco, mostly on the Pacific Crest Trail. Touring quickly became her favorite way to enjoy bicycling and traveling.

After numerous tours nationally and abroad, the PCT remains one of her favorites due to its accessibility, diverse rides, and amazing views.

It's the trip that made her fall in love with being a "two-wheel wander". She's excited to share her experience in and enthusiasm for touring with you. Please join us on September 27 at Foster Community Center and let's give Colleen a warm TCBA welcome!

Now Showing: 3-foot distance TCBA Billboards

The location of the billboards are: one faces northbound South Cedar just north of Mt. Hope and one faces southbound MLK, just north of Pleasant Grove.

Stay tuned for more information at biketcba.org.

Note to ride leaders and New riders to TCBA

Many of you know me as the Chainwheel Chatter Editor, Patricia Mead. What you may not know is I am a new transplant to the Lansing area. My husband, Kevin, and I recently moved to Grand Ledge from South Lyon.

I joined TCBA in 1986 when I lived in the Lansing area. I returned to metro-Detroit in mid-1990 for a promotion.

I have been a member this entire time; joining most major events for over 30+ years. I've ridden the original Summer-Tour and most since then, 28 Dalmacs (or 29, I've lost count), all Northwest Tours, WOW, T-shirt Ride, etc.

I am beginning to participate in some of the club rides and have a suggestion for ride leaders. Introduce yourself and other riders to the new person. I understand many of us (myself included) may not remember all of the names, but the feeling of inclusion can provide much goodwill among

our fellow cyclists. This may even spark interest to join the club or participate in other rides.

We all join the rides for various reasons, health, camaraderie, social well-being, and, above all, our love for the sport. I believe the few minutes spent on an introduction can help new riders overcome a sense of being the "new guy" and no sense of inclusion. Let's welcome our newcomers with introductions and a brief safety reminder. This keeps everyone mindful of the TCBA mission.

We are all ambassadors for the club and one way to help newcomers to the club and others (think about those we meet at local shops or on tours) is to show our club cohesiveness, friendliness and mission.

Thanks for listening and I'll see you on the road!

July 2018 Board Meeting

Meeting cancelled

2018 Events

Date	Event
August 29-September 2	DALMAC

Bicycle Helmet Safety Institute The Helmet Update - Vol. 36, #6 -- June 26, 2018

Virginia Tech's Biomedical Engineering and Mechanics lab has released a new STAR system for rating bicycle helmets, with 30 models rated. The ratings varied considerably, with four 5-star models and two that got only 2 stars.

The helmets were already certified to the CPSC standard using severe impacts, so the ratings are based on testing that explores their ability to perform in lower-level impacts, and their ability to handle rotational forces that are widely believed to be important in causing concussions. The full methodology is explained on the Virginia Tech site: <https://www.beam.vt.edu/helmet/bicycle-helmet-ratings.html>

The four 5-star models (all of them MIPS-equipped) were: Bontrager Ballista MIPS, Louis Garneau Raid MIPS, Bell Stratus MIPS, and Specialized Chamonix MIPS.

The results give MIPS a boost after Snell's recent announcement that their own testing showed no benefit for the technology. But Tech used the type of setup favored by MIPS for rotational testing, with a very rough slanted anvil and a headform with a polyurethane skin. And one of the MIPS helmets tested scored only three stars.

Note that Tech tests only models submitted to them by manufacturers, so the models were carefully selected. No manufacturer submitted an identical MIPS and non-MIPS model.

For more detail on the testing, we recommend this excellent article in Bicycle Retailer and Industry News https://www.bicycleretailer.com/industry-news/2018/06/26/virginia-tech-and-iihs-collaborate-bike-helmet-ratings#.WzKU_62ZPMU

We have a page up on Virginia Tech's program with more background: <https://www.helmets.org/vatechstar.htm>

We welcome this new approach to bicycle helmet testing and believe that ratings systems will be more useful to consumers as other standards remain stagnant in the face of new concerns about concussion-level impacts.

Eagle Scouts Cycling Across America—ESCAA 2018

ESCAA 2018 is a TransAm bike tour group coming through Grand Rapids and Lansing this summer. The acronym is Eagle Scouts Cycling Across America. This is the second such scouting tour created and operated by Bruce White, Scoutmaster out of Fredericksburg, Va. The first tour was in 2014. This year, our tour starts in Seattle in mid-June, and ends August 22 after a swing through New York City and into Washington DC. The touring group has 10 young Eagle Scouts, and 12 adult riders, all Scout Masters and Assistants, we act as ambassadors for the Scouting program. By the time we get to you we've ridden by Coulee Dam, the Black Hills, Yellowstone, Rushmore, taken the Lake Express Ferry, toured Trek Bicycles, etc. A great experience for scouts young and old.

