

Chainwheel Chatter

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| MEETING | DATE/TIME | LOCATION | PRESENTER/ TOPIC |
|--------------------------------|---|---|--|
| Board Meeting | April 3 May 1 6:30 p.m. | Foster Community Center 200 N. Foster St. Lansing, MI | Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board, please contact the President one week prior to the meeting and ask for add'l agenda item. |
| Membership Meeting | April 26 May 24 7:00 p.m. | Foster Community Center 200 N. Foster St. Lansing, MI | Member meeting is the last Thursday of the month. April 26: Swap Meet and Social May 24: DALMAC Fund Grant Awards |
| TCBA Advocacy Committee | April 11 May 9 6:30 8:00 p.m. | League of Michigan Bicyclists 410 S. Cedar St. Suite A, Lansing | 2nd Wednesday of the month Everyone is welcome to attend! http://advocacy.biketcba.org/ |

Chainwheel Deadlines

| | |
|--------------------------------------|--|
| NEWSLETTER April 13 | Please send items to Patricia Mead, via e-mail, chainwheelchatter@biketcba.org by the indicated deadline. |
| RIDE CALENDAR | Go to: biketcba.org, Event Calendar To have a ride listed on the Event Calendar send email to: Ridecoordinator@biketcba.org |

SummerTour 2018 –Register Now!

SummerTour Registration remains open until June 6, 2018 or the tour fills.

This year we are able to offer a SummerTour Weekend, as we have rented the entire campground, we have more space to fill than usual.

Join the tour Friday afternoon, June 8, or evening. Enjoy two or three days of riding as well as two catered dinners and two catered breakfasts.

Are you saving vacation for something special? Can't get away from work? Do you want a tour a bit smaller than five days? This'll be great!

The roads in this year's SummerTour are lightly traveled. "Drive and Ride" takes you to the paved White Pine and Pere Marquette rail trails. Grab your county maps and "Ride Your Own Story." Go where you want to go, those thin lines on the map are gravel roads and we know where there are dirt trails. Bring your road bicycle. Bring your mountain bicycle. Bring your fat tire bicycle.

The park has WIFI. Keep up on Facebook. Check in at work. Stream movies in your tent. All the connectivity of home.

It'll be great. Your friends will wish they'd come.

For more information email summertour@biketcba.org or visit us on the web at http://www.biketcba.org/content.aspx?page_id=22&club_id=604795&module_id=224962



2018 TCBA Calendar / Events

2016 Incentives for Sale

| Month | Board Meeting | Member Meeting |
|-----------|---------------|---|
| April | 3 | 26 Swap Meet / Social |
| May | 1 | 24/31 DALMAC Fund Grant Awards |
| June | 5 | 28 DALMAC prep |
| July | 3 | 22 Membership Picnic / Ride of Remembrance |
| August | 7 | No Meeting |
| September | 4 | 27 |
| October | 2 | 25 |
| November | 6 | No Meeting |
| December | 4 | 6 Holiday Party |

The Club's 2016 Ride Incentive award consisted of a 2017 short sleeved club bicycle jersey (red and yellow coloring) and a rechargeable rear tail light.

Thinking that some members who were not eligible for the ride incentives might also want a jersey or light, we ordered a few additional of each to sell. There remain 1 medium, 2 large and 4 extra large Men's jerseys and 2 medium, 3 large and 1 extra, extra large Women's jerseys for sale.

The cost per jersey is \$45. While they last, we also have tail lights for sale at \$20 each. Those interested in either a jersey or light should contact Bob Noble at [bobnob@comcast.net](mailto:atbobnob@comcast.net).

MSU Cycling Event April 14 Looking for volunteers

The MSU Cycling Club will be holding a USA Cycling sanctioned Collegiate road race near Laingsburg on Saturday April 14th. Volunteers will be needed for traffic control, general event help, and possibly driving a follow car during the races. If you are interested please contact the club at msupartancycling@gmail.com for more information.

February 2018 Advocacy Committee Report by Mike Unsworth

National Highway Traffic Safety Administration Pedestrian Bike Assessment

At the request of the Michigan State Police's Office of Highways Safety Planning, consultants and NHTSA officials did a marathon of ten-minute long listening sessions from stakeholders from February 26-March 2 on bicycle safety efforts in the state. Mike Unsworth presented for TCBA stressing our ongoing activities with emphasis on outreach and DALMAC Fund grants. In their oral presentation at the end of the exercise, the panel praised TCBA for the DALMAC grants and our new program of providing services to homeless cyclists.

