



## April, 2017 Newsletter

### Chair's Message by Sherry Reams



Board Members left to right: Diane Edwards, Beth Hasenbein, Sherry Reams, Ret Wixted, Susan Brewer and Bob Coff.

Ret Wixted is receiving her "**Super Secretary**" certificate for serving as Board Secretary. Thanks for your incredible contributions to our organization. Ret continues to serve as Chair of the Volunteer Team. Congratulations to Beth Hasenbein, serving as our current Board Secretary and Chair

of the Membership Team.

March saw the San Clemente Village complete our first 6 months of full operation. We have exceeded our anticipated membership by 50% with 75 members and more San Clemente residents consistently inquiring about who we are and what we do. What truly impresses me is the fact that we've also had 75 individuals sign up as volunteers. We are a community that cares!

During this time, we have offered educational events, fun activities and member support. As we grow and mature, the Village is expanding our fun activities and will be adding more educational events with an eye toward senior safety. This will include how to spot financial scams, self-defense for seniors, tips on hiring a reputable contractor and more. We would like to hear from you as to what we should be adding to our activities.

- What would you like to learn about?
- Do basic social occasions appeal to you?
- What fun activities entice you to participate?
- Are you looking to take day trips? If so, where would you like to go?

Please give us a call or send an email with your ideas. A Village is only successful if it fulfills the wants and needs of its members.

I am very proud of what our members and volunteers have accomplished in such a short period of time. Just think where we'll be in a year if we all pull together!

Let's change the experience of aging in San Clemente!



## April, 2017 Newsletter

### “The play’s the thing...”

By Donna Coff

These last past two months, Village members have been enjoying attending the plays at the “Cabrillo Playhouse Theater,” here in San Clemente.

In March we saw “Angel Street” and in April we are going to attend, “**Almost Maine.**” It’s a love story that takes place way up in northern Maine. People are falling in and out of love in the strangest ways.

Come join us for a night of fun! On the patio before the play and during intermission, they serve cookies, coffee and wine for a donation only...yummy!

Play goers pictured are left to right: Patricia Warble, Geneva Matlock, Sherry Reams and Donna Coff



We need to give the playhouse a final head count 10 days ahead of the play date (April 18th) We are attending the play on April 28th, Friday, @ 8pm. If we have at least 10 people signed up, we can see the play for \$15 pp. If less than 10 people, it will be \$20 pp. See you there! The Social Team

---

### Meet Volunteer Carol Carson

By Ret Wixted

Carol was born in Erie, Pennsylvania and has lived in the San Gabriel Valley most of her life, but settled down here in San Clemente, near her son and grandson.



Carol currently volunteers her time on the Social & Educational Team working to create and implement activities and opportunities for Village Members. Carol has been with the Village since the very beginning and was with the group that put on the first Village Launch Event. Despite a recent knee replacement, Carol walks the beach trail just about every day. Carol even manages to hit the gym for additional exercise.

“My philosophy is that I have to keep moving. I am not as fast with this knee but I am up and moving.” Want to hear something very different about Carol? She has enjoyed prospecting for gold for over 20 years. Whether you are thinking of a California river or a California desert, Carol has probably been there searching for **gold**. “You meet the most interesting people. Hope to meet you soon,” smiles Carol.



## April, 2017 Newsletter

### So, what are you doing in your spare time?

By Sherry Reams

You know you have some spare time. The Village has an ongoing goal of offering fun and educational events to entice you to learn new things and make new friends. For example, how are your tech skills? Generally, every 12-year-old is more technically savvy than the average senior, but we're offering ways to increase that skill. There are monthly **Tech Trek** meetings that cover different subjects like choosing a secure password, organizing with Evernote or what to look for when shopping for technology. If you haven't joined in these discussions you're missing out.

How are you dealing with stress? We all have it, so why not figure out how to reduce it? A simple method is to attend our **Gentle Yoga** or **Meditation classes**. These are very generic and are geared towards seniors and you can take the tips and use them in your everyday life.

And let's not forget the social side. Who doesn't enjoy a meal out with friends? The Village offers monthly **Dine Aroun**ds for dinner and the **Lunch Bunch**.

These give you the opportunity to meet new people and enjoy meals in different restaurants monthly. The food is great and the conversation is better. And don't forget our evenings at the Cabrillo. Check out the local talent in great plays.

These are just a sample of what the Village is offering and we're researching and adding more events on an ongoing basis. Please let us know what interests you and sample our current offerings. You can sign up on-line ([scvillage.org](http://scvillage.org), event calendar) or give us a call. We look forward to seeing you at our future activities.

---

### Join the Fun, Register for Events!

By Donna Coff

All Members, please register for all activities and events, even if it is not required to do so.

This will help us monitor all registrants with their participation, and what they are attending. Also if for any reason the activity/event is cancelled or changed, we would have your contact information to alert you to the changes. Please check the calendar periodically for cancellations and changes. If you are having problems with registering online, please contact a member of the Social Team for assistance, and we will help you.

Thank you! The Social Team

San Clemente Village

P.O. Box 5761, San Clemente, CA, 92674

[www.scvillage.org](http://www.scvillage.org)

949-441-1348

[info@scvillage.org](mailto:info@scvillage.org)