ESCAA 2018 comes to Grand Rapids on August 2, Thursday – we ride a 70 mile day from the Muskegon area. We'll stay the night at Steamboat Park Campground. On Friday, we ride on to Lansing, staying south of downtown – our camp Friday night is the Cottonwood Campground. Satur-

day we'll keep moving – south and east, relentlessly!

In Michigan, we'd love to meet you, ride with you. We do have some natives riding a long and playing with us, keeping us from getting lost. It would be great to have more local guides and folks to point out what's what along the way. This author has been in Michigan on DALMAC many times, I am a Michigan enthusiast for biking, for sure. Help me teach the tour the lore of the state. Or just stop by and be friendly! We'd like to meet you. If you would like tour and routing details, feel free to email me at adcarson@recycledrecumbent.com and I'll forward links to our routes. If you'd like to ride with us let me know that too. Don't wait to July to get in touch – I'll be on this tour by then, and harder to reach. Hope to see you in August!

A.D. Carson, Assistant Tour Director
ESCAA 2018
Adcarson@recycledrecumbent.com
414-499-4366

SummerTour 2018 by Patricia Mead

Another SummerTour complete. Did you ride your own story? I did. Cycling the roads and trails with Jacque Erdman and Craig Graham, we made the most of what the tour could offer. From the first couple of cool, crisp nights (perfect for sleeping) to the hot and humid, thunder and lightning filled nights. What more could we expect from July in Michigan?

The Veteran's Memorial Park was a surprise in its cleanliness, friendliness of the staff, proximity to a cool river to the nice roads and trails nearby.

As usual, the food was outstanding and the crew willing to help those in need or provide information. Anyone who left the tour because of the rain, lost out on some nice weather to end the trip.

We explored the new miles south of Leroy and chatted with roustabouts at the Leroy fair. We jumped in the lake at Cadillac to wash some of the road grime left from the rain.

We admired a small porcupine at the edge of the Pere Marquette trail, watched an osprey, admired the deer, looked for beaver in the pond and tried to tour the Yoplait factory in Reed city (alas, no tours).

We played with the crayfish in the river and cooled off by sitting in the waters of the Middle Branch River. We even cycled 218 miles by my calculation.

We liked the options of driving a short distance to a trail head or riding from camp. We encountered courteous motorists and friendly locals. One man even bought us our morning coffee from the local Shell station – thank you. We were ambassadors for the club by describing the tour and TCBA in general.

Thank you committee and crew for your dedication and work for a successful tour. See you on SummerTour 2019! Stay tuned for further details.

Bike Fix-It by Mike Unsworth

Bike Fix-It Sessions at the Lansing City Rescue Mission

We plan on having sessions at the Mission from 4:30 to 6:30 on the first Tuesday of each month through October. If demand warrants, we can add other days and times. If you're interested in helping, please email: advocacy@biketcba.org.

Bicycle Helmet Safety Institute The Helmet Update - Vol. 36, #5 -- June 15, 2018

Counterfeit Helmet Seller Convicted

Back in 2014 a Kentucky man bought counterfeit Specialized S-Works Prevail, Giro Aeon, and Catlike Whisper helmets from Ali Baba and sold them on Ebay for prices well below retail.

The helmets were tested and did not meet the CPSC standard. They lacked internal reinforcing and broke apart in normal testing.

The seller has now been convicted of mail fraud and trafficking in counterfeit goods. Details on how Specialized blew the whistle and the US government responded in 2014 are in this Bicycle Retailer and Industry News article:

<https://www.bicycleretailer.com/industry-news/2018/06/11/kentucky-man-convicted-selling-counterfeit-helmets-ebay>

We wonder if the regulatory response would be as vigorous today.

CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to chainwheelchatter@biketcba.org Ads will appear for 2 editions, unless otherwise notified.

For Sale: LIKE NEW - Excellent Condition Colnago CF4 Ferrari Road Bike (2007) 53-54 CM with Campagnolo Record Components including Campagnolo Record 10 speed Rear Cogs. Less than 300 miles. Includes Fulcrum racing wheels, Cateye wireless computer, SPD pedals. Top tube: 55 1/2 cm and seat tube: 56 CM from center crank to top of seat clamp. All Owners Manuals included. Fulcrum Racing 1 Wheelset: weight 1435g a pair (850g rear, 635g front) w/ distinctive bladed aluminum spokes. Spoke heads concealed inside hub flanges giving a clean uncluttered look. Bike was lovingly stored, ridden once a year to ensure all in working order. \$1600. Kristen: 517-930-3154 fursethk@gmail.com



Looking for a touring bike and all gear necessary for self-contained travel. If you have or know of cyclists ready to sell, please call Leslee: 517-290-1390 My height - 5'6" current road bike frame 54 cm

For Sale: Bicycle Transport Case, made by BWH (Germany), approx. 49" x 35" x 13", 4 Wheels. Box is big, you can fit additional equipment along with the bicycle. \$150 (OBO). Phone/Text (919) 886-7642