Meeting with Michigan Dept. of Transportation Officials on a variety of MDOT projects

On February 1, Tom Hardenbergh, Tim Potter, and Mike Unsworth, along with League of Michigan Bicyclists Director John Lindenmayer met for two hours with ten MDOT officials. The bulk of the session dealt with a major project on Business I-69 (Saginaw Street) from Park Lake Road to Marsh Road. The major take-aways were that there will be pedestrian/bicyclist access across Saginaw at Newton Road and that the proposed "Z" crossing at Marsh Road will be geared to non-motorized users.

We also discussed MDOT participation in public forums on bike safety, road safety audits, and several other problem areas.

Bike Films

Around 65 people enjoyed the Feb. 21 screening of MAMIL (Middle Age Men in Lycra). The MI Bike Shorts Film Festival will take place on March 19 at Urban Beats in Old Town.

Bike Safety Billboard project

We will focus on two themes: A profile of local deceased bicyclist. We would like to highlight Jill Byelich and a message urging motorists to safely pass cyclists by at least five feet

Bike Services to the Homeless

Based on a visit to the City Rescue Mission's Michigan Avenue facility, TCBA will provide basic maintenance services on the first Tuesday of each month from 4:30 to 6:30 pm. The first day will be April 3.

The TCBA Advocacy Committee (<http://advocacy.biketcba.org/>) meets the second Wednesday of each month at the League of Michigan Bicyclists, 410 S. Cedar St. Suite A, Lansing, MI (across South Cedar Street from Wendy's) from 6:30 to 8:00 p.m. Everyone is welcome to attend.

Life is like riding a bicycle. To keep your balance, you must keep moving. ”
~Quote By Albert Einstein

2018 Kids Repair Program Needs Volunteers

Kids Repair Program is in need of volunteers to be an assistant on each of the summer Family Rides. Rides would begin and end at Kids Repair Program, 5815 Wise Rd. Lansing. Dates TBD on weekends. If you can help, please call Dave Meade. 517.993.7520. Thank you.

2018 Events

The TCBA Picnic will be held on Sunday, July 22nd at Motz County Park at 12:00 p.m.

Motz Park is located near the corner of French and DeWitt Roads in Greenbush Township, Clinton County. In addition to being the annual picnic the event will also be a Ride of Remembrance in memory of our members who have passed away.

There will be a 5 to 10 mile ride after the picnic so bring your bike if you'd like to ride. The picnic cost is \$5.00 per member.

You may give money to Bill Smith at club meetings, club rides, or by calling 517-648-0019. Members may also sign up using the club website. We are in a covered pavilion in case of rain. See you there!

| Date | Event |
|---------------------------|--------------------------------|
| May 16 | Ride of Silence |
| June 2 June 13-17 | T-Shirt Ride Northwest Tour |
| July 11-15 | SummerTour |
| August 29- September 2 | DALMAC |

Board Meeting Minutes March 2018

The March 2018 Board meeting was cancelled.

Sunrise/Sunset April 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|--|
| 1 Sunrise: 7:21am Sunset: 8:03pm | 2 Sunrise: 7:19am Sunset: 8:04pm | 3 Sunrise: 7:18am Sunset: 8:06pm | 4 Sunrise: 7:16am Sunset: 8:07pm | 5 Sunrise: 7:14am Sunset: 8:08pm | 6 Sunrise: 7:13am Sunset: 8:09pm | 7 Sunrise: 7:11am Sunset: 8:10pm |
| 8 Sunrise: 7:09am Sunset: 8:11pm | 9 Sunrise: 7:07am Sunset: 8:12pm | 10 Sunrise: 7:06am Sunset: 8:14pm | 11 Sunrise: 7:04am Sunset: 8:15pm | 12 Sunrise: 7:02am Sunset: 8:16pm | 13 Sunrise: 7:01am Sunset: 8:17pm | 14 Sunrise: 6:59am Sunset: 8:18pm |
| 15 Sunrise: 6:58am Sunset: 8:19pm | 16 Sunrise: 6:56am Sunset: 8:20pm | 17 Sunrise: 6:54am Sunset: 8:22pm | 18 Sunrise: 6:53am Sunset: 8:23pm | 19 Sunrise: 6:51am Sunset: 8:24pm | 20 Sunrise: 6:50am Sunset: 8:25pm | 21 Sunrise: 6:48am Sunset: 8:26pm |
| 22 Sunrise: 6:46am Sunset: 8:27pm | 23 Sunrise: 6:45am Sunset: 8:28pm | 24 Sunrise: 6:43am Sunset: 8:30pm | 25 Sunrise: 6:42am Sunset: 8:31pm | 26 Sunrise: 6:40am Sunset: 8:32pm | 27 Sunrise: 6:39am Sunset: 8:33pm | 28 Sunrise: 6:37am Sunset: 8:34pm |
| 29 Sunrise: 6:36am Sunset: 8:35pm | 30 Sunrise: 6:35am Sunset: 8:36pm | | | | | DST for the entire month. © 2018 Edwards Apps, Inc. —SunriseSunset.com |

