



P.O. Box 363
Burlington, WA 98233

Safety Affirmation and Release

Read carefully, then sign

Ride Start: _____ Date: _____

Ride Description: _____

Ride Leader(s): _____

I, the undersigned, am aware that, during any ride, certain dangers are inherent in riding a bicycle. By my participation in this ride, I certify that I am aware of all the inherent dangers of bicycle riding and the safety rules of the road applicable to bicycles.

I understand that helmets are required to participate in this ride.

I understand that it is not the function of the ride leaders to serve as guardians of my safety. I warrant that I am in good physical condition and am sufficiently competent bicyclist to handle road, weather, and traffic conditions that may be encountered on any bike ride. I also understand that I am to furnish my own equipment and that I am responsible for its safety and good operating condition.

I understand and agree that neither Skagit Bicycle Club, its officers or agents, nor the ride leader(s), or other volunteers, may be held liable in any way for any occurrence or accident in connection with said ride and I further agree to save and hold harmless Skagit Bicycle Club, its officers and agents, and the ride leader(s) from any claim by me, my family, estate, heirs or assigns arising out of my participation in this ride.

I understand that the Skagit Bicycle Club does not sponsor or endorse any non-bicycling activities that people may participate in while on a Skagit Bicycle Club bicycle ride and that I am responsible for my own conduct and decisions while participating in a Skagit Bicycle Club bicycle ride or in any non-bicycling optional activities. I agree to participate in a safe and cooperative manner while on this ride.

I further state that I am of lawful age and legally competent to sign this affirmation and release. I understand that the terms of this document are contractual and not a mere recital, and I have signed this document as my own free act. (Parent or legal guardian must also sign for all persons under the age of 18).

I have fully informed myself of the contents of this affirmation and release by reading it before I sign.

<i>Signature:</i>	Print Name:	Telephone:	Returning to Start? Yes or No	Skagit Bike Club Member Yes or No
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<i>Signature:</i>	Print Name:	Telephone:	Returning to Start? Yes or No	Skagit Bike Club Member Yes or No
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PLEASE GO OVER SBC RIDE RULES AND SUGGESTIONS WITH RIDERS PRIOR TO RIDE!

1. Obey ALL traffic laws. Make a complete stop at all stop signs and red lights; put a foot down.
2. Communicate, by hand signal and verbally, all changes in speed or direction, especially at turns and stops.
3. Warn other riders by hand signal and/or verbally of hazards such as cars at intersections or behind you, potholes, railroad tracks, stops, turns, etc.
4. Ride single file as much as possible, especially when around traffic. Avoid long pace lines.
5. If you are not familiar with pace lines, please ask; someone will help you. DO NOT try to learn at a pace that is taxing your capabilities and endangering yourself or others.
6. Ride defensively and courteously.
7. Our riding style effects the reputation of our club and all bicycle riders.