For Sale: Two 2013 Bianchi road bikes. Light recreational use, all original. **Men's** C2C Impulso 105. Celeste. Size 53. Aluminum/ carbon Shimano 105. 10-speed groupset - **\$550**. **Women's** C2C Via Nirone Dama Bianca. White/ Celeste. Size 50. Aluminum/ carbon Shimano Sora - 9-Speed groupset - **\$450**. Contact: Steve Serkaian steve@serkaian.com, 517-881-4085



For Sale: Specialized Dolce Comp, 51.5 frame, triple chain ring, Shimano 105 components, low mileage, includes upgraded seat, bike computer, and two bottle cages. Call George Schankler 517-648-0488 / 517-349-4242. **\$600**



For sale: Yakima compact hatchback vehicle bike rack, holds 2 cycles, currently configured to fit standard Toyota Prius, can be adjusted to fit other vehicles. Rarely used. \$40 OBO. Call Larry or Mary Hennessey at 517 349-2276 or henlar@sbcglobal.net.

For Sale: 2009 Trek 2.3, 54 CM frame, aluminum w/carbon stays & fork, Shimano Ultegra & 105 components. Light weight, excellent condition, ~2,000 miles. **\$800 OBO**. Contact: Kevin Mead 517-285-7814 (texts welcome), kevinmead@sbcglobal.net

CHAINLINKS
www.biketcba.org Tri-County Bicycle Association

www.lmb.org League of Michigan Bicyclists

www.bikeleague.com League of American Bicyclists

www.adventurecycling.org Adventure Cycling

www.bikes.msu.edu Michigan State University (MSU) Bikes

www.walkbikelansing.com Lansing's Walking and Bicycling Network

www.capitalareasmartcommute.com Smart Commute Program

www.midmeac.org Mid-Michigan Environmental Action Council

www.bikems.org Various rides throughout the country

www.mmba.org Michigan Mountain Biking Association

www.railstotrails.org Rails to Trails Conservancy

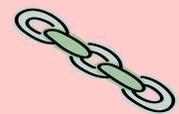
www.michigantrails.org Michigan Trails & Greenway Alliance

www.facebook.com TCBA is there as a group; check us out!

twitter.com Twitter

<http://www.nhtsa.gov/Bicycles> National Highway Traffic Safety Administration

<http://www.aabts.org/> Ann Arbor Bicycle Touring Society



MEMBER SPECIALS

This section of the Chainwheel Chatter is published as a service for TCBA MEMBERS who own a business at a cost of \$30.00/6 month for business card ad. To place your business ad, please submit your copy ready jpg business card to chainwheelchatter@biketcba.org, and mail your payment in January and July for your ad to appear to: TCBA-Classifieds, P O Box 22146 Lansing, MI 48909-2146

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TCBA MEMBER CONTACT



Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

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Cell (517) 290-7271
email: t-shirt@biketcba.org

Weather: (517) 321-7576
Webmaster:
Dave Mansfield
email: webmaster@biketcba.org

Ride Calendar at biketcba.org

Recurring rides are now on BikeTCBA.org. To view rides, go to the TCBA website, biketcba.org, Event Calendar. If you want to lead a ride and list the ride on the Event Calendar, e-mail Ridecoordinator@biketcba.org

Helmets are required on all TCBA Rides!!!!
Rides: visit the web site www.biketcba.org.

Class	Pace (average speed on a "level" route with no wind)
Class A+	19+
Class A	17-19 mph
Class B	14-17 mph
Class C	12-14 mph
Class D	Up to 12 mph
Class G	Gravel Road Rides, plus "speed class" (A-Z) of the ride
Class M	Mountain bike "single track" rides
Class Z	Over 40 miles at riders' own pace

Change of Address

Go to BikeTCBA.org,
Select Member Login
Once logged in, select profile
Under Personal Info, select Contact Info,
then complete your Primary Address.

It's that simple!

TCBA is on Facebook!!
<https://www.facebook.com/biketcba>

*Affiliated with the League of
American Bicyclists
and the League of
Michigan Bicyclists*



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**TRI-COUNTY BICYCLE ASSOCIATION
P O BOX 22146
Lansing, MI 48909-2146**

ADDRESS SERVICE REQUESTED

TRI-COUNTY BICYCLE ASSOCIATION MEMBERSHIP

<http://www.biketcba.org/>

Select Member Signup and follow the prompts!

Select options:

- Create a profile
- Renew membership online
- Select interests
- Volunteer opportunities
- Select electronic version of Chainwheel Chatter
- And much more

Chainwheel

Want to receive your Chainwheel faster? Simply opt for receiving an email instead of U.S. Mail. This option is available when you renew your membership.

Getting the newsletter via email is almost two weeks faster than U.S. mail.

Website: BikeTCBA.org