Great Adventure Opportunity Support team from LA to Boston by Rick Olson

In December I committed to supporting a 4 man team which will ride from south of Los Angeles to Boston, beginning Saturday, April 21, and completing the ride about one month later. The guys are planning to ride up to 150-200 miles per day, so the exact number of days to complete the trip is uncertain. The "support" consists of driving the support van and helping them as needed. I would have the opportunity to ride some by parking the van ahead, riding back to meet them, then riding with them back to the van.

Two of the four guys are ones I rode with across the country in 2016 and are great guys. The other two I don't know, but sure sound hardcore, one being 71 years old. My roommate in 2016, Phil Anderson, is organizing the trip, and has ridden this route (also known as Fast America North) before, and will be my roommate again. I will ride the van from Minnesota and back with Phil, and he will pay for the room, so my only expense are my lunches and dinners (with breakfasts usually included with the room).

The reason I can use help is my teaching experience in Lithuania the past 7 weeks went so well, I have been asked to return next September and October, which I have agreed to do. While those two months do not conflict with the spring cross country ride, there is a limit to how much time I should be away from home and my wife.

So, if you know anyone who has a great attitude and might be willing to substitute for me in this great (and cheap) adventure, I would happily step aside. If I can't find someone willing and capable, I can do it, I would just prefer to keep my wife as happy as I can.

If you or someone else has questions, I can be reached at 320-248-9933 or olson48176@gmail.com

Rick Olson, 3 time DALMAC rider and former Michigan State Representative 2011-12.

Purpose: The purpose of the ride incentive program is to encourage club members to participate in TCBA recreational rides. Ride Incentive “miles earned” are miles ridden only on TCBA sponsored rides.

Ride Classes

Established to enable riders of similar abilities to ride together, classes are based on average overall ride pace (speed), as follows:

| Class | Pace (avg speed on a “level” route with no wind) |
|----------|---|
| Class A+ | 19+ |
| Class A | 17-19 mph |
| Class B | 14-17 mph |
| Class C | 12-14 mph |
| Class D | Up to 12 mph |
| Class Z | Over 40 miles at riders' own pace |
| Class M | Mountain bike “single track” rides |
| Class G | Gravel Road Rides, plus “speed class” (A-Z) of the ride |

Responsibilities of Riders and Ride Leaders

Ride Leaders

- Please follow the rules of the road; same roads, same rules!
- Scout the route and create accurate maps and/or cue sheet defining the route.
- Provide a Rider Sign-in Sheet. Please keep your Rider Sign-in Sheets until the season ends and get these to a TCBA Board Member or the “Mileage Coordinator
- All rides should start from a publicly accessible location.
- Provide notice of the ride on the biketcba.org Event Calendar. Send your desired ride to ridecoordinator@biketcba.org Information in the notice shall include the leader's name and contact information (phone number and/or e-mail address), date and time, starting location, ride class, and approximate distance. Weather conditions under which a ride will not occur should be stated. The starting point should provide adequate parking for a reasonable number of expected riders; and, if private property is used for this purpose, the ride leader is responsible for securing permission from the property owner or manager.
- Unless the ride notice states a requirement for lights, rides should be scheduled during daylight hours. There should be sufficient time to do the ride at the pace defined by the ride class plus an allowance for planned stops and unforeseen mechanical problems.
- Provide a reasonable number of maps or cue sheets for the anticipated number of entrants and ride sign in sheet. follows:

General Rules

- The ride calendar year is December 1st of the previous year through November 30th of the current year.
- Club rides must be submitted to the ridecoordinator@biketcba.org to be posted on the biketcba.org Event Calendar. Ride information must be submitted so that it appears on the updated ride format for at least two (2) days prior to the ride. The update schedule and deadlines are set by the Ride Line Coordinator and may vary by season.
- Any rides starting within the state of Michigan, do not require Board approval but must be submitted via the current process to be published.
- Start locations outside the State of Michigan require board approval.
- No club rides shall be scheduled during the T-shirt Ride, Ride of Silence, or club-sponsored social activities (picnic).
- Rides of the same class leaving from the same general location must be at least one hour different in starting time.
- **Helmets are required on all club rides; personal audio devices are prohibited.**
- There is only one ride leader per ride.
E Bike riders using Class 1 and 2 e-bikes* are allowed to participate in the TCBA Ride Incentive program. Please see the definitions of these categories at the end of this document.

