



SAFETY, AFFIRMATION & RELEASE

P.O Box 363
Burlington, WA 98233

Read Carefully & Sign

Ride Start Location: _____	Date : _____
Ride Description: _____	
Ride Leader: _____	Ride Leader Cell: _____

I, **the undersigned**, am aware that, during any ride, certain dangers are inherent in riding a bicycle. By my participation in this ride, I certify that I am aware of all the inherent dangers of bicycle riding and the safety rules of the road applicable to bicycles.

I understand:

- ◆ That helmets are required to participate in this ride.
- ◆ That it is not the function of the ride leader to serve as guardian of my safety. I warrant that I am in good physical condition and am a sufficiently competent bicyclist to handle road, weather, and traffic conditions that may be encountered on any bike ride.
- ◆ That I am to furnish my own equipment and that I am responsible for its safety and good operating condition.
- ◆ That by signing below, I agree that neither Skagit Bicycle Club, its officers or agents, nor the ride leader(s), or other volunteers, may be held liable in any way for any occurrence or accident in connection with said ride and I further agree to save and hold harmless Skagit Bicycle Club, its officers and agents, and the ride leader(s) from any claim by me, my family, estate, heirs or assigns arising out of my participation in this ride.
- ◆ That the Skagit Bicycle Club does not sponsor or endorse any non-bicycling activities that people may participate in while on a Skagit Bicycle Club bicycle ride and that I am responsible for my own conduct and decisions while participating in a Skagit Bicycle Club bicycle ride or in any non-bicycling optional activities. I agree to participate in a safe and cooperative manner while on this ride.

I further state that I am of lawful age and legally competent to sign this affirmation and release. I understand that the terms of this document are contractual and not a mere recital. and I have signed this document as my own free act (parent or legal guardian must also sign for all persons under the age of 18).

I have fully informed myself of the contents of this affirmation and release by reading it before I sign.

	<i>Signature</i>	Print Name	Phone #	Return to Start Y/N	Skagit Bike Club Mem-ber Y/N
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	<i>Signature</i>	Print Name	Phone #	Return to Start Y/N	Skagit Bike Club Member Y/N
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PLEASE GO OVER SBC RIDE RULES AND SUGGESTIONS WITH RIDERS PRIOR TO RIDE!

- Communicate Ride Leader cell phone # to all participants.
- Obey all traffic laws. Come to a complete stop at all stop signs and red lights.
- Communicate your intentions by hand signals and verbally, such as, on your left, slowing and stopping.
- Warn others by hand signal and/or verbally of hazards such as cars at intersections or behind you, potholes, road debris, rail-road tracks, stops, turns, etc.
- Ride single file as much as possible, especially when around traffic. Avoid long pace lines.
- If you are not familiar with pace lines, please ask, someone will help you. DO NOT try to lead at a pace that is taxing to your abilities. When you want to get off the front communicate with hand signals or verbally.
- Ride defensively and courteously. Look out for your fellow riders. Club rides are not races.
- Your riding style affects the reputation of the Club and all bicycle riders.