Incentive Eligibility

TCBA members in good standing may accumulate mileage points. Riders earn 1 point per route mile and/or "home mile" ridden. Ride leaders receive ride mileage as well as ride leader points (100 points for Class D and M) and 50 points for all other ride classes); *Mountain Bike Riders earn Ride Incentive Points for all publicized TCBA Mountain Bike Rides on single track. Because mountain biking is more technical, typically at slower speeds and less miles traveled in a similar time than road biking, a conversion will be used; 1 mile of single track will equal 3 miles toward the Ride Incentive Program.

- If there are no other riders, the ride leader receives the ride mileage plus 10 leader points.
- "Home miles" are miles ridden to and from TCBA rides, meetings, social events, or invitational tours based on the safest distance to these events from the rider's home.
- If a ride leader fails to participate in a scheduled ride, another rider may assume leadership and will be credited with the leader points.
- Members are responsible for documenting participation in TCBA rides on any official club ride sheet. Entry shall include member's name, date, events name, and distance.
- The TCBA Board is responsible for equitable enforcement of the ride program.

Ride Incentive Levels; All mileage recorded must be on TCBA Club Rides or TCBA Sponsored Rides/Tours for the Ride Incentive Awards

Level 1 2018+ miles ridden including Home/Leader miles

Level 2 1250 to 2017 miles ridden including Home/Leader miles

Level 3 501 to 1249 miles ridden including Home/Leader miles

Level 4 up to 500 miles ridden including Home/Leader miles, or have ridden on 5 club rides/tours

*E-Bike definitions from League of Michigan Bicyclists/State of Michigan; PA 139 goes on to divide e-bikes into three classes:

Class 1 An electric bicycle that is equipped with an electric motor that provides assistance only when the rider is pedaling and that disengages or ceases to function when the electric bicycle reaches a speed of 20 miles per hour.

Class 2 An electric bicycle that is equipped with a motor that propels the electric bicycle to a speed of no more than 20 miles per hour, whether the rider is pedaling or not, and that disengages or ceases to function when the brakes are applied.

Class 3 An electric bicycle that is equipped with a motor that provides assistance only when the rider is pedaling and that disengages or ceases to function when the electric bicycle reaches a speed of 28 miles per hour.

Class 3 e-bikes are excluded from the TCBA Ride Incentive mileage accumulations.

CLASSIFIEDS

This section of the *Chainwheel Chatter* is published as a service for **TCBA MEMBERS ONLY**, to advertise cycling equipment free of charge. To place an ad, send an e-mail to chainwheelchatter@biketcba.org Ads will appear for 2 editions, unless otherwise notified.

For Sale: Rans Screamer tandem with fairing. \$2,200. Catrike \$950. Jim Walker 517-881-4008 (8/17)

For Sale: 2009 Trek 2.3, 54 CM frame, aluminum w/carbon stays and fork, Shimano Ultegra and 105 components. Very light weight, excellent condition, ~2,000 miles. Will make an excellent start-up tri bike, stiff and agile. \$2,500 originally, price drop to \$1100. Contact: Kevin Mead 517-285-7814 (texts welcome), kevinmead@sbcglobal.net



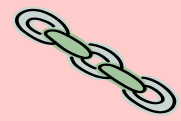
For Sale: custom made steel, Franklin road bike. Purchased in 2000. Has always had excellent care. Changed components in 2002 from campie to 105 Shimano. Triple chain rings 52/42/30 9 speed cassette 11/34, King head set, size 49 cm. Asking \$650. Call Jeaneen Reynolds at 517-881-5115. (8/17)



For Sale: Bontrager RL 700cx23 road wheels. Shimano Hub with somewhat used Continental 4000 Tires and tubes. Price \$225.00 Call Jon at 517-899-5899 (10/17)

- CHAINLINKS**
- www.biketcba.org Tri-County Bicycle Association
 - www.lmb.org League of Michigan Bicyclists
 - www.bikeleague.com League of American Bicyclists
 - www.adventurecycling.org Adventure Cycling
 - www.bikes.msu.edu Michigan State University (MSU) Bikes
 - www.walkbikelansing.com Lansing's Walking and Bicycling Network
 - www.capitalareasmartcommute.com Smart Commute Program
 - www.midmeac.org Mid-Michigan Environmental Action Council
 - www.bikems.org Various rides throughout the country
 - www.mmba.org Michigan Mountain Biking Association
 - www.railstotrails.org Rails to Trails Conservancy
 - www.michigantrails.org Michigan Trails & Greenway Alliance
 - www.facebook.com TCBA is there as a group; check us out!

- twitter.com Twitter
- <http://www.nhtsa.gov/Bicycles> National Highway Traffic Safety Administration
- <http://www.aabts.org/> Ann Arbor Bicycle Touring Society



MEMBER SPECIALS

This section of the Chainwheel Chatter is published as a service for TCBA MEMBERS who own a business at a cost of \$30.00/6 month for business card ad. To place your business ad, please submit your copy ready jpg business card to chainwheelchatter@biketcba.org, and mail your payment in January and July for your ad to appear to: TCBA-Classifieds, P O Box 22146 Lansing, MI 48909-2146

Sew Much More
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Susan A. Schrock
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Exp. 10/17

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TCBA MEMBER CONTACT



Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

TCBA OFFICERS:

President: Patrick Kelley (517) 242-6940
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Vice President: Bill Smith
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 or smith132@comcast.net

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 email: treasurer@biketcba.org

Secretary: Deb Traxinger
 email: secretary@biketcba.org

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Bike Travel Case Use Coordinator
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DALMAC FUND: (517) 881-4137
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 email: nwtour@biketcba.org
 Website: www.biketcba.org/nwtour

Ride Coordinator:
 Colleen Kelley ridecoordinator@biketcba.org
 email:

Ride Mileage Keeper:
 Doug Sherman restro66stang@gmail.com
 email:..

Routes & Maps:
 Dave Mansfield routesandmaps@biketcba.org
 email:

SummerTour:
 Ginger Royston summertour@biketcba.org
 email:..

T-Shirt Ride:
 Bob Noble (517) 925-8028
 Cell (517) 290-7271
 email: t-shirt@biketcba.org

Weather:.. (517) 321-7576

Webmaster:
 Dan Stockwell webmaster@biketcba.org
 email:

Ride Calendar at biketcba.org

Recurring rides are now on BikeTCBA.org. To view rides, go to the TCBA website, biketcba.org, Event Calendar. If you want to lead a ride and list the ride on the Event Calendar, e-mail Ridecoordinator@biketcba.org

Helmets are required on all TCBA Rides!!!!
Rides : visit the web site www.biketcba.org.

| Class | Pace (average speed on a "level" route with no wind) |
|----------|---|
| Class A+ | 19+ |
| Class A | 17-19 mph |
| Class B | 14-17 mph |
| Class C | 12-14 mph |
| Class D | Up to 12 mph |
| Class G | Gravel Road Rides, plus "speed class" (A-Z) of the ride |
| Class M | Mountain bike "single track" rides |
| Class Z | Over 40 miles at riders' own pace |

Change of Address

Go to BikeTCBA.org,
 Select Member Login
 Once logged in, select profile
 Under Personal Info, select Contact Info,
 then complete your Primary Address.

It's that simple!

TCBA is on Facebook!!
<https://www.facebook.com/biketcba>

*Affiliated with the League of
American Bicyclists
and the League of
Michigan Bicyclists*



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**TRI-COUNTY BICYCLE ASSOCIATION
P O BOX 22146
Lansing, MI 48909-2146**

ADDRESS SERVICE REQUESTED

TRI-COUNTY BICYCLE ASSOCIATION MEMBERSHIP

<http://www.biketcba.org/>

Select Member Signup and follow the prompts!

Select options:

- Create a profile
- Renew membership online
- Select interests
- Volunteer opportunities
- Select electronic version of Chainwheel Chatter
- And much more

Chainwheel

Want to receive your Chainwheel faster? Simply opt for receiving an email instead of U.S. Mail. This option is available when you renew your membership.

Getting the newsletter via email is almost two weeks faster than U.S. mail.

Website: BikeTCBA.org

